# Thin-shell concentration for convex measures 

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#### Abstract

We prove that for $s<0, s$-concave measures on $\mathbb{R}^{n}$ exhibit thin-shell concentration similar to the log-concave case. This leads to a Berry-Esseen type estimate for most of their one-dimensional marginal distributions. We also establish sharp reverse Hölder inequalities for $s$-concave measures.


1. Introduction. For any subsets $A, B \subset \mathbb{R}^{n}$, their Minkowski sum is defined by

$$
A+B=\{a+b: a \in A, b \in B\} .
$$

Let $s \in[-\infty, 1]$. A measure $\mu$ on $\mathbb{R}^{n}$ is called $s$-concave whenever

$$
\mu((1-\lambda) A+\lambda B) \geq\left((1-\lambda) \mu(A)^{s}+\lambda \mu(B)^{s}\right)^{1 / s}
$$

for every $\lambda \in[0,1]$ and any compact subsets $A, B \subset \mathbb{R}^{n}$ such that $\mu(A) \mu(B)$ $>0$. When $s=0$, this inequality should be read as

$$
\mu((1-\lambda) A+\lambda B) \geq \mu(A)^{1-\lambda} \mu(B)^{\lambda}
$$

and it defines $\mu$ as a log-concave measure. When $s=-\infty$, the measure is said to be convex and the inequality is replaced by

$$
\mu((1-\lambda) A+\lambda B) \geq \min (\mu(A), \mu(B))
$$

Notice that the class of $s$-concave measures on $\mathbb{R}^{n}$ is decreasing in $s$ so that any $s$-concave measure is a convex measure. Any $s$-concave measure with $s \geq 0$ is log-concave, and thin-shell concentration for log-concave measures has been studied in [16, [17, 19, 22, 23]. The purpose of this paper is to prove thin-shell concentration for $s$-concave measures in the case $s<0$, which we consider from now on. By measure, we always mean probability measure.

The class of $s$-concave measures was introduced and studied in [10, 11, where a complete characterization was established. An $s$-concave measure is

[^0]supported on some convex subset of an affine subspace where it has a density (see Section 2 for more details). When the support of an $s$-concave measure $\mu$ generates the whole space, we say that $\mu$ is full-dimensional.

A random vector with an $s$-concave distribution is called $s$-concave. The linear image of an $s$-concave random vector is also $s$-concave. We say that a random vector is full-dimensional if its distribution is full-dimensional. It is known that any seminorm of an $s$-concave random vector with $s<0$ has moments of all order $p \in(0,-1 / s)$ (see [10] and [1]). The Euclidean norm of an $s$-concave random vector $X$ has a finite moment of order 2 if and only if $s>-1 / 2$. Since we are interested in comparison of moments of the Euclidean norm with the moment of order 2 , we will always assume that $-1 / 2<s<0$.

Let $n \geq 1$ be an integer. The Euclidean space $\mathbb{R}^{n}$ is equipped with its Euclidean norm $|\cdot|_{2}$ and scalar product $\langle\cdot, \cdot\rangle$. Its unit sphere is denoted by $S^{n-1}$ and its unit ball by $B_{2}^{n}$. We say that a random vector $X$ is isotropic if $\mathbb{E} X=0$ and for every $\theta \in S^{n-1}, \mathbb{E}\langle X, \theta\rangle^{2}=1$. Observe that if $X$ is an $s$-concave full-dimensional random vector and $s>-1 / 2$, we can always find an affine transformation $A$ such that $A X$ is isotropic.

Let $p \in \mathbb{R}$ and $X \in \mathbb{R}^{n}$ be a random vector. Assume that $|X|_{2}$ has finite moments of order 2 and $p$ with the convention that $\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}=$ $\exp \left(\mathbb{E} \ln |X|_{2}\right)$ for $p=0$. We define

$$
\alpha_{p}(X):=\left|\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1\right|
$$

Our main result is the following
Theorem 1. Let $r>2$. Let $X \in \mathbb{R}^{n}$ be a full-dimensional $(-1 / r)$ concave random vector. If $X$ is isotropic, then for any $p$ such that $|p| \leq$ $c \min \left(r, n^{1 / 3}\right)$, we have

$$
\alpha_{p}(X) \leq \frac{C|p-2|}{r}+\left(\frac{C|p-2|}{n^{1 / 3}}\right)^{3 / 5}
$$

where $C$ and $c$ are universal constants.
In the general case (when $X$ is not isotropic), let $A$ be an affine transformation such that $A X$ is full-dimensional and isotropic. Then for any $p \in \mathbb{R}$ such that $|p| \leq c \min \left(r, \frac{n^{1 / 3}}{\|A\|^{2 / 3}\left\|A^{-1}\right\|^{2 / 3}}\right)$, we have

$$
\alpha_{p}(X) \leq \frac{C|p-2|}{r}+\left(\frac{C|p-2|\left(\|A\|\left\|A^{-1}\right\|\right)^{2 / 3}}{n^{1 / 3}}\right)^{3 / 5}
$$

where $C$ and $c$ are universal constants.
We also show (see Remark 15 ) that for $r>n+\sqrt{n}$, the estimate of $\alpha_{p}(X)$ in Theorem 1 can be improved and recovers the estimate of the log-concave case from [19].

To present connections between moment inequalities, thin-shell concentration and the Berry-Esseen theorem for one-dimensional marginals, let us introduce some notation.

Let $X \in \mathbb{R}^{n}$ be an isotropic random vector. Thus $\mathbb{E}|X|_{2}^{2}=n$. Define $\varepsilon(X)$ to be the smallest number $\varepsilon>0$ such that

$$
\begin{equation*}
\mathbb{P}\left(\left|\frac{|X|_{2}}{\sqrt{n}}-1\right| \geq \varepsilon\right) \leq \varepsilon \tag{1}
\end{equation*}
$$

If $\varepsilon(X)=o(1)$ with respect to the dimension $n$, we say that $X$ is concentrated in a thin shell. This is the usual jargon of the subject. More rigorously, it suggests that we are considering a sequence $\left(X_{n}\right)$ of random vectors with $X_{n} \in \mathbb{R}^{n}$ and that $\varepsilon\left(X_{n}\right)=o(1)$ as $n$ goes to $\infty$. It was shown in [2] (see also [14, 13]) that if an isotropic random vector $X$ uniformly distributed on a convex body in $\mathbb{R}^{n}$ is such that $\varepsilon(X)=o(1)$, then almost all one-dimensional marginal distributions of $X$ satisfy a Berry-Esseen theorem. More generally, let $X \in \mathbb{R}^{n}$ be an isotropic random vector; it was proved in [7] that

$$
\sigma_{n-1}\left(\theta \in S^{n-1}: \sup _{t \in \mathbb{R}}|\mathbb{P}(\langle X, \theta\rangle \leq t)-\Phi(t)| \geq 4 \varepsilon(X)+\delta\right) \leq 4 n^{3 / 8} e^{-c n \delta^{4}}
$$

where $\sigma_{n-1}$ denotes the rotation invariant probability measure on the unit sphere $S^{n-1}, \Phi$ is the standard normal distribution function and $c>0$ is a universal constant. It is worth noticing that the result from [7] does not assume log-concavity. Assuming only that $X$ is isotropic, we find that if $\varepsilon(X)$ is $o(1)$ then almost all one-dimensional marginal distributions of $X$ are approximately Gaussian. Later in [22, 17] it was proved that indeed $\varepsilon(X)=o(1)$ for all log-concave random vectors, and the best estimate to date [19] is

$$
\varepsilon(X)=O\left(n^{-1 / 6} \log n\right)
$$

Now let $p>2$ and assume that $X$ is isotropic and that $|X|_{2}$ has a finite moment of order $p$. Then $\varepsilon(X)$ is $o(1)$ if and only if $\alpha_{p}(X)$ is $o(1)$ (see Remark 4 below). Hence Theorem 1 ensures that if $r \rightarrow \infty$ with the dimension $n$ then any isotropic $(-1 / r)$-concave random vector exhibits thinshell concentration and therefore almost all of its one-dimensional marginals satisfy a Berry-Esseen theorem. As a matter of fact, this condition on $r$ is necessary. If $r$ is fixed and does not depend on the dimension $n$, Proposition 5 gives an example of an isotropic $(-1 / r)$-concave random vector $X \in \mathbb{R}^{n}$ which does not have thin-shell concentraction. Remark 6] also shows the asymptotic sharpness of Theorem 1, since for this example, for a fixed $p>2$, $\alpha_{p}(X) \geq C(p-2) / r$ for $r$ and $n$ large enough, where $C>0$ is a universal constant.

To prove Theorem 1, we need to extend to the case of $s$-concave measures several tools coming from the study of log-concave measures. This is the
purpose of Section 2. Some of them were already established by Bobkov [8], like an analog of Ball's bodies [5] in the $s$-concave setting. Some others were also noticed previously (see e.g. [8], [1]) but not with the most accurate point of view. These new ingredients are analogous to the results of [12] in the logconcave setting and are at the heart of our proof. As in the approach of [16] or [19], an important ingredient is the log-Sobolev inequality on $\operatorname{SO}(n)$. It follows e.g. from the work of Bakry and Émery [4] and the calculation of the Ricci curvature of $\mathrm{SO}(n)$ (see [21, formula (F6)] for example) that for any Lipschitz function $f: \mathrm{SO}(n) \rightarrow \mathbb{R}^{+}$(see Sections 3 and 4 for definitions)

$$
\begin{equation*}
\mathbb{E}(f(U) \log f(U))-\mathbb{E} f(U) \log (\mathbb{E} f(U)) \leq \frac{c}{n} \mathbb{E}\left(|\nabla \log f(U)|^{2} f(U)\right) \tag{2}
\end{equation*}
$$

where $U$ is uniformly distributed on $\mathrm{SO}(n)$. This allows one to get reverse Hölder inequalities (see [16, (15)]): for every $f: \mathrm{SO}(n) \rightarrow \mathbb{R}$, let $L$ be the log-Lipschitz constant of $f$ (that is, the Lipschitz constant of $\log f$ ); then for every $q>r>0$,

$$
\begin{equation*}
\left(\mathbb{E}|f(U)|^{q}\right)^{1 / q} \leq \exp \left(\frac{c L^{2}}{n}(q-r)\right)\left(\mathbb{E}|f(U)|^{r}\right)^{1 / r} \tag{3}
\end{equation*}
$$

where $U$ is uniformly distributed on $\mathrm{SO}(n)$.
Let $X$ be a $(-1 / r)$-concave random vector in $\mathbb{R}^{n}$ with full-dimensional support and distributed according to a measure with a density function $w: \mathbb{R}^{n} \rightarrow \mathbb{R}_{+}$. For any linear subspace $E$, denote by $P_{E}$ the orthogonal projection onto $E$ and for any $x \in E$ denote by

$$
\pi_{E} w(x)=\int_{x+E^{\perp}} w(y) d y
$$

the marginal of $w$ on $E$. Given an integer $k$ between 1 and $n$, a real number $p \in(-k, r)$, a linear subspace $E_{0}$ of $\mathbb{R}^{n}$ of dimension $k$, and $\theta_{0} \in S\left(E_{0}\right)$, where $S\left(E_{0}\right)$ denotes the unit sphere of $E_{0}$, we define the function $h_{k, p}$ : $\mathrm{SO}(n) \rightarrow \mathbb{R}_{+}$by

$$
\begin{equation*}
h_{k, p}(u):=\left|S^{k-1}\right| \int_{0}^{\infty} t^{p+k-1} \pi_{u\left(E_{0}\right)} w\left(t u\left(\theta_{0}\right)\right) d t \tag{4}
\end{equation*}
$$

for every $u \in \operatorname{SO}(n)$, where $\left|S^{k-1}\right|$ denotes the area of the sphere.
Following the approach of [23, 16], we observe that for any $p \in(-k, r)$,

$$
\begin{equation*}
\mathbb{E}|X|_{2}^{p}=\frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((p+k) / 2)} \mathbb{E} h_{k, p}(U) \tag{5}
\end{equation*}
$$

where $U$ is uniformly distributed on $\mathrm{SO}(n)$. In view of (5) and the definition of $h_{k, p}$, we notice that it is of importance to work with families of measures which are stable under taking marginals, and it is clear from the definition that for any subspace $E$, if $X$ is $(-1 / r)$-concave, then so is $P_{E} X$.

