

Optimal bound for the discrepancies of lacunary sequences

by

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1. Introduction. The discrepancies of a sequence $\{a_k\}$ of real numbers are defined by

$$D_N\{a_k\} = \sup_{0 \leq a < b < 1} \left| \frac{1}{N} \#\{k \leq N \mid \langle a_k \rangle \in [a, b)\} - (b - a) \right|,$$

$$D_N^*\{a_k\} = \sup_{0 \leq a < 1} \left| \frac{1}{N} \#\{k \leq N \mid \langle a_k \rangle \in [0, a)\} - a \right|,$$

where $\langle x \rangle$ denotes the fractional part $x - [x]$ of x . They are used to measure deviation of the distribution of the fractional parts of a_k from the uniform distribution. One can find a detailed survey on the theory of uniform distribution in [12].

The celebrated Chung–Smirnov Theorem [11, 28] states the following law of the iterated logarithm for a uniformly distributed i.i.d. sequence $\{U_k\}$:

$$\limsup_{N \rightarrow \infty} \frac{ND_N^*\{U_k\}}{\sqrt{2N \log \log N}} = \limsup_{N \rightarrow \infty} \frac{ND_N\{U_k\}}{\sqrt{2N \log \log N}} = \frac{1}{2} \quad \text{a.s.}$$

For a sequence $\{n_k\}$ of positive integers satisfying the Hadamard gap condition

$$(1.1) \quad n_{k+1}/n_k \geq q > 1,$$

Philipp [27] proved the following bounded law of the iterated logarithm by modifying the method due to Takahashi [30]: for almost every x ,

$$\begin{aligned} \frac{1}{4\sqrt{2}} &\leq \limsup_{N \rightarrow \infty} \frac{ND_N^*\{n_k x\}}{\sqrt{2N \log \log N}} \leq \limsup_{N \rightarrow \infty} \frac{ND_N\{n_k x\}}{\sqrt{2N \log \log N}} \\ &\leq \frac{166}{\sqrt{2}} + \frac{664}{\sqrt{2}(q^{1/2} - 1)}. \end{aligned}$$

2010 *Mathematics Subject Classification*: Primary 11A25; Secondary 60F15, 60G50.

Key words and phrases: law of the iterated logarithm, discrepancy, lacunary sequence.

Aistleitner [1] improved the estimates and replaced the lower bound and the upper bound by $1/2 - 8/q^{1/4}$ and $1/2 + 6/q^{1/4}$ when $q \geq 2$.

Recently, it was proved in [13] that these limsups with respect to the sequence $\{\theta^k x\}$ are equal to a constant for almost every x if $\theta > 1$. The constant is equal to the Chung–Smirnov constant $1/2$ when θ is not a power root of a rational number, and is greater than $1/2$ otherwise (cf. [16]). In the latter case, the constant can be concretely evaluated under some arithmetic condition. For example, when $\theta = q \geq 3$ is an odd integer, the constant is equal to $\frac{1}{2}\sqrt{(q+1)/(q-1)}$. Other sequences for which limsups have been concretely calculated can be found in [17–19, 23–25].

Aistleitner [1] gave a nearly optimal Diophantine condition on the sequence $\{n_k\}$ to have the Chung–Smirnov type result below. For positive integers N and d , and for a non-negative integer u , we denote the cardinality of

$$\{(j, j', k, k') \in [1, d]^2 \times [1, N]^2 \mid jn_k - j'n_{k'} = u\} \cap \{(j, j, k, k) \mid j, k \in \mathbb{N}\}^c$$

by $L_{N,d,u}$, and we put $L_{N,d}^* = \sup_{u \in \mathbb{N}} L_{N,d,u}$.

THEOREM 1 (Aistleitner [1]). *Let $\{n_k\}$ be a sequence of positive integers satisfying the Hadamard gap condition (1.1). Suppose that there exists an $\varepsilon > 0$ such that for any $d \in \mathbb{N}$,*

$$L_{N,d,0} \vee L_{N,d}^* = O(N/(\log N)^{1+\varepsilon}).$$

Then

$$\limsup_{N \rightarrow \infty} \frac{ND_N^*\{n_k x\}}{\sqrt{2N \log \log N}} = \limsup_{N \rightarrow \infty} \frac{ND_N\{n_k x\}}{\sqrt{2N \log \log N}} = \frac{1}{2} \quad a.e.$$

As Aistleitner [2, 3] constructed lacunary sequences for which the limsups are not constant a.e., and we can also find related examples in [15, 22], we are interested in giving a condition to have constant limsups. Since all limsups so far determined for lacunary sequences with (1.1) belong to

$$I_q = \left[\frac{1}{2}, \frac{1}{2} \sqrt{\frac{q+1}{q-1}} \right],$$

it is natural to expect the same bound for all lacunary sequences. Now we state our result.

