PROBABILITY THEORY AND STOCHASTIC PROCESSES

## Sharp Norm Inequalities for Martingales and their Differential Subordinates

by

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**Summary.** Suppose  $f = (f_n)$ ,  $g = (g_n)$  are martingales with respect to the same filtration, satisfying

$$|f_n - f_{n-1}| \le |g_n - g_{n-1}|, \quad n = 1, 2, \dots,$$

with probability 1. Under some assumptions on  $f_0$ ,  $g_0$  and an additional condition that one of the processes is nonnegative, some sharp inequalities between the *p*th norms of f and g, 0 , are established. As an application, related sharp inequalities forstochastic integrals and harmonic functions are obtained.

**1. Introduction.** Let  $(\Omega, \mathcal{F}, \mathbb{P})$  be a probability space equipped with a discrete filtration  $(\mathcal{F}_n)_{n\geq 0}$ . Let  $f = (f_n), g = (g_n)$  be two adapted martingales taking values in a separable Hilbert space  $\mathcal{H}$ , with

$$f_n = \sum_{k=0}^n df_k, \quad g_n = \sum_{k=0}^n dg_k.$$

According to Burkholder, we say that f is differentially subordinate to g if

$$|df_n| \le |dg_n|$$

almost surely for any nonnegative n.

As proved by Burkholder in [1], we have the following sharp estimate:

(1.1) 
$$||f_n||_p \le \alpha_p ||g_n||_p, \quad n = 0, 1, 2, \dots$$

where  $\alpha_p = \max\{p, p/(p-1)\} - 1$  for  $1 . If <math>0 , the inequality fails to hold for any finite <math>\alpha_p$ .

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The above inequalities were the subject of many papers in which weaker or stronger assumptions on f, g were imposed and it was investigated how it affects the constant  $\alpha_p$  (e.g. see [5] and the references therein). In particular, Burkholder [4] proved that if we assume additionally that  $g_n \geq 0$  almost surely for all n, then (1.1) holds for 1 and the optimal constantequals

$$\alpha'_p = \begin{cases} 1/(p-1) & \text{if } p \in (1,2], \\ p^{1/p}[(p-1)/2]^{(p-1)/p} & \text{if } p \in (2,\infty). \end{cases}$$

We see that  $\alpha_p = \alpha'_p$  for  $1 and <math>\alpha_p > \alpha'_p$  for p > 2.

We continue this line of research in two directions. The inequality (1.1) still fails to hold if  $p \in (0, 1)$  and  $g \ge 0$ , but it turns out that if the differential subordination is replaced by a slightly different condition, then we have the following fact.

THEOREM 1.1. Suppose f is a martingale taking values in  $\mathcal{H}$  and g is a nonnegative martingale. Assume that for some deterministic  $\beta > 0$  we have

 $\beta |f_0| \ge g_0 \quad and \quad |df_n| \le |dg_n|, \quad n = 1, 2, \dots,$ 

with probability 1. Then for  $p \in (0, 1)$ ,

(1.2)  $||f_n||_p \ge C_{p,\beta} ||g_n||_p, \quad n = 0, 1, 2, \dots,$ 

where  $C_{p,\beta} = 0$  if  $\beta \ge 1$  and

$$C_{p,\beta} = \left[ \left( \frac{p(1-\beta)}{2(1+\beta-p)} \right)^{1-p} \frac{2(1+\beta)(1-p)+p^2}{p(1+\beta-p)} \right]^{1/p}$$

if  $\beta < 1$ . The inequality is sharp if  $2\beta > p$ .

By sharpness we mean that for any  $C > C_{p,\beta}$ , there exists a pair (f,g) satisfying the assumptions of the theorem and an integer n for which we have  $||f_n||_p < C||g_n||_p$ .

The second result we obtain is the following.

THEOREM 1.2. Suppose g is an  $\mathcal{H}$ -valued martingale and f is nonnegative and differentially subordinate to g. Then for 0 ,

(1.3)  $||f_n||_p \le C_p ||g_n||_p, \quad n = 0, 1, 2, \dots,$ 

$$C_p = \begin{cases} \infty & \text{if } p \in (0,1), \\ 1 & \text{if } p = 1, \\ p^{-1/p} [2/(p-1)]^{(p-1)/p} & \text{if } p \in (1,2), \\ p-1 & \text{if } p \in [2,\infty) \end{cases}$$

The inequality is sharp.

Therefore, compared to the general case, the constant decreases for  $p \in [1, 2)$ .

Let us comment upon the method of proof. In [1] (see also [2]) Burkholder proves the inequality (1.1) for general f, g constructing a quite complicated special function  $U_p$  satisfying some convex-type properties. It turns out that a certain integration trick is available, which enables one to build  $U_p$  from much simpler functions and to reduce the complexity of the proof significantly (cf. [5]). In [4], the proof of (1.1) for nonnegative g follows the same pattern and the special function  $U'_p$  is even more complicated than  $U_p$ . In this paper we discover an integral identity which expresses  $U'_p$  in terms of much simpler objects. Related identities yield special functions leading to the inequalities (1.2) and (1.3).

