# Dimensions of the Julia sets of rational maps with the backward contraction property 

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#### Abstract

Consider a rational map $f$ on the Riemann sphere of degree at least 2 which has no parabolic periodic points. Assuming that $f$ has Rivera-Letelier's backward contraction property with an arbitrarily large constant, we show that the upper box dimension of the Julia set $J(f)$ is equal to its hyperbolic dimension, by investigating the properties of conformal measures on the Julia set.


1. Introduction. Let $f: \overline{\mathbb{C}} \rightarrow \overline{\mathbb{C}}$ be a rational map of degree $d \geq 2$ on the Riemann sphere. We are interested in the fractal properties of the Julia set $J(f)$. It is well known that in the case that $f$ is hyperbolic, all possible dimensions coincide. In [4], this result was generalized to all rational maps which satisfy a summability condition. See [11] for more historical remarks and advances in this direction.

The summability condition and the stronger Collet-Eckmann condition can be considered as non-uniform hyperbolicity conditions. As shown by J. Rivera-Letelier [9], they imply a backward contraction condition (see the definition below) which was first introduced therein.

In the following, all the distances, diameters and norms of derivatives are measured using the spherical metric and $B(z, r)$ denotes a ball of radius $r$ centered at $z$. Let $\operatorname{Crit}(f)$ denote the set of critical points of $f$ and let

$$
\operatorname{Crit}^{\prime}(f)=\operatorname{Crit}(f) \cap J(f)
$$

For every $c \in \operatorname{Crit}(f)$ and $\delta>0$ we denote by $\widetilde{B}(c, \delta)$ the connected component of $f^{-1}(B(f(c), \delta))$ that contains $c$.

[^0]Definition 1. Given a constant $r>1$, we say that $f$ has the backward contraction property with constant $r(f \in \mathrm{BC}(r)$ for short) if there exists $\delta_{0}>0$ such that for every $c \in \operatorname{Crit}^{\prime}(f)$, every $0<\delta \leq \delta_{0}$, every integer $n \geq 1$ and every component $W$ of $f^{-n}(\widetilde{B}(c, r \delta))$, we have

$$
\operatorname{dist}(W, \mathrm{CV}(f)) \leq \delta \Rightarrow \operatorname{diam}(W)<\delta
$$

where $\operatorname{CV}(f)=f(\operatorname{Crit}(f))$. If $f \in \mathrm{BC}(r)$ for every $r>1$, we will say that $f \in \mathrm{BC}(\infty)$.

We call a compact forward invariant subset $X$ of $\overline{\mathbb{C}}$ hyperbolic if there exist $C>0$ and $\lambda>1$ such that for every $n \geq 1$ and every $z \in X$,

$$
\left|D f^{n}(z)\right| \geq C \lambda^{n}
$$

Clearly, a hyperbolic set is contained in the Julia set.
For a compact set $X \subset \overline{\mathbb{C}}$, let $\operatorname{HD}(X)$ denote its Hausdorff dimension. The hyperbolic dimension $\mathrm{HD}_{\text {hyp }}(f)$ of $f$ is the supremum of the Hausdorff dimensions of hyperbolic subsets of $J(f)$, i.e.

$$
\operatorname{HD}_{\text {hyp }}(f)=\sup \{\operatorname{HD}(X): X \text { is a hyperbolic subset of } J(f)\}
$$

Clearly, $\operatorname{HD}_{\text {hyp }}(f) \leq \mathrm{HD}(J(f))$.
The main goal of this paper is to prove the following theorem.
Main Theorem. Let $f: \overline{\mathbb{C}} \rightarrow \overline{\mathbb{C}}$ be a rational map of degree at least 2 without parabolic periodic points. If $f \in \mathrm{BC}(\infty)$, then the upper box dimension $\overline{\mathrm{BD}}(J(f))$ of the Julia set is equal to the hyperbolic dimension of $f$ :

$$
\overline{\mathrm{BD}}(J(f))=\mathrm{HD}(J(f))=\operatorname{HD}_{\mathrm{hyp}}(f)
$$

For the definition of the upper and lower box dimensions and the Hausdorff dimension, see [3]. Let us mention the following well-known inequality: $\mathrm{HD}(X) \leq \underline{\mathrm{BD}}(X) \leq \overline{\mathrm{BD}}(X)$.

The proof of the Main Theorem is based on analyzing the regularity of conformal measures. Recall that a probability measure $\mu$ on $J(f)$ is said to be $t$-conformal for $f$ if for every Borel set $A \subset J(f)$ such that $\left.f\right|_{A}$ is injective, we have

$$
\mu(f(A))=\int_{A}\left|f^{\prime}\right|^{t} d \mu
$$

The number $t$ is called the exponent of the conformal measure. The minimum exponent, denoted by $\delta_{*}(f)$, is the infimum of the exponents of conformal measures on the Julia set $J(f)$ :

$$
\delta_{*}(f)=\inf \{t: \text { there is a } t \text {-conformal measure on } J(f)\} .
$$

Conformal measures were introduced in holomorphic dynamics by Sullivan [10], who proved the existence of at least one such measure on $J(f)$. Denker, Urbański and Przytycki (see [2, 8]) proved that for any rational map
$f$ of degree at least 2 , the hyperbolic dimension is equal to the minimum exponent, i.e.

$$
\delta_{*}(f)=\operatorname{HD}_{\mathrm{hyp}}(f) \leq \operatorname{HD}(J(f))
$$

The crucial step in obtaining the Main Theorem is to prove the following theorem.

