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# A mean value inequality for positive integral transformations with application to a maximal theorem

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Abstract. An integral mean value inequality of the Riesz type is derived and applied to obtain a sharp form of the maximal inequality of Jurkat and Troutman in dimension one generalizing the classical result of Hardy-Littlewood.

1. Introduction. In this paper we present conditions under which a positive integral transformation of the form

(1) 
$$Kg(x, y) \stackrel{\text{def}}{=} \int_{0}^{y} k(x, t)g(t)dt \quad (0 < y \leq x),$$

admits estimation from above by [K1(x, y)] sup Kg(v, v) where 1 denotes the unit function and K satisfies

(2) 
$$K1(x,x) = 1 \quad (x > 0).$$

The method used is an integral analogue of that given for finite sums by Jurkat and Peyerimhoff in [1], [2] and the result constitutes a sharpening of the mean value inequality of M. Riesz.

The normalization (2) is automatically achieved for a kernel

$$k(x, t) = \varphi_x(t) = x^{-1}\varphi(tx^{-1})$$

when  $\varphi$  is positive with a unit integral over  $J \equiv (0, 1)$  and vanishes elsewhere. Such kernels provide through convolution a standard approximation of the identity, and in a previous paper [4], we have shown that for any measurable  $f \geqslant 0$ , the associated maximal function,

(3) 
$$M_{\varphi}f(x) \stackrel{\text{def}}{=} \sup_{h>0} \int_{0}^{\infty} \varphi_{h}(t)f(x-t) dt,$$

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satisfies the following inequality:

$$(\mathcal{M}_{\varphi}f)^{*}(\xi) \leqslant A \int_{0}^{1} \varphi^{*}(t)f^{*}(t\xi)dt \qquad (\xi > 0),$$

where the asterisk denotes the formal decreasing rearrangement (defined below), and the constant  $A \in [1, 6]$ . For  $\varphi = 1$  on J, this would be the classical inequality of Hardy-Littlewood [5], provided that the constant A — which arises from a well-known covering principle — can be taken as unity. In the concluding section of the present paper, we show that under some restrictions on  $\varphi$  (which still admit the Cesàro kernels  $\varphi(t) = \alpha(1-t)^{\alpha-1}$ , t,  $\alpha \in J$ ) our mean value theorem supplies a Vitali-like covering argument which yields the maximal inequality (4) with A = 1. That A = 1 is the best possible constant for this inequality was established in [4].

**2. Notation.**  $\mathfrak{M}$ ,  $(\mathfrak{M}^+)$  denotes the class of (non-negative) extended real valued Lebesgue measurable functions on R, and  $L^{\infty}$  the usual equivalence class of essentially bounded functions. |E| ( $|E|_0$ ) denotes the (outer) measure of a set  $E \subseteq R$  and the formal decreasing "rearrangement" of an extended real valued function F is defined by

$$F^*(\xi) = \inf\{\tau > 0 \colon ||F| > \tau|_0 \leqslant \xi\} \quad \text{ for } \quad \xi > 0.$$

### 3. A mean value inequality.

THEOREM 1. Let  $k(\cdot,\cdot)$  be defined, positive, and for each x, be y-measurable in the triangle  $\Delta_a = \{(x,y)\colon 0 < y \leqslant x < a\}$  for some  $a \in (0,\infty)$ ; and satisfy in addition the following conditions:

(i) 
$$\int_{0}^{x} k(x, t) dt = 1 \quad \forall x \in (0, a);$$

(ii) 
$$\int_{0}^{y} |k(y,t)-k(x,t)| dt \to 0$$
 as  $x \ge y \in (0, a)$ ;

(iii) for each  $(x, y) \in \Delta_a$ ,  $k(x, \cdot)/k(y, \cdot)$  decreases on (0, y).