The paper is organized as follows. In the next section we introduce the simple special functions, study their properties and present the crucial integral identities. Section 3 contains the proof of Theorems 1.1 and 1.2. The last two sections are devoted to applications of these theorems to stochastic integrals and harmonic functions on Euclidean domains.

**2. The special functions.** For a fixed number s > 1, set

$$D = \left\{ (x, y) \in \mathbb{R}^2_+ : y \le \min\left(x + 1, \frac{s+1}{s-1} - x\right) \right\}.$$

Define  $u_{1,s}: \mathcal{H} \times \mathbb{R}_+ \to \mathbb{R}, \ u_{2,s}: \mathbb{R}_+ \times \mathcal{H} \to \mathbb{R}, \ u_{\infty,s}: \mathcal{H} \times \mathbb{R}_+ \to \mathbb{R}$  by

$$u_{1,s}(x,y) = \begin{cases} \frac{s-1}{s+1} \left( |x|^2 - y^2 \right) - \frac{2}{s+1} |x| + \frac{2s}{s+1} y & \text{if } (|x|,y) \in D, \\ 1 & \text{if } (|x|,y) \notin D, \end{cases}$$

$$f(x,y) = \begin{cases} \frac{s-1}{s+1} (x^2 - |y|^2) & \text{if } (x,|y|) \in D, \\ 0 & 0 \end{cases}$$

$$u_{2,s}(x,y) = \begin{cases} s+1\\ \frac{2}{s+1}x - \frac{2s}{s+1}|y| + 1 & \text{if } (x,|y|) \notin D, \\ 0 & \text{if } (y,|x|) \in D. \end{cases}$$

$$u_{\infty,s}(x,y) = \begin{cases} 0 & \text{if } (y,|x|) \in D, \\ \frac{s-1}{s+1}(|x|^2 - y^2) + \frac{2}{s+1}y - \frac{2s}{s+1}|x| + 1 & \text{if } (y,|x|) \notin D. \end{cases}$$

It is easy to check that these functions are continuous. Furthermore, let  $\phi_{1,s}$ ,  $\psi_{1,s}$ ,  $\phi_{2,s}$ ,  $\psi_{2,s}$ ,  $\phi_{\infty,s}$ ,  $\psi_{\infty,s}$  be defined by

$$\begin{aligned} (\phi_{1,s}(x,y),\psi_{1,s}(x,y)) \\ &= \begin{cases} \left(\frac{2(s-1)}{s+1}x - \frac{2}{s+1}x', -\frac{2(s-1)}{s+1}y + \frac{2s}{s+1}\right) & \text{if } (|x|,y) \in D, \\ (0,0) & \text{if } (|x|,y) \in D, \end{cases} \end{aligned}$$

$$(\phi_{2,s}(x,y),\psi_{2,s}(x,y)) = \begin{cases} \left(\frac{2(s-1)}{s+1}x, -\frac{2(s-1)}{s+1}y\right) & \text{if } (x,|y|) \in D, \\ \left(\frac{2}{s+1}, -\frac{2s}{s+1}y'\right) & \text{if } (x,|y|) \in D, \\ \left(\frac{2(s-1)}{s+1}x - \frac{2s}{s+1}x', -\frac{2(s-1)}{s+1}y + \frac{2}{s+1}\right) & \text{if } (y,|x|) \in D, \end{cases}$$

where x' = x/|x| for  $x \neq 0$  and x' = 0 if x = 0.

The key properties of the above functions are described in the following lemma.

LEMMA 2.1. Let s > 1 be a fixed number.

(i) We have

(2.1) 
$$u_{1,s}(x,y) \le 1,$$

(2.2) 
$$u_{2,s}(x,y) \le \frac{2}{s+1}x - \frac{2s}{s+1}|y| + 1,$$

(2.3) 
$$u_{\infty,s}(x,y) \le \frac{s-1}{s+1} \left( |x|^2 - y^2 \right) + \frac{2}{s+1} \left| y - \frac{2s}{s+1} \left| x \right| + 1.$$

(ii) Suppose  $x, h \in \mathcal{H}, y, y+k \ge 0$  and  $|h| \le |k|$ . Then

(2.4) 
$$u_{1,s}(x+h,y+k) \le u_{1,s}(x,y) + \phi_{1,s}(x,y) \cdot h + \psi_{1,s}(x,y)k,$$

(2.5) 
$$u_{\infty,s}(x+h,y+k) \le u_{\infty,s}(x,y) + \phi_{\infty,s}(x,y) \cdot h + \psi_{\infty,s}(x,y)k.$$

Suppose  $x, x + h \ge 0, y, k \in \mathcal{H}$  and  $|h| \le |k|$ . Then

(2.6) 
$$u_{2,s}(x+h,y+k) \le u_{2,s}(x,y) + \phi_{2,s}(x,y)h + \psi_{2,s}(x,y) \cdot k$$

*Proof.* (i) It is easy to see that the inequalities (2.1)-(2.3) are equivalent and therefore it suffices to prove the first one. To this end, note that for  $(|x|, y) \in D$  the partial derivative of  $u_{1,s}$  with respect to y equals

$$\frac{2(s-1)}{s+1}\left(\frac{s}{s-1}-y\right) \ge 0$$

and the inequality follows by the continuity of  $u_{1,s}$ .