THEOREM 2. *Let $\{n_k\}$ be a sequence of positive integers satisfying the Hadamard gap condition (1.1). Suppose that there exists an $\varepsilon \in (0, 1)$ such*

that for all $d \in \mathbb{N}$,

$$(1.2) \quad L_{N,d}^* = O(N/(\log N)^{1+\varepsilon}).$$

Then there exists a constant $\Sigma_{\{n_k\}}$ such that

$$(1.3) \quad \limsup_{N \rightarrow \infty} \frac{ND_N^*\{n_k x\}}{\sqrt{2N \log \log N}} = \limsup_{N \rightarrow \infty} \frac{ND_N\{n_k x\}}{\sqrt{2N \log \log N}} = \Sigma_{\{n_k\}} \in I_q \quad a.e.$$

Moreover, if we assume

$$(1.4) \quad L_{N,d,0} = o(N) \quad (N \rightarrow \infty)$$

together with (1.2) for all d , then

$$(1.5) \quad \Sigma_{\{n_k\}} = 1/2.$$

The estimate $\Sigma_{\{n_k\}} \in I_q$ in (1.3) is best possible when $q \geq 3$ is odd, since $\Sigma_{\{q^k\}}$ attains its upper bound and $\Sigma_{\{q^{k(k+1)}\}}$ attains its lower bound (see [13, 14]). It is also proved in [20] that the set of constants $\Sigma_{\{q^{m(k)}\}}$ for all subsequences $\{q^{m(k)}\}$ of $\{q^k\}$ coincides with I_q . Note that our condition to have (1.5) is weaker than that in the previous theorem.

At least $L_{N,d,u} = o(N)$ is necessary to have constant limsups, since limsup for star discrepancy is not constant for $\{2^k - 1\}$ and we have $N \ll L_{N,d,u}$ (see [22]). Our condition (1.2) is stronger than this, and it is open if it is necessary or not.

The condition (1.4) is necessary to have (1.5), since we have $\Sigma_{\{q^k\}} > 1/2$ and $L_{N,d,0} \gg N$ in this case.

To end the introduction, we mention a result of [21]. Suppose that $\{n_k\}$ is a sequence of non-zero real numbers such that $\{|n_k|\}$ satisfies the Hadamard gap condition (1.1). Then for any permutation ϖ of \mathbb{N} (i.e. bijection $\mathbb{N} \rightarrow \mathbb{N}$), we have the bounded law of the iterated logarithm for the discrepancies of $\{n_{\varpi(k)}x\}$ with upper bound constant $\frac{1}{2}\sqrt{(q-1+4/\sqrt{3})/(q-1)}$, slightly greater than $\frac{1}{2}\sqrt{(q+1)/(q-1)}$. For other recent developments and studies on permuted sequences, see papers by Aistleitner, Berkes, and Tichy [4–9].

2. Proof. Let $\mathbf{1}_{[a,b]}$ be the indicator function of $[a, b)$, put

$$\tilde{\mathbf{I}}_{[a,b]}(x) = \mathbf{1}_{[a,b]}(\langle x \rangle) - (b - a),$$

and denote by $\tilde{\mathbf{I}}_{[a,b];d}$ the d th subsum of the Fourier series of $\tilde{\mathbf{I}}_{[a,b]}$. Put

$$\rho_{q,d}^2 = \frac{4}{d} \left(\log_q d + \frac{2q-1}{q-1} \right), \quad \tau_{q,d}^2 = \frac{1}{4} \frac{q+1}{q-1} + \frac{1}{2} \rho_{q,d}^2, \quad \zeta_{q,d}^2 = \frac{1}{4} - \frac{1}{2} \rho_{q,d}^2.$$

We first prove the following key inequalities:

$$(2.1) \quad \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b];d}(n_k \cdot) \right\|_2^2 \leq \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[0,b-a];d}(n_k \cdot) \right\|_2^2 + \rho_{q,d}^2 N,$$

$$(2.2) \quad \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b];d}(n_k \cdot) \right\|_2^2 \leq \tau_{q,d}^2 N, \quad \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[0,1/2];d}(n_k \cdot) \right\|_2^2 \geq \zeta_{q,d}^2 N,$$

$$(2.3) \quad \left| \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b];d}(n_k \cdot) \right\|_2^2 - N \|\tilde{\mathbf{1}}_{[a,b];d}\|_2^2 \right| \leq L_{M+N,d,0} - L_{M,d,0}.$$

