# A lower bound in the law of the iterated logarithm for general lacunary series 

by<br>Charles N. Moore and Xiaojing Zhang (Manhattan, KS)


#### Abstract

We prove a lower bound in a law of the iterated logarithm for sums of the form $\sum_{k=1}^{N} a_{k} f\left(n_{k} x+c_{k}\right)$ where $f$ satisfies certain conditions and the $n_{k}$ satisfy the Hadamard gap condition $n_{k+1} / n_{k} \geq q>1$.


1. Introduction. One of the most remarkable achievements of probability theory is the classical law of the iterated logarithm (LIL) due to Kolmogorov [Ko]:

TheOrem 1.1. Let $S_{m}=\sum_{k=1}^{m} X_{k}$ where $\left\{X_{k}\right\}$ is a sequence of realvalued independent random variables. Let $s_{m}^{2}$ be the variance of $S_{m}$. Suppose $s_{m} \rightarrow \infty$ and $\left|X_{m}\right|^{2} \leq K_{m} s_{m}^{2} / \log \log \left(e^{e}+s_{m}^{2}\right)$ for some sequence of constants $K_{m} \rightarrow 0$. Then, almost surely,

$$
\limsup _{m \rightarrow \infty} \frac{S_{m}}{\sqrt{2 s_{m}^{2} \log \log s_{m}^{2}}}=1
$$

This was first proved for Bernoulli random variables by Khintchine K] and grew out of the efforts of several authors to determine the exact rate of convergence in Borel's theorem on normal numbers. Although the terms in a lacunary trigonometric series are not independent random variables, it is evidenced by many results in analysis which give central limit theorem type behavior or LILs for lacunary trigonometric series, that they exhibit many of the same properties. For example, Salem and Zygmund [SZ] consider the situation when the $X_{k}$ in Kolmogorov's theorem are replaced by the functions $a_{k} \cos \left(n_{k} \theta\right)$ on $[-\pi, \pi]$, where the $a_{k}$ are real and the $n_{k}$ are integers satisfying the lacunarity condition: there exists a number $q$ so that

$$
\begin{equation*}
n_{k+1} / n_{k} \geq q>1 \tag{1.1}
\end{equation*}
$$

for every $k=1,2, \ldots$, and obtain an upper bound $(\leq 1)$. This was extended to an upper and lower bound for partial sums of the form $\sum_{k=1}^{N} \exp \left(2 \pi i n_{k} \theta\right)$

[^0]by Erdős and Gál [EG], and later extended to general lacunary trigonometric series by Weiss $W$.

Takahashi T1] extends the result of Salem and Zygmund beyond trigonometric functions: Suppose $n_{k}$ is a lacunary sequence of integers and $f$ is in $\operatorname{Lip} \alpha, 0<\alpha \leq 1, f(x+1)=f(x)$ for all $x$, and $\int_{0}^{1} f(x) d x=0$. Then there exists a constant $C$ depending only on $\alpha$ and $q$ such that

$$
\limsup _{N \rightarrow \infty} \frac{\sum_{k=1}^{N} f\left(n_{k} t\right)}{\sqrt{N \log \log N}} \leq C \quad \text { a.e. }
$$

Several authors-Dhompongsa (D), Takahashi T2, and Peter (P)-have considered versions of this with a gap condition weaker than 1.1.

To state the results of this paper, we need to introduce some notation and terminology. Throughout, a cube $Q \subseteq \mathbb{R}^{n}$ will be called dyadic if it has the form

$$
Q=\left[k_{1} 2^{l},\left(k_{1}+1\right) 2^{l}\right) \times \cdots \times\left[k_{n} 2^{l},\left(k_{n}+1\right) 2^{l}\right)
$$

for some $l, k_{1}, \ldots, k_{n} \in \mathbb{Z}$; for such a cube we say that $Q$ has sidelength $2^{l}$. Throughout we will use the notation $|E|$ to denote the Lebesgue measure of a measurable set $E$.

For $m \in \mathbb{Z}$ we let $\mathcal{F}_{m}$ denote the set of all dyadic cubes in $\mathbb{R}^{n}$ of sidelength $2^{-m}$ and we will let $\mathcal{F}$ denote the set of all dyadic cubes in $\mathbb{R}^{n}$ of sidelength $\leq 1$. By a slight abuse of notation, we will also use $\mathcal{F}_{m}$ to denote the $\sigma$-field generated by the set of all dyadic cubes in $\mathbb{R}^{n}$ of sidelength $2^{-m}$. (The usage will be clear from the context.)

Definition 1.2. If $f$ is a function on $\mathbb{R}^{n}$, the modulus of continuity $\omega$ of $f$ is $\omega(f, \delta)=\sup \{|f(x)-f(y)|:|x-y|<\delta\}$. When $f$ is clear from context, we will write $\omega(f, \delta)=\omega(\delta)$. Recall that $f$ is said to be Dini continuous if

$$
\begin{equation*}
\int_{0}^{1} \frac{\omega(\delta)}{\delta} d \delta<\infty \tag{1.2}
\end{equation*}
$$

In [MZ] the authors gave a generalization of the LIL of Takahashi in which the gap condition (1.1) is retained, but the class of functions $f$ is widened:

Theorem 1.3. Suppose $f$ is a Dini continuous function on $\mathbb{R}^{n}$ with the property that $f(x)=0$ whenever any coordinate of $x$ is an integer, and $\int_{Q} f(x) d x=0$ whenever $Q \in \mathcal{F}_{0}$. Let $\left\{n_{k}\right\}$ be a sequence of positive numbers satisfying the lacunarity condition $n_{k+1} / n_{k} \geq q>1$ and let $\left\{c_{k}\right\}$ be a sequence in $\mathbb{R}^{n}$. Then there exists a constant $C$, depending only on $n, q$, and the quantity $\int_{0}^{1}(\omega(\delta) / \delta) d \delta$, such that for any sequence of real numbers
$\left\{a_{k}\right\}$ with $A_{m}=\sqrt{\sum_{k=1}^{m} a_{k}^{2}} \rightarrow \infty$ as $m \rightarrow \infty$, we have

$$
\limsup _{m \rightarrow \infty} \frac{\left|\sum_{k=1}^{m} a_{k} f\left(n_{k} x+c_{k}\right)\right|}{\sqrt{A_{m}^{2} \log \log A_{m}^{2}}} \leq C \quad \text { a.e. }
$$

The purpose of this paper is to provide a lower bound in the above result.
Theorem 1.4. Assume that $f, n_{k}, a_{k}, A_{m}$, and $c_{k}$ are as in the previous theorem, again with $A_{m} \rightarrow \infty$ as $m \rightarrow \infty$. Suppose also $f$ has the property that there exists a number $c_{0}>0$ such that $|Q|^{-1} \int_{Q}|f(u)|^{2} d u>c_{0}$ for all cubes of sidelength at least 1 . Set $M_{n}=\max _{1 \leq k \leq n}\left|a_{k}\right|$ and suppose that $M_{n}^{2} \leq K_{n}^{2} A_{n}^{2} / \log \log A_{n}^{2}$ for some sequence of numbers $K_{n} \rightarrow 0$ as $n \rightarrow \infty$. Then, if $q$ is sufficiently large, there exists a constant $c$, depending only on $n, q, c_{0}$, and the quantity $\int_{0}^{1}(\omega(\delta) / \delta) d \delta$, such that

$$
\limsup _{m \rightarrow \infty} \frac{\sum_{k=1}^{m} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{A_{m}^{2} \log \log A_{m}^{2}}} \geq c \quad \text { a.e. }
$$

Notice that in both of these theorems we do not assume the $n_{k}$ are integers, nor do we assume any periodicity of $f$. We do not know the best possible values of $C$ and $c$ in these inequalities. In the classical LILs, $C=c=1$, but it seems difficult to obtain such precision here. It may be possible that these theorems remain true with the $L^{2}$ modulus of continuity $\omega_{2}(\delta)$ replacing $\omega(\delta)$ in 1.2 , but the modifications required do not seem to be straightforward. In the lower bound the so called "Kolmogorov condition" $M_{n}^{2} \leq K_{n} A_{n}^{2} / \log \log A_{n}^{2}$ is an essential hypothesis, even in the trigonometric case (see [BM, p. 81]). The well-known example $f(x)=\sin 2 \pi x-\sin 4 \pi x$, $n_{k}=2^{k}$, for which the lower bound fails, shows that the choice of $q$ depends on $\omega(\delta)$. The property that $|Q|^{-1} \int_{Q}|f(u)|^{2} d u>c_{0}$ is also necessary and keeps $f$ from becoming too "sparse" at infinity. For example, consider a function $f$ on $\mathbb{R}$ given by $f(x)=\varepsilon_{n} \sin (2 \pi x)$ for $x \in(-n-1,-n] \cup[n, n+1)$, where $\varepsilon_{n} \rightarrow 0$, say montonically. By Theorem 1.3 (or Salem and Zygmund [SZ]),

$$
\limsup _{m \rightarrow \infty} \frac{\left|\sum_{k=1}^{m} \sin 2 \pi\left(2^{k} x\right)\right|}{\sqrt{m \log \log m}} \leq C \quad \text { a.e. }
$$

and thus,

$$
\limsup _{m \rightarrow \infty} \frac{\left|\sum_{k=1}^{m} f\left(2^{k} x\right)\right|}{\sqrt{m \log \log m}}=0 \quad \text { a.e. }
$$

The latter can be seen by breaking the numerator as $\sum_{k=1}^{2 N}+\sum_{k=2 N+1}^{m}$, which gives that the limsup is bounded by $C \varepsilon_{2^{N+1}}$ on $\left(-\infty,-1 / 2^{N}\right] \cup$ $\left[1 / 2^{N}, \infty\right)$.