(ii) This is done by a well-known procedure (cf. [2]–[4]). Consider a function

$$G_{1,s}(t) = u_{1,s}(x + th, y + tk),$$

defined on  $\{t : y + tk \ge 0\}$ . The inequality (2.4) is equivalent to

$$G_{1,s}(1) \le G_{1,s}(0) + G'_{1,s}(0)$$

(with  $(G_{1,s})'_{-}(0)$ ,  $(G_{1,s})'_{+}(0)$  or 0 instead of  $G'_{1,s}(0)$  if the latter does not exist) and will follow once we have established the concavity of  $G_{1,s}$ . Consider

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the sets

(2.7) 
$$E_{1,s} = \{t : (|x+th|, y+tk) \notin D\}, \quad F_{1,s} = \{t : (|x+th|, y+tk) \in D\}.$$

On  $E_{1,s}$  we have  $G_{1,s} \equiv 1$ , which is clearly concave, while on  $F_{1,s}$ ,  $G_{1,s}(t)$  equals

$$\frac{s-1}{s+1}(|h|^2 - k^2)t^2 + \frac{s-1}{s+1}[|x|^2 + 2tx \cdot h - y^2 - 2tyk] - \frac{2}{s+1}|x+th| + \frac{2s}{s+1}(y+tk)$$

and the concavity follows from  $|h|^2 \leq k^2$  and the concavity of the function  $t \mapsto -|x+th|$ . It remains to note that  $E_{1,s}$ ,  $F_{1,s}$  are intervals and, by (2.1),  $G(t) \leq 1$  on  $F_{1,s}$ .

For the functions  $u_{2,s}$ ,  $u_{\infty,s}$  the argument is essentially the same; we introduce the functions  $G_{2,s}$  and  $G_{\infty,s}$  in a similar manner and reduce the proof of (2.5), (2.6) to the concavity of these functions. The concavity is clear on the sets  $E_{2,s}$ ,  $F_{2,s}$  and  $E_{\infty,s}$ ,  $F_{\infty,s}$ , defined as in (2.7), and the inequality for one-sided derivatives follows from (2.2), (2.3). The sets  $E_{2,s}$ ,  $E_{\infty,s}$  may happen to be unions of two intervals, but this does not change the argument.

Now let us introduce the special functions corresponding to the moment inequalities. For  $p \in (0, 1), x \in \mathcal{H}, y \geq 0$ , let

(2.8) 
$$U_{p,s}(x,y) = \frac{p(1-p)(2-p)(s+1)}{2} \int_{0}^{\infty} t^{p-1} u_{1,s}(x/t,y/t) dt,$$

while for  $p \in (1, 2), x \ge 0, y \in \mathcal{H}$ ,

(2.9) 
$$U_{p,s}(x,y) = \frac{p(p-1)(2-p)(s+1)}{2} \int_{0}^{\infty} t^{p-1} u_{2,s}(x/t,y/t) dt.$$

Finally, for  $p \in (2, \infty)$ ,  $x \in \mathcal{H}$ ,  $y \ge 0$ , set

(2.10) 
$$U_{p,s}(x,y) = \frac{p(p-1)(p-2)(s+1)}{2} \int_{0}^{\infty} t^{p-1} u_{\infty,s}(x/t,y/t) dt.$$

The formulas for  $U_{p,s}$  are as follows. Suppose  $p \in (0,1)$ . If  $y \leq s|x|$ , then

$$U_{p,s}(x,y) = \left(\frac{s-1}{s+1}\right)^{p-1} (|x|+y)^{p-1} [y(s-1+p) + |x|(s-sp-1)],$$

while for  $y \ge s|x|$ ,

$$U_{p,s}(x,y) = (y - |x|)^{p-1} [y(s+1-p) + |x|(sp-s-1)].$$

In case  $p \in (1, 2)$ , if  $|y| \leq sx$ , then

$$U_{p,s}(x,y) = \left(\frac{s-1}{s+1}\right)^{p-1} (x+|y|)^{p-1} [|y|(-s-p+1) + x(sp-s+1)],$$

while for  $|y| \ge sx$ ,

$$U_{p,s}(x,y) = (|y| - x)^{p-1} [|y|(p-s-1) + x(s-sp+1)]$$

Finally, let  $p \in (2, \infty)$ . Then, if  $sy \leq |x|$ ,

$$U_{p,s}(x,y) = (|x|-y)^{p-1}[y(sp-s-1) + |x|(s-p+1)]$$

and for  $sy \ge |x|$ ,

$$U_{p,s}(x,y) = \left(\frac{s-1}{s+1}\right)^{p-1} (|x|+y)^{p-1} [y(s-ps-1)+|x|(s+p-1)].$$

The following functions will also play a role. If  $p \in (0,1)$  and s > 1, let  $V_{p,s} : \mathcal{H} \times \mathbb{R}_+ \to \mathbb{R}$  be given by

$$V_{p,s}(x,y) = (s+1-p)[y^p - K_{p,s}|x|^p]$$

and for  $p \in (1,2), s > 1$ , define  $V_{p,s} : \mathbb{R}_+ \times \mathcal{H} \to \mathbb{R}$  by

$$V_{p,s}(x,y) = (s+1-p)[-|y|^p + K_{p,s}x^p].$$

Here

$$K_{p,s} = \left(\frac{s-1}{2}\right)^{p-1} \cdot \frac{p}{s+1-p}$$

We will need the following fact about the functions defined above.