THEOREM 1. Let $f$ be a rational map of degree $d \geq 2$ which satisfies $\mathrm{BC}(\infty)$. Assume that
(*) any forward invariant compact subset of $J(f)$ containing no critical points is hyperbolic.
Let $\mu$ be a t-conformal measure on $J(f)$. Then for any $\alpha>0$, there exists $\varepsilon_{0}>0$ such that for any $\varepsilon \leq \varepsilon_{0}$ and any $z \in J(f)$, we have

$$
\frac{\mu(B(z, \varepsilon))}{\varepsilon^{t}} \geq \varepsilon^{\alpha}
$$

It is not clear if the condition $(*)$ holds for all rational maps without parabolic periodic points and satisfying the $\mathrm{BC}(\infty)$ condition. Nevertheless, as Proposition 8.1 in [9] shows, it holds if $J(f) \neq \overline{\mathbb{C}}$. In the remaining case, the main theorem reduces to the statement that $\operatorname{HD}_{\text {hyp }}(f)=2$.

Remark 1. Assume furthermore that $J(f) \neq \overline{\mathbb{C}}$. Then by Theorem B of [9], $J(f)$ has zero area. By Corollary 8.3 of [9], $f$ has neither Siegel disks nor Hermann rings. So by Fact 8.1 and Lemma 8.2 of $[4], \overline{\mathrm{BD}}(J(f))=\delta_{\text {cr }}(f)$, where $\delta_{\text {cr }}(f)$ is the Poincaré exponent. Therefore, in this case, we obtain the following equalities:

$$
\overline{\mathrm{BD}}(J(f))=\underline{\mathrm{BD}}(J(f))=\mathrm{HD}(J(f))=\operatorname{HD}_{\mathrm{hyp}}(f)=\delta_{*}(f)=\delta_{\mathrm{cr}}(f)
$$

## 2. Background

2.1. Koebe distortion. We shall use the following version of the Koebe distortion theorem that appeared in [7].

Koebe Principle. There exists $r(f)>0$, depending on $f$, and for each $\varepsilon \in(0,1)$ there exists a constant $K(\varepsilon)>1$ such that the following property holds. Let $x \in J(f), n \geq 0$ and $r \in(0, r(f))$. Suppose that $f^{n}: W \rightarrow$ $B(x, r)$ is a conformal map. Then for every $z_{1}, z_{2} \in W$ with $f^{n}\left(z_{1}\right), f^{n}\left(z_{2}\right) \in$ $B(x, \varepsilon r)$, we have

$$
\frac{\left|\left(f^{n}\right)^{\prime}\left(z_{1}\right)\right|}{\left|\left(f^{n}\right)^{\prime}\left(z_{2}\right)\right|} \leq K(\varepsilon)
$$

Moreover, $K(\varepsilon) \rightarrow 1$ as $\varepsilon \rightarrow 0$.
2.2. Backward contracting rational maps. We collect a few results about rational maps satisfying the backward contraction property. These results were proved in [9].

Lemma 1 ([9, Theorem B]). Let $f$ be a rational map of degree at least 2. Then there is a constant $r>1$, only depending on the degree of $f$, such that if $f$ satisfies $\mathrm{BC}(r)$, then the following properties hold:

1. If $J(f) \neq \overline{\mathbb{C}}$, then $J(f)$ has zero Lebesgue measure.
2. If $J(f)=\overline{\mathbb{C}}$, then there is a set of full Lebesgue measure of points in $\overline{\mathbb{C}}$ whose forward orbit accumulates on a critical point of $f$.

An open set $V$ is called nice if $f^{n}(\partial V) \cap V=\emptyset$ for all $n \geq 0$. A puzzle neighborhood $V$ of $\operatorname{Crit}^{\prime}(f)$ is a nice open set $V=\bigcup_{c \in \operatorname{Crit}^{\prime}(f)} V_{c}$, where $V_{c}$ 's are pairwise disjoint Jordan disks.

Lemma 2 ([9, Lemma 6.2]). Let $f: \overline{\mathbb{C}} \rightarrow \overline{\mathbb{C}}$ be a rational map of degree two or more such that $f \in \mathrm{BC}(\infty)$. Then there exists $\varepsilon_{0}>0$ such that for every $\varepsilon \in\left(0, \varepsilon_{0}\right]$, there exists a puzzle neighborhood $V=\bigcup_{c \in \operatorname{Crit}^{\prime}(f)} V_{c}$ of $\operatorname{Crit}^{\prime}(f)$ with

$$
\widetilde{B}(c, \varepsilon) \subset V_{c} \subset \widetilde{B}(c, 2 \varepsilon)
$$

Lemma 3 ([9, Proposition 8.1]). Let $f$ be a rational map of degree two or more such that $f \in \mathrm{BC}(\infty)$ and the set

$$
\left\{z \in \overline{\mathbb{C}}: \omega(z) \cap \operatorname{Crit}^{\prime}(f)=\emptyset\right\}
$$

has positive Lebesgue measure. If $K \subset J(f)$ is a compact and forward invariant set which contains neither critical points nor parabolic periodic points, then $K$ is a hyperbolic set.
3. Some preparation. In what follows, let $f: \overline{\mathbb{C}} \rightarrow \overline{\mathbb{C}}$ be a rational map of degree $d \geq 2$ without parabolic points such that $f \in \mathrm{BC}(\infty)$. Let $\ell_{\max }$ be the maximum of the orders of the critical points.