Other authors have explored the behavior of sequences $f\left(n_{k} x\right)$ beyond the trigonometric case. Gaposhkin [G] shows that if the $n_{k}$ are lacunary and satisfy a Diophantine condition, and if $\int_{0}^{1}\left|\sum_{k=1}^{N} f\left(n_{k} x\right)\right|^{2} d x \geq c N$, then
the central limit theorem holds for the $f\left(n_{k} x\right)$. Aistleitner and Berkes AB] improve on Gaposhkin's result. Berkes [B] gives an LIL with a more precise lower bound, although with stronger hypotheses on $f$.

The proof of the theorem will involve a mix of ideas and techniques from Moore and Zhang [MZ], the study of dyadic martingales, and classical probability theory. In particular we make use of a martingale approximation. The idea of using a martingale approximation was used extensively by Philipp and Stout PS , but the martingale approximation we use here is not quite the same as theirs. In Section 2 we will collect some definitions and lemmas which will be used in the course of the proof. Throughout we will use the convention that $C$ and $c$ represent absolute constants, depending only on $q$, $n$, and the quantity $(1.2)$, whose value may change from line to line. Sometimes we will need to temporarily track constants and these will be labeled as $C_{1}, C_{2}$, etc.
2. Preliminaries. We record some lemmas. The first can be found in Erdős and Gál [EG], but the proof is short so we include it for completeness. The second can essentially be found in Gaposhkin [G] for completeness we include the details of the proof.

Lemma 2.1. Let $n_{1}<n_{2}<\cdots$ be an infinite sequence of positive numbers satisfying the lacunarity condition $n_{k+1} / n_{k} \geq q>1, k=1,2, \ldots$ If $0<\alpha<\beta$ then

$$
\begin{equation*}
\sum_{\alpha \leq n_{k} \leq \beta} 1 \leq \frac{\log (\beta q / \alpha)}{\log q} \tag{2.1}
\end{equation*}
$$

Proof. Let $k_{0}$ be defined by the inequality $n_{k_{0}}<\alpha \leq n_{k_{0}+1}$ (put $n_{0}=0$ ) and $i \geq 0$ be defined by $n_{k_{0}+i} \leq \beta<n_{k_{0}+i+1}$. If $i=0$ then 2.1) is true. If $i \geq 1$ then we have $\beta \geq n_{k_{0}+i} \geq q^{i-1} n_{k_{0}+1} \geq q^{i-1} \alpha$. Hence $\beta q / \alpha \geq q^{i}$, and (2.1) follows immediately.

Lemma 2.2. Suppose $k$ is a positive integer, $c>0$. Then
(1) $\sum_{j=k+1}^{\infty} \omega\left(\frac{n_{k}}{n_{j}} c\right) \leq \max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\} \int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta$,
(2) $\sum_{k=1}^{j-1} \omega\left(\frac{n_{k}}{n_{j}} c\right) \leq \max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\} \int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta$,
(3) $\sum_{j=k+1}^{\infty} \frac{1}{n_{j}} \leq \frac{1}{n_{k}} \frac{1}{q-1}$,
(4) $\sum_{k=1}^{j-1} \frac{1}{n_{k}} \leq \frac{1}{n_{1}} \frac{q}{q-1}$.

Proof. We have

$$
\begin{aligned}
\int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta & =\int_{0}^{2 / q} \frac{\omega(c s)}{s} d s=\int_{1 / q}^{2 / q} \frac{\omega(c s)}{s} d s+\sum_{k=1}^{\infty} \int_{1 / q^{k+1}}^{1 / q^{k}} \frac{\omega(c s)}{s} d s \\
& \geq \log 2 \omega\left(\frac{1}{q} c\right)+\sum_{k=1}^{\infty} \log q \omega\left(\frac{1}{q^{k+1}} c\right) \\
& \geq \min \{\log 2, \log q\} \sum_{k=1}^{\infty} \omega\left(\frac{1}{q^{k}} c\right)
\end{aligned}
$$

Then

$$
\sum_{j=k+1}^{\infty} \omega\left(\frac{n_{k}}{n_{j}} c\right) \leq \sum_{k=1}^{\infty} \omega\left(\frac{1}{q^{k}} c\right) \leq \max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\} \int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta
$$

and

$$
\sum_{k=1}^{j-1} \omega\left(\frac{n_{k}}{n_{j}} c\right) \leq \sum_{k=1}^{j-1} \omega\left(\frac{1}{q^{k}} c\right) \leq \max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\} \int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta
$$

which gives (1) and (2). For (3) we have

$$
\sum_{j=k+1}^{\infty} \frac{1}{n_{j}}=\frac{1}{n_{k}} \sum_{j=k+1}^{\infty} \frac{n_{k}}{n_{j}} \leq \frac{1}{n_{k}} \sum_{j=1}^{\infty} \frac{1}{q^{j}}=\frac{1}{n_{k}} \frac{1}{q-1}
$$

The proof of (4) is similar.
We will need a lower bound for $\left\|\sum_{k=1}^{N} a_{k} f\left(n_{k} x+c_{k}\right)\right\|_{2}$ on $[0,1]^{n}$. This will be done by squaring and estimating the terms $a_{k} a_{j} \int_{[0,1]^{n}} f\left(n_{k} x+c_{k}\right) f\left(n_{j} x\right.$ $\left.+c_{j}\right) d x$. We will use the well-established principle that if say $n_{j}$ is much larger than $n_{k}$, then $f\left(n_{k} x+c_{k}\right)$ is roughly constant on cubes where $f\left(n_{j} x+c_{j}\right)$ has mean value zero, which leads to a small value for the integral.

Lemma 2.3. If $j>k$, then

$$
\begin{aligned}
& \left|\int_{[0,1]^{n}} f\left(n_{j} x+c_{j}\right) f\left(n_{k} x+c_{k}\right) d x\right| \\
& \quad \leq\left(\int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2}\left(\omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right)+\frac{\sqrt{2 n}\|f\|_{\infty}}{\sqrt{n_{j}}}\right)
\end{aligned}
$$

Proof. Recall that $\mathcal{F}_{0}$ denotes the set of all dyadic cubes in $\mathbb{R}^{n}$ of sidelength 1. Consider the family of cubes of the form $Q_{j, m}=\left(1 / n_{j}\right) Q_{m}-$ $\left(1 / n_{j}\right) c_{j}$, where $Q_{m} \in \mathcal{F}_{0}$. Note that $\int_{Q_{j, m}} f\left(n_{j} x+c_{j}\right) d x=0$. We say $Q_{j, m}$ is of type $I$ if $Q_{j, m} \subset[0,1]^{n}$, and is of type $I I$ if $Q_{j, m} \cap[0,1]^{n} \neq \emptyset$ and $Q_{j, m} \cap\left([0,1]^{n}\right)^{c} \neq \emptyset$. Let $R=\left(\bigcup Q_{j, m}\right) \cap[0,1]^{n}$, where the union is taken
over all type II cubes. Then $|R| \leq 1-\left(1-2 / n_{j}\right)^{n} \leq 2 n / n_{j}$. For each type I $Q_{j, m}$, let $a_{j, m}$ denote its center. Then

$$
\begin{aligned}
& \left|\int_{[0,1]^{n}} f\left(n_{k} x+c_{k}\right) f\left(n_{j} x+c_{j}\right) d x\right| \\
& \leq \\
& \leq \sum_{\text {type } \mathrm{I} Q_{j, m}} \int_{Q_{j, m}} f\left(n_{k} x+c_{k}\right) f\left(n_{j} x+c_{j}\right) d x\left|+\int_{R}\right| f\left(n_{k} x+c_{k}\right) f\left(n_{j} x+c_{j}\right) \mid d x \\
& \leq \sum_{\text {type } \mathrm{I} Q_{j, m}}\left(f\left(n_{k} x+c_{k}\right)-f\left(n_{k} a_{j, m}+c_{k}\right)\right) f\left(n_{j} x+c_{j}\right) d x \mid \\
& \quad+\left(\int_{R}\left|f\left(n_{k} x+c_{k}\right)\right|^{2} d x\right)^{1 / 2}\left(\int_{R}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2} \\
& \leq \sum_{\text {type } \mathrm{I} Q_{j, m}} \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right) \int_{Q_{j, m}}\left|f\left(n_{j} x+c_{j}\right)\right| d x \\
& \quad+\frac{\sqrt{2 n}\|f\|_{\infty}}{\sqrt{n_{j}}}\left(\int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2} \\
& \leq \\
& \quad \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right)\left(\int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2} \\
& \quad+\frac{\sqrt{2 n}\|f\|_{\infty}}{\sqrt{n_{j}}}\left(\int_{[0,1]^{n}} \mid f\left(n_{j} x+\left.c_{j}\right|^{2} d x\right)^{1 / 2} \cdot\right. \text { ■ }
\end{aligned}
$$