For $k \leq k'$, by putting $P = n_k/\gcd(n_k, n_{k'})$ and $Q = n_{k'}/\gcd(n_k, n_{k'})$, we have $\int_0^1 \tilde{\mathbf{1}}_{[a,b]}(n_k x) \tilde{\mathbf{1}}_{[a,b]}(n_{k'} x) dx = \int_0^1 \tilde{\mathbf{1}}_{[a,b]}(Px) \tilde{\mathbf{1}}_{[a,b]}(Qx) dx$. For coprime integers P and Q , we have (Lemma 1 of [13])

$$\begin{aligned} \int_0^1 \tilde{\mathbf{1}}_{[a,b]}(Px) \tilde{\mathbf{1}}_{[a,b]}(Qx) dx &= \frac{\tilde{V}(\langle Pa \rangle, \langle Pb \rangle, \langle Qa \rangle, \langle Qb \rangle)}{PQ}, \\ \tilde{V}(\langle Pa \rangle, \langle Pb \rangle, \langle Qa \rangle, \langle Qb \rangle) &\leq \tilde{V}(0, \langle P(a-b) \rangle, 0, \langle Q(a-b) \rangle), \\ 0 \leq \tilde{V}(0, \langle P/2 \rangle, 0, \langle Q/2 \rangle), \end{aligned}$$

where $\tilde{V}(x, y, \xi, \eta) = V(x, \xi) + V(y, \eta) - V(x, \eta) - V(y, \xi) \leq 1/4$ and $V(x, \xi) = x \wedge \xi - x\xi$ for $0 \leq x, y, \xi, \eta < 1$. Hence

$$(2.4) \quad \int_0^1 \tilde{\mathbf{1}}_{[a,b]}(n_k x) \tilde{\mathbf{1}}_{[a,b]}(n_{k'} x) dx \leq \frac{1}{4PQ} \leq \frac{P}{4Q} = \frac{n_k}{4n_{k'}} \leq \frac{1}{4q^{k'-k}},$$

$$(2.5) \quad \int_0^1 \tilde{\mathbf{1}}_{[a,b]}(n_k x) \tilde{\mathbf{1}}_{[a,b]}(n_{k'} x) dx \leq \int_0^1 \tilde{\mathbf{1}}_{[0,b-a]}(n_k x) \tilde{\mathbf{1}}_{[0,b-a]}(n_{k'} x) dx,$$

$$(2.6) \quad \int_0^1 \tilde{\mathbf{1}}_{[0,1/2]}(n_k x) \tilde{\mathbf{1}}_{[0,1/2]}(n_{k'} x) dx \geq 0,$$

$$(2.7) \quad \int_0^1 \tilde{\mathbf{1}}_{[0,1/2]}(n_k x) \tilde{\mathbf{1}}_{[0,1/2]}(n_{k'} x) dx = \tilde{V}(0, 1/2, 0, 1/2) = \frac{1}{4}.$$

Since

$$\left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b]}(n_k \cdot) \right\|_2^2 = \sum^* (2 - \delta_{k,k'}) \int_0^1 \tilde{\mathbf{1}}_{[a,b]}(n_k x) \tilde{\mathbf{1}}_{[a,b]}(n_{k'} x) dx$$

where \sum^* stands for the summation over k and k' satisfying $M + 1 \leq k \leq k' \leq M + N$, by applying (2.4) and $\sum^* (2 - \delta_{k,k'})/4q^{k'-k} \leq N \frac{1}{4} \frac{q+1}{q-1}$, we have

the first inequality of

$$(2.8) \quad \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b]}(n_k \cdot) \right\|_2^2 \leq N \frac{1}{4} \frac{q+1}{q-1}, \quad \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[0,1/2)}(n_k \cdot) \right\|_2^2 \geq \frac{N}{4},$$

while the second follows from (2.6) and (2.7). By (2.5), we can verify

$$(2.9) \quad \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b]}(n_k \cdot) \right\|_2^2 \leq \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[0,b-a)}(n_k \cdot) \right\|_2^2.$$