LEMMA 2.2. Suppose 
$$p \in (0, 2)$$
,  $p \neq 1$  and  $s > 1$ . Then

$$(2.11) U_{p,s} \ge V_{p,s}$$

*Proof.* It suffices to prove the inequality in the special case  $\mathcal{H} = \mathbb{R}$ . Consider the functions  $F, G: (0, 1) \to \mathbb{R}$  given by

$$F(t) = V_{p,s}(t, 1-t), \quad G(t) = U_{p,s}(t, 1-t).$$

The function F is convex on  $(0, t_0)$  and concave on  $(t_0, 1)$  for some  $t_0 \in (0, 1)$ , while G is concave on  $(0, (s+1)^{-1})$  and linear on  $((s+1)^{-1}, 1)$ . Moreover,

$$F(0) = G(0), \quad F'(0) < G'(0),$$
  
$$F\left(\frac{2}{s+1}\right) = G\left(\frac{2}{s+1}\right), \quad F'\left(\frac{2}{s+1}\right) = G'\left(\frac{2}{s+1}\right).$$

Thus  $F \leq G$ , which yields (2.11) by homogeneity.

REMARK 2.1. If x = 0 or 2|y| = (s-1)|x|, then  $U_{p,s}(x,y) = V_{p,s}(x,y)$ . This is a consequence of F(0) = G(0) and F(2/(s+1)) = G(2/(s+1)). **3. The proofs of the theorems.** The inequalities (2.4)-(2.6) yield the following estimates.

LEMMA 3.1. Let s > 1 and suppose f, g are martingales satisfying

 $|df_n| \le |dg_n|, \quad n = 1, 2, \dots,$ 

with probability 1.

(i) Suppose f is  $\mathcal{H}$ -valued and g is nonnegative. Then

(3.1) 
$$\mathbb{E}u_{1,s}(f_n, g_n) \le \mathbb{E}u_{1,s}(f_0, g_0), \quad n = 0, 1, 2, \dots$$

(ii) Suppose f is  $\mathcal{H}$ -valued and g is nonnegative. Furthermore, assume that both f and g are square integrable. Then

(3.2) 
$$\mathbb{E}u_{\infty,s}(f_n, g_n) \le \mathbb{E}u_{\infty,s}(f_0, g_0), \quad n = 0, 1, 2, \dots$$

(iii) Suppose f is nonnegative and g is  $\mathcal{H}$ -valued. Then

(3.3) 
$$\mathbb{E}u_{2,s}(f_n, g_n) \le \mathbb{E}u_{2,s}(f_0, g_0), \quad n = 0, 1, 2, \dots$$

*Proof.* We will only prove (i); the remaining statements can be established in the same manner. It suffices to show that for any  $1 \le k \le n$ ,

(3.4) 
$$\mathbb{E}u_{1,s}(f_k, g_k) \le \mathbb{E}u_{1,s}(f_{k-1}, g_{k-1}).$$

Since  $|df_k| \leq |dg_k|$  almost surely, the inequality (2.4) gives

 $u_{1,s}(f_k,g_k) \le u_{1,s}(f_{k-1},g_{k-1}) + \phi_{1,s}(f_{k-1},g_{k-1}) \cdot df_k + \psi_{1,s}(f_{k-1},g_{k-1}) dg_k.$ 

Both sides of the inequality above are integrable; taking the conditional expectation with respect to  $\mathcal{F}_{k-1}$  gives

 $\mathbb{E}[u_{1,s}(f_k, g_k) \,|\, \mathcal{F}_{k-1}] \le u_{1,s}(f_{k-1}, g_{k-1}).$ 

This implies (3.4) and completes the proof.

Proof of (1.2). If  $\beta \geq 1$ , then  $C_{p,\beta} = 0$  and the inequality is trivial. Assume that  $\beta < 1$ . The identity (2.8) together with Lemmas 2.2 and 3.1 yields

(3.5) 
$$(s+1-p)\mathbb{E}[g_n^p - K_{p,s}|f_n|^p] = \mathbb{E}V_{p,s}(f_n, g_n) \le \mathbb{E}U_{p,s}(f_n, g_n) \le \mathbb{E}U_{p,s}(f_0, g_0)$$

for any n. Now set

$$s = \frac{1+\beta-\beta p}{1+\beta-p} > 1.$$

Then  $\mathbb{E}U_{p,s}(f_0, g_0) \leq 0$ , which follows from the fact that for  $x \in \mathcal{H}$  and  $y \in \mathbb{R}_+$  satisfying  $\beta |x| \geq y$  we have

$$U_{p,s}(x,y) \le U_{p,s}(x,\beta|x|) = c[\beta(s-1+p) + s - sp - 1] = 0$$

for some nonnegative c. To complete the proof, note that  $K_{p,s} = C_{p,\beta}^{-p}$ .