Lemma 2.4. We have $\left|\int_{[0,1]^{n}} f\left(n_{j} x+c_{j}\right) d x\right| \leq 2 n\|f\|_{\infty} / n_{j}$. More generally, if $Q$ is a dyadic cube of sidelength $2^{L}$ then

$$
\frac{1}{|Q|}\left|\int_{Q} f\left(n_{j} x+c_{j}\right) d x\right| \leq 2 n \frac{2^{L}\|f\|_{\infty}}{n_{j}}
$$

Proof. Using the notation of the previous proof we have

$$
\begin{aligned}
\left|\int_{[0,1]^{n}} f\left(n_{j} x+c_{j}\right) d x\right| & \leq\left|\sum_{\text {type } \mathrm{I} Q_{j, m}} \int_{Q_{j, m}} f\left(n_{j} x+c_{j}\right) d x\right|+\int_{R} \mid f\left(n_{j} x+c_{j} \mid d x\right. \\
& =0+\int_{R}\left|f\left(n_{j} x+c_{j}\right)\right| d x \leq|R|\|f\|_{\infty} \leq 2 n \frac{\|f\|_{\infty}}{n_{j}} .
\end{aligned}
$$

The second statement follows from this by a change of variables.
Lemma 2.5. If $q$ is sufficiently large then

$$
\int_{[0,1]^{n}}\left|\sum_{k=1}^{N} a_{k} f\left(n_{k} x+c_{k}\right)\right|^{2} d x \geq c A_{N}^{2}
$$

for some constant $c>0$ depending only on $n, q$, and the quantity in (1.2).

Proof. We have

$$
\begin{aligned}
\int_{[0,1]^{n}}\left(\sum _ { k = 1 } ^ { N } a _ { k } f \left(n_{k} x\right.\right. & \left.\left.+c_{k}\right)\right)^{2} d x \\
= & \sum_{k=1}^{N} a_{k}^{2} \int_{[0,1]^{n}}\left|f\left(n_{k} x+c_{k}\right)\right|^{2} d x \\
& +2 \sum_{k=1}^{N} \sum_{j=k+1}^{N} a_{k} a_{j} \int_{[0,1]^{n}} f\left(n_{k} x+c_{k}\right) f\left(n_{j} x+c_{j}\right) d x
\end{aligned}
$$

For typographical convenience in what follows, set

$$
m_{q}=\max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\}
$$

We estimate the second term, using Lemma 2.3 and all parts of Lemma 2.2 .

$$
\begin{aligned}
&\left|\sum_{k=1}^{N} \sum_{j=k+1}^{N} a_{k} a_{j} \int_{[0,1]^{n}} f\left(n_{k} x+c_{k}\right) f\left(n_{j} x+c_{j}\right) d x\right| \\
& \leq \sum_{k=1}^{N} \sum_{j=k+1}^{N}\left|a_{k} a_{j}\right|\left(\int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2}\left(\omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right)+\frac{\sqrt{2 n}\|f\|_{\infty}}{\sqrt{n_{j}}}\right) \\
& \leq \sum_{k=1}^{N}\left|a_{k}\right|\left(\sum_{j=k+1}^{N} a_{j}^{2} \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right) \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2}\left(\sum_{j=k+1}^{N} \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right)\right)^{1 / 2} \\
&+\sqrt{2 n}\|f\|_{\infty} \sum_{k=1}^{N}\left|a_{k}\right|\left(\sum_{j=k+1}^{N} a_{j}^{2} \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2}\left(\sum_{j=k+1}^{N} \frac{1}{n_{j}}\right)^{1 / 2} \\
& \leq\left(m_{q} \int_{0}^{\sqrt{n} / q} \frac{\omega(\delta)}{\delta} d \delta\right)^{1 / 2} \sum_{k=1}^{N}\left|a_{k}\right|\left(\sum_{j=k+1}^{N} a_{j}^{2} \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right)_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2} \\
&+\left(\sqrt{2 n}\|f\|_{\infty} \frac{1}{\sqrt{q-1}}\right) \sum_{k=1}^{N}\left|a_{k}\right|\left(\sum_{j=k+1}^{N} \frac{a_{j}^{2}}{n_{k}} \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2} \\
& \leq\left(m_{q} \int_{0}^{\sqrt{n} / q} \frac{\omega(\delta)}{\delta} d \delta\right)^{1 / 2} A_{N}\left(\sum_{k=1}^{N} \sum_{j=k+1}^{N} a_{j}^{2} \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right) \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2} \\
&+\left(\sqrt{2 n}\|f\|_{\infty} \frac{1}{\sqrt{q-1}}\right) A_{N}\left(\sum_{k=1}^{N} \sum_{j=k+1}^{N} \frac{a_{j}^{2}}{n_{k}} \int_{[0,1]^{n}}^{\left.\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2}}\right.
\end{aligned}
$$

$$
\begin{aligned}
= & \left(m_{q} \int_{0}^{\sqrt{n} / q} \frac{\omega(\delta)}{\delta} d \delta\right)^{1 / 2} A_{N}\left(\sum_{j=1}^{N} a_{j}^{2} \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x \sum_{k=1}^{j-1} \omega\left(\frac{\sqrt{n} n_{k}}{2 n_{j}}\right)\right)^{1 / 2} \\
& +\left(\sqrt{2 n}\|f\|_{\infty} \frac{1}{\sqrt{q-1}}\right) A_{N}\left(\sum_{j=1}^{N} a_{j}^{2} \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x \sum_{k=1}^{j-1} \frac{1}{n_{k}}\right)^{1 / 2} \\
\leq & A_{N}\left(\sum_{j=1}^{N} a_{j}^{2} \int_{[0,1]^{n}}\left|f\left(n_{j} x+c_{j}\right)\right|^{2} d x\right)^{1 / 2}\left(m_{q} \int_{0}^{\sqrt{n} / q} \frac{\omega(\delta)}{\delta} d \delta+\frac{\sqrt{2 n q}\|f\|_{\infty}}{\sqrt{n_{1}}(q-1)}\right)
\end{aligned}
$$

Therefore,

$$
\begin{aligned}
& \int_{[0,1]^{n}}\left|\sum_{k=1}^{N} a_{k} f\left(n_{k} x+c_{k}\right)\right|^{2} d x \\
& \quad \geq \sum_{k=1}^{N} a_{k}^{2} \int_{[0,1]^{n}}\left|f\left(n_{k} x+c_{k}\right)\right|^{2} d x-c_{q} A_{N}\left(\sum_{k=1}^{N} a_{k}^{2} \int_{[0,1]^{n}}\left|f\left(n_{k} x+c_{k}\right)\right|^{2} d x\right)^{1 / 2}
\end{aligned}
$$

where $c_{q}=m_{q} \int_{0}^{\sqrt{n} / q} \frac{\omega(\delta)}{\delta} d \delta+\frac{\sqrt{2 n q}\|f\|_{\infty}}{\sqrt{n_{1}}(q-1)}$. By hypothesis, we have the estimate $\int_{[0,1]^{n}}\left|f\left(n_{k} x+c_{k}\right)\right|^{2} d x>c_{0}$ for every $k$, and the lemma follows by taking $q$ sufficiently large (and hence $c_{q}$ sufficiently small).

Definition 2.6. Suppose that $Q \in \mathcal{F}_{0}$. A dyadic martingale on $Q$ is a sequence of integrable functions $\left\{g_{m}\right\}_{m=0}^{\infty}$ on $Q$ such that each $g_{m}$ is $\mathcal{F}_{m}$-measurable and $g_{m}=E\left(g_{m+1} \mid \mathcal{F}_{m}\right)$ for every $m$. Here $E\left(g_{m+1} \mid \mathcal{F}_{m}\right)$ denotes the conditional expectation: $E\left(g_{m+1} \mid \mathcal{F}_{m}\right)(x)=|Q|^{-1} \int_{Q} g_{m+1} d y$, if $x \in Q \in \mathcal{F}_{m}$. For $k \geq 1$, set $d_{k}=g_{k}-g_{k-1}$, and we also define the square function $S f_{m}=\left(\sum_{k=1}^{m} E\left(d_{k}^{2} \mid \mathcal{F}_{k-1}\right)\right)^{1 / 2}$.

We will need the following subgaussian estimate for dyadic martingales (see Chang, Wilson, and Wolff CWW]).