In Section 2, we first introduce more notation and recall important facts concerning convex measures. Then we give an example of an isotropic $(-1 / r)$ concave random vector $X \in \mathbb{R}^{n}$ that does not have thin-shell concentration, when $r$ is fixed with respect to the dimension. Finally, we extend to the case of $s$-concave measures several tools coming from the study of log-concave measures that will be essential in the proof of Theorem1. Section 3 is devoted to the proof of Theorem 1. Some of the results of these two sections are either classical or variations of known results; their proofs are shifted to the appendix.
2. Preliminary results for $s$-concave measures. We first recall some properties of $s$-concave measures and their relation to $\beta$-concave functions.

The class of $s$-concave measures was introduced and studied in [10, 11], where the following complete characterization was established. An $s$-concave measure $\mu$ on $\mathbb{R}^{n}$ is supported on some convex subset of an affine subspace where it has a density. When this subspace is the whole space, we say that $\mu$ is full-dimensional. In this case, its density $w$ is $\beta$-concave with $\beta=s /(1-n s)$. Recall that a function $f: \mathbb{R}^{n} \rightarrow \mathbb{R}_{+}$is called $\beta$-concave whenever

$$
f((1-\lambda) x+\lambda y) \geq\left((1-\lambda) f(x)^{\beta}+\lambda f(y)^{\beta}\right)^{1 / \beta}
$$

for every $\lambda \in[0,1]$ and all $x, y \in \mathbb{R}^{n}$ such that $f(x) f(y)>0$, where the right hand side is replaced by $f(x)^{1-\lambda} f(y)^{\lambda}$ for $\beta=0$. Note that when $\beta<0$, which will be the case below, $\beta$-concavity means that $f^{\beta}$ is convex on its convex support $\{f>0\}$.

We will use a similar language for probability measure, random vector and function which are related here as distribution, law of a random vector and density of probability. It is important to remember that when $X \in \mathbb{R}^{n}$ is $(-1 / r)$-concave full-dimensional, then the result recalled above states that its distribution has a support that generates $\mathbb{R}^{n}$ and has a density which is $(-1 /(n+r))$-concave.

Recall that for every $x>0, \Gamma(x)=\int_{0}^{\infty} u^{x-1} e^{-u} d u$, and for every $x, y>0$, $B(x, y)=\int_{0}^{1} u^{x-1}(1-u)^{y-1} d u=\int_{0}^{\infty} u^{x-1}(u+1)^{-(x+y)} d u$.

The following inequality of Paley-Zygmund type is well known.
Lemma 2. Let $2<p<s$. Let $Y$ be a non-negative random variable with finite s-moment. Then for every $0 \leq t \leq\left(\mathbb{E} Y^{p}\right)^{1 / p}$ we have

$$
\mathbb{P}(Y \geq t) \geq\left(\frac{\mathbb{E} Y^{p}-t^{p}}{\left(\mathbb{E} Y^{s}\right)^{p / s}}\right)^{s /(s-p)}
$$

Proof. Using the Hölder inequality, we have

$$
\mathbb{E} Y^{p}=\mathbb{E} Y^{p} 1_{Y<t}+\mathbb{E} Y^{p} 1_{Y \geq t} \leq t^{p}+\left(\mathbb{E} Y^{s}\right)^{p / s} \mathbb{P}(Y \geq t)^{1-p / s}
$$

Thus

$$
\mathbb{P}(Y \geq t) \geq\left(\frac{\mathbb{E} Y^{p}-t^{p}}{\left(\mathbb{E} Y^{s}\right)^{p / s}}\right)^{s /(s-p)}
$$

Proposition 3. Let $2<p<s$. Let $X \in \mathbb{R}^{n}$ be an isotropic random vector such that $|X|_{2}$ has a finite s-moment. Then

$$
\min \left(\frac{\alpha_{p}(X)}{2},\left(\frac{p \alpha_{p}(X) / 2}{\left(\alpha_{s}(X)+1\right)^{p}}\right)^{s /(s-p)}\right) \leq \varepsilon(X) \leq\left(\left(\alpha_{p}(X)+1\right)^{p}-1\right)^{1 / 3}
$$

Proof. Let $\varepsilon>0$. Applying Lemma 2 to $Y=|X|_{2} /\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}, t=\varepsilon+1$ and noticing that $\mathbb{E} Y^{p}=\left(\alpha_{p}(X)+1\right)^{p}, \mathbb{E} Y^{s}=\left(\alpha_{s}(X)+1\right)^{s}$, we get

$$
\mathbb{P}\left(\frac{|X|_{2}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}} \geq 1+\varepsilon\right) \geq\left(\frac{\left(\alpha_{p}(X)+1\right)^{p}-(\varepsilon+1)^{p}}{\left(\alpha_{s}(X)+1\right)^{p}}\right)^{s /(s-p)}
$$

whenever $0<\varepsilon \leq \alpha_{p}(X)$. Since $x^{p}-y^{p} \geq p(x-y)$ for $p \geq 1$ and $x \geq y \geq 1$, we have

$$
\mathbb{P}\left(\frac{|X|_{2}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}} \geq 1+\varepsilon\right) \geq\left(\frac{p\left(\alpha_{p}(X)-\varepsilon\right)}{\left(\alpha_{s}(X)+1\right)^{p}}\right)^{s /(s-p)}
$$

Therefore

$$
\mathbb{P}\left(\frac{|X|_{2}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}} \geq 1+\varepsilon\right) \geq\left(\frac{p \alpha_{p}(X) / 2}{\left(\alpha_{s}(X)+1\right)^{p}}\right)^{s /(s-p)}
$$

whenever $0<\varepsilon \leq \alpha_{p}(X) / 2$, and the left-hand inequality follows.
Since $|x-1| \leq\left|x^{q}-1\right|$ for $q \geq 1$ and every $x \geq 0$, the Markov inequality gives

$$
\begin{aligned}
\mathbb{P}\left(\left|\frac{|X|_{2}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1\right| \geq \varepsilon\right) & \leq \mathbb{P}\left(\left|\frac{|X|_{2}^{q}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{q / 2}}-1\right| \geq \varepsilon\right) \\
& \leq \frac{\mathbb{E}\left|\frac{|X|_{2}^{q}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{q / 2}}-1\right|^{2}}{\varepsilon^{2}}
\end{aligned}
$$

To deduce the right-hand inequality of the statement, take $q=p / 2$ and observe that

$$
\begin{aligned}
\mathbb{E}\left|\frac{|X|_{2}^{q}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{q / 2}}-1\right|^{2} & =\left(\alpha_{2 q}(X)+1\right)^{2 q}+1-2\left(\alpha_{q}(X)+1\right)^{q} \\
& \leq\left(\alpha_{2 q}(X)+1\right)^{2 q}-1
\end{aligned}
$$

REMARK 4. Let $2<p<s$. Let $X \in \mathbb{R}^{n}$ be an isotropic random vector such that $|X|_{2}$ has a finite $s$-moment. Proposition 3 shows that $\varepsilon(X)$ is $o(1)$ if and only if $\alpha_{p}(X)$ is $o(1)$ when $n \rightarrow \infty$.

Now we estimate $\varepsilon(X)$ for an example which shows that an isotropic $(-1 / r)$-concave random vector $X \in \mathbb{R}^{n}$ may fail to have thin-shell concentration.

Proposition 5. Let $r>2$. There exists a sequence $\left(X_{n}\right)_{n}$ of isotropic $(-1 / r)$-concave random vectors $X_{n} \in \mathbb{R}^{n}$ such that

$$
\liminf _{n \rightarrow \infty} \varepsilon\left(X_{n}\right) \geq c(r)>0
$$

where $c(r)>0$ depends only on $r$.
Proof. Let $r>2$ and $2<p<r$ and let $X_{n} \in \mathbb{R}^{n}$ be an isotropic random vector with density

$$
f_{n, r}(x)=\frac{c_{1}}{\left(1+c_{2}|x|_{2}\right)^{r+n}}
$$

where $c_{1}$ and $c_{2}$ are normalization factors. From [10, 11], such a random vector is $(-1 / r)$-concave. An immediate computation gives

$$
\frac{\left(\mathbb{E}\left|X_{n}\right|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}\left|X_{n}\right|_{2}^{2}\right)^{1 / 2}}=\left(\frac{B(n+p, r-p)}{B(n, r)}\right)^{1 / p}\left(\frac{B(n+2, r-2)}{B(n, r)}\right)^{-1 / 2}
$$

For fixed $r$ and $2<p<r$, we have

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{\left(\mathbb{E}\left|X_{n}\right|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}\left|X_{n}\right|_{2}^{2}\right)^{1 / 2}}=\left(\frac{\Gamma(r-p)}{\Gamma(r)}\right)^{1 / p}\left(\frac{\Gamma(r-2)}{\Gamma(r)}\right)^{-1 / 2} \tag{6}
\end{equation*}
$$

and by the strict log-convexity of the Gamma function, we have

$$
\lim _{n \rightarrow \infty}\left(\alpha_{p}\left(X_{n}\right)+1\right)=\lim _{n \rightarrow \infty} \frac{\left(\mathbb{E}\left|X_{n}\right|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}\left|X_{n}\right|_{2}^{2}\right)^{1 / 2}}>1
$$

As a consequence for any $2<p<r, \lim _{n \rightarrow \infty} \alpha_{p}\left(X_{n}\right)>0$.
Now let $2<p<s<r$. From Proposition 3, we get

$$
\begin{equation*}
\liminf _{n \rightarrow \infty} \varepsilon\left(X_{n}\right) \geq \lim _{n \rightarrow \infty} \min \left(\frac{\alpha_{p}\left(X_{n}\right)}{2},\left(\frac{p \alpha_{p}\left(X_{n}\right) / 2}{\left(\alpha_{s}\left(X_{n}\right)+1\right)^{p}}\right)^{s /(s-p)}\right)>0 \tag{7}
\end{equation*}
$$

Choose $p=(2+r) / 2$ and $s=(p+r) / 2$ for which $2<p<s<r$ and note that the middle term in (7) depends only on $r$. This concludes the proof.

