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## A distortion theorem for quasiconformal automorphisms of the unit disk

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**Abstract.** We give a distortion theorem for quasiconformal automorphisms of the unit disk and its application to improving some results due to Douady and Earle.

**1. Introduction.** In various estimates connected with the conformally natural quasiconformal extension of a quasisymmetric automorphism f of the unit circle T, as given by Douady and Earle [3], the following distortion problem plays an important role. If f is a K-quasiconformal self-mapping of the unit disk normalized by the condition  $\int_T f(z)|dz| = 0$ , find an estimate r(K) of |f(0)|. We were able to find an estimate r(K) such that  $r(K) \to 0$  as K tends to 1. Consequently, in a simple way, some results due to Douady and Earle [3] could be improved for K near 1.

**2.** Let T be the unit circle. We start with the following

LEMMA. If f is a K-quasiconformal self-mapping of the unit disk D and

(1) 
$$\int_{T} f(z)|dz| = 0$$

then

(2) 
$$|f(0)| \le 2p(K) = \frac{8}{\pi(K+1)} (K2^{7(1-1/K)/2} - 2^{7(1-K)/2})$$

for  $1 \leq K \leq 1.044$  and

(3) 
$$|f(0)| \le 1 - 2(1 + \sqrt{3(4^{3K-2} - 1))^{-1}}$$

for other K.

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Proof. Using the fact that for every arc  $I \subset T$  of length  $|I| = \frac{2}{3}\pi$  we have, by (1),  $|f(I)| \leq \frac{4}{3}\pi$  (cf. [5]), and from the quasi-invariance of the harmonic measure [4], we get the estimate

(4) 
$$|f(0)| \le \frac{1}{2} + \frac{\sqrt{3}}{2} \cot\left(\frac{\pi}{3} + \arccos\Phi_K\left(\frac{\sqrt{3}}{2}\right)\right),$$

where  $\Phi_K = \mu^{-1}(K^{-1}\mu)$  and  $\mu(r)$ , 0 < r < 1, is the module of D slit from 0 to r along the positive real axis [6]. For details cf. [5]. Since  $\Phi_K^2(r) + \Phi_{1/K}^2(\sqrt{1-r^2}) = 1$  for K > 0 and  $0 \le r \le 1$ , as shown in [1], from the inequality [6]

$$\Phi_K(r) \le 4^{1-1/K} r^{1/K}, \quad K \ge 1, \ 0 \le r \le 1,$$

we derive (3) after suitable transformations of (4) for every  $K \ge 1$ . But (3) is not sharp because its r.h.s. tends to 1/2 as  $K \to 1$ . In what follows we are going to replace the r.h.s. in (3) so as to obtain an asymptotically sharp estimate.

Let

$$h_a(z) = \frac{z-a}{1-\overline{a}z}\,, \quad z,a\in D\,,$$

be a Möbius transformation of D. Assume f(0) = a. By the Darboux property there exist  $z_1, z_2 \in T$  such that  $h_a \circ f(z_1) = z_2$  and  $h_a \circ f(-z_1) = -z_2$ . Then the function  $\overline{z}_2 h_a \circ f(z_1 z)$  is a K-quasiconformal self-mapping of D which keeps the points -1, 0, 1 fixed, and due to its Hölder continuity [6], we have

$$16^{1-K}|z-1|^{K} \leq |\overline{z}_{2}h_{a} \circ f(z_{1}z) - 1| \leq 16^{1-1/K}|z-1|^{1/K},$$
  
$$16^{1-K}|z+1|^{K} \leq |\overline{z}_{2}h_{a} \circ f(z_{1}z) + 1| \leq 16^{1-1/K}|z+1|^{1/K},$$

for every  $z \in T$ . Hence

(5) 
$$\frac{1}{2\pi} \int_{T} |h_a \circ f(z) - z_2 \overline{z}_1 z| |dz|$$
  

$$\leq \frac{4}{2\pi} \int_{0}^{\pi/2} \left( 2^{1/K} 16^{1-1/K} \left( \sin \frac{t}{2} \right)^{1/K} \cos \frac{t}{2} - 2^K 16^{1-K} \left( \sin \frac{t}{2} \right)^K \cos \frac{t}{2} \right) dt$$
  

$$= \frac{4}{\pi (K+1)} \left( K 2^{7(1-1/K)/2} - 2^{7(1-K)/2} \right) = p(K).$$

From this and (1) we get

$$|a| = \frac{1}{2\pi} \Big| \int_{T} h_{-a}(z_2 \overline{z}_1 z) |dz| - \int_{T} h_{-a}(h_a \circ f(z)) |dz| \Big|$$

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$$= \frac{1}{2\pi} \left| \int_{T} \frac{(1-|a|^2)(z_2\overline{z}_1z - h_a \circ f(z))}{(1+\overline{a}z_2\overline{z}_1z)(1+\overline{a}h_a \circ f(z))} |dz| \right| \le \frac{1+|a|}{1-|a|} p(K),$$

which implies, in view of (3),

$$|a| \le \frac{1 - p(K) - \sqrt{(1 - p(K))^2 - 4p(K)}}{2} \le 2p(K) < \frac{1}{3},$$

since  $1 \le K \le 1.044$ , and this ends the proof.