LEMMA 2.7. If $g_{m}$ is a dyadic martingale on $Q$ then for each $m$ and every $\lambda>0$, we have

$$
\left|\left\{x \in Q:\left|g_{m}(x)\right| \geq \lambda\right\}\right| \leq \exp \left(-\frac{\lambda^{2}}{2\left\|S g_{m}\right\|_{\infty}^{2}}\right)
$$

We would like a similar estimate for sums of the form $\sum_{k=1}^{m} a_{k} f\left(n_{k} x+c_{k}\right)$.
LEMMA 2.8. Put $f_{m}(x)=\sum_{k=1}^{m} a_{k} f\left(n_{k} x+c_{k}\right)$ where $f$ is as in the hypotheses of Theorem 1.4. Then there exist constants $C$ and $c$ depending only on $q, n$, and the quantity $(1.2)$ such that

$$
\left|\left\{x \in[0,1]^{n}:\left|f_{m}(x)\right| \geq \lambda\right\}\right| \leq C \exp \left(-c \frac{\lambda^{2}}{A_{m}^{2}}\right)
$$

Proof. By Lemma 2.1 we can break up the sequence $n_{k}$ into a finite number of sequences each of which has the property that for each $k \geq 1$ there exists exactly one $n_{k}$ with $2^{k-1} \leq n_{k}<2^{k}$. That is, we may write $f_{m}=f_{m 1}+\cdots+f_{m K}$ for some positive integer $K$ so that each $f_{m j}$ has at most one $n_{k}$ in each dyadic block $\left[2^{k}, 2^{k+1}\right)$. Then since $\mid\left\{x \in[0,1]^{n}\right.$ : $\left.f_{m}(x)>\lambda\right\}\left|\leq \sum_{j=1}^{K}\right|\left\{x \in[0,1]^{n}: f_{m j}>\lambda / K\right\} \mid$, the desired estimate follows if we can get such an estimate for each $f_{m j}$. In other words, we may assume, without loss of generality, that $f_{m}$ has only one $n_{k}$ in each dyadic block ( $2^{k}, 2^{k+1}$ ).

We first also assume that $a_{1}=a_{2}=0$. For $m \geq 1$, let $f_{m}(x):=$ $\sum_{k=3}^{m+2} a_{k} f\left(n_{k} x+c_{k}\right)$. Under these conditions, it is shown in MZ, following the techniques of CWW], that there exists a family of dyadic martingales $\left\{g_{m}^{(j)}\right\}, j=1, \ldots, N$, and an absolute constant $C_{1}$ such that

$$
\left|f_{m+2}(x)-\sum_{j=1}^{N} g_{m}^{(j)}(x)\right| \leq C_{1} A_{m+2}
$$

and for each $j$,

$$
\left(S g_{m}^{(j)}(x)\right)^{2} \leq C_{1} A_{m+2}^{2} .
$$

Here $C_{1}$ and $N$ depend only on the dimension $n$. Thus, for $\lambda>C_{1} A_{m+2}$,

$$
\begin{aligned}
\mid\{x \in & {\left.[0,1]^{n}:\left|f_{m+2}(x)\right| \geq \lambda\right\} \mid } \\
& \leq\left|\left\{x \in[0,1]:\left|\sum_{j=1}^{N} g_{m}^{(j)}(x)\right| \geq \lambda-C_{1} A_{m+2}\right\}\right| \\
& \leq \sum_{j=1}^{N}\left|\left\{x \in[0,1]:\left|g_{m}^{(j)}(x)\right| \geq \frac{\lambda-C_{1} A_{m+2}}{N}\right\}\right| \\
& \leq \sum_{j=1}^{N} \exp \left(-c \frac{\left(\lambda-C_{1} A_{m+2}\right)^{2}}{\left(S g_{m}^{(j)}(x)\right)^{2}}\right) \leq N \exp \left(-c \frac{\left(\lambda-C_{1} A_{m+2}\right)^{2}}{C_{1}^{2} A_{m+2}^{2}}\right) \\
& \leq C \exp \left(-c \frac{\lambda^{2}}{A_{m+2}^{2}}\right) .
\end{aligned}
$$

By taking $C$ large enough so that $C \exp \left(-c C_{1}^{2}\right) \geq 1$, this remains valid for $\lambda \leq C_{1} A_{m+2}$.

Finally, to remove the assumption that $a_{1}=a_{2}=0$, set $\tilde{f}_{m}(x)=f_{m}(x)-$ $a_{1} f\left(n_{1} x+c_{1}\right)-a_{2} f\left(n_{2} x+c_{2}\right)$, so that $\tilde{f}_{m}$ satisfies the above inequality. Noting that $\|f\|_{\infty} \leq C$, where $C$ depends on the quantity in (1.2), and using the inequality $\exp \left(-c(\alpha-\beta)^{2}\right) \leq \exp \left(-3 c \alpha^{2} / 4+3 c \beta^{2}\right)$, valid for $\alpha, \beta>0$, we
have

$$
\begin{aligned}
& \left|\left\{x \in[0,1]^{n}:\left|f_{m}(x)\right|>\lambda\right\}\right| \\
& \quad \leq\left|\left\{x \in[0,1]^{n}: \tilde{f}_{m}(x)>\lambda-\left(\left|a_{1}\right|+\left|a_{2}\right|\right)\|f\|_{\infty}\right\}\right| \\
& \quad \leq C \exp \left(-c \frac{\left(\lambda-\left(\left|a_{1}\right|+\left|a_{2}\right|\right)\|f\|_{\infty}\right)^{2}}{A_{m}^{2}}\right) \leq C \exp \left(-c \frac{\lambda^{2}}{A_{m}^{2}}\right)
\end{aligned}
$$

The following is adapted from part of the proof of Proposition 5 in Bañuelos, Klemeš, and Moore [BKM], which itself is based on Zygmund's [Z, Lemma 8.26, Chapter 5, Vol. 1].

Lemma 2.9. Suppose that $g(x)$ is a real valued function defined on a set $E$ with $|E|>0$, and that

$$
\left|\frac{1}{|E|} \int_{E} g(x) d x\right| \leq \varepsilon A \quad \text { and } \quad \frac{1}{|E|} \int_{E} g(x)^{2} d x \geq c_{0} A^{2}
$$

for some constants $A>0,0<\varepsilon<1, c_{0}>0$. Suppose also that

$$
|\{x \in E:|g(x)|>\lambda\}| \leq C e^{-c \lambda^{2} / A^{2}}|E| \quad \text { for all } \lambda>0
$$

where $C, c$ are constants. Then if $\varepsilon$ is sufficiently small, there exists a $\delta>0$ depending only on $\varepsilon, c_{0}, C$, and $c$ such that

$$
|\{x \in E: g(x) \geq \delta A\}| \geq \delta|E|
$$

Proof. Let $0<\delta<L$ to be chosen momentarily. Then

$$
\begin{aligned}
c_{0} A^{2} & \leq \frac{1}{|E|} \int_{E}|g(x)|^{2} d x \\
& =\frac{1}{|E|} \int_{\{x \in E:|g(x)|>L A\}}|g(x)|^{2} d x+\frac{1}{|E|} \int_{\{x \in E:|g(x)| \leq L A\}}|g(x)|^{2} d x \\
& \leq C(L A)^{2} e^{-c L^{2}}+2 \int_{L A}^{\infty} \lambda e^{-c \lambda^{2} / A^{2}} d \lambda+\frac{L A}{|E|} \int_{E}|g(x)| d x \\
& \leq C A^{2}\left(L^{2}+1\right) e^{-c L^{2}}+\frac{L A}{|E|} \int_{E}|g(x)| d x
\end{aligned}
$$

By choosing $L$ sufficiently large, depending on $c, C$, and $c_{0}$, we have

$$
C^{\prime} A \leq \frac{1}{|E|} \int_{E}|g(x)| d x
$$

But then

$$
\frac{1}{|E|} \int_{E} g^{+}(x) d x=\frac{1}{2|E|} \int_{E}(|g(x)|+g(x)) d x \geq \frac{C^{\prime}}{2} A-\frac{\varepsilon}{2} A=C A
$$

Thus,

$$
\begin{aligned}
C A \leq & \frac{1}{|E|} \int_{\left\{x \in E: g^{+} \leq \delta A\right\}} g^{+}(x) d x+\frac{1}{|E|} \int_{\left\{x \in E: \delta A<g^{+} \leq L^{\prime} A\right\}} g^{+} d x \\
& +\frac{1}{|E|} \int_{\left\{x \in E: g^{+} \geq L^{\prime} A\right\}} g^{+} d x \\
\leq & \delta A+\frac{L^{\prime} A}{|E|}\left|\left\{x \in E: g^{+}(x) \geq \delta A\right\}\right|+C A L^{\prime} e^{-c\left(L^{\prime}\right)^{2}}
\end{aligned}
$$

By choosing $\delta$ sufficiently small, and $L^{\prime}$ sufficiently large, the conclusion follows.