REMARK 6. Let $2<p<r$ and let $r \rightarrow \infty$. A calculation applying the Stirling formula in (6) when $r \rightarrow \infty$ gives

$$
\lim _{r \rightarrow \infty} r \lim _{n \rightarrow \infty} \alpha_{p}\left(X_{n}\right)=(p-2) / 2
$$

This asymptotic estimate shows that for a fixed $p>2$ and $r$ and $n$ large enough, then $\alpha_{p}\left(X_{n}\right) \geq C(p-2) / r$ where $C>0$ is a universal constant. This proves the sharpness of Theorem 1 under these conditions.

We now prove some inequalities for $s$-concave measures that will be useful tools in the next section.

## Theorem 7.

(i) Let $f:[0, \infty) \rightarrow[0, \infty)$ be a measurable function such that $\|f\|_{\infty}>0$. Then

$$
p \mapsto\left(\int_{0}^{\infty} p t^{p-1} f(t) d t /\|f\|_{\infty}\right)^{1 / p}
$$

is non-decreasing on its domain of definition.
(ii) Let $\alpha>0$ and $f:[0, \infty) \rightarrow[0, \infty)$ be $(-1 / \alpha)$-concave, continuous and integrable. Define $H_{f}:[0, \alpha) \rightarrow \mathbb{R}_{+}$by

$$
H_{f}(p)= \begin{cases}\frac{1}{B(p, \alpha-p)} \int_{0}^{\infty} t^{p-1} f(t) d t & \text { for } 0<p<\alpha \\ f(0) & \text { for } p=0\end{cases}
$$

Then $H_{f}$ is log-concave on $[0, \alpha)$.
The proof of (i) may be obtained as in [25, Lemma 2.1] and the proof of (ii) is identical to the well known $(1 / n)$-concave case [12. We postpone the proof of Theorem 7 to the appendix.

We present several consequences of this result such as some reverse Hölder inequalities with sharp constants in the spirit of Borell's [12] and Berwald's [6] inequalities.

Corollary 8. Let $r>0$ and $\mu$ be a $(-1 / r)$-concave measure on $\mathbb{R}^{n}$. Let $\phi: \mathbb{R}^{n} \rightarrow \mathbb{R}_{+}=[0, \infty]$ be such that $\{\phi>0\}$ is convex and $\phi$ is concave on $\{\phi>0\}$. Then the function

$$
p \mapsto \begin{cases}\frac{1}{p B(p, r-p)} \int \phi(x)^{p} d \mu(x) & \text { for } 0<p<r \\ \mu(\{\phi>0\}) & \text { for } p=0\end{cases}
$$

is log-concave on $[0, r)$.
Moreover, if $\mu(\{\phi>0\})>0$ then for any $0<p \leq q<r$,

$$
\left(\int_{\mathbb{R}^{n}} \phi(x)^{q} \frac{d \mu(x)}{\mu(\{\phi>0\})}\right)^{1 / q} \leq \frac{(q B(q, r-q))^{1 / q}}{(p B(p, r-p))^{1 / p}}\left(\int_{\mathbb{R}^{n}} \phi(x)^{p} \frac{d \mu(x)}{\mu(\{\phi>0\})}\right)^{1 / p} .
$$

Proof. By the concavity of $\phi$, for all $u, v \geq 0$ and $\lambda \in[0,1]$

$$
(1-\lambda)\{\phi>u\}+\lambda\{\phi>v\} \subset\{\phi>(1-\lambda) u+\lambda v\} .
$$

By the $(-1 / r)$-concavity of $\mu$, the function $f(t)=\mu(\{\phi>t\})$ is $(-1 / r)-$ concave and it is clearly continuous on $\mathbb{R}_{+}$. Observe that for any $p>0$, by Fubini's theorem,

$$
\int_{\mathbb{R}^{n}} \phi(x)^{p} d \mu(x)=\int_{0}^{\infty} p t^{p-1} f(t) d t
$$

The first part of the result follows from Theorem 7(ii). The "moreover" part follows from log-concavity since $p \mapsto\left(H_{f}(p) / f(0)\right)^{1 / p}$ is then nonincreasing.

The second corollary concerns the function $h_{k, p}$ defined in (4).
Corollary 9. Let $r>0$ and $u \in \operatorname{SO}(n)$. For any $(-1 /(r+n))$-concave function $w: \mathbb{R}^{n} \rightarrow \mathbb{R}_{+}$and any subspace $E_{0}$ of dimension $k \leq n$, the function

$$
p \mapsto\left\{\begin{array}{cl}
\frac{h_{k, p}(u)}{B(p+k, r-p)} & \text { for } p>-k+1 \\
\left|S^{k-1}\right| \pi_{u\left(E_{0}\right)} w(0) & \text { for } p=-k+1
\end{array}\right.
$$

is log-concave on $[-k+1, r)$.
Proof. Since $w$ is $(-1 /(r+n))$-concave, we note that $t \mapsto \pi_{U\left(E_{0}\right)} w\left(t u\left(\theta_{0}\right)\right)$ is $(-1 /(r+k))$-concave and it is clearly continuous on $\mathbb{R}_{+}$. Theorem 7 yields the result.

We finish with some geometric properties of a family of bodies introduced by K. Ball [5] in the log-concave case.

Corollary 10. Let $\alpha>0$. Let $w: \mathbb{R}^{n} \rightarrow \mathbb{R}_{+}$be a $(-1 / \alpha)$-concave function such that $w(0)>0$. For $0<a<\alpha$ let

$$
K_{a}(w)=\left\{x \in \mathbb{R}^{n}: a \int_{0}^{\infty} t^{a-1} w(t x) d t \geq w(0)\right\}
$$

Then for any $0<a \leq b<\alpha$,

$$
\left(\frac{w(0)}{\|w\|_{\infty}}\right)^{1 / a-1 / b} K_{a}(w) \subset K_{b}(w) \subset \frac{(b B(b, \alpha-b))^{1 / b}}{(a B(a, \alpha-a))^{1 / a}} K_{a}(w)
$$

Proof. Notice that the sets $K_{a}$ are star-shaped with respect to the origin, that is, $\lambda x \in K_{a}$ for all $x \in K_{a}$ and $\lambda \in[0,1]$. The radial function of $K_{a}$ is

$$
\rho_{K_{a}}(x):=\sup \left\{r: r x \in K_{a}\right\}=\left(a \int_{0}^{\infty} t^{a-1} \frac{w(t x)}{w(0)} d t\right)^{1 / a}
$$

For any $x \in \mathbb{R}^{n}$, let $f$ be the continuous $(-1 / \alpha)$-concave function defined on $\mathbb{R}^{+}$by $f(t)=w(t x) / w(0)$. By Theorem 7(i), the function

$$
a \mapsto\left(\int_{0}^{\infty} t^{a-1} \frac{f(t)}{\|f\|_{\infty}} d t\right)^{1 / a}
$$

is non-decreasing. Hence the left-hand inclusion follows. Moreover, from Theorem 7 (ii), the function $H_{f}:[0, \alpha) \rightarrow \mathbb{R}_{+}$is log-concave on $[0, \alpha)$ with $H_{f}(0)=1$. For $0<a \leq b<\alpha$, we thus have $H_{f}(b)^{1 / b} \leq H_{f}(a)^{1 / a}$, implying the right-hand inclusion.
3. Thin-shell concentration for convex measures. The purpose of this section is to prove Theorem 1. We follow the strategy of the log-concave case initiated in [22, 17, 23] and further developed in [16, 19].

The support function $h_{K}$ of a non-empty compact set $K \subset \mathbb{R}^{n}$ is defined by

$$
\forall \theta \in \mathbb{R}^{n}, \quad h_{K}(\theta)=\sup _{x \in K}\langle x, \theta\rangle .
$$

To any random vector $X$ in $\mathbb{R}^{n}$ and any $p \geq 1$, we associate its $Z_{p}^{+}$-body defined by its support function

$$
\forall \theta \in \mathbb{R}^{n}, \quad h_{Z_{p}^{+}(X)}(\theta)=\left(\mathbb{E}\langle X, \theta\rangle_{+}^{p}\right)^{1 / p} .
$$

When the distribution of $X$ has a density $g$, we write $Z_{p}^{+}(g)=Z_{p}^{+}(X)$. Extending a theorem of Ball 5 ) for log-concave functions, Bobkov [8, Remark 2.6] (see also [15, Theorem 3.1]) proved that if $w$ is $(-1 /(r+n))$-concave on $\mathbb{R}^{n}$ and $w(0)>0$, then

$$
\begin{equation*}
K_{a}(w) \text { is convex and compact for any } 0<a \leq r+n-1 . \tag{8}
\end{equation*}
$$

In the case of log-concave measures [26, 27, 19, 20], several relations between the $Z_{p}^{+}$-bodies and the convex sets $K_{a}$ are known. We need their analogue in the setting of $s$-concave measures for negative $s$. We start with two technical lemmas. We postpone their proofs to the appendix.

Lemma 11. Let $x, y \geq 1$. Then

$$
\begin{equation*}
c \frac{x}{x+y} \leq(x B(x, y))^{1 / x} \leq C \frac{x}{x+y} \tag{9}
\end{equation*}
$$

where $c, C$ are universal positive constants. Moreover, for $k, r>1$, the extension by continuity at 0 of the function

$$
p \mapsto \frac{1}{p} \log \frac{B(k+p, r-p)}{B(k, r)}
$$

is differentiable on $\left[-\frac{k-1}{2}, \frac{r-1}{2}\right]$ and satisfies

$$
\begin{equation*}
0 \leq \frac{d}{d p}\left(\frac{1}{p} \log \frac{B(k+p, r-p)}{B(k, r)}\right) \leq \frac{1}{r-1}+\frac{1}{k-1} \tag{10}
\end{equation*}
$$

for $p \in\left[-\frac{k-1}{2}, \frac{r-1}{2}\right]$.
In this paper, we use the notion of geometric distance between sets, defined for any compact subsets $K, L \subset \mathbb{R}^{n}$ containing 0 in their interior by

$$
d(K, L)=\inf \left\{t_{2} / t_{1}: t_{1} L \subset K \subset t_{2} L, t_{1}, t_{2}>0\right\}
$$

Let $n \geq 1, r \geq 2$ and $w$ be the $(-1 /(r+n))$-concave density of a probability measure $\mu$ on $\mathbb{R}^{n}$. Then by Corollary 8 and Lemma 11, for $1 \leq p \leq q \leq r-1$,

$$
Z_{p}^{+}(w) \subset Z_{q}^{+}(w) \subset c \frac{q}{p}\left(\inf _{\theta \in S^{n-1}} \mu(\{x:\langle x, \theta\rangle>0\})\right)^{1 / q-1 / p} Z_{p}^{+}(w) .
$$