From $\int_0^1 \tilde{\mathbf{1}}_{[a,b);d}(Px) \tilde{\mathbf{1}}_{[a,b);d}(Qx) dx = \int_0^1 \tilde{\mathbf{1}}_{[a,b);d}(Px) \tilde{\mathbf{1}}_{[a,b)}(Qx) dx$, we have

$$\begin{aligned} h_{k,k'} &:= \left| \int_0^1 \tilde{\mathbf{1}}_{[a,b)}(n_k x) \tilde{\mathbf{1}}_{[a,b)}(n_{k'} x) dx - \int_0^1 \tilde{\mathbf{1}}_{[a,b);d}(n_k x) \tilde{\mathbf{1}}_{[a,b);d}(n_{k'} x) dx \right| \\ &= \left| \int_0^1 (\tilde{\mathbf{1}}_{[a,b)} - \tilde{\mathbf{1}}_{[a,b);d})(Px) \tilde{\mathbf{1}}_{[a,b)}(Qx) dx \right| \leq \sum_{|\lambda| \geq d/Q} |\widehat{\tilde{\mathbf{1}}_{[a,b)}(Q\lambda)} \widehat{\tilde{\mathbf{1}}_{[a,b)}(-P\lambda)}| \\ &\leq \frac{2}{\pi^2 PQ} \sum_{\lambda \geq d/Q} \frac{1}{\lambda^2} \leq \frac{2}{\pi^2 PQ} \left(2 \wedge \frac{2Q}{d} \right) \leq \frac{P}{Q} \wedge \frac{1}{d} = \frac{n_k}{n_{k'}} \wedge \frac{1}{d} \leq \frac{1}{q^{k'-k}} \wedge \frac{1}{d}. \end{aligned}$$

Here we used $|\widehat{\tilde{\mathbf{1}}_{[a,b)}(j)}| \leq 1/\pi|j|$. Hence

$$\begin{aligned} \left| \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b);d}(n_k \cdot) \right\|_2^2 - \left\| \sum_{k=M+1}^{M+N} \tilde{\mathbf{1}}_{[a,b)}(n_k \cdot) \right\|_2^2 \right| &\leq 2 \sum^* h_{k,k'} \\ &\leq 2 \sum^* \frac{1}{q^{k'-k}} \wedge \frac{1}{d} \leq 2N \sum_{l=0}^{\infty} \frac{1}{q^l} \wedge \frac{1}{d} = 2N \left(\frac{l_0+1}{d} + q^{-(l_0+1)} \frac{q}{q-1} \right) \\ &\leq 2N \left(\frac{\log_q d+1}{d} + \frac{1}{d} \frac{q}{q-1} \right) \leq \frac{\rho_{q,d}^2}{2} N, \end{aligned}$$

where l_0 is the largest integer satisfying $q^{-l_0} \geq 1/d$. By combining this with (2.8), we have (2.2), and with (2.9), we obtain (2.1). By summing

$$\begin{aligned} \left| \int_0^1 \tilde{\mathbf{1}}_{[a,b);d}(n_k x) \tilde{\mathbf{1}}_{[a,b);d}(n_{k'} x) dx \right| &\leq \sum_{0 < |j| \leq d} \sum_{0 < |j'| \leq d} |\widehat{\tilde{\mathbf{1}}_{[a,b);d}(j)} \widehat{\tilde{\mathbf{1}}_{[a,b);d}(j')}| \delta_{jn_k + j'n_{k'}, 0} \\ &\leq \frac{2}{\pi^2} \sum_{j=1}^d \sum_{j'=1}^d \delta_{jn_k - j'n_{k'}, 0} \end{aligned}$$

over $M+1 \leq k' < k \leq M+N$, we see that the left hand side of (2.3) is bounded by $\#\{(j, j', k, k') \in [1, d]^2 \times [M+1, M+N]^2 \mid jn_k - j'n_{k'} = 0, k < k'\} \leq L_{M+N,d,0} - L_{M,d,0}$.

Now we use a method of martingale approximation, which is a slight modification of the proof given in [1] and originated in Berkes–Philipp [10]. We regard $[0, 1)$ equipped with the Borel field and the Lebesgue measure as a probability space.

First we recall two lemmas. The proofs can be found in [10], [13].