As to be expected, we will need a Borel-Cantelli type lemma for independent, or at least weakly dependent, random variables. This is provided by the following, whose proof can be found in Bañuelos and Moore [BM, p. 79]:

Lemma 2.10. For $k=1,2, \ldots$, suppose $F_{k}$ is a collection of dyadic cubes whose union is $[0,1]^{n}$ such that $F_{k+1}$ is a refinement of $F_{k}$. Suppose that the maximum length of the elements of $F_{k}$ tends to zero. Suppose $\mathcal{E}_{k} \subset F_{k}$ has the property

$$
\left|Q \cap \bigcup_{J \in \mathcal{E}_{k+1}} J\right|>|Q| C / k, \quad \forall Q \in F_{k}
$$

Set $E_{k}=\bigcup_{J \in \mathcal{E}_{k}} J$. Then for a.e. $x, x \in E_{k}$ infinitely often.
3. The proof of Theorem 1.4. Let $M$ be a fixed large positive number. Define $N_{1} \leq N_{2} \leq \cdots$ by

$$
N_{l}=\min \left\{N: \sum_{k=1}^{N} a_{k}^{2}>M^{l}\right\}
$$

Let $\varepsilon>0$ and assume $\varepsilon \ll 1$.
Consider a large positive integer $l$. Using the definition of $N_{l}$ and the fact that $\left|a_{N_{l}}\right|^{2}<\varepsilon A_{N_{l}}^{2}$, for $N_{l}$ sufficiently large, we can assume that $A_{N_{l}}^{2}=$ $A_{N_{l}-1}^{2}+a_{N_{l}}^{2}<M^{l}+\varepsilon A_{N_{l}}^{2}$, and hence

$$
\begin{equation*}
M^{l}<A_{N_{l}}^{2}<\frac{M^{l}}{1-\varepsilon} \tag{3.1}
\end{equation*}
$$

Consequently,

$$
\begin{equation*}
(1-\varepsilon) M<\frac{A_{N_{l+1}}^{2}}{A_{N_{l}}^{2}}<\frac{M}{1-\varepsilon} \tag{3.2}
\end{equation*}
$$

Then by Lemma 2.8 and 3.2 we obtain

$$
\begin{aligned}
\mid\left\{x \in[0,1]^{n}:\left|\sum_{k=1}^{N_{l}} a_{k} f\left(n_{k} x+c_{k}\right)\right|\right. & \left.\geq \sqrt{\frac{1+\varepsilon}{c M(1-\varepsilon)}} \sqrt{A_{N_{l+1}}^{2} \log \log A_{N_{l+1}}^{2}}\right\} \mid \\
& \leq C \exp \left(-c \frac{1+\varepsilon}{c M(1-\varepsilon)} \frac{A_{N_{l+1}}^{2} \log \log A_{N_{l+1}}^{2}}{A_{N_{l}}^{2}}\right) \\
& \leq C \exp \left(-\frac{1+\varepsilon}{M(1-\varepsilon)}(1-\varepsilon) M \log \log A_{N_{l+1}}^{2}\right) \\
& \leq C \exp \left(-(1+\varepsilon) \log \log M^{l+1}\right) \\
& =C((l+1) \log M)^{-(1+\varepsilon)}
\end{aligned}
$$

So by the Borel-Cantelli lemma, for almost every $x \in[0,1]^{n}$,

$$
\begin{equation*}
\left|\sum_{k=1}^{N_{l}} a_{k} f\left(n_{k} x+c_{k}\right)\right|<\sqrt{\frac{1+\varepsilon}{c M(1-\varepsilon)}} \sqrt{A_{N_{l+1}}^{2} \log \log A_{N_{l+1}}^{2}} \tag{3.3}
\end{equation*}
$$

for all sufficiently large $l$ (depending on $x$ ).
The definition of $N_{l}$ and (3.1) yield

$$
\begin{align*}
\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2} & =A_{N_{l+1}}^{2}-A_{N_{l}}^{2}>M^{l+1}-\frac{M^{l}}{1-\varepsilon}=M^{l+1}\left[1-\frac{1}{M(1-\varepsilon)}\right]  \tag{3.4}\\
& \geq A_{N_{l+1}}^{2}\left(1-\varepsilon-\frac{1}{M}\right)
\end{align*}
$$

By hypotheses, for all sufficiently large $l$, we have

$$
\max _{1 \leq k \leq N_{l+1}} a_{k}^{2} \leq K_{N_{l+1}}^{2} \frac{A_{N_{l+1}}^{2}}{\log \log A_{N_{l+1}}^{2}} \leq \frac{\varepsilon}{2} \frac{A_{N_{l+1}}^{2}}{\log \log A_{N_{l+1}}^{2}}
$$

which by 3.4 and the definition of $A_{N_{l+1}}$ implies that

$$
\max _{1 \leq k \leq N_{l+1}} a_{k}^{2} \leq \frac{K_{N_{l+1}}^{2}}{1-\varepsilon-1 / M} \frac{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}{\log \log A_{N_{l+1}}^{2}}<\frac{\varepsilon / 2}{1-\varepsilon-1 / M} \frac{1}{\log l} \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}
$$

We may assume that $\varepsilon$ is small enough and $M$ large enough so that $1-\varepsilon$ $-1 / M>1 / 2$. Thus,

$$
\begin{equation*}
\max _{1 \leq k \leq N_{l+1}} \frac{\left|a_{k}\right|}{\sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}} \leq \sqrt{\frac{\varepsilon}{\log l}} \tag{3.5}
\end{equation*}
$$

Let $0<\mu<1$. Suppose $l$ is large so that $\mu \log l \gg 1$. We define a sequence of positive integers $l_{1}, l_{2}, \ldots, l_{\lfloor \rfloor}$, where for simplicity we write $\left\rfloor=\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor\right.$ ( $\rfloor$ represents the greatest integer function) as follows:

Let $l_{1}$ be the first time such that

$$
\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2} \geq \frac{1}{\mu \log l} \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}
$$

so that

$$
\begin{equation*}
\sum_{k=N_{l}+1}^{N_{l}+l_{1}-1} a_{k}^{2}<\frac{1}{\mu \log l} \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2} \tag{3.6}
\end{equation*}
$$

Likewise, let $l_{2}$ be the first time such that

$$
\sum_{k=N_{l}+l_{1}+1}^{N_{l}+l_{2}} a_{k}^{2} \geq \frac{1}{\mu \log l} \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}
$$

so that

$$
\begin{equation*}
\sum_{k=N_{l}+l_{1}+1}^{N_{l}+l_{2}-1} a_{k}^{2}<\frac{1}{\mu \log l} \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2} \tag{3.7}
\end{equation*}
$$

Similarly we define $l_{3}, \ldots, l_{\lfloor \rfloor}$.
Because of (3.6), $N_{l}+l_{1} \leq N_{l+1}$, and hence by (3.6) and (3.5),

$$
\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}=\sum_{k=N_{l}+1}^{N_{l}+l_{1}-1} a_{k}^{2}+a_{N_{l}+l_{1}}^{2} \leq \frac{1+\varepsilon}{\mu \log l} \sum_{k=N_{l}+1}^{N_{l+l}} a_{k}^{2}
$$

Combining this and 3.7) yields

$$
\begin{equation*}
\sum_{k=N_{l}+1}^{N_{l}+l_{2}-1} a_{k}^{2} \leq\left(\frac{1+\varepsilon}{\mu \log l}+\frac{1}{\mu \log l}\right) \sum_{k=N_{l}+1}^{N_{l+l}} a_{k}^{2}<\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2} \tag{3.8}
\end{equation*}
$$

the last inequality being a consequence of the fact that

$$
\begin{equation*}
r\left(\frac{1+\varepsilon}{\mu \log l}\right)+\frac{1}{\mu \log l}<1 \quad \text { for positive integers } r \text { with } r \leq\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor-1 \tag{3.9}
\end{equation*}
$$

Thus, $N_{l}+l_{2} \leq N_{l+1}$, so by (3.8) and again using (3.5), we have

$$
\begin{align*}
\sum_{k=N_{l}+1}^{N_{l}+l_{2}} a_{k}^{2} & =\sum_{k=N_{l}+1}^{N_{l}+l_{2}-1} a_{k}^{2}+a_{N_{l}+l_{2}}^{2}  \tag{3.10}\\
& \leq\left(\frac{1+\varepsilon}{\mu \log l}+\frac{1}{\mu \log l}+\frac{\varepsilon}{\mu \log l}\right) \sum_{k=N_{l}+1}^{N_{l+l}} a_{k}^{2} \\
& =2 \frac{1+\varepsilon}{\mu \log l} \sum_{k=N_{l}+1}^{N_{l+l}} a_{k}^{2}
\end{align*}
$$

Continuing in the same fashion, using (3.5) and (3.9) we have

$$
\begin{equation*}
\sum_{k=N_{l}+1}^{N_{l}+l_{3}-1} a_{k}^{2} \leq\left(2 \frac{1+\varepsilon}{\mu \log l}+\frac{1}{\mu \log l}\right) \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}<\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2} \tag{3.11}
\end{equation*}
$$

which implies that $N_{l}+l_{3} \leq N_{l+1}$. We continue this process, repeatedly using (3.5) and (3.9), to conclude that $N_{l}+l_{\lfloor \rfloor} \leq N_{l+1}$.