Fix $\theta \in S^{n-1}$ and define $F(t)=\mu(\{x:\langle x, \theta\rangle \leq t\})$ for $t \in \mathbb{R}$. Then

$$
\int_{\mathbb{R}} t F^{\prime}(t) d t=\int_{\mathbb{R}^{n}}\langle x, \theta\rangle w(x) d x=0
$$

and $F$ is $(-1 / r)$-concave. Using Jensen's inequality, we get

$$
\begin{aligned}
F(0)^{-1 / r}=F\left(\int_{\mathbb{R}} t F^{\prime}(t) d t\right)^{-1 / r} \leq \int_{\mathbb{R}} F(t)^{-1 / r} F^{\prime}(t) d t & =\left[\frac{F(t)^{1-1 / r}}{1-1 / r}\right]_{-\infty}^{\infty} \\
& =\frac{1}{1-1 / r}
\end{aligned}
$$

Hence $\mu(\{x:\langle x, \theta\rangle>0\}) \geq(1-1 / r)^{r} \geq 1 / 4$ for $r \geq 2$. We have recovered here in a simple way a Grünbaum type inequality for convex measures due to Bobkov [8, Theorem 5.2]. We deduce that, for $1 \leq p \leq q \leq r-1$,

$$
\begin{equation*}
Z_{p}^{+}(w) \subset Z_{q}^{+}(w) \subset C \frac{q}{p} Z_{p}^{+}(w) \quad \text { and } \quad d\left(Z_{p}^{+}(w), Z_{q}^{+}(w)\right) \leq C \frac{q}{p} \tag{11}
\end{equation*}
$$

LEMMA 12. Let $r, m$ and $p$ be such that $m$ is a positive integer, $r \geq m+1$ and $-m / 2 \leq p \leq r-1$. Let $F$ be a subspace of $\mathbb{R}^{n}$ of dimension $m$ and let $g$ be $a(-1 /(r+m))$-concave density of a probability measure on $F$ such that $\int_{F} x g(x) d x=0$. Then

$$
d\left(K_{m+p}(g), Z_{\max (m, p)}^{+}(g)\right) \leq c
$$

where $c$ is a universal constant.
As in [19], an important ingredient in the proof of the thin-shell concentration inequality is an estimate from above of the log-Lipschitz constant of the map $u \mapsto h_{k, p}(u)$ on $\operatorname{SO}(n)$. Let $\mathcal{M}_{n}(\mathbb{R})$ be the set of square $n \times n$ matrices. We equip

$$
\mathrm{SO}(n)=\left\{u \in \mathcal{M}_{n}(\mathbb{R}): u^{t} u=\mathrm{Id}, \operatorname{det}(u)=1\right\}
$$

with its standard invariant Riemannian metric, which we specify for concreteness on $T_{\mathrm{Id}} \mathrm{SO}(n)$, the tangent space at the identity element $\mathrm{Id} \in \mathrm{SO}(n)$. Since $u^{t} u=\mathrm{Id}$, this tangent space may be identified with the set of antisymmetric matrices $\left\{B \in \mathcal{M}_{n}(\mathbb{R}): B^{t}+B=0\right\}$. We define the scalar product $\langle B, B\rangle=\frac{1}{2} \operatorname{tr}\left(B^{t} B\right)$ on $T_{\mathrm{Id}} \mathrm{SO}(n)$.

Proposition 13. Let $n \geq 1, r>10$ and $w$ be the $(-1 /(r+n))$-concave density of a probability measure on $\mathbb{R}^{n}$ such that $\int_{\mathbb{R}^{n}} x w(x) d x=0$. Let $k$ be an integer such that $k \geq 2,2 k-1 \leq n$ and $2 k \leq r$. Let $p$ be such that $-k / 2 \leq p \leq r-1$. Denote by $L_{k, p}$ the log-Lipschitz constant of the map $u \mapsto h_{k, p}(u)$ on $\mathrm{SO}(n)$. Then

$$
L_{k, p} \leq C \max (k, p) d\left(Z_{\max (k, p)}^{+}(w), B_{2}^{n}\right)
$$

where $C$ is a universal constant.

Proof. For any subspace $F$ of dimension $m$, the marginal $\pi_{F}(w)$ is a $(-1 /(r+m))$-concave function on $F$ and from (8), to any $a \in[0, r+m-1]$, we associate the convex body $K_{a}\left(\pi_{F}(w)\right)$ in $F$. Then the proof of Theorem 2.1 in [19, Section 2.2] gives the upper bound:

$$
L_{k, p} \leq \max _{F}\left\{(m+p) d\left(K_{m+p}\left(\pi_{F}(w)\right), B_{2}(F)\right)\right\}
$$

over all subspaces $F$ of dimension $m=k, k+1,2 k-1$, where $B_{2}(F)$ is the Euclidean unit ball in $F$. By the assumptions on $k$, for these values of $m$, we have $m \leq 2 k-1 \leq n$ and $r \geq 2 k \geq m+1$ and $p \geq-k / 2 \geq-m / 2$. Hence from Lemma 12, we have

$$
d\left(K_{m+p}\left(\pi_{F}(w)\right), B_{2}(F)\right) \leq c d\left(Z_{\max (m, p)}^{+}\left(\pi_{F}(w)\right), B_{2}(F)\right)
$$

By definition, if $X$ is a random vector with density $w$ on $\mathbb{R}^{n}$, the marginal $\pi_{F}(w)$ is the density of the projection $P_{F} X$ of $X$ onto $F$. By identification of the support functions, we see that, for any $\theta \in F$,

$$
h_{Z_{p}^{+}\left(\pi_{F}(w)\right)}^{p}(\theta)=\mathbb{E}\left\langle P_{F} X, \theta\right\rangle_{+}^{p}=\mathbb{E}\langle X, \theta\rangle_{+}^{p} .
$$

This means that $Z_{p}^{+}\left(\pi_{F}(w)\right)=P_{F}\left(Z_{p}^{+}(w)\right)$. Since the distance to the Euclidean ball cannot increase after projections, we conclude that

$$
d\left(K_{m+p}\left(\pi_{F}(w)\right), B_{2}(F)\right) \leq c d\left(Z_{\max (m, p)}^{+}(w), B_{2}^{n}\right)
$$

By (11), for $m=k, k+1,2 k-1$, one has

$$
d\left(Z_{\max (m, p)}^{+}(w), Z_{\max (k, p)}^{+}(w)\right) \leq c .
$$

This finishes the proof.
We define the $q$-condition number of a random vector $X$ to be

$$
\rho_{q}(X)=\frac{\sup _{|\theta|_{2}=1}\left(\mathbb{E}\langle X, \theta\rangle_{+}^{q}\right)^{1 / q}}{\inf _{|\theta|_{2}=1}\left(\mathbb{E}\langle X, \theta\rangle_{+}^{q}\right)^{1 / q}} .
$$

Obviously, if $w$ is the density of a full-dimensional random vector $X$ in $\mathbb{R}^{n}$ then $\rho_{q}(X)=d\left(Z_{q}^{+}(w), B_{2}^{n}\right)$.

Proposition 14. With the same assumptions as in Proposition 13, if a random vector $X$ with density $w$ is isotropic then

$$
L_{k, p} \leq C \max (k, p)^{2} .
$$

More generally if $A$ is such that $A X$ is isotropic then

$$
\begin{equation*}
L_{k, p} \leq C \max (k, p)^{2}\|A\|\left\|A^{-1}\right\| \tag{12}
\end{equation*}
$$

Proof. Let $q=\max (k, p)$. Then $1 \leq q \leq r-1$. Using the triangular inequality we get

$$
\rho_{q}(X)=d\left(Z_{q}^{+}(w), B_{2}^{n}\right) \leq d\left(Z_{q}^{+}(w), Z_{2}^{+}(w)\right) d\left(Z_{2}^{+}(w), B_{2}^{n}\right) .
$$

From (11) we deduce that $d\left(Z_{q}^{+}(w), Z_{2}^{+}(w)\right) \leq c q$. For any $\theta \in S^{n-1}$, $\mathbb{E}\langle X, \theta\rangle=0$, hence $\mathbb{E}\langle X, \theta\rangle_{+}=\mathbb{E}\langle-X, \theta\rangle_{+}$. Using this equality and 11 we deduce that

$$
\left(\mathbb{E}\langle-X, \theta\rangle_{+}^{2}\right)^{1 / 2} \leq c \mathbb{E}\langle-X, \theta\rangle_{+}=c \mathbb{E}\langle X, \theta\rangle_{+} \leq c\left(\mathbb{E}\langle X, \theta\rangle_{+}^{2}\right)^{1 / 2}
$$

Thus

$$
\mathbb{E}\langle X, \theta\rangle_{+}^{2} \leq \mathbb{E}\langle X, \theta\rangle^{2}=\mathbb{E}\langle X, \theta\rangle_{+}^{2}+\mathbb{E}\langle-X, \theta\rangle_{+}^{2} \leq C \mathbb{E}\langle X, \theta\rangle_{+}^{2}
$$

Hence if $X$ is isotropic we deduce that $d\left(Z_{2}^{+}(w), B_{2}^{n}\right) \leq c^{\prime}$. We conclude that

$$
\rho_{q}(X)=d\left(Z_{q}^{+}(w), B_{2}^{n}\right) \leq C^{\prime} q .
$$

The first conclusion follows from Proposition 13. In the general case, notice that $Z_{q}^{+}(A X)=A Z_{q}^{+}(X)$ and $d\left(A B_{2}^{n}, B_{2}^{n}\right)=\|A\|\left\|A^{-1}\right\|$, thus

$$
\rho_{q}(X) \leq \rho_{q}(A X)\|A\|\left\|A^{-1}\right\|
$$

Proof of Theorem 1. Without loss of generality, we can assume $r>32$. Indeed, if $r \leq 32$ then the statement in Theorem 1 is valid for $|p| \leq c r$ and it gives only a comparison of $\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}$ with $\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}$ up to a constant factor. The result is a consequence of Theorem 5.2 in [1].

From now on, we assume that $r>32$ and $|p| \leq r / 8$. We start by presenting a complete argument following [16]. This will give a complete proof of a slightly weaker result. In the second part, we just indicate the needed modifications of the argument of [19] to get the complete conclusion.