**3.** For any automorphism  $\gamma$  of T, as shown by Choquet [2], the mapping

$$D \ni w \mapsto \frac{1}{2\pi} \int_{T} h_z \circ \gamma(u) \operatorname{Re} \frac{u+w}{u-w} |du| \in D$$

is an automorphism of D for any fixed  $z \in D$ . Therefore the equation

(6) 
$$\frac{1}{2\pi} \int_{T} h_{z} \circ \gamma(u) \operatorname{Re} \frac{u+w}{u-w} |du| = 0$$

implicitly defines a function  $w = F_{\gamma}(z)$ . It is quite easy to show that  $F_{\gamma}$  is a real-analytic diffeomorphic self-mapping of D which has a continuous extension to an automorphism  $\gamma^{-1}$  of T, and for any Möbius transformations  $\eta_1, \eta_2$ 

(7) 
$$F_{\eta_1 \circ \gamma \circ \eta_2} = \eta_2^{-1} \circ F_{\gamma} \circ \eta_1^{-1}.$$

For details see [5]. As a matter of fact,  $F_{\gamma}^{-1}$  coincides with the mapping  $E(\gamma)$  found by Douady and Earle [3; Theorem 1], but the construction of  $F_{\gamma}$  is much simpler as compared with that of  $E(\gamma)$ .

Assume that  $\gamma$  admits a K-quasiconformal extension f to D. We shall apply the lemma to estimate the complex dilatation of  $F_{\gamma}$  in D for small K. In view of (7) it is sufficient to do this at the point 0 in the case when  $F_{\gamma}(0) = 0$ . Then by (6)

$$\int_{T} f(u) \left| du \right| = 0 \,,$$

and differentiating both sides of (6) at 0 with respect to z and  $\overline{z}$  we obtain

$$\partial_z F_{\gamma}(0) = \frac{\overline{A} - \overline{C}B}{|A|^2 - |B|^2}, \quad \partial_{\overline{z}} F_{\gamma}(0) = \frac{\overline{A}C - B}{|A|^2 - |B|^2},$$

where

$$A = \frac{1}{2\pi} \int_{T} \overline{u} f(u) |du|, \quad B = \frac{1}{2\pi} \int_{T} u f(u) |du|, \quad C = -\frac{1}{2\pi} \int_{T} f^{2}(u) |du|.$$

Let a = f(0) and let  $z_1, z_2$  be as in the proof of the lemma. Since  $|h_a(u) - u| \le 2|a|$  for every  $u \in T$ , by the lemma and (5) we obtain for  $K \le 1.044$ 

the following estimates:

$$\begin{split} 1 - |A| &\leq \frac{1}{2\pi} \Big| \int_{T} z_{2} \overline{z}_{1} u \overline{u} \, |du| - \int_{T} \overline{u} f(u) \, |du| \Big| \\ &\leq \frac{1}{2\pi} \int_{T} |z_{2} \overline{z}_{1} u - h_{a} \circ f(u)| \, |du| + \frac{1}{2\pi} \int_{T} |h_{a} \circ f(u) - f(u)| \, |du| \\ &\leq p(K) + 2|a| = 5p(K) \,, \\ |B| &= \frac{1}{2\pi} \Big| \int_{T} u f(u) \, |du| - \int_{T} z_{2} \overline{z}_{1} u^{2} \, |du| \Big| \\ &\leq \frac{1}{2\pi} \int_{T} |f(u) - h_{a} \circ f(u)| \, |du| + \frac{1}{2\pi} \int_{T} |h_{a} \circ f(u) - z_{2} \overline{z}_{1} u| \, |du| \\ &\leq p(K) + 2|a| = 5p(K) \,, \\ |C| &= \frac{1}{2\pi} \Big| \int_{T} (z_{2} \overline{z}_{1})^{2} u^{2} \, |du| - \int_{T} f^{2}(u) \, |du| \Big| \\ &\leq \frac{2}{2\pi} \int_{T} |z_{2} \overline{z}_{1} u - h_{a} \circ f(u)| \, |du| + \frac{2}{2\pi} \int_{T} |h_{a} \circ f(u) - f(u)| |du| \\ &\leq 2p(K) + 4|a| \leq 10p(K) \,. \end{split}$$

Hence

$$\begin{aligned} \left| \frac{\partial_{\overline{z}} F_{\gamma}(0)}{\partial_{z} F_{\gamma}(0)} \right| &= \left| \frac{\overline{A}C - B}{\overline{A} - \overline{C}B} \right| \le \frac{|C| + |B|}{1 - |1 - A| - |C||B|} \\ &\le \frac{15p(K)}{1 - 5p(K) - 50p^2(K)} < 1 \end{aligned}$$

if  $K \leq 1.01$ .

Thus, in a simple and short way we have obtained the

THEOREM. If an automorphism  $\gamma$  of T admits a K-quasiconformal extension to D, where  $1 \leq K \leq 1.01$ , then the mappings  $F_{\gamma}$  and  $E(\gamma)$  are  $K^*$ -quasiconformal, where

$$K^* \le 1 + 30p(K)(1 + 116p(K)).$$

What is important, we have obtained an explicit estimate which tends to 1 as  $K \to 1$ . In this sense the above theorem improves the results found by Douady and Earle [3; Corollary 2, Proposition 7]. Using the theory of Teichmüller mappings they have proved that, given  $\epsilon > 0$ , there exists  $\delta > 0$ such that  $K^* \leq K^{3+\epsilon}$  if  $K \leq 1 + \delta$  [3; Corollary 2]. Their explicit estimate [3; Proposition 7] starts from  $4 \cdot 10^8 e^{35}$  for K near 1.

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