Proof of (1.3). It suffices to prove the inequality for  $p \in (1,2)$ , as for  $p \leq 1$  it is trivial and for  $p \geq 2$  it holds for general f, g. We proceed as previously. The identity (2.9) and Lemmas 2.2 and 3.1 give

$$(3.6) \quad (s+1-p)\mathbb{E}[-|g_n|^p + K_{p,s}f_n^p] = \mathbb{E}V_{p,s}(f_n, g_n) \le \mathbb{E}U_{p,s}(f_n, g_n) \le \mathbb{E}U_{p,s}(f_0, g_0)$$

for any *n*. Now the choice s = p implies  $\mathbb{E}U_{p,s}(f_0, g_0) \leq 0$ , since  $U_{p,p}(x, y) \leq 0$ if  $x \leq |y|$ . All that is left is to observe that  $C_p^{-p} = K_{p,p}$ .

REMARK 3.1. For p > 2, the function  $U_{p,p}$  can be used to establish the inequality (1.1) for  $\mathcal{H}$ -valued f differentially subordinate to  $g \ge 0$  (with the optimal constant  $\alpha'_p$ ). In [4], Burkholder uses a slightly different function

$$U_p'(x,y) = \begin{cases} U_{p,p}(x,y) & \text{if } (p-1)y \le 2|x|, \\ p\left(\frac{p-1}{2}\right)^{p-1} |y|^p - |x|^p & \text{if } (p-1)y \ge 2|x|, \end{cases}$$

and proves  $\mathbb{E}U'_p(f_n, g_n) \leq \mathbb{E}U'_p(f_0, g_0) \leq 0$  by showing an inequality analogous to (2.4)–(2.6). Our approach (through identity (2.10)) enables us to avoid technical computations.

REMARK 3.2. The inequalities (3.5), (3.6) can be used to obtain variations of (1.2), (1.3), involving the initial variables  $f_0$ ,  $g_0$ . For example, assume that f is  $\mathcal{H}$ -valued and differentially subordinate to a nonnegative gwith  $|f_0| = g_0$ . If 0 , then (3.5) yields

$$\mathbb{E}g_n^p \le \frac{(s-1)^{p-1}}{s+1-p} \left[ \frac{p}{2^{p-1}} \,\mathbb{E}|f_n|^p + \frac{2^{p-1}(s-1)(2-p)}{(s+1)^{p-1}} \,\mathbb{E}|f_0|^p \right]$$

for any s > 1. Take  $s \to \infty$  to obtain

$$||g_n||_p \le 2\left(1-\frac{p}{2}\right)^{1/p} ||f_0||_p.$$

Sharpness. This will be shown in a few steps. Assume  $\mathcal{H} = \mathbb{R}$  and  $p \in (0, 2), p \neq 1$ .

STEP 1. Let us consider the following process, a modification of the one used by Burkholder in [4]. Let  $s > 1, \delta \in (0, 1)$  be fixed and set

$$x_n = \left(1 + \frac{2\delta}{s-1}\right)^n, \quad p_n = \left[\frac{(1-\delta)(s-1)}{(1+\delta)(s-1+2\delta)}\right]^n$$

for  $n = 0, 1, 2, \ldots$  Consider a Markov chain  $H = H(s, \delta)$  with values in  $\mathbb{R}^2_+$ , starting from (1, s), such that for  $n = 0, 1, \ldots$ ,

$$\mathbb{P}(H_{2n+1} = (x_n(1-\delta), x_n(s+\delta)) \mid H_{2n} = (x_n, sx_n)) = \frac{1}{1+\delta},$$
  
$$\mathbb{P}(H_{2n+1} = (2x_n, (s-1)x_n) \mid H_{2n} = (x_n, sx_n)) = \frac{\delta}{1+\delta},$$
  
$$\mathbb{P}(H_{2n+2} = (0, x_n(s-1+2\delta)) \mid H_{2n+1} = (x_n(1-\delta), x_n(s+\delta))) = \frac{\delta(s+1)}{s-1+2\delta},$$
  
$$\mathbb{P}(H_{2n+2} = (x_{n+1}, sx_{n+1}) \mid H_{2n+1} = (x_n(1-\delta), x_n(s+\delta))) = \frac{(1-\delta)(s-1)}{s-1+2\delta}$$

with the further condition that all the states lying on the lines 2y = (s-1)xand x = 0 are absorbing. Then the processes  $F = F(s, \delta)$ ,  $G = G(s, \delta)$ , defined by  $H_n = (F_n, G_n)$ , are martingales such that for  $n \ge 1$ ,  $dF_n = \pm dG_n$ .