LEMMA 3. *If g is a bounded measurable function with period 1 satisfying $\int_0^1 g = 0$, then*

$$\left| \int_a^b g(\lambda x) dx \right| \leq \|g\|_\infty / \lambda \quad \text{for all } a < b \text{ and } \lambda > 0.$$

LEMMA 4. *Let g be a trigonometric polynomial with period 1 and degree d satisfying $\int_0^1 g = 0$. There exists a constant C_q depending only on q such that, for any sequence $\{n_k\}$ of positive integers satisfying the Hadamard gap condition (1.1),*

$$\int_0^1 \left(\sum_{k=M+1}^{M+N} g(n_k x) \right)^4 dx \leq C_q \left(\sum_{|\nu| \leq d} |\widehat{g}(\nu)| \right)^4 N^2.$$

Let us divide \mathbb{N} into consecutive blocks $\Delta'_1, \Delta_1, \Delta'_2, \Delta_2, \dots$ satisfying $\#\Delta'_i = \lceil 1 + 9 \log_q i \rceil$ and $\#\Delta_i = i$. Denote $i^- = \min \Delta_i$, $i^+ = \max \Delta_i$, and $l_M = \#\Delta_1 + \dots + \#\Delta_M$. We have $M^- \sim M^+ \sim l_M = M(M+1)/2 \ll M^2$ and $n_{i^-} / n_{(i-1)^+} \geq q^{9 \log_q i} = i^9$. Put

$$\begin{aligned} \mu(i) &= \lceil \log_2 i^4 n_{i^+} \rceil + 1, \\ \mathcal{F}_i &= \sigma\{j2^{-\mu(i)}, (j+1)2^{-\mu(i)} \mid j = 0, \dots, 2^{\mu(i)} - 1\}. \end{aligned}$$

Note that $i^4 n_{i^+} \leq 2^{\mu(i)} \leq 2i^4 n_{i^+}$. Denote $\widetilde{\mathbf{1}}_{[a,b];d}$ by f and put

$$T_i(x) = \sum_{k \in \Delta_i} f(n_k x), \quad T'_i(x) = \sum_{k \in \Delta'_i} f(n_k x), \quad Y_i = E(T_i \mid \mathcal{F}_i) - E(T_i \mid \mathcal{F}_{i-1}).$$

We also denote T_i and Y_i by $T_{[a,b];d;i}$ and $Y_{[a,b];d;i}$ to specify the parameters $[a, b)$ and d . Clearly $\{Y_i, \mathcal{F}_i\}$ forms a martingale difference sequence.

Let us prove

$$(2.10) \quad \|Y_i - T_i\|_\infty \ll 1/i^3,$$

$$(2.11) \quad \|Y_i^2 - T_i^2\|_\infty \ll 1/i^2,$$

$$(2.12) \quad \|Y_i^4 - T_i^4\|_\infty \ll 1.$$

Here and later, the constants implied by \ll and O depend only on a, b , and d .

Suppose that $k \in \Delta_i$ and $x \in I = [j2^{-\mu(i)}, (j+1)2^{-\mu(i)}) \in \mathcal{F}_i$. In this case we have

$$\begin{aligned}
 |f(n_k x) - E(f(n_k \cdot) | \mathcal{F}_i)| &= |I|^{-1} \left| \int_I (f(n_k x) - f(n_k y)) dy \right| \\
 &\leq \max_{y \in I} |f(n_k x) - f(n_k y)| \\
 &\leq \|f'\|_\infty n_k 2^{-\mu(i)} \leq \|f'\|_\infty n_k / i^4 n_{i+} \leq \|f'\|_\infty / i^4.
 \end{aligned}$$

Hence $|T_i - E(T_i | \mathcal{F}_i)| \leq \|f'\|_\infty \#\Delta_i / i^4 = \|f'\|_\infty / i^3$. Take $J = [j2^{-\mu(i-1)}, (j+1)2^{-\mu(i-1)}) \in \mathcal{F}_{i-1}$. Then by applying Lemma 3, we have

$$\begin{aligned}
 |E(f(n_k \cdot) | \mathcal{F}_{i-1})| &= |J|^{-1} \left| \int_J f(n_k y) dy \right| \leq \|f\|_\infty 2^{\mu(i-1)} / n_k \\
 &\leq \|f\|_\infty 2(i-1)^4 n_{(i-1)+} / n_{i-} \leq 2\|f\|_\infty / i^5.
 \end{aligned}$$

Therefore $|E(T_i | \mathcal{F}_{i-1})| \leq 2\|f\|_\infty \#\Delta_i / i^5 = 2\|f\|_\infty / i^4$, and (2.10) is proved.