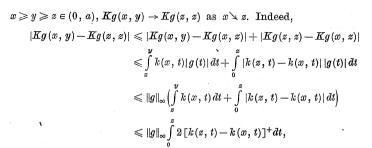
Then for each  $g \in \mathfrak{M}[0, a)$  which is locally (essentially) bounded from below.

$$Kg(x, y) = \int_{0}^{y} k(x, t)g(t)dt$$

is defined and satisfies the inequality

$$Kg(x, y) \leq K\mathbf{1}(x, y) \sup_{0 \leq v \leq y} Kg(v, v).$$

Proof. For  $g \in L^{\infty}$ ,  $|Kg(x,y)| \leq ||g||_{\infty} K1(x,y) \leq ||g||_{\infty}$  from (i) when  $0 < y \leq x < a$ , and it is clear that for each  $x \in (0,a)$ ,  $Kg(x,\cdot)$  is continuous on [0,x]. The remaining integral requirement (ii) ensures that for



by a double application of (i).

To prove the inequality, assume first that  $0 \le g \in L^{\infty}$  and that g vanishes indentically in  $(0, x_0)$  for some  $x_0 \in (0, a)$ . Then for fixed  $(x, y) \in \Delta_a$ , introduce  $w(\cdot) \stackrel{\text{def}}{=} k(x, \cdot)/k(y, \cdot)$  which decreases on (0, y) by (iii) and is extended to vanish at y. Hence the Fubini theorem affords partial integration(s) which show that with Y = (0, y),

$$G(x, y) \stackrel{\text{def}}{=} \frac{Kg(x, y)}{K\mathbf{1}(x, y)} = \int_{0}^{y} \frac{w(t)k(y, t)g(t)dt}{w(t)k(y, t)dt}$$

$$= \frac{\int_{Y} Kg(y, t)dw(t)}{\int_{Y} K\mathbf{1}(y, t)dw(t)} = \frac{\int_{Y} G(y, t)K\mathbf{1}(y, t)dw(t)}{\int_{Y} K\mathbf{1}(y, t)dw(t)}$$

$$= G(y, y_1), \quad \text{for some } y_1 \in [x_0, y]$$

by the continuity of Kg (hence of K1 and G) in its second argument, and the first law of the mean. If  $y_1 = y$ , the first step of the proof is complete; otherwise repetition of the above argument produces either the desired termination or a decreasing sequence  $\{y_n\}$  with a limit  $z \in [x_0, y)$  such that for each  $n = 1, 2, \ldots, G(x, y) = G(y_n, y_{n+1})$ . Thus, by the continuity property of Kg established above and extended to G, it follows from (i) that G(x, y) = G(z, z) = Kg(z, z).

Next, each  $g \in \mathfrak{M}^+(0,a)$  is the pointwise limit from below of a sequence of functions  $0 \leqslant g_n \in L^{\infty}$ ,  $n=1,2,\ldots$ ; each vanishing in a neighborhood of 0. Hence with (x,y) as above, there exist a sequence  $z_n \in (0,y]$ ,  $n=1,2,\ldots$ , for which by standard monotonicity arguments,

$$egin{aligned} 0 \leqslant Kg(x,y) &= \lim_n Kg_n(x,y) = K\mathbf{1}(x,y) \lim_n Kg_n(z_n,z_n) \ &\leqslant K\mathbf{1}(x,y) \sup_{0 < x \leqslant y} Kg(x,y). \end{aligned}$$

Finally, when g is measurable and (essentially) bounded from below by -m on [0, a) so that  $g+m\mathbf{1} \in \mathfrak{M}^+(0, a]$  we have

$$\begin{split} \frac{Kg(x,y)}{K\mathbf{1}(x,y)} &= \frac{K(g+m\mathbf{1})(x,y)}{K\mathbf{1}(x,y)} - m \\ &\leqslant \sup_{0 < v \leqslant y} K(g+m\mathbf{1})(v,v) - m = \sup_{0 < v \leqslant y} Kg(v,v), \end{split}$$

which clearly implies the desired result.

Remark. When  $g \in L^\infty_{loc}[0,\alpha)$  the corresponding two sided mean value inequality follows.