STEP 2. Now we will show that the sequence  $(\mathbb{E}U_{p,s}(H_n))_{n\geq 0}$  is almost constant. For any nonnegative integer n, let  $A_n = \{H_{n+1} \neq H_n\}$ . Note that

$$A_{2n} = \{H_{2n} = (x_n, sx_n)\}, \quad A_{2n+1} = \{H_{2n+1} = (x_n(1-\delta), x_n(s+\delta))\}.$$

LEMMA 3.2. Let n be a nonnegative integer.

(i)  $\mathbb{P}(A_{2n}) = p_n$ .

(ii) The following equalities hold true:

(3.7) 
$$\mathbb{E}U_{p,s}(H_{2n+2}) = \mathbb{E}U_{p,s}(H_{2n+1}),$$

(3.8) 
$$\mathbb{E}U_{p,s}(H_{2n+1}) = \mathbb{E}U_{p,s}(H_{2n}) - x_n^p R(\delta)\mathbb{P}(A_{2n}),$$

for some function  $R = R_{p,s} : \mathbb{R}_+ \to \mathbb{R}_+$  satisfying  $R_{p,s}(\delta)/\delta \to 0$  as  $\delta \to 0$ .

*Proof.* (i) We have  $P(A_0) = 1 = p_0$  and  $\mathbb{P}(A_{2k} | A_{2k-2}) = p_1$  for any  $k \ge 1$ .

(ii) On  $A_{2n+1}$ , the variable  $H_{2n+2}$  takes values  $(0, x_n(s-1+2\delta))$  and

$$(x_{n+1}, sx_{n+1}) = \left(x_n \left(1 + \frac{2\delta}{s-1}\right), x_n(s-1+2\delta) + x_n \left(1 + \frac{2\delta}{s-1}\right)\right).$$

But the function  $t \mapsto U_{p,s}(t, x_n(s-1+2\delta)+t)$  is linear on the interval  $[0, x_n(1+2\delta/(s-1))]$ ; this proves the first estimate. For the second one, the argument is similar: on  $A_{2n}$ ,

$$H_{2n+1} \in \{(2x_n, (s-1)x_n), (x_n(1-\delta), x_n(s+\delta))\}, \quad H_{2n} = (x_n, sx_n)$$

and the function  $t \mapsto U_{p,s}(x_n + t, sx_n - t)$  has a continuous derivative on  $(-\delta, x_n)$  and is linear on  $[0, x_n]$ . It remains to use the fact that  $U_{p,s}$  is homogeneous of order p to get the special form of the remainder.

STEP 3. Let us study the following estimate:

(3.9) 
$$\mathbb{E}V_{p,s}(H_{2n}) + \varepsilon \mathbb{E}F_{2n}^p \ge \mathbb{E}U_{p,s}(H_0).$$

LEMMA 3.3. Let  $\varepsilon > 0$  be fixed.

- (i) Suppose  $p \in (0,1)$  and s > 1. Then there exists  $\delta > 0$  such that the inequality (3.9) holds for large n.
- (ii) Suppose  $p \in (1,2)$ . Then there exist s < p and  $\delta > 0$  such that the inequality (3.9) holds for large n.

*Proof.* Outside  $A_{2n}$ , the variable  $H_{2n}$  takes values on one of the lines 2y = (s-1)x, x = 0. Since  $U_{p,s}, V_{p,s}$  coincide on these lines, we have, by Lemma 3.2,

(3.10) 
$$\mathbb{E}V_{p,s}(H_{2n}) = \mathbb{E}U_{p,s}(H_{2n}) + \mathbb{P}(A_{2n})[V_{p,s}(x_n, sx_n) - U_{p,s}(x_n, sx_n)]$$
$$= \mathbb{E}U_{p,s}(H_0) - R(\delta) \sum_{k=0}^{n-1} x_k^p p_k - cx_n^p p_n,$$

where  $c = -V_{p,s}(1,s) + U_{p,s}(1,s) \ge 0$ .

On the other hand,

(3.11) 
$$\mathbb{E}F_{2n}^p \ge \sum_{k=0}^{n-1} (2x_n)^p \frac{p_n \delta}{1+\delta} \ge 2^{-1} \delta \sum_{k=0}^{n-1} x_n^p p_n = 2^{-1} \delta \sum_{k=0}^{n-1} r^k,$$

where

(3.12) 
$$r = r(\delta) = x_1^p p_1 = \left(1 + \frac{2\delta}{s-1}\right)^{p-1} \frac{1-\delta}{1+\delta}.$$

(i) Fix  $\varepsilon > 0$ ,  $p \in (0, 1)$  and s > 1. By (3.11), there exists  $\delta$  such that

(3.13) 
$$R(\delta) \sum_{k=0}^{n-1} x_k^p p_k \le \frac{2R(\delta)}{\delta} \mathbb{E}F_{2n}^p \le \frac{\varepsilon}{2} \mathbb{E}F_{2n}^p$$

for any n. Furthermore, since p < 1, we have  $r(\delta) < 1$ ; hence  $cx_n^p p_n = cr^n \leq cr^n < cr^n \leq cr^n < cr^n <$  $\varepsilon \delta/4 < 2^{-1} \varepsilon \mathbb{E} F_{2n}^p$  for large *n*. Combining this estimate with (3.10) and (3.13) yields (3.9).