Consider a dyadic cube $Q$ with sidelength $2^{-L}$ where $L$ is chosen so that $2^{L} \leq n_{N_{l}}<2^{L+1}$. By rescaling to $Q$, Lemma 2.5 implies

$$
\int_{Q}\left|\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right)\right|^{2} d x \geq c|Q| \sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}
$$

Similarly, again by rescaling to $Q$, Lemma 2.8 implies

$$
\left|\left\{x \in Q:\left|\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right)\right| \geq \lambda\right\}\right| \leq C \exp \left(-c \frac{\lambda^{2}}{\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}}\right)|Q|
$$

Finally, notice that for $k$ with $N_{l}+1 \leq k \leq N_{l}+l_{1}$, (3.5) yields

$$
\left|a_{k}\right| \leq \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+l}} a_{k}^{2}} \leq \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\mu \log l} \sqrt{\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}}=\sqrt{\mu \varepsilon} \sqrt{\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}} .
$$

Consequently by Lemmas 2.4 and 2.2 (3),

$$
\begin{aligned}
& \left|\frac{1}{|Q|} \int_{Q} \sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right) d x\right| \leq \sum_{k=N_{l}+1}^{N_{l}+l_{1}}\left|a_{k}\right| \frac{2 n 2^{L}\|f\|_{\infty}}{n_{k}} \\
& \quad \leq\|f\|_{\infty} \sqrt{\mu \varepsilon} \sqrt{\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2} \sum_{k=N_{l}+1}^{N_{l}+l_{1}} \frac{2 n 2^{L}}{n_{k}} \leq C \sqrt{\varepsilon} \sqrt{\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}}}
\end{aligned}
$$

Then Lemma 2.9 applies to give $\delta>0$ (which depends only on $\varepsilon$ and constants that themselves depend only on $q$ and $n$ ) so that

$$
\begin{align*}
& \left|\left\{x \in Q: \sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right)>\frac{\delta}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}\right\}\right|  \tag{3.12}\\
& \quad \geq\left|\left\{x \in Q: \sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right)>\delta \sqrt{\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k}^{2}}\right\}\right| \geq \delta|Q| .
\end{align*}
$$

Set $h(x)=\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right)$. Choose $L_{1}$ so that $2^{L_{1}} \leq n_{N_{l}+l_{1}}<$ $2^{L_{1}+1}$. Fix $x, y$, and suppose $|x-y|<\sqrt{n} / 2^{L_{1}}$. Then using the hypotheses
of the theorem, the definition of $A_{N_{l+1}}$, Lemma 2.2 (2) and (3.4), and again assuming that $1-\varepsilon-1 / M>1 / 2$, we have

$$
\begin{align*}
& |h(x)-h(y)| \leq \sum_{k=N_{l}+1}^{N_{l}+l_{1}}\left|a_{k}\right|\left|f\left(n_{k} x+c_{k}\right)-f\left(n_{k} y+c_{k}\right)\right|  \tag{3.13}\\
& \quad \leq \sum_{k=N_{l}+1}^{N_{l}+l_{1}}\left|a_{k}\right| \omega\left(\frac{\sqrt{n} n_{k}}{2^{L_{1}}}\right) \leq \frac{K_{N_{l+1}} A_{N_{l+1}}}{\sqrt{\log \log A_{N_{l+1}}^{2}}} \sum_{k=N_{l}+1}^{N_{l}+l_{1}} \omega\left(\frac{\sqrt{n} n_{k}}{n_{N_{l}+l_{1}}} 2\right) \\
& \quad \leq C K_{N_{l+1}} \frac{\sqrt{2 \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}}{\sqrt{\log l}}
\end{align*}
$$

Thus, if

$$
h(x)>\frac{\delta}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
$$

then

$$
\begin{aligned}
|h(y)| & \geq|h(x)|-C \frac{K_{N_{l+1}}}{\sqrt{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+l}} a_{k}^{2}} \\
& \geq \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
\end{aligned}
$$

From (3.12) we conclude that there exists a collection of dyadic subcubes $\left\{Q^{\prime}\right\}$ of $Q$ with sidelength $2^{-L_{1}}$ such that for all $x \in Q^{\prime}$,

$$
\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right) \geq \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
$$

and with $\| \bigcup_{Q^{\prime} \subset Q} Q^{\prime}|>\delta| Q \mid$.
Consider such a $Q^{\prime}$. Arguing as above we have

$$
\begin{aligned}
\mid\left\{x \in Q^{\prime}\right. & \left.: \sum_{k=N_{l}+l_{1}+1}^{N_{l}+l_{2}} a_{k} f\left(n_{k}+c_{k}\right)>\frac{\delta}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}\right\} \mid \\
& \geq\left|\left\{x \in Q^{\prime}: \sum_{k=N_{l}+l_{1}+1}^{N_{l}+l_{2}} a_{k} f\left(n_{k}+c_{k}\right)>\delta \sqrt{\sum_{k=N_{l}+l_{1}+1}^{N_{l}+l_{2}}} a_{k}^{2}\right\}\right| \geq \delta\left|Q^{\prime}\right| .
\end{aligned}
$$

As previously, this leads us to a collection of dyadic subcubes $\left\{Q^{\prime \prime}\right\}$ of $Q^{\prime}$ with sidelength $2^{-L_{2}}$, where $L_{2}$ satisfies $2^{L_{2}} \leq n_{N_{l}+l_{2}}<2^{L_{2}+1}$, such that for all $x \in Q^{\prime \prime}$,

$$
\sum_{k=N_{l}+l_{1}+1}^{N_{l}+l_{2}} a_{k} f\left(n_{k} x+c_{k}\right) \geq \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
$$

and with $\left|\bigcup_{Q^{\prime \prime} \subset Q^{\prime}} Q^{\prime \prime}\right|>\delta\left|Q^{\prime}\right|$. We continue this process. Eventually we come to a subcollection of cubes $\{I\}$ with sidelength $2^{-L_{\lfloor \rfloor}}$, where $\rfloor=$ $\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor$, and $L_{\lfloor \rfloor}$is the number satisfying $2^{L_{\lfloor \rfloor}} \leq n_{N_{l}+l_{\lfloor \rfloor}}<2^{L_{\lfloor \rfloor}+1}$, such that for all $x \in I$,

$$
\sum_{k=N_{l}+l_{\lfloor\jmath-1}+1}^{N_{l}+l_{l 〕}} a_{k} f\left(n_{k} x+c_{k}\right) \geq \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}} .
$$

Moreover, $\left|\bigcup_{I \subset \tilde{Q}} I\right|>\delta|\tilde{Q}|$ where $\tilde{Q}$ is the previous generation cube. On each $I$, we need to estimate the remaining terms $\sum_{k=N_{l}+l_{\downharpoonleft}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)$. Using (3.5) and Lemma 2.4, we have

$$
\begin{aligned}
& \left|\frac{1}{|I|} \int_{I} \sum_{k=N_{l}+l_{\lrcorner \jmath}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right) d x\right| \leq \sum_{k=N_{l}+l_{\lfloor \rfloor}+1}^{N_{l+1}}\left|a_{k}\right|\left|\frac{1}{|I|} \int_{I} f\left(n_{k} x+c_{k}\right) d x\right| \\
& \quad \leq C \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}} \sum_{k=N_{l}+l_{\lfloor\jmath}+1}^{N_{l+1}} \frac{2^{L_{\lfloor \lrcorner}\|f\|_{\infty}}}{n_{k}} \leq C_{1} \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2} .}
\end{aligned}
$$

By Chebyshev,

$$
\left|\left\{x \in I:\left|\sum_{k=N_{l}+l_{\lfloor 〕+1}}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)\right|>2 C_{1} \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}\right\}\right| \leq \frac{1}{2}|I|,
$$

so that in particular,

$$
\begin{equation*}
\sum_{k=N_{l}+l_{\lfloor\jmath}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)>-2 C_{1} \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}}} a_{k}^{2} \tag{3.14}
\end{equation*}
$$

on at least $1 / 2$ of the measure of $I$. Choose $\tilde{L}$ so that $2^{\tilde{L}} \leq n_{N_{l+1}}<2^{\tilde{L}+1}$. Let $h(x)=\sum_{k=N_{l}+l_{\hookrightarrow}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)$.