In this first part, we will prove that for any $p \in\left[1 / \sqrt{n}, \min \left(c n^{1 / 8}, r / 8\right)\right]$,

$$
\begin{equation*}
\left(\mathbb{E}|X|_{2}^{p} \mathbb{E}|X|_{2}^{-p}\right)^{1 / p} \leq 1+\frac{C p}{r}+\left(\frac{C p}{n^{1 / 3}}\right)^{3 / 5} \tag{13}
\end{equation*}
$$

Assuming (13), few elementary steps are needed to prove that for any $p$ such that $|p| \leq \min \left(c n^{1 / 8}, r / 8\right)$,

$$
\begin{equation*}
\left|\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1\right| \leq \frac{C(1+|p|)}{r}+\left(\frac{C(1+|p|)}{n^{1 / 3}}\right)^{3 / 5} \tag{14}
\end{equation*}
$$

which is already enough to get thin-shell concentration. Indeed, for $p \geq 2$, by the Hölder inequality, we have

$$
0 \leq \frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1 \leq \frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{-p}\right)^{-1 / p}}-1
$$

and we conclude by (13). For $p \leq-2$, we have $|p|=-p \geq 2$ and from the Hölder inequality and (13),

$$
0 \leq \frac{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}-1 \leq \frac{\left(\mathbb{E}|X|_{2}^{|p|}\right)^{1 /|p|}}{\left(\mathbb{E}|X|_{2}^{-|p|}\right)^{-1 /|p|}}-1 \leq \frac{C|p|}{r}+\left(\frac{C|p|}{n^{1 / 3}}\right)^{3 / 5}
$$

An elementary computation shows that

$$
\left|\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1\right| \leq \frac{C|p|}{r}+\left(\frac{C|p|}{n^{1 / 3}}\right)^{3 / 5}
$$

For $p \in[-2,2]$, by the Hölder inequality,

$$
0 \leq 1-\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}} \leq 1-\frac{\left(\mathbb{E}|X|_{2}^{-2}\right)^{-1 / 2}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}
$$

and we conclude by the previous estimate for $p=-2$. This concludes the proof of 14 .

Let us start the proof of 13$)$. Let $p \in\left[1 / \sqrt{n}, \min \left(c n^{1 / 8}, r / 8\right)\right]$ and $k$ be an integer greater or equal than 2 such that $p<k \leq n$. We will optimize the choice of $k$ at the end of the proof. Recall that by (5),

$$
\mathbb{E}|X|_{2}^{p}=\frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((p+k) / 2)} \mathbb{E} h_{k, p}(U)
$$

where $U$ is uniformly distributed on $\operatorname{SO}(n)$. Using the fact that the function $\frac{d}{d p} \log \Gamma(p)$ is concave (see for example the proof of Lemma 11 in the appendix), we deduce that

$$
\begin{equation*}
\frac{d}{d p}\left(\frac{1}{p} \log \frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma((p+k) / 2) \Gamma(n / 2)}\right) \leq 0 . \tag{15}
\end{equation*}
$$

It follows that for any $0<p<k$,

$$
\frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((p+k) / 2)} \frac{\Gamma((-p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((-p+k) / 2)} \leq 1
$$

Then for all $0<p<r$ and $n \geq k>p$ we have

$$
\begin{equation*}
\mathbb{E}|X|_{2}^{p} \mathbb{E}|X|_{2}^{-p} \leq \mathbb{E} h_{k, p}(U) \mathbb{E} h_{k,-p}(U) \tag{16}
\end{equation*}
$$

Applying the log-Sobolev inequality (3) to $h_{k, p}$ and $h_{k,-p}$ we get

$$
\begin{align*}
\mathbb{E} h_{k, p}(U)^{2} & \leq e^{c L_{k, p}^{2} / n}\left(\mathbb{E} h_{k, p}(U)\right)^{2} \\
\mathbb{E} h_{k,-p}(U)^{2} & \leq e^{c L_{k,-p}^{2} / n}\left(\mathbb{E} h_{k,-p}(U)\right)^{2} . \tag{17}
\end{align*}
$$

Since $\operatorname{Var} f=\mathbb{E} f^{2}-(\mathbb{E} f)^{2}$ we deduce that

$$
\left\{\begin{array}{l}
\operatorname{Var} h_{k, p}(U) \leq\left(e^{c L_{k, p}^{2} / n}-1\right)\left(\mathbb{E} h_{k, p}(U)\right)^{2}  \tag{18}\\
\operatorname{Var} h_{k,-p}(U) \leq\left(e^{c L_{k,-p}^{2} / n}-1\right)\left(\mathbb{E} h_{k,-p}(U)\right)^{2}
\end{array}\right.
$$

By Corollary 9, we know that $p \mapsto h_{k, p}(u) / B(k+p, r-p)$ is log-concave on $[-k+1, r)$ hence

$$
h_{k, p}(u) h_{k,-p}(u) \leq\left(\frac{B(k+p, r-p)}{B(k, r)} \frac{B(k-p, r+p)}{B(k, r)}\right) h_{k, 0}^{2}(u)
$$

Taking the expectation with respect to $\mathrm{SO}(n)$, we get

$$
\mathbb{E} h_{k, p}(U) h_{k,-p}(U) \leq\left(\frac{B(k+p, r-p)}{B(k, r)} \frac{B(k-p, r+p)}{B(k, r)}\right) \mathbb{E} h_{k, 0}^{2}(U)
$$

Since $\mathbb{E} h_{k, 0}(U)=1$ we deduce from 17 that

$$
\mathbb{E} h_{k, 0}^{2}(U) \leq e^{c L_{k, 0}^{2} / n}
$$

Assume that $k \leq r$. Then by 10 , we know that for $p \leq(k-1) / 2$,

$$
\left(\frac{B(k+p, r-p)}{B(k, r)} \frac{B(k-p, r+p)}{B(k, r)}\right)^{1 / p} \leq e^{2 p\left(\frac{1}{k-1}+\frac{1}{r-1}\right)} \leq e^{4 p(1 / k+1 / r)}
$$

since $k, r \geq 2$. Hence

$$
\begin{equation*}
\mathbb{E} h_{k, p}(U) h_{k,-p}(U) \leq e^{c L_{k, 0}^{2} / n+4 p^{2}(1 / k+1 / r)} \tag{19}
\end{equation*}
$$

Moreover

$$
\begin{align*}
& \mathbb{E} h_{k, p}(U) h_{k,-p}(U)=\mathbb{E} h_{k, p}(U) \mathbb{E} h_{k,-p}(U)+\operatorname{Cov}\left(h_{k, p}(U), h_{k,-p}(U)\right)  \tag{20}\\
& \geq \mathbb{E} h_{k, p}(U) \mathbb{E} h_{k,-p}(U)-\sqrt{\operatorname{Var} h_{k, p}(U) \operatorname{Var} h_{k,-p}(U)} \\
& \quad \geq \mathbb{E} h_{k, p}(U) \mathbb{E} h_{k,-p}(U)\left(1-\sqrt{\left(e^{c L_{k, p}^{2} / n}-1\right)\left(e^{c L_{k,-p}^{2} / n}-1\right)}\right)
\end{align*}
$$

where the last inequality follows from (18). Assume moreover that $2 k-1 \leq n$ and $2 k \leq r$. Then for $p \leq(k-1) / 2$, we can evaluate $L_{k, p}, L_{k,-p}$ and $L_{k, 0}$ from Proposition 14 since the assumptions are fulfilled. We find that if $X$ is isotropic then $\max \left(L_{k, p}, L_{k,-p}, L_{k, 0}\right) \leq C k^{2}$. If $k \leq c_{0} n^{1 / 4}$ for a small enough numerical constant $c_{0}$, we have

$$
\sqrt{\left(e^{c L_{k, p}^{2} / n}-1\right)\left(e^{c L_{k,-p}^{2} / n}-1\right)} \leq c^{\prime} \frac{k^{4}}{n} \leq \frac{1}{10}
$$

Combining this estimate with $(20)$ and $(19)$, we have proved that if $k$ is an integer such that $k \geq 2,2 k-1 \leq n, 2 k \leq r, k \leq c_{0} n^{1 / 4}$ and $2 p+1 \leq k$ (this set of integers is not empty since $r>32$ and $p \leq r / 8)$ then

$$
\mathbb{E} h_{k, p}(U) \mathbb{E} h_{k,-p}(U) \leq \frac{e^{4 p^{2}(1 / k+1 / r)+c k^{4} / n}}{1-c^{\prime} k^{4} / n} \leq e^{4 p^{2}(1 / k+1 / r)+C k^{4} / n}
$$

For $p \leq 1$, we also force $k$ to satisfy $k \leq C_{0} p^{1 / 4} n^{1 / 4}$. Hence taking the power $1 / p$ in the last expression, we conclude from (16) that

$$
\left(\mathbb{E}|X|_{2}^{p} \mathbb{E}|X|_{2}^{-p}\right)^{1 / p} \leq e^{4 p(1 / k+1 / r)+C k^{4} /(p n)} \leq 1+c p\left(\frac{1}{k}+\frac{1}{r}\right)+c \frac{k^{4}}{p n},
$$

since $p / k, p / r$ and $k^{4} /(p n)$ are bounded by universal constants.
It remains to optimize the choice of $k$. Let $p_{0}=n^{-1 / 2}$. In this case we choose $k=2$ and get

$$
\begin{equation*}
\left(\mathbb{E}|X|_{2}^{p_{0}} \mathbb{E}|X|_{2}^{-p_{0}}\right)^{1 / p_{0}} \leq 1+C / \sqrt{n} \tag{21}
\end{equation*}
$$

If $p \geq n^{-1 / 2}$ we choose $k$ to be an integer such that $\min \left(r / 4,\left(p^{2} n\right)^{1 / 5}\right) \leq$ $k \leq 2 \min \left(r / 4,\left(p^{2} n\right)^{1 / 5}\right)$ with the restriction $2 p+1 \leq k \leq c n^{1 / 4}$ and $k \leq$ $c p^{1 / 4} n^{1 / 4}$. For any $p$ such that $p_{0} \leq p \leq \min \left(c n^{1 / 8}, r / 8\right)$, the integer $k$ satisfies $k \geq 2,2 k-1 \leq n, 2 k \leq r, k \leq c_{0} n^{1 / 4}$ and $2 p+1 \leq k$ and we get

$$
\left(\mathbb{E}|X|_{2}^{p} \mathbb{E}|X|_{2}^{-p}\right)^{1 / p} \leq 1+\frac{C p}{r}+\left(\frac{C p}{n^{1 / 3}}\right)^{3 / 5}
$$

This ends the proof of 13 .
In the second part, we follow the argument developed in 19 to get a better estimate. We deal now with the case of $p$ being positive or negative and, as already said, we can assume without loss of generality that $r>34$ and $|p| \leq r / 8$. As in [19], our goal is to estimate

$$
\begin{aligned}
\frac{d}{d p} \log \left(\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}\right)= & \frac{d}{d p} \log \left(\left(\mathbb{E} h_{k, p}(U)\right)^{1 / p}\right) \\
& +\frac{d}{d p}\left(\frac{1}{p} \log \frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((p+k) / 2)}\right)
\end{aligned}
$$

Most of the computation of Section 3.2 in 19 can be repeated. All the ingredients needed for the proof have been established and, adapting the argument in [19], we get

$$
\begin{equation*}
\frac{d}{d p} \log \left(\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}\right) \leq \frac{c}{p^{2} n}\left(2 L_{k, p}^{2}+3 L_{k, 0}^{2}\right)+\frac{C}{k-1}+\frac{C}{r-1} \tag{22}
\end{equation*}
$$

For convenience of the reader, we will briefly reproduce the proof of 22 in the appendix.