(ii) Fix  $\varepsilon > 0$  and  $p \in (1, 2)$ . We have r'(0) = 2(p-s)/(s-1), so there exist  $s \in (1, p)$  and  $\delta(\varepsilon)$  such that if  $\delta \in (0, \delta(\varepsilon))$ , then  $1 < r(\delta) < 1 + \varepsilon \delta/8c$ . Then, by (3.11),

$$cx_n^p p_n = cr^n \le c \left[ \frac{2(r-1)}{\delta} \mathbb{E}F_{2n}^p + 1 \right] \le \frac{\varepsilon}{4} \mathbb{E}F_{2n}^p + 1 < \frac{\varepsilon}{2} \mathbb{E}F_{2n}^p$$

if n is large enough; the last inequality follows from  $\mathbb{E}F_{2n}^p \to \infty$  as  $n \to \infty$ . We conclude the proof by observing that (3.13) holds for sufficiently small  $\delta$ , and applying (3.10).

STEP 4: sharpness of (1.2). Let 
$$\beta \in (p/2, 1), \delta > 0, \varepsilon > 0$$
 and set

$$s = \frac{1+\beta-\beta p}{1+\beta-p} > 1, \quad a = \frac{2\beta-s+1}{1+\beta} < 1.$$

The inequality  $p < 2\beta$  implies a > 0. Consider martingales  $F = (F_n)_{n \ge -1}$ ,  $G = (G_n)_{n \ge -1}$  satisfying

- (I)  $F_{-1} = 2 a$ ,  $G_{-1} = a + s 1$  almost surely,
- (II)  $\mathbb{P}((F_0, G_0) = (1, s)) = a = 1 \mathbb{P}((F_0, G_0) = (2, s 1)),$
- (III) on  $\{F_0 = 2\}$ , the process  $(F_n, G_n)$  is constant,
- (IV) on  $\{F_0 = 1\}$ , the conditional distribution of the process  $(F_n, G_n)$  is the distribution of  $H(s, \delta)$  constructed in Step 1.

By the choice of a, we have  $\beta F_{-1} = G_{-1}$  and  $\mathbb{E}U_{p,s}(F_0, G_0) = 0$ . Clearly,

$$\mathbb{E}V_{p,s}(F_{2n}, G_{2n}) = \mathbb{E}V_{p,s}(F_{2n}, G_{2n})\chi_{\{F_0=1\}} + \mathbb{E}V_{p,s}(F_{2n}, G_{2n})\chi_{\{F_0=2\}}.$$

On the set  $\{F_0 = 1\}$  we can use Lemma 3.3: a proper choice of  $\delta$  and n implies

$$\mathbb{E}V_{p,s}(F_{2n}, G_{2n})\chi_{\{F_0=1\}} + \varepsilon \mathbb{E}F_{2n}^p\chi_{\{F_0=1\}} \ge \mathbb{E}U_{p,s}(F_0, G_0)\chi_{\{F_0=1\}}.$$

On the set  $\{F_0 = 2\}$  the pair  $(F_{2n}, G_{2n}) = (F_0, G_0)$  lies on the line 2y = (s-1)x, which implies  $V_{p,s}(F_{2n}, G_{2n}) = U_{p,s}(F_0, G_0)$ . Combining these two facts we get

(3.14) 
$$\mathbb{E}V_{p,s}(F_{2n},G_{2n}) + \varepsilon \mathbb{E}F_{2n}^p \ge \mathbb{E}U_{p,s}(F_0,G_0),$$

 $\mathbf{SO}$ 

$$\mathbb{E}G_{2n}^{p} \ge \left(C_{p,\beta}^{-p} - \frac{\varepsilon}{s+1-p}\right)\mathbb{E}F_{2n}^{p} > (C_{p,\beta}^{-p} - \varepsilon)\mathbb{E}F_{2n}^{p}.$$

This proves that (1.2) is sharp. For the case  $\beta \geq 1$ , observe that  $C_{p,\beta}$  is nonincreasing as a function of  $\beta$  and  $C_{p,\beta} \to 0$  as  $\beta \uparrow 1$ .

STEP 5: sharpness of (1.3). The cases  $p \leq 1$ , p = 2 are trivial; for  $p \geq 2$ , we use the example on page 669 of [1]. The only case left is  $p \in (1, 2)$ .

For  $\varepsilon > 0$ , let  $s \in (1, p)$  and  $\delta > 0$  be the numbers guaranteed by Lemma 3.3. Consider martingales F, G satisfying (I)–(IV) with a = (3 - s)/2. By arguments similar to those above, (3.9) leads to the inequality (3.14), valid for large n. Since  $\mathbb{E}F_{2n}^p \to \infty$ , we have  $\mathbb{E}U_{p,s}(F_0, G_0) \ge -\varepsilon \mathbb{E}F_{2n}^p$  for large n, which combined with (3.14) implies

$$\mathbb{E}G_{2n}^{p} \leq \left(K_{p,s} + \frac{2\varepsilon}{s+p-1}\right) \mathbb{E}F_{2n}^{p} < (C_{p}^{-p} + 2\varepsilon)\mathbb{E}F_{2n}^{p}.$$

Therefore  $C_p$  is the best possible in (1.3).