From $\|T_i\|_\infty \leq i\|f\|_\infty$, we have $\|E(T_i | \mathcal{F}_i)\|_\infty, \|E(T_i | \mathcal{F}_{i-1})\|_\infty \leq i\|f\|_\infty$. Hence $\|Y_i\|_\infty \leq 2i\|f\|_\infty, \|Y_i + T_i\|_\infty \leq 3i\|f\|_\infty, \|Y_i^2 + T_i^2\|_\infty \leq 5i^2\|f\|_\infty^2$. Because $\|Y_i^2 - T_i^2\|_\infty \leq \|Y_i - T_i\|_\infty \|Y_i + T_i\|_\infty$ and $\|Y_i^4 - T_i^4\|_\infty \leq \|Y_i^2 - T_i^2\|_\infty \|Y_i^2 + T_i^2\|_\infty$, we obtain (2.11) and (2.12).

Put $\tilde{\mathbf{I}}_{[a,b];d} = \sum_{j=1}^d (a_j \cos 2\pi jx + b_j \sin 2\pi jx), v_i = v_{[a,b];d;i} = \int_0^1 T_{[a,b];d;i}^2, \beta_M = \beta_{[a,b];d;M} = v_{[a,b];d;1} + \dots + v_{[a,b];d;M}$, and $V_M = \sum_{i=1}^M E(Y_i^2 | \mathcal{F}_{i-1})$. Set

$$\begin{aligned}
 \Phi_i &= \{(k, k', j, j', \varsigma) \mid k, k' \in \Delta_i, j, j' = 1, \dots, d, \varsigma = +1, -1\}, \\
 \Phi_i^v &= \{(k, k', j, j', \varsigma) \in \Phi_i \mid jn_k + \varsigma j' n_{k'} = 0\}, \\
 \Phi_i^U &= \{(k, k', j, j', \varsigma) \in \Phi_i \mid 0 < |jn_k + \varsigma j' n_{k'}| < n_{(i-1)+}\}, \\
 \Phi_i^W &= \{(k, k', j, j', \varsigma) \in \Phi_i \mid n_{(i-1)+} \leq |jn_k + \varsigma j' n_{k'}| < n_{i-}\}, \\
 \Phi_i^R &= \{(k, k', j, j', \varsigma) \in \Phi_i \mid n_{i-} \leq |jn_k + \varsigma j' n_{k'}|\}.
 \end{aligned}$$

For $\Psi \subset \Phi_i$, denote $\chi(\Psi) = \sum_{(k,k',j,j',\varsigma) \in \Psi} A_{k,k',j,j',\varsigma}$, where

$$\begin{aligned}
 2A_{k,k',j,j',\varsigma}(x) &= (a_j a_{j'} - \varsigma b_j b_{j'}) \cos 2\pi(jn_k + \varsigma j' n_{k'})x \\
 &\quad + (\varsigma a_j b_{j'} + b_j a_{j'}) \sin 2\pi(jn_k + \varsigma j' n_{k'})x.
 \end{aligned}$$

We see $T_{[a,b];d;i}^2(x) = \chi(\Phi_i)$ and $v_{[a,b];d;i} = \chi(\Phi_i^v)$. Let $U_i = \chi(\Phi_i^U), W_i = \chi(\Phi_i^W)$, and $R_i = \chi(\Phi_i^R)$. We can express Φ_i as a disjoint union $\Phi_i^v \cup \Phi_i^U \cup \Phi_i^W \cup \Phi_i^R$ and hence $T_i^2 = v_i + U_i + W_i + R_i$. We prove

$$\begin{aligned}
 (2.13) \quad \|V_M - \beta_M\|_2 &\leq \left\| \sum_{i=1}^M E(Y_i^2 - T_i^2 | \mathcal{F}_{i-1}) \right\|_2 + \left\| \sum_{i=1}^M E(U_i | \mathcal{F}_{i-1}) \right\|_2 \\
 &\quad + \left\| \sum_{i=1}^M E(W_i | \mathcal{F}_{i-1}) \right\|_2 + \left\| \sum_{i=1}^M E(R_i | \mathcal{F}_{i-1}) \right\|_2 \ll M^2 (\log M)^{-(1+\varepsilon)/2},
 \end{aligned}$$

where the first inequality is due to $Y_i^2 - v_i = (Y_i^2 - T_i^2) + U_i + W_i + R_i$.

By (2.11) we see $\|\sum_{i=1}^M E(Y_i^2 - T_i^2 | \mathcal{F}_{i-1})\|_2 = O(1)$.