Assume that $X$ is isotropic. For any $2|p| \leq k \leq r / 2$ (this set of integers is not empty since $r>32$ and $|p| \leq r / 8$ ), we know by Proposition 14 that $L_{k, p}$ and $L_{k, 0}$ are smaller than $C k^{2}$. We get

$$
\frac{d}{d p} \log \left(\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}\right) \leq C\left(\frac{k^{4}}{p^{2} n}+\frac{1}{k}+\frac{1}{r}\right)
$$

We have to minimize this expression for $k$ being an integer $\geq 2$ in the interval $[2|p|, r / 2]$. For $|p| \in\left[n^{-1 / 2}, c n^{1 / 3}\right]$, we set $k$ to be an integer such that $\min \left(r / 4,2\left(p^{2} n\right)^{1 / 5}\right) \leq k \leq 2 \min \left(r / 4,2\left(p^{2} n\right)^{1 / 5}\right)$. Therefore $k$ satisfies the restrictions, and for any $p$ such that $|p| \in\left[n^{-1 / 2}, c n^{1 / 3}\right]$, we get

$$
\begin{equation*}
\frac{d}{d p} \log \left(\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}\right) \leq C\left(\frac{1}{\left(p^{2} n\right)^{1 / 5}}+\frac{1}{r}\right) \tag{23}
\end{equation*}
$$

After integration over $p$, we find that for all $p \in\left[n^{-1 / 2}, c \min \left(r, n^{1 / 3}\right)\right]$,

$$
\left|\log \frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}\right| \leq \frac{C|p-2|}{r}+\frac{C\left|p^{3 / 5}-2^{3 / 5}\right|}{n^{1 / 5}}
$$

Since $\left|p^{3 / 5}-2^{3 / 5}\right| \leq|p-2|^{3 / 5}$ and other terms on the right hand side of the
inequality are bounded by a universal constant, we conclude that
$\left|\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1\right| \leq \frac{C|p-2|}{r}+\left(\frac{C|p-2|}{n^{1 / 3}}\right)^{3 / 5}, \quad \forall p \in\left[n^{-1 / 2}, c \min \left(r, n^{1 / 3}\right)\right]$.
Since (23) holds only for $|p| \geq n^{-1 / 2}$, we use 21 to bridge the gap between $-n^{-1 / 2}$ and $n^{-1 / 2}$. Indeed, from (21), the previous inequality for $p_{0}=n^{-1 / 2}$ and $\left|p_{0}-2\right|=2-p_{0} \leq 2$, we deduce that for $p \in\left[-p_{0}, p_{0}\right]$,

$$
\begin{aligned}
\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p} \geq\left(\mathbb{E}|X|_{2}^{-p_{0}}\right)^{-1 / p_{0}} & \geq \frac{1}{1+C / \sqrt{n}}\left(\mathbb{E}|X|_{2}^{p_{0}}\right)^{1 / p_{0}} \\
& \geq \frac{1-2 C / r-\left(2 C / n^{1 / 3}\right)^{3 / 5}}{1+C / n^{1 / 5}}\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}
\end{aligned}
$$

An easy adaptation of the constants leads to the conclusion of Theorem 1 for all $p \in\left[-n^{-1 / 2}, n^{-1 / 2}\right]$.

Integrating (23) again, we get, for $p \in\left[-c \min \left(r, n^{1 / 3}\right),-n^{-1 / 2}\right]$,

$$
\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{-p_{0}}\right)^{-1 / p_{0}}} \geq 1-\frac{C\left|p+p_{0}\right|}{r}-\left(\frac{C\left|p+p_{0}\right|}{n^{1 / 3}}\right)^{3 / 5}
$$

Using $\left|p+p_{0}\right| \leq|p-2|$ and the previous comparison of the moment of order $-p_{0}$ with the moment of order 2 and adjusting the constants proves that for all $p \in\left[-c \min \left(r, n^{1 / 3}\right),-n^{-1 / 2}\right]$,

$$
\left|\frac{\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}}{\left(\mathbb{E}|X|_{2}^{2}\right)^{1 / 2}}-1\right| \leq \frac{C|p-2|}{r}+\left(\frac{C|p-2|}{n^{1 / 3}}\right)^{3 / 5}
$$

This concludes the proof of the first part of Theorem 1 .
If $X$ is such that $A X$ is isotropic, we know from Proposition 14 that for any integer $k$ such that $2|p| \leq k \leq r / 2$,

$$
\max \left(L_{k, p}, L_{k, 0}\right) \leq C k^{2}\|A\|\left\|A^{-1}\right\| .
$$

The proof is identical to the previous one after replacing $n$ by $\frac{n}{\|A\|^{2}\left\|A^{-1}\right\|^{2}}$.
REmARK 15. In [19], a preprocessing step consisted in adding a Gaussian isotropic vector to the random vector $X$ in order to start at the very beginning with a better information on the $Z_{p}^{+}$-bodies associated to the measure. In [23, [16], this convolution argument played a role of regularization. It is natural to ask if such a process could be done in the situation of $s$-concave measure. Adding a Gaussian vector does not help because for $s<0$, the new vector does not belong to any class of $s$-concave vectors. However, for $r>n$, we can give a similar argument, adding to $X$ a random vector $Z$ uniformly distributed on the Euclidean ball (see also [9]). Since $Z$ is $(1 / n)$ concave and $X$ is $(-1 / r)$-concave, the new vector $Y=(X+Z) / \sqrt{2}$ will be $(-1 /(r-n)$ )-concave. For any $p \geq 1$, we have (see [19, inequality (4.7)])

$$
\alpha_{p}(X) \leq \alpha_{2 p}(Y)\left(2+\alpha_{2 p}(Y)\right)
$$

so that it remains to bound $\alpha_{2 p}(Y)$. It is easy to see that $\left(\mathbb{E}\langle Y, \theta\rangle_{+}^{q}\right)^{1 / q} \geq c \sqrt{q}$ for all $q \geq 2$ and $\theta \in S^{n-1}$. Adapting the proof of Proposition 14, we get $L_{k, p} \leq C \max (k, p)^{3 / 2}$. As in [19], this improvement leads to the following estimate: if $r-n>2$, then for any $p$ such that $1 \leq p \leq c \min (r-n, \sqrt{n})$,

$$
\alpha_{2 p}(Y) \leq \frac{C(2 p-2)}{r-n}+\left(\frac{C(2 p-2)}{\sqrt{n}}\right)^{1 / 2}
$$

For $r>n+\sqrt{n}$, we recover the same thin-shell concentration as in the logconcave case. It would be interesting to understand in which precise sense $s$-concave measures are close to log-concave measures for $s \in(-1 / n, 1 / n)$. Another question is to know what kind of preprocessing argument as in [24] would enable one to recover the small ball estimates from [1].

## 4. Appendix

Proof of Theorem 7. (i) This result is classical. In the symmetric case, it follows from Lemma 2.1 in [25]. The general case is similar. We provide the proof for completeness. We may assume, without loss of generality, that $\|f\|_{\infty}=1$. Denote $I_{p}(f)=\int_{0}^{\infty} t^{p-1} f(t) d t$. From the Hölder inequality, the function $p \mapsto \log \left(I_{p}(f)\right)$ is convex on its convex support, thus the domain of definition of $I_{p}(f)$ is an interval. Let $0<p<q$ be fixed such that $I_{p}(f)<\infty$ and $I_{q}(f)<\infty$. Let $a=\left(p I_{p}(f)\right)^{1 / p}$ and $\varphi(t)=t^{p-1}\left(f(t)-1_{[0, a]}(t)\right)$. Notice that $\varphi \leq 0$ on $[0, a], \varphi \geq 0$ on $[a, \infty)$ and $\int_{0}^{\infty} \varphi(t) d t=0$. Thus

$$
I_{q}(f)-I_{q}\left(1_{[0, a]}\right)=\int_{0}^{\infty} t^{q-p} \varphi(t) d t=\int_{0}^{\infty}\left(t^{q-p}-a^{q-p}\right) \varphi(t) d t \geq 0
$$

since the integrand is non-negative on $\mathbb{R}_{+}$. We conclude that

$$
I_{q}(f) \geq I_{q}\left(1_{[0, a]}\right)=\frac{a^{q}}{q}=\frac{1}{q}\left(p I_{p}(f)\right)^{q / p}
$$

(ii) Since $f$ is $(-1 / \alpha)$-concave, there exists a convex function $\varphi:[0, \infty) \rightarrow$ $(0, \infty]$ such that $f=\varphi^{-\alpha}$. Since $f$ is integrable it follows that $\varphi$ tends to $\infty$ at $\infty$. From the convexity of $\varphi$, one deduces that $\varphi(t) \geq c(1+t)$ for some constant $c>0$. Thus $f(t) \leq(c+c t)^{-\alpha}$ for every $t \geq 0$. Therefore, $t^{p-1} f$ is integrable for every $p<\alpha$, which means that $H_{f}(p)<\infty$ for every $0<p<\alpha$. Let $p \in(0, \alpha)$ and $m, M>0$. Define $g: \mathbb{R}_{+} \rightarrow \mathbb{R}_{+}$by $g(t)=m(1+t / M)^{-\alpha}$. Then

$$
\int_{0}^{\infty} t^{p-1} g(t) d t=m M^{p} \int_{0}^{\infty} v^{p-1}(1+v)^{-\alpha} d v=m M^{p} B(p, \alpha-p)
$$

Thus $H_{g}(p)=m M^{p}$, which implies that $\log \left(H_{g}\right)$ is affine on $(0, \alpha)$. Take $0<a<b<c<\alpha$. Let $\lambda \in[0,1]$ be such that $b=(1-\lambda) a+\lambda c$. Choose $m$ and $M$ such that $m M^{a}=H_{f}(a)$ and $m M^{b}=H_{f}(b)$ so that $H_{g}(a)=H_{f}(a)$
and $H_{g}(b)=H_{f}(b)$. If we prove that

$$
\begin{equation*}
\int_{0}^{\infty} t^{c-1}(g-f)(t) d t \geq 0 \tag{24}
\end{equation*}
$$

that is, $H_{g}(c) \geq H_{f}(c)$, then using that $\log \left(H_{g}\right)$ is affine, we will deduce that

$$
H_{f}(b)=H_{g}(b)=H_{g}(a)^{1-\lambda} H_{g}(c)^{\lambda} \geq H_{f}(a)^{1-\lambda} H_{f}(c)^{\lambda}
$$

and this will prove the log-concavity of $H$ on $(0, \alpha)$. If $f=g$ then (24) is satisfied so that in the following we assume that $h:=g-f \not \equiv 0$. Let

$$
H_{1}(t)=\int_{t}^{\infty} s^{a-1} h(s) d s \quad \text { and } \quad H_{2}(t)=\int_{t}^{\infty} s^{b-a-1} H_{1}(s) d s
$$