Given a nice set $V$, we will say a connected set $U$ is a critical pull back of $V$ if there exists $n \geq 1$ such that $U$ is a connected component of $f^{-n}(V)$ and $U \cap \operatorname{Crit}(f) \neq \emptyset$.

For a nice set $V$, we define

$$
D(V)=\left\{z \in \overline{\mathbb{C}}: \exists k \geq 0 \text { such that } f^{k}(z) \in V\right\}
$$

Each connected component of $D(V)$ is called a landing domain of $V$; for any $z \in D(V)$, the smallest integer $k \geq 0$ with $f^{k}(z) \in V$ is called the landing time of $z$ into $V$.

Proposition 2. For any $\beta \in\left(0,1 / \ell_{\max }\right)$, there exists $C(\beta)>0$ such that for every $c \in \operatorname{Crit}^{\prime}(f), n \in \mathbb{N}$ and $\varepsilon$ sufficiently small, if $W$ is a component of $f^{-n}(\widetilde{B}(c, \varepsilon))$, then

$$
\operatorname{diam}(W) \leq C(\beta) \varepsilon^{\beta}
$$

Proof. Fix a large number $r>1$. By Lemma 2 , for each $k \geq 0$, there exists a puzzle neighborhood $\widetilde{V}_{k}$ of $\operatorname{Crit}^{\prime}(f)$ such that

$$
\widetilde{B}\left(c, \varepsilon_{0} / r^{k}\right) \subset \widetilde{V}_{k}(c) \subset \widetilde{B}\left(c, 2 \varepsilon_{0} / r^{k}\right)
$$

where $\varepsilon_{0}>0$ is a small number. By choosing $\varepsilon_{0}$ smaller if necessary, we may assume that any critical pull back of $\widetilde{V}_{k-1}$ is contained in $\widetilde{V}_{k}$, since $f$ satisfies $\mathrm{BC}(2 r)$. Moreover, we can find a periodic orbit $X$ with at least two points outside $V_{0}$. Clearly, $D\left(V_{0}\right) \cap X=\emptyset$.

It suffices to prove that for any $\beta \in\left(0,1 / \ell_{\max }\right)$ there exists $C>0$ such that for any landing domain $U$ of some $\widetilde{V}_{n}$, we have

$$
\operatorname{diam}(U) \leq C r^{-n \beta}
$$

Fix $z \in D\left(\widetilde{V}_{n}\right)$. For each $k=0,1, \ldots, n$, let $s_{k}$ be the landing time of $z$ into $\widetilde{V}_{k}$ and let $U_{k}$ be the landing domain of $\widetilde{V}_{k}$ which contains $z$. Then $U_{k} \subset U_{k-1}$. Let $U_{k-1}^{\prime}$ be the component of $\left(f^{s_{k}}\right)^{-1}\left(\widetilde{V}_{k-1}\right)$ containing $z$. Then

$$
U_{k} \subset U_{k-1}^{\prime} \subset U_{k-1}
$$

CLAIM. $f^{s_{k}}: U_{k-1}^{\prime} \rightarrow \widetilde{V}_{k-1}$ is conformal.
Indeed, otherwise there exists $0 \leq s<s_{k}$ such that $W=f^{s}\left(U_{k-1}^{\prime}\right)$ contains a critical point $c^{\prime}$. But as we noted above, this would imply that $W \subset \widetilde{V}_{k}$, which contradicts the fact that $s_{k}$ is the landing time of $z$ into $\widetilde{V}_{k}$.

Thus,

$$
\bmod \left(U_{k-1} \backslash U_{k}\right) \geq \bmod \left(U_{k-1}^{\prime} \backslash U_{k}\right) \geq \inf _{c \in \mathrm{Crit}^{\prime}(f)} \bmod \left(\widetilde{V}_{k-1}(c) \backslash \widetilde{V}_{k}(c)\right)
$$

For any $r \geq 4$, there exists $L(r)>1$ such that for every $c \in \operatorname{Crit}^{\prime}(f)$, we have

$$
\bmod \left(\tilde{V}_{k-1}(c) \backslash \tilde{V}_{k}(c)\right) \geq \frac{1}{L(r) \ell_{\max }} \log r
$$

Moreover, $L(r) \rightarrow 1$ as $r \rightarrow \infty$.
Hence, by the Grötzsch inequality (see for example [5, Corollary B.5]) we have

$$
\begin{aligned}
\bmod \left(U_{0} \backslash U_{n}\right) & \geq \sum_{k=1}^{n} \bmod \left(U_{k-1} \backslash U_{k}\right) \geq \sum_{k=1}^{n} \inf _{c} \bmod \left(\widetilde{V}_{k-1}(c) \backslash \widetilde{V}_{k}(c)\right) \\
& \geq \frac{1}{L(r) \ell_{\max }} n \log r
\end{aligned}
$$

Since $U_{0} \cap X=\emptyset$, the diameter of $\overline{\mathbb{C}} \backslash U_{0}$ is bounded away from zero. It follows that $\operatorname{diam}\left(U_{n}\right) \leq C r^{-n / L(r) \ell_{\max }}$, where $C$ is a constant. The proof is complete.