From $\#\Phi_i^R \leq \#\Phi_i \leq 2d^2i^2$, $|a_j a_{j'} - \zeta b_j b_{j'}|/2 \leq 1$, and $|\zeta a_j b_{j'} + b_j a_{j'}|/2 \leq 1$, we obtain

$$|E(R_i | \mathcal{F}_{i-1})| \leq 4d^2i^2 2^{\mu(i-1)} / n_{i-} \leq 8d^2/i^3$$

and $\|\sum_{i=1}^M E(R_i | \mathcal{F}_{i-1})\|_2 = O(1)$.

Let $k, k' \in \Delta_i$, $j, j' = 1, \dots, d$. Since $j n_k + j' n_{k'} \geq 2n_{i-}$, we have $(k, k', j, j', +1) \notin \Phi_i^U \cup \Phi_i^W$. If $k \leq k'$ and $n_{k'} > (d+1)n_k$, then $j n_k - j' n_{k'} \leq d n_k - (d+1)n_k \leq -n_{i-}$. Hence $|j n_k - j' n_{k'}| < n_{i-}$ implies $q^{k'-k} \leq n_{k'}/n_k \leq d+1$, that is, $k' - k \leq \log_q(d+1)$. Therefore, if we fix k, j and j' , then the number of k' such that $k \leq k'$ and $|j n_k - j' n_{k'}| < n_{i-}$ is at most $\log_q(d+1) + 1$. Therefore $\#(\Phi_i^U \cup \Phi_i^W) \leq 2d^2(\log_q(d+1) + 1)i$ and

$$(2.14) \quad \|U_i\|_\infty \ll i, \quad \|W_i\|_\infty \ll i.$$

Hence $|E(W_i | \mathcal{F}_{i-1})| \leq \|W_i\|_\infty \ll i$ and $\|\sum_{i=1}^M E(W_i | \mathcal{F}_{i-1})^2\|_\infty \ll M^3$. If $i < i'$, then

$$\begin{aligned} E(E(W_i | \mathcal{F}_{i-1})E(W_{i'} | \mathcal{F}_{i'-1}) | \mathcal{F}_{i-1}) &= E(W_i | \mathcal{F}_{i-1})E(W_{i'} | \mathcal{F}_{i-1}) \\ &= O(i)E(W_{i'} | \mathcal{F}_{i-1}) \end{aligned}$$

and $|E(E(W_i | \mathcal{F}_{i-1})E(W_{i'} | \mathcal{F}_{i'-1}))| \ll iE|E(W_{i'} | \mathcal{F}_{i-1})|$.

Since we can write

$$W_{i'}(x) = \sum_{u=n_{(i'-1)+}}^{n_{(i')-}} (c_u \cos 2\pi ux + d_u \sin 2\pi ux) \quad \text{with} \quad \sum_{u=n_{(i'-1)+}}^{n_{(i')-}} (|c_u| + |d_u|) \ll i',$$

by Lemma 3 we obtain

$$\begin{aligned} |E(W_{i'} | \mathcal{F}_{i-1})| &\leq \sum_u (|c_u| + |d_u|) 2^{\mu(i-1)} / u \\ &\ll i' i^4 n_{(i-1)+} / n_{(i'-1)+} \ll i'^5 q^{(i-1)^+ - (i'-1)^+} \ll i'^5 q^{-i'}. \end{aligned}$$

Hence

$$\sum_{i < i'} |E(E(W_i | \mathcal{F}_{i-1})E(W_{i'} | \mathcal{F}_{i'-1}))| \ll \sum_{i < i'} i i'^5 q^{-i'} \ll \sum_{i'} i'^7 q^{-i'} \ll 1.$$

These imply $E(\sum_{i=1}^M E(W_i | \mathcal{F}_{i-1}))^2 \ll M^3$.

Since we can write

$$U_i(x) = \sum_{u=1}^{n_{(i-1)+}} (c'_u \cos 2\pi ux + d'_u \sin 2\pi ux) \quad \text{with} \quad \sum_{u=1}^{n_{(i-1)+}} (|c'_u| + |d'_u|) \ll i,$$

from $|E(\cos 2\pi u \cdot | \mathcal{F}_{i-1}) - \cos 2\pi ux| \leq 2\pi u 2^{-\mu(i-1)} \ll n_{(i-1)+} / i^4 n_{(i-1)+} \ll$

$1/i^4$ and $|E(\sin 2\pi u \cdot | \mathcal{F}_{i-1}) - \sin 2\pi ux| \ll 1/i^4$, we have

$$\left| \sum_{i=1}^M E(U_i | \mathcal{F}_{i-1}) - \sum_{i=1}^M U_i \right| \ll \sum_{i=1}^M \sum_{u=1}^{n_{(i-1)^+}} (|c'_u| + |d''_u|)/i^4 \ll \sum_{i=1}^M \frac{1}{i^3} \ll 1.$$