Let $x$ be a point at which $\sqrt[3.14]{ }$ holds, and suppose $|x-y| \leq \sqrt{n} 2^{-\tilde{L}}$. Estimating as before (as in (3.13)), we have

$$
|h(x)-h(y)| \leq C K_{N_{l+1}} \frac{\sqrt{2 \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}}{\sqrt{\log l}}
$$

Thus, if

$$
h(x)>-2 C_{1} \sqrt{\frac{\varepsilon}{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
$$

then

$$
\begin{aligned}
h(y) & >\left(-2 C_{1} \sqrt{\frac{\varepsilon}{\log l}}-\frac{C K_{N_{l+1}}}{\sqrt{\log l}}\right) \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}} \\
& =-C \frac{\sqrt{\varepsilon}+K_{N_{l+1}}}{\sqrt{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}} .
\end{aligned}
$$

Consequently, there exists a collection of dyadic subcubes $\{J\}$ of $I$ with sidelength $2^{-\tilde{L}}$ such that for every $x \in J$,

$$
\sum_{k=N_{l}+l_{\lfloor \rfloor}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)>-C \frac{\sqrt{\varepsilon}+K_{N_{l+1}}}{\sqrt{\log l}} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
$$

and with $\left|\bigcup_{J \subset I} J\right| \geq \frac{1}{2}|I|$.
Finally, adding the estimates from all of the above generations, we have

$$
\begin{array}{r}
\sum_{k=N_{l}+1}^{N_{l}+l_{1}} a_{k} f\left(n_{k} x+c_{k}\right)+\cdots+\sum_{k=N_{l}+l_{\lfloor \rfloor}-1}^{N_{l}+l_{\lfloor \rfloor}} a_{k} f\left(n_{k} x+c_{k}\right)+\sum_{k=N_{l}+l_{\lfloor \rfloor}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right) \\
>\left[\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}}-C \frac{\sqrt{\varepsilon}+K_{N_{l+1}}}{\sqrt{\log l}}\right] \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
\end{array}
$$

on a subcollection $\{J\}$ of dyadic subcubes of $Q$ with

$$
|Q \cap \bigcup J|>\frac{|Q|}{2} \delta^{\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor} \geq \frac{|Q|}{2} \delta^{\frac{\mu \log l}{1+\varepsilon}}=\frac{|Q|}{2} e^{(\log \delta) \frac{\mu \log l}{1+\varepsilon}}=\frac{|Q|}{2} l^{\frac{\mu \log \delta}{1+\varepsilon}} \geq \frac{|Q|}{2 l}
$$

where the latter inequality holds if $\mu$ is chosen sufficiently small. We remark that neither $\delta$ nor $\varepsilon$ depend on $\mu$, so this is possible.

We may also assume that $l$ is large enough so that

$$
\begin{equation*}
\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor /\left(\frac{\mu \log l}{1+\varepsilon}\right)>\frac{1}{1+\varepsilon} \tag{3.15}
\end{equation*}
$$

Thus, on the subcubes $J$, if $l$ is sufficiently large, we can estimate

$$
\begin{aligned}
& \sum_{k=N_{l}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right) \\
&>\left[\left\lfloor\frac{\mu \log l}{1+\varepsilon}\right\rfloor \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}}-C \frac{\sqrt{\varepsilon}+K_{N_{l+1}}}{\sqrt{\log l}}\right] \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}} \\
& \geq\left[\frac{1}{1+\varepsilon} \frac{\mu \log l}{1+\varepsilon} \frac{\delta-C \sqrt{\mu} K_{N_{l+1}}}{\sqrt{\mu \log l}}-C \frac{\sqrt{\varepsilon}+K_{N_{l+1}}}{\sqrt{\log l}}\right] \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}} \\
&>\eta \sqrt{\log l} \sqrt{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}
\end{aligned}
$$

where $\eta$ depends only on $\mu, \varepsilon$, and $\delta$, but can be taken as a fixed positive number for all $l$ sufficiently large. Thus, if we let $F_{l}$ denote the family of dyadic cubes $Q$ in $[0,1]$ of sidelength $2^{-L}$ (recall $2^{L} \leq n_{N_{l}}<2^{L+1}$ ) and let $\mathcal{E}_{l+1}$ denote the union of those cubes $J$ of sidelength $2^{-\tilde{L}}$ (recall $2^{\tilde{L}} \leq n_{N_{l+1}}$ $<2^{\tilde{L}}$ ) found in all of the $Q$ using the above argument, then, for large enough $l$ (depending only on $\varepsilon$ and $M$ ), the hypotheses of Lemma 2.10 are satisfied so that there exists $\eta>0$ such that for a.e. $x$ there exists a subsequence of $\left\{N_{l}\right\}_{l=1}^{\infty}$ (depending on $x$ ) such that for each $l$ in this subsequence we have

$$
\frac{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{(\log l) \sum_{k=N_{l}+1}^{N_{l+1}} a_{k}^{2}}}>\eta .
$$

For such an $x$, by (3.4), and again assuming that $1-\varepsilon-1 / M>1 / 2$, for an infinite subsequence of the $N_{l}$ we have

$$
\frac{\sum_{k=N_{l}+1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{(\log l) \sum_{k=1}^{N_{l+1}} a_{k}^{2}}}>\frac{\eta}{\sqrt{2}}
$$

By (3.1),

$$
\log \log A_{N_{l+1}}^{2} \leq \log ((l+1) \log M-\log (1-\varepsilon)) \leq 2 \log l,
$$

the latter inequality holding for $l$ sufficiently large. Consequently,

$$
\frac{\sum_{k=1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)-\sum_{k=1}^{N_{l}} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{\sum_{k=1}^{N_{l+1}} a_{k}^{2} \log \log \sum_{k=1}^{N_{l+1}} a_{k}^{2}}} \geq \frac{\eta}{2}
$$

But from (3.3) for a.e. $x$ we have

$$
\frac{\sum_{k=1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{\sum_{k=1}^{N_{l}+1} a_{k}^{2} \log \log \sum_{k=1}^{N_{l}+1} a_{k}^{2}}} \leq \sqrt{\frac{1+\varepsilon}{c M(1-\varepsilon)}}
$$

for all sufficiently large $l$ (depending on $x$ ).
Hence for a.e. $x$ there is an infinite subsequence of sufficiently large $l$ so that,

$$
\frac{\sum_{k=1}^{N_{l+1}} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{\sum_{k=1}^{N_{l+1}} a_{k}^{2} \log \log \sum_{k=1}^{N_{l+1}} a_{k}^{2}}} \geq \frac{\eta}{2}-\sqrt{\frac{1+\varepsilon}{c M(1-\varepsilon)}} .
$$

Thus, for a.e. $x$ we have

$$
\limsup _{n \rightarrow \infty} \frac{\sum_{k=1}^{n} a_{k} f\left(n_{k} x+c_{k}\right)}{\sqrt{\sum_{k=1}^{n} a_{k}^{2} \log \log \sum_{k=1}^{n} a_{k}^{2}}} \geq \frac{\eta}{2}-\sqrt{\frac{1+\varepsilon}{c M(1-\varepsilon)}} .
$$

We can let $M \nearrow \infty$, and obtain the desired result.
4. Recurrence for partial sums. For $x \in[0,1]^{n}$, consider the partial sums $s_{N}(x)=\sum_{k=1}^{N} a_{k} f\left(n_{k}+c_{k}\right)$. As a corollary, we show that with an additional hypothesis, for a.e. $x$, the seqeunce $\left\{s_{N}(x)\right\}$ is dense in $\mathbb{R}$; in other words, this sequence visits every neighborhood of every real number infinitely often. This is a generalization of the same result for lacunary trigonometric series due to Grubb and Moore GM.

Corollary 4.1. Set $s_{N}(x)=\sum_{k=1}^{N} a_{k} f\left(n_{k}+c_{k}\right)$ where $f, a_{k}, n_{k}$, and $c_{k}$ are as in the statement of Theorem 1.4. Suppose also that there exists $a$ constant $M$ such that $\left|a_{k}\right| \leq M$ for every $k$. Then for a.e. $x \in[0,1]^{n}$, $\left\{s_{N}(x)\right\}$ is dense in $\mathbb{R}$.

The proof follows that of GM] although with enough differences to justify including it here. We first need a variation of a lemma from [GM].

Lemma 4.2. Suppose that two sequences of sets $E_{N}$ and $F_{N}$ contained in $[0,1]^{n}$ have the following property: There exists a constant $c>0$ and a sequence $\delta_{N}>0$ converging to 0 such that for every $x \in E_{N}$ there is a cube $Q_{N}$ of sidelength $\delta_{N}$ containing $x$ with $\left|Q_{N} \cap F_{N}\right|>c\left|Q_{N}\right|$. Suppose that for a.e. $x \in[0,1]^{n}, x \in E_{N}$ infinitely often. Then for a.e. $x \in[0,1]^{n}, x \in F_{N}$ infinitely often.

Proof. If we assume the contrary, then there exists a set $A \subset[0,1]^{n}$ with $|A|>0$ and a $K$ such that $A \cap \bigcup_{N=K}^{\infty} F_{N}$ is empty. Almost all points of $A$ are points of density of $A$, so we can pick a point $x$ which is both a point of density of $A$ and in infinitely many $E_{N}$. But then, for each such $N \geq K$
and $Q_{N}$ that contains $x$, we have $\left|Q_{N} \cap A\right| \leq\left|Q_{N} \cap F_{N}^{c}\right|$ so that as $\delta_{N} \rightarrow 0$, $\left|Q_{N} \cap F_{N}^{c}\right| /\left|Q_{N}\right| \geq\left|Q_{N} \cap A\right| /\left|Q_{N}\right| \rightarrow 1$, which contradicts the hypothesis.