Lemma 4. If the set $\left\{z \in \overline{\mathbb{C}}: \omega(z) \cap \operatorname{Crit}^{\prime}(f)=\emptyset\right\}$ has positive Lebesgue measure, then for any $\delta>0$ there exists $\eta>0$ such that if $W$ is a connected set intersecting the Julia set, and $\operatorname{diam}\left(f^{n}(W)\right)<\eta$ for some $n \geq 0$, then

$$
\operatorname{diam}(W)<\delta
$$

Proof. By Proposition 2, there exists a neighborhood $V_{0}$ of $\operatorname{Crit}^{\prime}(f)$ such that any pull back of $V_{0}$ has diameter smaller than any given number $\delta>0$. Let $V \Subset V_{0}$ be another neighborhood of $\operatorname{Crit}^{\prime}(f)$.

## Define

$$
K(V)=\left\{z \in J(f): f^{m}(z) \notin V, m=0,1,2, \ldots\right\}
$$

By Lemma $3, K(V)$ is a hyperbolic set of $f$. So there exists $m_{0}$ such that for any $z \in K(V)$ we have

$$
\begin{equation*}
\left|\left(f^{m_{0}}\right)^{\prime}(z)\right|>2 \tag{1}
\end{equation*}
$$

In particular, for any $z \in K(V), f^{m_{0}}$ is univalent in a neighborhood of $z$. By continuity, there exists $\eta_{0} \in(0, \operatorname{diam}(\overline{\mathbb{C}}))$ such that for each $z_{0} \in K(V)$, $f^{m_{0}} \mid B\left(z_{0}, 3 \eta_{0}\right)$ is univalent and the above inequality holds for all $z \in$ $B\left(z_{0}, 3 \eta_{0}\right)$. Let

$$
U=\left\{z \in \overline{\mathbb{C}}: d(z, K(V))<\eta_{0} / 2\right\}
$$

Then if $A$ is a connected subset of $\overline{\mathbb{C}}$ which intersects $U$, then

$$
\begin{equation*}
\operatorname{diam}\left(f^{m_{0}}(A)\right) \geq \min \left(2 \operatorname{diam}(A), \eta_{0}\right) \tag{2}
\end{equation*}
$$

To see this, take $z_{0} \in U$ with $B\left(z_{0}, \eta_{0} / 2\right) \cap A \neq \emptyset$. If $A \subset B\left(z_{0}, \eta_{0}\right)$, then $\operatorname{diam}\left(f^{m_{0}}(A)\right) \geq 2 \operatorname{diam}(A)$, and otherwise $\operatorname{diam}\left(f^{m_{0}}(A)\right) \geq \eta_{0}$.

Claim. There exists $N$ such that for every $z \in J(f) \backslash U$, there exists $n(z) \leq N$ such that $f^{n(z)}(z) \in V$.

Indeed, $\left\{f^{-j}(V)\right\}_{j=0}^{\infty}$ is an open covering of the compact set $J(f) \backslash U$, so there exists $N$ such that

$$
\bigcup_{j=0}^{N} f^{-j}(V) \supset J(f) \backslash U .
$$

The claim is proved.
Now let $z \in J(f)$ and $W \ni z$ be a connected set with $\operatorname{diam}\left(f^{n}(W)\right)<\eta_{0}$.
CASE 1: $f^{k}(W) \subset U$ for all $k=0,1, \ldots, n-1$. Write $n=q m_{0}+r$, $0 \leq r<m_{0}$. By (2), we obtain

$$
\operatorname{diam}\left(f^{r}(W)\right) \leq \operatorname{diam}\left(f^{n}(W)\right) / 2^{q}
$$

It follows that $\operatorname{diam}(W)<\delta$ provided that $\operatorname{diam}\left(f^{n}(W)\right)$ is small enough.
CASE 2: There exists a largest $k \leq n-1$ such that $f^{k}(W) \not \subset U$. As in Case 1, $\operatorname{diam}\left(f^{k+1}(W)\right)$ is small, hence $\operatorname{diam}\left(f^{k}(W)\right)$ is small. By the claim above, there exists $s \leq N$ such that $f^{k+s}(W) \cap V \neq \emptyset$. Provided that
$\operatorname{diam}\left(f^{n}(W)\right)$ is small enough, $\operatorname{diam}\left(f^{k+s}(W)\right)<d\left(\partial V, \partial V_{0}\right)$, which implies that $f^{k+s}(W) \subset V_{0}$, hence $\operatorname{diam}(W)<\delta$.