REMARK 3.3. It is clear from the examples above that the inequalities (1.2) and (1.3) are sharp even in the case of  $\pm 1$  transforms, i.e. if we assume that  $df_n = \pm dg_n$  for  $n = 1, 2, \ldots$ 

4. Sharp inequalities for stochastic integrals. Suppose  $X = (X_t)_{t\geq 0}$ is a càdlàg martingale on a complete probability space  $(\Omega, \mathcal{F}, \mathbb{P})$ , which is filtered by a nondecreasing right-continuous family  $(\mathcal{F}_t)_{t\geq 0}$  of sub- $\sigma$ -fields of  $\mathcal{F}$ . In addition, assume that  $\mathcal{F}_0$  contains all the events of probability 0. Let Y be the Itô integral of H with respect to X, where H is a predictable process:

$$Y_t = H_0 X_0 + \int_{(0,t]} H_s \, dX_s.$$

The continuous-time versions of Theorems 1.1 and 1.2 are stated below.

THEOREM 4.1. Suppose  $p \in (0, 1)$ , X is nonnegative and for any t > 0, the variable  $H_t$  takes values in a closed unit ball of  $\mathcal{H}$ . If  $\beta > 0$  satisfies  $\mathbb{P}(\beta|H_0| \ge 1) = 1$ , then for any t > 0,

(4.1) 
$$||Y_t||_p \ge C_{p,\beta} ||X_t||_p$$

and the inequality is sharp if  $p < 2\beta$ .

THEOREM 4.2. Suppose  $p \in (0, \infty)$ , X is nonnegative and H takes values outside the open unit ball of  $\mathcal{H}$ . Then for any t > 0,

(4.2) 
$$||X_t||_p \le C_p ||Y_t||_p,$$

and the inequality is sharp.

The inequalities (4.1), (4.2) follow from (1.2), (1.3) by discretizing the argument; see [3], where an analogous submartingale inequality follows from the corresponding discrete-time version. The sharpness follows from the fact that the constants  $C_{p,\beta}$ ,  $C_p$  are the best possible in (1.2), (1.3) in the case when f is a  $\pm 1$  transform of g (see Remark 3.3).

5. Inequalities for harmonic functions. In this section we study harmonic extensions of inequalities (1.2), (1.3). Let N be a fixed positive integer and D be an open connected subset of  $\mathbb{R}^N$ . Fix  $\xi \in D$  and consider two harmonic functions u, v on D, taking values in Hilbert spaces  $\mathcal{H}, \mathcal{K}$ . Suppose u is differentially subordinate to v, that is,

$$|\nabla u| \le |\nabla v| \quad \text{on } D.$$

Let  $D_0$  be a bounded subdomain of D with  $\xi \in D_0 \subset D_0 \cup \partial D_0 \subset D$ . Let  $\mu_{D_0}^{\xi}$  stand for the harmonic measure on  $\partial D_0$  with respect to  $\xi$ , and

$$||u||_{D_0,p} = \left[\int_{\partial D_0} |u(z)|^p \mu_{D_0}^{\xi}(dz)\right]^{1/p}, \quad 0$$

We now give some norm inequalities for smooth functions.

THEOREM 5.1. Let  $u, v, D_0$  be as above.

(i) Assume that  $p \in (0, 1)$  and v is nonnegative. Then (5.1)  $\|u\|_{D_0,p} \ge C_{p,\beta} \|v\|_{D_0,p},$ 

where  $\beta = v(\xi)/|u(\xi)|$ .

(ii) Assume that  $p \in (0, \infty)$ , *u* is nonnegative and  $u(\xi) \le |v(\xi)|$ . Then (5.2)  $\|u\|_{D_{0,p}} \le C_p \|v\|_{D_{0,p}}$ .

*Proof.* We will prove only the first part, the second one can be established similarly. As  $C_{p,\beta} = 0$  for  $\beta \ge 1$ , we may assume that  $\beta < 1$ . Let

$$s = \frac{1+\beta-\beta p}{1+\beta-p} > 1.$$

It is easy to check that the function  $u_{1,s}(u, v)$  is superharmonic. Therefore

$$\int_{D_0} u_{1,s}(u(z), v(z)) \, \mu_{D_0}^{\xi}(dz) \le u_{1,s}(u(\xi), v(\xi)).$$

Applying the identity (2.8) we obtain

$$\int_{D_0} U_{p,s}(u(z), v(z)) \, \mu_{D_0}^{\xi}(dz) \le U_{p,s}(u(\xi), v(\xi)) = 0,$$

since  $\beta |u(\xi)| = v(\xi)$ . It suffices to use the inequality (2.11) to get (5.1).

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