- 4. Application to a covering argument. To estimate the maximal function  $M_{\varphi}f$  of (3), for fixed  $\varphi$  and f, it is known since F. Riesz [5], that a most fruitful approach is to obtain a precise estimate of the size of the sets  $E_{\tau}^{\det}\{x\colon M_{\varphi}f(x)>\tau\}$   $\{\tau>0\}$  by means of intervals of size h for which  $\varphi_h*f(x)\stackrel{\det}{=} \int\limits_0^{\infty} \varphi_h(t)f(x-t)dt > \tau$ . In this section we show that Theorem 1 affords such an estimate under the following conditions on  $\varphi$ : (Compare with [3], Theorem 4.3.)
  - (a)  $\varphi$  is positive, increasing, and differentiable on J=(0,1) and vanishes elsewhere;
- (5) (b)  $\int_{0}^{1} \varphi(t) dt = 1;$ 
  - (c)  $t\varphi'(t)/\varphi(t)$  increases on J;
  - (d)  $(t-1)\varphi'(t)/\varphi(t)$  increases on J.

Here, "increasing" is to be interpreted as nondecreasing in each instance so that  $\varphi = 1$  on J is admissible. Moreover, it is straightforward to verify that the conditions are satisfied by the important class of Cesàro kernels  $\varphi(t) = \alpha(1-t)^{\alpha-1}$  for t,  $\alpha \in J$ .

LEMMA. If  $\varphi$  satisfies conditions (5) and  $f \in \mathbb{M}^+$  is bounded with compact support, then when  $\tau > 0$ , with each  $x \in E_{\tau}$ ,  $\exists v > 0$  such that  $(x - v, x] \subseteq E_{\tau}$  and  $\varphi_v * f(x) > \tau$ .

Proof. Under the hypotheses,  $\varphi_h * f(x)$  is jointly continuous when h > 0,  $x \in \mathbb{R}$  and so  $M_{\pi}f$  is measurable. Indeed, for each  $\tau > 0$ ,  $E_{\tau}$  is open and thus for each fixed  $x \in E_{\tau}$  we have  $(a, x] \subseteq E_{\tau}$  for a minimal a which we may suppose finite since otherwise the lemma is trivial; in particular  $a \notin B_{\tau}$ . Since  $x \in E_{\tau}$ ,  $\exists h > 0$  for which  $\varphi_h * f(x) > \tau$  and we need only consider  $h > y \stackrel{\text{def}}{=} x - a$ . Set  $k(s, t) = \varphi_s(t)$  and observe that as  $s \searrow z > 0$ ,

$$\int_{0}^{z} |\varphi_{s}(t) - \varphi_{\bullet}(t)| dt = \int_{0}^{1} \varphi(t) dt \to 0$$

since  $\varphi$  is increasing. Moreover, for  $v \leqslant s$ ,  $\varphi_s/\varphi_v$  is decreasing on (0, v) (an easily verifiable consequence of (5c)), and it follows that the kernel  $k(\cdot, \cdot)$  so defined meets the conditions of Theorem 1 which with g(t) = f(x-t) supplies the estimate

$$I \stackrel{\text{def}}{=} \int_{0}^{u} \varphi_{h}(t) f(x-t) dt \leqslant \int_{0}^{u} \varphi_{h}(t) dt \Phi_{u} f(x)$$

where

$$\Phi_{y}f(x) \stackrel{\text{def}}{=} \sup_{0 < v \le y} \varphi_{v} * f(x).$$

Next, with  $u \stackrel{\text{def}}{=} h - y$ , it follows from (5d) that  $\varphi_h(t+y)/\varphi_u(t)$  is also decreasing for  $t \in (0, u)$ ; hence, as in the first step in the proof of Theorem 1, with q(t) = f(a-t), we obtain the estimate

$$\Pi \stackrel{\mathrm{def}}{=} \int\limits_0^u \varphi_h(t+y) f(a-t) \, dt \leqslant \int\limits_0^u \varphi_h(t+y) \sup_{0 < v \leqslant u} \left( \int\limits_0^v \varphi_u(t) f(a-t) \, dt \over \int\limits_0^v \varphi_u(t) \, dt \right) dt.$$

and we may further bound each ratio within the parentheses exactly as above by  $\Phi_u f(a)$  which cannot exceed  $\tau$  since  $a \notin E_{\tau}$ .