Given an open set $\Omega \subset \mathbb{C}$ and $z \in \Omega$, let

$$
\operatorname{IR}(\Omega, z)=\inf _{w \in \partial \Omega} d(z, w) \quad \text { and } \quad \operatorname{OR}(\Omega, z)=\sup _{w \in \partial \Omega} d(z, w)
$$

Proposition 3. Let $f$ be a rational map of degree $d \geq 2$. For any $\eta \in$ $(0, \operatorname{diam}(\mathbb{C}) / 2)$ and $\varepsilon \in(0, \eta)$ and for any $z \in J(f)$, there exist $n_{0} \in \mathbb{N} \cup\{0\}$ and $\eta^{\prime}$ such that:

- $C \eta \leq \eta^{\prime} \leq \eta$, where $C=C(f)$ is a constant;
- letting $W_{n_{0}}$ be the pull-back of $B\left(f^{n_{0}}(z), \eta^{\prime}\right)$ under $f^{n_{0}}$ to $z$, we have

$$
\operatorname{IR}\left(W_{n_{0}}, z\right)=\varepsilon
$$

Proof. We consider the pull-back $\widehat{W}_{n}$ of the disk $B\left(f^{n}(z), \eta\right)$ along orb $(z)$ to $z$. Then

$$
\operatorname{IR}\left(\widehat{W}_{n}, z\right) \rightarrow 0 \quad \text { as } n \rightarrow \infty
$$

for otherwise there would be a ball $B$ centered at $z$ such that $\operatorname{diam}\left(f^{n}(B)\right)$ $\leq 2 \eta$, which would imply that $z \in B \subset \mathbb{C} \backslash J(f)$.

Thus there exists a positive $n_{0} \in \mathbb{N}$ such that

$$
\operatorname{IR}\left(\widehat{W}_{n_{0}}, z\right) \geq \varepsilon \quad \text { but } \quad \operatorname{IR}\left(\widehat{W}_{n_{0}+1}, z\right)<\varepsilon
$$

Now let $W^{\prime}$ be the component of $f^{-1}\left(B\left(f^{n_{0}+1}(z), \eta\right)\right)$ containing $f^{n_{0}}(z)$. Then $W^{\prime} \not \supset B\left(f^{n_{0}}(z), \eta\right)$. It follows that $\bar{\eta}:=\operatorname{IR}\left(W^{\prime}, f^{n_{0}}(z)\right) \leq \eta$. Clearly, $\bar{\eta} \geq C \eta$, where $C=\left(\max \left|f^{\prime}\right|\right)^{-1}$.

Let $\Omega(t)$ be the component of $f^{-n_{0}}\left(B\left(f^{n_{0}}(z), t\right)\right)$ containing $z$ and consider the map $h(t)=\operatorname{IR}(\Omega(t), z)$. Since $h(t)$ is continuous and $h(\eta) \geq \varepsilon$, $h(\bar{\eta})<\varepsilon$, there exists $\eta^{\prime} \in(\bar{\eta}, \eta]$ such that $h\left(\eta^{\prime}\right)=\varepsilon$. This completes the proof.

Proposition 4. Let $f$ be a rational map. There exists $C>0$ such that for every $z \in \overline{\mathbb{C}}$ and every small neighborhood $U$ of $z$,

$$
\frac{\mathrm{OR}(U, z)}{\operatorname{IR}(U, z)} \leq C \frac{\mathrm{OR}(f(U), f(z))}{\operatorname{IR}(f(U), f(z))}
$$

Proof. By the Koebe principle, it suffices to consider $U$ contained in a small neighborhood of a critical point of $f$. Since near a critical point, $f$ behaves like a polynomial $z \mapsto z^{k}$, the proposition follows easily.
4. Proof of Theorem 1. In this section, we prove Theorem 1. We shall use the following notion introduced in [1].

Definition 2. A sequence $\left\{G_{k}\right\}_{k=0}^{n}$ of connected open sets is called a quasi-chain if $f\left(G_{k}\right) \supset G_{k+1}$ for each $0 \leq k<n$. The order of the quasi-chain is the number of $k \in\{0,1, \ldots, n-1\}$ such that $G_{k}$ contains a critical point.

We shall also need the following lemma related to Lemma 1.3 of [6].
Lemma 5. Let $f: \overline{\mathbb{C}} \rightarrow \overline{\mathbb{C}}$ be a rational map of the Riemann sphere of degree at least two and let $\mu$ be at-conformal measure on $J(f)$. Then there exists a constant $C>0($ depending on $f)$ such that if $V$ is a connected open set and $U$ is a component of $f^{-1}(V)$, then

$$
\frac{\mu(U)}{\operatorname{diam}(U)^{t}} \geq C \frac{\mu(V)}{\operatorname{diam}(V)^{t}} .
$$

Proof. By Lemma 1.3 in [6], we have

$$
\frac{\operatorname{diam}(V)}{\operatorname{diam}(U)} \geq C \sup \left\{\left|f^{\prime}(z)\right|: z \in U\right\} .
$$

By the $t$-covariance of $\mu$, the lemma follows easily.
In the following,

$$
\widetilde{B}(\delta)=\bigcup_{c \in \operatorname{Crit}^{\prime}(f)} \widetilde{B}(c, \delta) .
$$

Proof of Theorem 1. Fix $\alpha \in(0,1)$. Let $r>4^{\ell_{\max }}$ be a constant to be determined. Since $f$ satisfies $\mathrm{BC}(r)$, there exists $\delta_{0}$ such that for any $\delta \in\left(0, \delta_{0}\right)$, if $U$ is a critical pull back of $\widetilde{B}(r \delta)$ then $U \subset \widetilde{B}(\delta)$.