Proof of Corollary 4.1. Let $a \in \mathbb{R}$ and let $\varepsilon>0$. As an immediate consequence of the theorem, $\sup s_{N}(x)=\infty$ and $\inf s_{N}(x)=-\infty$. Thus, a.e. $x \in[0,1]^{n}$ is in an infinite number of the sets

$$
E_{N}=\left\{x \in[0,1]^{n}: s_{N}(x) \geq a \text { and } s_{N+1}(x)<a\right\} .
$$

We will establish the conditions of the lemma with the sets

$$
F_{N}=\left\{x \in[0,1]^{n}:\left|s_{N}(x)-a\right|<\varepsilon \text { or }\left|s_{N+1}(x)-a\right|<\varepsilon\right\} .
$$

Let $x \in E_{N}$. Let $Q_{N}$ be the cube containing $x$ of the form $Q_{N}=Q_{N+1, m}=$ $\frac{1}{n_{N+1}} Q_{m}-\frac{1}{n_{N+1}} c_{N+1}$, where $Q_{m} \in \mathcal{F}_{0}$ (as in the proof of Lemma 2.3). We first note that if $z, y \in Q_{N}$ with $|z-y| \leq c / n_{N+1}$ then by Lemma 2.2(2),

$$
\begin{align*}
\mid s_{N}(z) & -s_{N}(y)\left|\leq \sum_{k=1}^{N}\right| a_{k}| | f\left(n_{k} z+c_{k}\right)-f\left(n_{k} y+c_{k}\right) \mid  \tag{4.1}\\
& \leq M \sum_{k=1}^{N} \omega\left(\frac{c n_{k}}{n_{N+1}}\right) \leq M \max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\} \int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta<\varepsilon,
\end{align*}
$$

where the last inequality holds if $c$ is sufficiently small. Also

$$
\begin{align*}
& \left|s_{N+1}(z)-s_{N+1}(y)\right| \leq \sum_{k=1}^{N+1}\left|a_{k}\right|\left|f\left(n_{k} z+c_{k}\right)-f\left(n_{k} y+c_{k}\right)\right|  \tag{4.2}\\
\leq & M \sum_{k=1}^{N+1} \omega\left(\frac{c n_{k}}{n_{N+1}}\right) \leq M \max \left\{\frac{1}{\log 2}, \frac{1}{\log q}\right\} \int_{0}^{2 c / q} \frac{\omega(\delta)}{\delta} d \delta+M \omega(c)<\varepsilon,
\end{align*}
$$

where again, the last inequality holds if $c$ is chosen sufficiently small. Fix $c>0$ so that (4.1) and (4.2) hold. Since $s_{N}(x)>a$, there are two cases.

CASE I: $s_{N}\left(x_{0}\right)=a$ for some $x_{0}$ in $Q_{N}$. Then by (4.1) there exists a ball $B$ of radius $c / n_{N+1}$ centered at $x_{0}$ such that $B \subset F_{N}$. At least $1 / 2^{n}$ of this ball is in $Q_{N}$. Therefore, $\left|F_{N} \cap Q_{N}\right|>\left(1 / 2^{n}\right)|B|=c\left|Q_{N}\right|$.

Case II: $s_{N}(x)>a$ on $Q_{N}$. Since $x \in E_{N}$, we have $s_{N+1}(x)<a$. But $s_{N+1}(x)=s_{N}(x)+a_{N+1} f\left(n_{N+1} x+c_{N+1}\right)$, and $\int_{Q_{N}} f\left(n_{N+1} x+c_{N+1}\right) d x=0$, so there exists an $x_{1} \in Q_{N}$ such that $f\left(n_{N+1} x_{1}+c_{N+1}\right)=0$. Consequently, $s_{N+1}\left(x_{1}\right)=s_{N}\left(x_{1}\right)>a$, so there exists an $x_{0} \in Q_{N}$ such that $s_{N+1}\left(x_{0}\right)=a$. By (4.2) there exists a ball $B$ of radius $c / n_{N+1}$ centered at $x_{0}$ such that $B \subset F_{N}$. At least $1 / 2^{n}$ of this ball is in $Q_{N}$. Again, we have $\left|F_{N} \cap Q_{N}\right|>$ $\left(1 / 2^{n}\right)|B|=c\left|Q_{N}\right|$.

Applying the lemma, we see that for a.e. $x \in[0,1]^{n},\left|s_{N}(x)-a\right|<\varepsilon$ infinitely often. By considering all $a$ rational and a countable sequence of $\varepsilon \rightarrow 0$, the corollary follows.

Acknowledgments. The authors would like to thank the referee for many helpful comments.

## References

[AB] C. Aistleitner and I. Berkes, On the central limit theorem for $f\left(n_{k} x\right)$, Probab. Theory Related Fields 146 (2010), 267-289.
$[\mathrm{BKM}]$ R. Bañuelos, I. Klemeš, and C. N. Moore, The lower bound in the law of the iterated logarithm for harmonic functions, Duke Math. J. 60 (1990), 689-715.
[BM] R. Bañuelos and C. N. Moore, Probabilistic Behavior of Harmonic Functions, Birkhäuser, Basel, 1999.
[B] I. Berkes, On the asymptotic behavior of $\sum f\left(n_{k} x\right)$. Applications, Z. Wahrsch. Verw. Gebiete 34 (1976), 347-365.
[CWW] S. Y. A. Chang, J. M. Wilson, and T. H. Wolff, Some weighted norm inequalities concerning the Schrödinger operator, Comment. Math. Helv. 60 (1985), 217-246.
[D] S. Dhompongsa, Uniform laws of the iterated logarithm for Lipschitz classes of functions, Acta Sci. Math. (Szeged) 50 (1986), 105-124.
[EG] P. Erdős and L. S. Gál, On the law of the iterated logarithm. I, II, Nederl. Akad. Wetensch. Proc. Ser. A 58 (1955), 65-76, 77-84.
[G] V. F. Gaposhkin, The central limit theorem for some weakly dependent sequences, Theory Probab. Appl. 15 (1970), 649-666.
[GM] D. J. Grubb and C. N. Moore, Certain lacuary cosine series are recurrent, Studia Math. 108 (1994), 21-23.
[K] A. Khintchine, Über einen Satz der Wahrscheinlichkeitsrechnung, Fund. Math. 6 (1924), 9-20.
[Ko] N. Kolmogoroff, Über das Gesetz des iterierten Logarithmus, Math. Ann. 101 (1929), 126-135.
[MZ] C. N. Moore and X. Zhang, A law of the iterated logarithm for general lacunary series, Colloq. Math. 126 (2012), 95-103.
[P] E. Peter, A probability limit theorem for $\left\{f\left(n_{k} x\right)\right\}$, Acta Math. Hungar. 87 (2000), 23-31.
[PS] W. Philipp and W. Stout, Almost sure invariance principles for partial sums of weakly dependent random variables, Mem. Amer. Math. Soc. (1975), no. 161, iv +140 pp .
[SZ] R. Salem et A. Zygmund, La loi du logarithme itéré pour les séries trigonométriques lacunaires, Bull. Sci. Math. 74 (1950), 209-224.
[T1] S. Takahashi, An asymptotic property of a gap sequence, Proc. Japan Acad. 38 (1962), 101-104.
[T2] S. Takahashi, An asymptotic behavior of $\left\{f\left(n_{k} t\right)\right\}$, Sci. Rep. Kanazawa Univ. 33 (1988), 27-36.
[U] D. C. Ullrich, Recurrence for lacunary cosine series, in: The Madison Symposium on Complex Analysis, Contemp. Math. 137, Amer. Math. Soc., 1992, 459-467.
[W] M. Weiss, The law of the iterated logarithm for lacunary trigonometric series, Trans. Amer. Math. Soc. 91 (1959), 444-469.
[Z] A. Zygmund, Trigonometrical Series, Cambridge Univ. Press, Cambridge, 1959.

Charles N. Moore
Department of Mathematics
Kansas State University
Manhattan, KS 66506, U.S.A.
E-mail: cnmoore@math.ksu.edu
Current address:
Department of Mathematics
Washington State University
Pullman, WA 99164, U.S.A.
E-mail: cnmoore@math.wsu.edu

Xiaojing Zhang<br>Department of Mathematics<br>Kansas State University<br>Manhattan, KS 66506, U.S.A.<br>E-mail: xjzh@math.ksu.edu

Received December 30, 2012
Revised version February 16, 2014


[^0]:    2010 Mathematics Subject Classification: Primary 42A55; Secondary 60F15. Key words and phrases: law of the iterated logarithm, martingale.