Since $h(t)=O\left(t^{-\alpha}\right)$ at infinity, we deduce that $H_{1}(t)=O\left(t^{a-\alpha}\right)$ and $H_{2}(t)=$ $O\left(t^{b-\alpha}\right)$. We have $\int_{0}^{\infty} t^{a-1} h(t) d t=0$, thus $H_{1}(\infty)=H_{1}(0)=0$. Obviously $H_{2}(\infty)=0$. We also observe that

$$
\begin{aligned}
0 & =\int_{0}^{\infty} t^{b-1} h(t) d t=\int_{0}^{\infty} t^{b-a} t^{a-1} h(t) d t=-\int_{0}^{\infty} t^{b-a} H_{1}^{\prime}(t) d t \\
& =\left[t^{b-a} H_{1}(t)\right]_{0}^{\infty}+(b-a) \int_{0}^{\infty} t^{b-a-1} H_{1}(t) d t=(b-a) H_{2}(0)
\end{aligned}
$$

whence $H_{2}(\infty)=H_{2}(0)=0$. Since $\int_{0}^{\infty} t^{b-a-1} H_{1}(t) d t=0$ and $H_{1} \not \equiv 0$, the function $H_{1}$ has at least one change of sign. Moreover, using that $H_{1}(0)=$ $H_{1}(\infty)=0$, we deduce that $H_{1}^{\prime}$ and therefore $h$ has at least two sign changes. Since $h=g-f$ has the same sign as $f^{-\alpha}-g^{-\alpha}$ which is convex, it cannot have more than two sign changes. Thus it has exactly two sign changes at some $0<t_{1}<t_{2}$. Moreover, from the convexity of $f^{-\alpha}-g^{-\alpha}, h$ has to be negative on $\left(t_{1}, t_{2}\right)$ and positive on $\left(0, t_{1}\right)$ and $\left(t_{2}, \infty\right)$. From an easy study of the function $H_{2}$, we deduce that $H_{2} \geq 0$. Therefore, using $H_{1}(0)=H_{1}(\infty)=$ $H_{2}(0)=H_{2}(\infty)=0$, we get

$$
\begin{aligned}
\int_{0}^{\infty} t^{c-1} h(t) d t & =\int_{0}^{\infty} t^{c-a} t^{a-1} h(t) d t=-\int_{0}^{\infty} t^{c-a} H_{1}^{\prime}(t) d t \\
& =\left[-t^{c-a} H_{1}(t)\right]_{0}^{\infty}+(c-a) \int_{0}^{\infty} t^{c-a-1} H_{1}(t) d t \\
& =(c-a) \int_{0}^{\infty} t^{c-b} t^{b-a-1} H_{1}(t) d t \\
& =(c-a)\left[-t^{c-b} H_{2}(t)\right]_{0}^{\infty}+(c-a)(c-b) \int_{0}^{\infty} t^{c-b-1} H_{2}(t) d t \\
& =(c-a)(c-b) \int_{0}^{\infty} t^{c-b-1} H_{2}(t) d t \geq 0
\end{aligned}
$$

This proves (24) and establishes the log-concavity of $H_{f}$ on $(0, \alpha)$. To get it on $[0, \alpha)$, it is enough to prove that $H_{f}$ is continuous at 0 . This follows from the observation that

$$
B(p, \alpha-p) \underset{p \rightarrow 0}{\sim} \Gamma(p) \underset{p \rightarrow 0}{\sim} \frac{1}{p}, \quad \text { thus } \quad H_{f}(p) \underset{p \rightarrow 0}{\sim} p \int_{0}^{\infty} t^{p-1} f(t) d t
$$

And it is classical that, for a continuous function $f$, the right-hand side term tends to $f(0)$ when $p \rightarrow 0$.

Proof of Lemma 11. Estimates (9) follow easily from the classical bounds for the Gamma function (see [3]), valid for $x \geq 1$ :

$$
\sqrt{2 \pi} x^{x-1 / 2} e^{-x} \leq \Gamma(x) \leq \sqrt{2 \pi} x^{x-1 / 2} e^{-x+1 / 12}
$$

For 10), we write

$$
\frac{B(k+p, r-p)}{B(k, r)}=\frac{\Gamma(k+p) \Gamma(r-p)}{\Gamma(k) \Gamma(r)}
$$

Denote $G(p)=\log \Gamma(p)$ for $p>0$. We know that $G^{\prime \prime}(p)=\sum_{i \geq 0} 1 /(p+i)^{2}$, hence $G^{\prime \prime}$ is non-increasing and $0 \leq G^{\prime \prime}(p) \leq 1 /(p-1)$ for $p>\overline{1}$. Denote

$$
F_{k}(p)=\frac{G(k+p)-G(k)}{p} \quad \text { for } k>0 \text { and } p>-k
$$

We have $F_{k}(p)=\int_{0}^{1} G^{\prime}(k+u p) d u$. Using that $G^{\prime \prime}$ is non-increasing, we deduce that for $k>1$ and $p \geq-(k-1) / 2$,

$$
\begin{aligned}
F_{k}^{\prime}(p) & =\int_{0}^{1} G^{\prime \prime}(k+u p) u d u \leq G^{\prime \prime}\left(\frac{k+1}{2}\right) \int_{0}^{1} u d u \\
& =\frac{1}{2} G^{\prime \prime}\left(\frac{k+1}{2}\right) \leq \frac{1}{k-1}
\end{aligned}
$$

and $F_{k}^{\prime}(p) \geq 0$. Therefore, if $k>1, r>1$ and $-\frac{k-1}{2} \leq p \leq \frac{r-1}{2}$ then

$$
\begin{aligned}
0 \leq \frac{d}{d p}\left(\frac{1}{p} \log \frac{B(k+p, r-p)}{B(k, r)}\right) & =\frac{d}{d p}\left(F_{k}(p)-F_{r}(-p)\right) \\
& =F_{k}^{\prime}(p)+F_{r}^{\prime}(-p) \leq \frac{1}{k-1}+\frac{1}{r-1}
\end{aligned}
$$

Proof of Lemma 12. We present here a similar proof to one in the appendix of [19]. Applying Corollary 10 to $w=g, n=m, \alpha=r+m$, we deduce that, for $m / 2 \leq a \leq b \leq r+m-1$,

$$
\left(\frac{g(0)}{\|g\|_{\infty}}\right)^{1 / a-1 / b} K_{a}(g) \subset K_{b}(g) \subset \frac{(b B(b, r+m-b))^{1 / b}}{(a B(a, r+m-a))^{1 / a}} K_{a}(g)
$$

From Lemma 11, we have

$$
\frac{(b B(b, r+m-b))^{1 / b}}{(a B(a, r+m-a))^{1 / a}} \leq c \frac{b}{a}
$$

Moreover since $\int x g(x) d x=0$, from Lemma 7.2 of [1], one has

$$
\frac{g(0)}{\|g\|_{\infty}} \geq\left(\frac{r-1}{r+m-1}\right)^{r+m} \geq e^{-2 m}
$$

Since $1 / a-1 / b \leq 1 / a \leq 2 / m$, we deduce that $\left(\frac{g(0)}{\|g\|_{\infty}}\right)^{1 / a-1 / b} \geq e^{-4}$. We conclude that for $m / 2 \leq a \leq b \leq r+m-1$,

$$
\begin{equation*}
e^{-4} K_{a}(g) \subset K_{b}(g) \subset c \frac{b}{a} K_{a}(g) . \tag{25}
\end{equation*}
$$

By integration in polar coordinates, it is well known [26] (see also [20) that we have the following relation between the $Z_{q}^{+}$-bodies associated with $g$ and the $Z_{q}^{+}$-bodies associated with one of the convex bodies $K_{a}(g)$ : for any $0<q<r$,

$$
\begin{equation*}
Z_{q}^{+}(g)=g(0)^{1 / q} Z_{q}^{+}\left(K_{m+q}(g)\right), \tag{26}
\end{equation*}
$$

where for any body $K, Z_{q}^{+}(K)$ denotes the convex body whose support function is defined by

$$
\forall \theta \in \mathbb{R}^{m}, \quad h_{Z_{q}^{+}(K)}(\theta)=\left(\int_{K}\langle x, \theta\rangle_{+}^{q} d x\right)^{1 / q} .
$$

Let $\theta \in \mathbb{R}^{m}$ and $K$ be a convex body containing 0 . From Berwald's inequalities [6] applied to $K \cap\{\langle x, \theta\rangle \geq 0\}$ and the function $x \mapsto\langle x, \theta\rangle_{+}$which is concave on $K \cap\{\langle x, \theta\rangle \geq 0\}$, the function

$$
p \mapsto\left(\frac{\int_{K}\langle x, \theta\rangle_{+}^{p} d x}{m B(p+1, m) \operatorname{Vol}(K \cap\{\langle x, \theta\rangle \geq 0\})}\right)^{1 / p}
$$

is decreasing. Observe that $\lim _{p \rightarrow \infty}\left(\int_{K}\langle x, \theta\rangle_{+}^{p} d x\right)^{1 / p}=h_{K}(\theta)$ for all $\theta \in \mathbb{R}^{m}$, and

$$
(m B(p+1, m))^{1 / p}=\left(m \int_{0}^{1} u^{p}(1-u)^{m-1} d u\right)^{1 / p} \underset{p \rightarrow \infty}{\longrightarrow} 1
$$

We deduce that

$$
\left(\frac{\int_{K}\langle x, \theta\rangle_{+}^{q} d x}{m B(q+1, m) \operatorname{Vol}(K \cap\{\langle x, \theta\rangle \geq 0\})}\right)^{1 / q} \geq h_{K}(\theta) .
$$

Note also that $\int_{K}\langle x, \theta\rangle_{+}^{q} d x \leq h_{K}(\theta)^{q} \operatorname{Vol}(K \cap\{\langle x, \theta\rangle \geq 0\})$ and that $m B(q+1, m)=q B(q, m+1)$. Therefore

$$
\begin{equation*}
h_{K}(\theta) \geq \frac{h_{Z_{q}^{+}(K)}(\theta)}{\operatorname{Vol}(K \cap\{\langle x, \theta\rangle \geq 0\})^{1 / q}} \geq(q B(q, m+1))^{1 / q} h_{K}(\theta) . \tag{27}
\end{equation*}
$$

Now we establish that for $q=\max (p, m)$,

$$
\begin{equation*}
d\left(K_{m+q}(g), Z_{q}^{+}(g)\right) \leq c . \tag{28}
\end{equation*}
$$

By Lemma 11, for any $q \geq m \geq 1,(q B(q, m+1))^{1 / q} \geq c q /(m+q+1) \geq c / 3$ and we deduce from (27) that for every $\theta \in \mathbb{R}^{n}$,

$$
h_{K_{m+q}(g)}(\theta) \geq \frac{h_{Z_{q}^{+}\left(K_{m+q}(g)\right)}(\theta)}{\operatorname{Vol}\left(K_{m+q}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}} \geq \frac{c}{3} h_{K_{m+q}(g)}(\theta),
$$

where $c$ is a universal constant. Together with 26), we conclude that

$$
\begin{align*}
d\left(K_{m+q}(g), Z_{q}^{+}(g)\right) & =d\left(K_{m+q}(g), Z_{q}^{+}\left(K_{m+q}(g)\right)\right)  \tag{29}\\
& \leq c \frac{\sup _{\theta \in \mathbb{R}^{n}} \operatorname{Vol}\left(K_{m+q}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}}{\inf _{\theta \in \mathbb{R}^{n}} \operatorname{Vol}\left(K_{m+q}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}}
\end{align*}
$$

for a universal constant $c$. Applying (25) for $a=m+1$ and $b=m+q$, we get

$$
e^{-4} K_{m+1}(g) \subset K_{m+q}(g) \subset c \frac{m+q}{m+1} K_{m+1}(g) .
$$