By Lemma 4, there exists $\eta>0$ such that any pull back of a ball of radius $2 \eta$ has diameter less than $\delta_{0}$. By Proposition 3, for any $\varepsilon<\eta$ there exist $\eta^{\prime} \asymp \eta\left(\eta^{\prime} \leq \eta\right)$ and $n$ such that the component $W$ of $f^{-n}\left(B\left(f^{n}(z), \eta^{\prime}\right)\right)$ which contains $z$ satisfies

$$
\operatorname{IR}(W, z)=\varepsilon^{1+\alpha / 2 t} .
$$

Let $W_{k}=f^{k}(W), k=0,1, \ldots, n$.
We shall prove that there exist constants $C \in(0,1)$ and $\theta>0$ depending only on $f$ such that

$$
\begin{align*}
& \frac{\mu(W)}{\operatorname{diam}(W)^{t}} \geq C \varepsilon^{\theta \gamma}  \tag{3}\\
& \frac{\operatorname{OR}(W, z)}{\operatorname{IR}(W, z)} \leq\left(C \varepsilon^{\theta \gamma}\right)^{-1} \tag{4}
\end{align*}
$$

where $\gamma=2 \ell_{\text {max }} /\left(\log r-\ell_{\text {max }} \log 4\right)$.
Choosing $r$ large enough, we have $\theta \gamma \leq \alpha / 3$. Provided that $\varepsilon>0$ is small enough, we have $C \varepsilon^{\theta \gamma} \geq \varepsilon^{\alpha / 2}$. Thus (4) implies $\operatorname{OR}(W, z) \leq \varepsilon$, so $\mu(B(z, \varepsilon)) \geq \mu(W)$; together with inequality (3) we have

$$
\mu(B(z, \varepsilon)) \geq \mu(W) \geq \varepsilon^{t+\alpha},
$$

as we wished.
If $f^{n} \mid W$ extends to a conformal map onto $B\left(f^{n}(z), 2 \eta\right)$ then the inequalities follow easily from the Koebe principle and the $t$-covariance of $\mu$.

In order to deal with the general case, we define a quasi-chain $\left\{\widehat{W}_{k}\right\}_{k=0}^{n}$ by the following rules: (i) $\widehat{W}_{n}=B\left(f^{n}(z), 2 \eta\right)$; (ii) once $\widehat{W}_{k+1} \ni f^{k+1}(z)$ is defined, let $\widehat{W}_{k}^{\prime}$ be the connected component of $f^{-1}\left(\widehat{W}_{k+1}\right)$ which contains $f^{k}(z)$; (iii) if $\widehat{W}_{k}^{\prime}$ contains no critical point, then $\widehat{W}_{k}=\widehat{W}_{k}^{\prime}$, otherwise

$$
\widehat{W}_{k}=B\left(f^{k}(z), 2 \operatorname{diam}\left(\widehat{W}_{k}^{\prime}\right)\right)
$$

Let $m$ be the order the quasi-chain $\left\{\widehat{W}_{k}\right\}_{k=0}^{n}$. Let $n_{0}=n$ and let $n_{1}>$ $\cdots>n_{m}$ be all integers in $\{0,1, \ldots, n-1\}$ such that $\widehat{W}_{n_{i}}$ contains a critical point.

Claim. There exists a constant $C_{0}$ depending on $f$ such that

$$
\begin{equation*}
m \leq C_{0}+2 \ell_{\max } \log (1 / \varepsilon) / \log r_{1} \tag{5}
\end{equation*}
$$

where $r_{1}=r / 4^{\ell_{\max }}$.
In fact, $\widehat{W}_{n_{1}} \subset \widetilde{B}\left(\delta_{0}\right)$. By the $\mathrm{BC}(r)$ property, we deduce that $\widehat{W}_{n_{2}}^{\prime} \subset$ $\widetilde{B}\left(\delta_{0} / r\right)$, so that $\widehat{W}_{n_{2}} \subset \widetilde{B}\left(4^{\ell_{\max }} \delta_{0} / r\right) \subset \widetilde{B}\left(\delta_{0}\right)$. Repeating the procedure, we obtain

$$
\widehat{W}_{n_{m}} \subset \widetilde{B}\left(\delta_{0} / r_{1}^{m-1}\right)
$$

By Proposition 2 , for any $\beta \in\left(0,1 / \ell_{\max }\right)$, there exists $C(\beta)>0$ such that

$$
\operatorname{diam}(W) \leq C(\beta)\left(\delta_{0} / r_{1}^{m-1}\right)^{\beta}
$$