Combining these estimates with obvious substitutions gives

$$\begin{split} \tau &< \varphi_h * f(x) \, = \mathrm{I} + \Pi \\ &\leqslant \varPhi_y f(x) \int\limits_0^y \varphi_h(t) \, dt + \tau \int\limits_y^h \varphi_h(t) \, dt \end{split}$$

which is only possible providing  $\Phi_y f(x) > \tau$ ; i.e.  $\varphi_v * f(x) > \tau$  for some  $v \in (0, y]$  so that  $(x-v, x] \subseteq (x-y, x] \subseteq E_{\tau}$  as desired.

Under the conditions of the preceding lemma, when  $-\infty < a \notin E_{\tau}$  we have from continuity that for each  $x \in (a, b] \subseteq E_{\tau}$ ,

$$h(x) = \max_{0 < v \leq x-a} \{v : \varphi_v * f(x) \geqslant \tau\}$$

is well-defined and positive. This defines on (a,b] a function h such that  $0 < h(x) \leqslant x - a$  and  $\varphi_h * f(x) \geqslant \tau \ \forall x \in (a,b]$ . With this h as choice function, a straightforward application of transfinite induction on the countable ordinals (utilizing the fact that an uncountable family of positive numbers cannot be assigned a finite sum) shows that (a,b] may be represented as the union of a countable family of disjoint intervals  $I_n = (x_n - h_n, x_n]$  for which  $\varphi_{h_n} * f(x_n) \geqslant \tau \ \forall n = 1, 2, \ldots$ 



## 5. The sharp maximal inequality (A = 1).

THEOREM 2. If  $\varphi$  satisfies conditions (5) and  $f \in \mathbb{M}^+$ , then the maximal function (3) satisfies the following inequality:

$$(M_{\varphi}f)^*(\xi) \leqslant \int_0^1 \varphi^*(t)f^*(t\xi) dt \quad (\xi > 0).$$

Proof. The proof is essentially that of Theorem 1 of our earlier paper [4], and only the significant features will be indicated here. We first consider a bounded f with compact support and restrict attention to  $h \leqslant \delta$  for some  $\delta > 0$ . The associated sets  $E_{\tau}^{(0)}$  are open and bounded for each  $\tau > 0$ , and hence, by standard techniques utilizing the covering argument of the preceding section, admit for each  $N = 1, 2, \ldots$ , approximation in measure within 1/N from within by a finite sequence of disjoint half-open intervals  $I_n(N)$  of lengths  $h_n(N)$  satisfying the same inequality as above. Moreover, we can arrange that as  $N_{\mathcal{I}} + \infty$ ,  $H_N \stackrel{\text{def}}{=} \sum_n h_n(N)_{\mathcal{I}} |E_{\tau}^{(0)}|$ . Introducing

$$\varphi_N(y) = \sum_{n \leqslant N} \varphi \left( h_n^{-1}(x_n - y) \right)$$

and observing that for  $\xi > 0$ ,  $\varphi_N^*(\xi) = \varphi^*(\xi/H_N)$ , we obtain exactly as in [4], the estimates

$$\begin{split} H_N \leqslant \tau^{-1} \int \varphi_N(y) f(y) \, dy \leqslant \tau^{-1} \int\limits_0^\infty \varphi_N^*(t) f^*(t) \, dt; \\ \tau \leqslant \int\limits_0^1 \varphi^*(t) f^*(t|E_\tau^{(\theta)}|) \, dt; \\ (M_\varphi^{(\theta)} f)^*(\xi) \leqslant \int\limits_0^1 \varphi^*(t) f^*(t\xi) \, dt \quad (\xi > 0) \, . \end{split}$$

The restrictions on h and f are removed by standard approximation and monotonicity arguments.

Remark. If  $f \in \mathfrak{M}^+(J)$ , and vanishes elsewhere, it was shown in [4] that

$$\int_{0}^{1} \varphi^{*}(t) f^{*}(t\xi) dt = M_{\varphi} f^{*}(\xi), \quad \xi \in J.$$

Inasmuch as the maximal inequality (4) is also valid in  $\mathbb{R}^n$  for an appropriate constant A ([4], Theorem 1), it would be desirable to find the best constants or more appropriate multidimensional analogues for the results of this paper.

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