Since $q \geq m$ and $\left(\frac{m+q}{m+1}\right)^{m / q} \leq e$, from (29) we get

$$
d\left(K_{m+q}(g), Z_{q}^{+}(g)\right) \leq C \frac{\sup _{\theta \in \mathbb{R}^{n}} \operatorname{Vol}\left(K_{m+1}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}}{\inf _{\theta \in \mathbb{R}^{n}} \operatorname{Vol}\left(K_{m+1}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}}
$$

for a universal constant $C$. Since $g$ has its barycenter at the origin, so does $K_{m+1}(g)$, and we deduce from a classical result of Grünbaum [18] that

$$
\frac{\sup _{\theta \in \mathbb{R}^{n}} \operatorname{Vol}\left(K_{m+1}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}}{\inf _{\theta \in \mathbb{R}^{n}} \operatorname{Vol}\left(K_{m+1}(g) \cap\{\langle x, \theta\rangle \geq 0\}\right)^{1 / q}} \leq(e-1)^{1 / q} \leq e-1 .
$$

Thus (28) is proved.
It is now enough to establish that $d\left(K_{m+q}, K_{m+p}\right) \leq c$, where $q=$ $\max (m, p)$. For $q=p$, this is obvious, so we may assume that $q=m \geq p$. Then $m / 2 \leq m+p \leq m+q=2 m$ and using (25) for $a=m+p \leq b=2 m$, we deduce that

$$
d\left(K_{m+p}(g), K_{2 m}(g)\right) \leq c e^{4} \frac{2 m}{m+p} \leq 4 c e^{4}
$$

Proof of inequality (22). Our goal is to estimate

$$
\begin{aligned}
& \frac{d}{d p} \log \left(\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}\right) \\
& \quad=\frac{d}{d p} \log \left(\left(\mathbb{E} h_{k, p}(U)\right)^{1 / p}\right)+\frac{d}{d p}\left(\frac{1}{p} \log \frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((p+k) / 2)}\right)
\end{aligned}
$$

As already mentioned in 15), by concavity of $p \mapsto \frac{d}{d p} \log \Gamma(p)$, we have

$$
\frac{d}{d p}\left(\frac{1}{p} \log \frac{\Gamma((p+n) / 2) \Gamma(k / 2)}{\Gamma(n / 2) \Gamma((p+k) / 2)}\right) \leq 0 .
$$

We use the following notation. Let $(\Omega, \mu)$ be a measurable space. For any measurable function $f: \Omega \rightarrow \mathbb{R}^{+}$, we set

$$
\mathbb{E}_{\mu}(f)=\int f d \mu \quad \text { and } \quad \operatorname{Ent}_{\mu}(f)=\mathbb{E}_{\mu}(f \log f)-\mathbb{E}_{\mu}(f) \log \mathbb{E}_{\mu}(f)
$$

Let $w$ be the density of the distribution of $X$ on $\mathbb{R}^{n}$. Since $X$ is $(-1 / r)$ concave, $w$ is $(-1 /(r+n))$-concave on $\mathbb{R}^{n}$. To any fixed $u \in \operatorname{SO}(n)$, we associate the measure $\mu_{u}$ on $\mathbb{R}^{+}$with density

$$
t \mapsto\left|S^{k-1}\right| t^{k-1} \pi_{u\left(E_{0}\right)} w\left(t u\left(\theta_{0}\right)\right)
$$

so that

$$
h_{k, p}(u)=\left|S^{k-1}\right| \int_{0}^{\infty} t^{p+k-1} \pi_{u\left(E_{0}\right)} w\left(t u\left(\theta_{0}\right)\right) d t=\mathbb{E}_{\mu_{u}}\left(t^{p}\right)
$$

Define also $\mu_{k, p}$ to be the measure on $\mathbb{R}^{+}$with density

$$
t \mapsto\left|S^{k-1}\right| t^{k-1} \mathbb{E} \pi_{U\left(E_{0}\right)} w\left(t U\left(\theta_{0}\right)\right)
$$

Then $\mathbb{E} h_{k, p}(U)=\mathbb{E}_{U} \mathbb{E}_{\mu_{U}}\left(t^{p}\right)=\mathbb{E}_{\mu_{k, p}}\left(t^{p}\right)$. Since $w$ is a density of probability, $\mu_{k, p}$ is a probability measure on $\mathbb{R}^{+}$. A classical fact, verified by direct computation, is that

$$
\frac{d}{d p} \log \left(\left(\mathbb{E}_{\mu}\left(f^{p}\right)\right)^{1 / p}\right)=\frac{1}{p^{2}} \frac{\operatorname{Ent}_{\mu}\left(f^{p}\right)}{\mathbb{E}_{\mu}\left(f^{p}\right)}
$$

Therefore

$$
\begin{align*}
\frac{d}{d p} \log \left(\left(\mathbb{E} h_{k, p}(U)\right)^{1 / p}\right) & =\frac{d}{d p} \log \left(\left(\mathbb{E}_{\mu_{k, p}}\left(t^{p}\right)\right)^{1 / p}\right)  \tag{30}\\
& =\frac{1}{p^{2}} \frac{\operatorname{Ent}_{\mu_{k, p}}\left(t^{p}\right)}{\mathbb{E}_{\mu_{k, p}}\left(t^{p}\right)}=\frac{1}{p^{2}} \frac{\operatorname{Ent}_{\mu_{k, p}}\left(t^{p}\right)}{\mathbb{E} h_{k, p}(U)}
\end{align*}
$$

The numerator can be decomposed into two terms:
$\operatorname{Ent}_{\mu_{k, p}}\left(t^{p}\right)=\mathbb{E}_{U} \operatorname{Ent}_{\mu_{U}}\left(t^{p}\right)+\operatorname{Ent}_{U} \mathbb{E}_{\mu_{U}}\left(t^{p}\right)=\mathbb{E}_{U} \operatorname{Ent}_{\mu_{U}}\left(t^{p}\right)+\operatorname{Ent}_{U} h_{k, p}(U)$.
To control the second term, we use the log-Sobolev inequality (2):

$$
\begin{equation*}
\frac{1}{p^{2}} \frac{\operatorname{Ent}_{U} h_{k, p}(U)}{\mathbb{E} h_{k, p}(U)} \leq \frac{c}{p^{2} n} \frac{\mathbb{E}\left(\left|\nabla \log h_{k, p}\right|^{2}(U) h_{k, p}(U)\right)}{\mathbb{E} h_{k, p}(U)} \leq \frac{c L_{k, p}^{2}}{p^{2} n} \tag{31}
\end{equation*}
$$

To control the first term, we start by observing that for a fixed $u \in \mathrm{SO}(n)$,

$$
\begin{aligned}
\frac{1}{p^{2}} \frac{\operatorname{Ent}_{\mu_{u}}\left(t^{p}\right)}{\mathbb{E}_{\mu_{u}}\left(t^{p}\right)}= & \frac{d}{d p} \log \left(\left(\mathbb{E}_{\mu_{u}}\left(f^{p}\right)\right)^{1 / p}\right)=\frac{d}{d p}\left(\frac{1}{p} \log h_{k, p}(u)\right) \\
= & \frac{d}{d p} \frac{1}{p}\left(\log \frac{h_{k, p}(u)}{B(p+k, r-p)}-\log \frac{h_{k, 0}(u)}{B(k, r)}\right. \\
& \left.\quad+\log \frac{B(p+k, r-p)}{B(k, r)}+\log h_{k, 0}(u)\right)
\end{aligned}
$$

By Corollary 9, the map $p \mapsto \frac{h_{k, p}(u)}{B(p+k, r-p)}$ is log-concave on $(-k+1, r)$. This implies that

$$
\frac{d}{d p} \frac{1}{p}\left(\log \frac{h_{k, p}(u)}{B(p+k, r-p)}-\log \frac{h_{k, 0}(u)}{B(k, r)}\right) \leq 0
$$

We know from Lemma 11 that, for all $p \in\left[-\frac{k-1}{2}, \frac{r-1}{2}\right]$,

$$
\frac{d}{d p}\left(\frac{1}{p} \log \frac{B(k+p, r-p)}{B(k, r)}\right) \leq C\left(\frac{1}{k-1}+\frac{1}{r-1}\right)
$$

Therefore, for any fixed $u \in \operatorname{SO}(n)$,

$$
\frac{1}{p^{2}} \operatorname{Ent}_{\mu_{u}}\left(t^{p}\right) \leq C h_{k, p}(u)\left(\frac{1}{k-1}+\frac{1}{r-1}\right)-\frac{1}{p^{2}} h_{k, p}(u) \log h_{k, 0}(u)
$$

Integrating over $u \in \operatorname{SO}(n)$, we deduce that

$$
\begin{align*}
\frac{1}{p^{2}} \frac{\mathbb{E} \operatorname{Ent}_{\mu_{U}}\left(t^{p}\right)}{\mathbb{E} h_{k, p}(U)} \leq & C\left(\frac{1}{k-1}+\frac{1}{r-1}\right)  \tag{32}\\
& +\frac{1}{p^{2}} \frac{\mathbb{E} h_{k, p}(U) \log \left(h_{k, 0}(U)^{-1}\right)}{\mathbb{E} h_{k, p}(U)}
\end{align*}
$$

From the Jensen and Hölder inequalities,

$$
\begin{aligned}
\frac{\mathbb{E}\left(h_{k, p}(U) \log h_{k, 0}(U)^{-1}\right)}{\mathbb{E} h_{k, p}(U)} \leq & \log \left(\frac{\mathbb{E}\left(h_{k, p}(U) h_{k, 0}(U)^{-1}\right)}{\mathbb{E} h_{k, p}(U)}\right) \\
\leq & \log \left(\frac{\left(\mathbb{E} h_{k, p}(U)^{2}\right)^{1 / 2}}{\mathbb{E} h_{k, p}(U)}\right) \\
& +\log \left(\left(\mathbb{E}\left(h_{k, 0}(U)^{-2}\right)\right)^{1 / 2}\right)
\end{aligned}
$$

From (3), the first term is upper bounded by $(c / n) L_{k, p}^{2}$. For the second term, we first use (3) with $f=h_{k, 0}^{-1}, q=2$ and $r=0$, then we use (3) again with $f=h_{k, 0}, q=1$ and $r=0$. Since $\mathbb{E} h_{k, 0}(U)=\mathbb{E}_{\mu_{k, 0}}(1)=1$, we deduce that this term is bounded by $(3 c / n) L_{k, 0}^{2}$. Combining this last inequality with (32), (31) and (30), we conclude that

$$
\frac{d}{d p} \log \left(\left(\mathbb{E}|X|_{2}^{p}\right)^{1 / p}\right) \leq \frac{c}{p^{2} n}\left(2 L_{k, p}^{2}+3 L_{k, 0}^{2}\right)+\frac{C}{k-1}+\frac{C}{r-1}
$$

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