Since $\operatorname{diam}(W) \geq \operatorname{IR}(W)=\varepsilon^{1+\alpha / 2 t} \geq \varepsilon^{1+\alpha}$, we obtain (5).
For each $1 \leq i \leq m, f^{n_{i-1}-n_{i}-1}: W_{n_{i}+1} \rightarrow W_{n_{i-1}}$ extends to a conformal map onto $\widehat{W}_{n_{i-1}}$. Since $\bmod \left(\widehat{W}_{n_{i-1}} \backslash W_{n_{i-1}}\right)$ is bounded away from zero, the Koebe principle and the $t$-covariance of $\mu$ give us

$$
\begin{gather*}
\frac{\mu\left(W_{n_{i}+1}\right)}{\operatorname{diam}\left(W_{n_{i}+1}\right)^{t}} \geq C_{1} \frac{\mu\left(W_{n_{i-1}}\right)}{\operatorname{diam}\left(W_{n_{i-1}}\right)^{t}}  \tag{6}\\
\frac{\operatorname{OR}\left(W_{n_{i}+1}, f^{n_{i}+1}(z)\right)}{\operatorname{IR}\left(W_{n_{i}+1}, f^{n_{i}+1}(z)\right)} \leq \frac{1}{C_{1}} \frac{\operatorname{OR}\left(W_{n_{i-1}}, f^{n_{i-1}}(z)\right)}{\operatorname{IR}\left(W_{n_{i-1}}, f^{n_{i-1}}(z)\right)} \tag{7}
\end{gather*}
$$

where $C_{1} \in(0,1)$ is a universal constant. Similarly, we have

$$
\begin{align*}
\frac{\mu(W)}{\operatorname{diam}(W)^{t}} & \geq C_{1} \frac{\mu\left(W_{n_{m}}\right)}{\operatorname{diam}\left(W_{n_{m}}\right) t}  \tag{8}\\
\frac{\operatorname{OR}(W, z)}{\operatorname{IR}(W, z)} & \leq \frac{1}{C_{1}} \frac{\operatorname{OR}\left(W_{n_{m}}, f^{n_{m}}(z)\right)}{\operatorname{IR}\left(W_{n_{m}}, f^{n_{m}}(z)\right)} \tag{9}
\end{align*}
$$

By Lemma 5, we have

$$
\begin{equation*}
\frac{\mu\left(W_{n_{i}}\right)}{\operatorname{diam}\left(W_{n_{i}}\right)^{t}} \geq C_{2} \frac{\mu\left(W_{n_{i}+1}\right)}{\operatorname{diam}\left(W_{n_{i}+1}\right)^{t}} \tag{10}
\end{equation*}
$$

where $C_{2} \in(0,1)$ is a universal constant. By Proposition 4, we have

$$
\begin{equation*}
\frac{\operatorname{OR}\left(W_{n_{i}}, f^{n_{i}}(z)\right)}{\operatorname{IR}\left(W_{n_{i}}, f^{n_{i}}(z)\right)} \leq \frac{1}{C_{2}} \frac{\operatorname{OR}\left(W_{n_{i}+1}, f^{n_{i}+1}(z)\right)}{\operatorname{IR}\left(W_{n_{i}+1}, f^{n_{i}+1}(z)\right)} \tag{11}
\end{equation*}
$$

Combining the estimates (6), (10) and (8), we obtain

$$
\begin{equation*}
\frac{\mu(W)}{\operatorname{diam}(W)^{t}} \geq C_{1}^{m+1} C_{2}^{m} \frac{\mu\left(B\left(f^{n}(z), \eta^{\prime}\right)\right)}{\left(2 \eta^{\prime}\right)^{t}} \tag{12}
\end{equation*}
$$

Since $\inf _{w \in J(f)} \mu\left(B\left(w, \eta^{\prime}\right)\right)>0$, it follows that

$$
\begin{equation*}
\frac{\mu(W)}{\operatorname{diam}(W)^{t}} \geq C\left(C_{1} C_{2}\right)^{m} \tag{13}
\end{equation*}
$$

where $C$ is a constant.
Combining the estimates (7), (9) and (11), we obtain

$$
\begin{equation*}
\frac{\mathrm{OR}(W, z)}{\operatorname{IR}(W, z)} \leq\left(C_{1}^{m+1} C_{2}^{m}\right)^{-1} \tag{14}
\end{equation*}
$$

If we let $\theta=-\log \left(C_{1} C_{2}\right)$ and redefine the constant $C$, then (13) and (14) give us (3) and (4) respectively. This completes the proof.

## 5. Proof of the Main Theorem

Proof of the Main Theorem in the case $J(f) \neq \overline{\mathbb{C}}$. The following argument is similar to the proof of the well-known Frostman's lemma (see [8]). Since $\delta_{*}(f)=\operatorname{HD}_{\text {hyp }}(J(f))$, it suffices to prove that $\overline{\mathrm{BD}}(J(f)) \leq \delta_{*}(f)+\alpha$ for any $\alpha>0$.

Let $\mu$ be a $\delta_{*}(f)$-conformal measure of $f$. By Lemma $3, f$ satisfies the assumption $(*)$, so that we can apply Theorem 1. Let $N(\varepsilon)$ be the minimal number of open balls with radius $\varepsilon$ needed to cover $J(f)$. For any $\varepsilon>0$ small, $J(f)$ can be covered by a family $\left\{B_{i}\right\}_{i=1}^{n}$ of open balls of radius $\varepsilon$ with intersection multiplicity 4 . For each $i$, Theorem 1 gives us $\mu\left(B_{i}\right) \geq \varepsilon^{\delta_{*}(f)+\alpha}$, provided that $\varepsilon$ is small enough. Thus

$$
4 \geq \sum_{i=1}^{n} \mu\left(B_{i}\right) \geq n \varepsilon^{\delta_{*}(f)+\alpha} \geq N(\varepsilon) \varepsilon^{\delta_{*}(f)+\alpha}
$$

which implies that

$$
\overline{\mathrm{BD}}(J(f))=\underset{\varepsilon \rightarrow 0}{\limsup } \frac{\log N(\varepsilon)}{\log (1 / \varepsilon)} \leq \delta_{*}(f)+\alpha
$$

In the case $J(f)=\overline{\mathbb{C}}$, we do not know whether the condition $(*)$ holds. However, we are still able to obtain enough control on the conformal measures to conclude the proof.

Proposition 5. If $J(f)=\overline{\mathbb{C}}$, then $\delta_{*}(f)=2$.

Proof. Arguing by contradiction, assume that $f$ has a $t$-conformal measure with $t<2$.

Let $r>1$ be a large constant. Since $f$ has the $\mathrm{BC}(r)$ property, there exists an arbitrarily small $\varepsilon>0$ and a puzzle neighborhood $V=\bigcup_{c \in \operatorname{Crit}^{\prime}(f)} V_{c}$ of $\operatorname{Crit}^{\prime}(f)$ such that for each $c \in \operatorname{Crit}^{\prime}(f)$,

$$
\widetilde{B}(c, \varepsilon) \subset V_{c} \subset \widetilde{B}(c, 2 \varepsilon)
$$

Let $W_{c}$ be the union of all return domains of $V$ which are not contained in $\widetilde{B}(c, \varepsilon / \sqrt{r})$. Let $g: \bigcup_{c} W_{c} \rightarrow V$ denote the first return map into $V$ under iteration of $f$. By the $\mathrm{BC}(r)$ property, for each component $U$ of $g^{-n}(V)$, $g^{n}: U \rightarrow V$ is a conformal map which extends to a conformal map onto $\widetilde{B}(c, \sqrt{r} \varepsilon)$ for some $c \in \operatorname{Crit}^{\prime}(f)$. In fact, this follows from the following observation: if $U$ is a component of $W_{c}$ with $g(U)=V_{c^{\prime}}$ and $g\left|U=f^{s}\right| U$, then there exists a topological disk $\widehat{U} \subset \widetilde{B}(c, \sqrt{r} \varepsilon)$ such that $f^{s}: \widehat{U} \rightarrow$ $\widetilde{B}\left(c^{\prime}, \sqrt{r} \varepsilon\right)$. By the Koebe principle, it follows that for each component $U$ of $g^{-n}(V), g^{n} \mid U$ has small distortion provided that $r$ is large enough.

Let $\mathcal{W}_{c}^{n}$ be the collection of all components of $g^{-n}(V)$ which are contained in $V_{c}$ and let $W_{c}^{n}$ be the union of these components. By Lemma 1, almost every point returns to $V$ under iteration of $f$, thus,

$$
\frac{\operatorname{area}\left(W_{c}^{1}\right)}{\operatorname{area}\left(V_{c}\right)} \geq 1-\frac{\widetilde{B}(c, \varepsilon / \sqrt{r})}{\widetilde{B}(c, \varepsilon)} \geq 1-\sigma(r),
$$

where $\sigma(r) \rightarrow 0$ as $r \rightarrow \infty$. Note that for each component $U$ of $W_{c}^{1}$, $\operatorname{area}(U) \leq \operatorname{area}\left(V_{c}\right) / 2$. Therefore, provided that $r$ was chosen large enough, we have

$$
\sum_{U \in \mathcal{W}_{c}^{1}} \operatorname{area}(U)^{t / 2} \geq \lambda \operatorname{area}\left(V_{c}\right)^{t / 2}
$$

where $\lambda=2^{1-t / 2}>1$.
For each $U \in \mathcal{W}_{c}^{n}$, since $g^{n} \mid U$ has small distortion and $g^{n}$ maps an element of $\mathcal{W}_{c}^{n+1}$ onto an element of $\mathcal{W}_{c}^{1}$, it follows that

$$
\sum_{W \in \mathcal{W}_{c}^{n+1}, W \subset U} \operatorname{area}(W)^{t / 2} \geq \lambda_{1} \operatorname{area}(U)^{t / 2}
$$

where $\lambda_{1} \in(1, \lambda)$. Therefore,

$$
\sum_{U \in \mathcal{W}_{c}^{n}} \operatorname{area}(U)^{t / 2} \geq \lambda_{1}^{n} \operatorname{area}\left(V_{c}\right)^{t / 2}
$$

By the Koebe principle and the $t$-covariance of $\mu$, for each $U \in \mathcal{W}_{c}^{n}, n=$ $0,1, \ldots$, we know that $\mu(U) / \operatorname{area}(U)^{t / 2}$ is comparable to $\mu\left(V_{c}\right) / \operatorname{area}\left(V_{c}\right)^{t / 2}$,
where $V_{c}=g^{n}(U)$. Thus,

$$
\sum_{U \in \mathcal{W}_{c}^{n}} \mu(U) \geq C \lambda_{1}^{n}
$$

Letting $n \rightarrow \infty$ implies $\mu(J(f))=\infty$, a contradiction.
Proof of the Main Theorem in the case $J(f)=\overline{\mathbb{C}}$. By the previous proposition, $\delta_{*}(f)=2$. Hence

$$
\delta_{*}(f)=\operatorname{HD}_{\mathrm{hyp}}(f)=2=\overline{\mathrm{BD}}(J(f))
$$

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