We can write

$$\sum_{i=1}^M U_i(x) = \sum_{u=1}^{n_{(M-1)^+}} (c''_u \cos 2\pi ux + d''_u \sin 2\pi ux) \text{ with } \sum_{u=1}^{n_{(M-1)^+}} (|c''_u| + |d''_u|) \ll M^2,$$

and by (1.2) we have $|c''_u|, |d''_u| \leq L_{M^+,d,u} \leq L^*_{M^+,d} \ll M^2/(\log M)^{1+\varepsilon}$. Hence

$$\begin{aligned} \left\| \sum_{i=1}^M U_i \right\|_2^2 &= \sum_{u=1}^{n_{(M-1)^+}} \frac{(c''_u)^2 + (d''_u)^2}{2} \ll \frac{M^2}{(\log M)^{1+\varepsilon}} \sum_{u=1}^{n_{(M-1)^+}} (|c''_u| + |d''_u|) \\ &\ll \frac{M^4}{(\log M)^{1+\varepsilon}}, \end{aligned}$$

and $\| \sum_{i=1}^M E(U_i | \mathcal{F}_{i-1}) \|_2 \ll M^2(\log M)^{-(1+\varepsilon)/2}$. Hence we obtain (2.13).

We choose another probability space on which a sequence $\{U, \xi_1, \xi_2, \dots\}$ of independent random variables satisfying $P(\xi_k = 1) = P(\xi_k = -1) = 1/2$ and $P(U \in A) = |A \cap [0, 1]|$ is defined. We take the product of $[0, 1)$ on which $\{Y_i\}$ is defined and this new probability space, and regard Y_i, U , and $\Xi_i = \sum_{k \in \Delta_i} \xi_k$ as random variables on this product probability space. Take $m \in \mathbb{N}$ and define a martingale difference sequence $\{\widehat{Y}_i, \widehat{\mathcal{F}}_i\}$ on this space by putting $\widehat{\mathcal{F}}_i = \mathcal{F}_i \otimes \sigma\{\Xi_1, \dots, \Xi_i\}$,

$$\widehat{Y}_i = \widehat{Y}_{[a,b];d;m;i} = Y_{[a,b];d;m;i} + \frac{1}{m} \Xi_i, \quad \widehat{\beta}_M = \widehat{\beta}_{[a,b];d;m;M} = \beta_{[a,b];d;M} + \frac{1}{m^2} l_M.$$

By Lemma 4 and (2.12), we have $\|\widehat{Y}_i\|_4 \leq \|Y_i\|_4 + \|\Xi_i\|_4 = \|T_i\|_4 + \|\Xi_i\|_4 + O(1) \ll i^{1/2}$, so $E\widehat{Y}_i^4 \ll i^2$. We have $E(\widehat{Y}_i^2 | \widehat{\mathcal{F}}_{i-1}) = E(Y_i^2 | \mathcal{F}_{i-1}) + m^{-2}i$ and hence

$$\widehat{V}_M := \sum_{i=1}^M E(\widehat{Y}_i^2 | \widehat{\mathcal{F}}_{i-1}) = V_M + \frac{1}{m^2} l_M \geq \frac{1}{m^2} l_M$$

and $\|\widehat{V}_M - \widehat{\beta}_M\|_2 \ll M^2(\log M)^{-(1+\varepsilon)/2}$. We now prove

$$(2.15) \quad \widehat{V}_M = \widehat{\beta}_M + o(\widehat{\beta}_M(\log \widehat{\beta}_M)^{-\varepsilon/4}) \quad \text{a.s.}$$

Note that $v_i \ll i$ by (2.2), so $\beta_M \ll M^2$, and hence $M^2 \ll \widehat{\beta}_M \ll M^2$. We also have $\beta_{M'} - \beta_M = \sum_{i=M+1}^{M'} v_i \ll M'(M' - M)$ and $\widehat{\beta}_{M'} - \widehat{\beta}_M \ll M'(M' - M)$. Put $\alpha = 1 - \varepsilon/2 + \varepsilon^2/4 < 1$ and $M_l = \lfloor 2^{l^\alpha} \rfloor$. We have $(1 + \varepsilon/2)\alpha > 1$, $(\alpha - 1)/\alpha < \alpha - 1 < -\varepsilon/4$, and

$$M_{l+1}/M_l \sim 2^{\alpha l^{\alpha-1}} = 1 + O(l^{\alpha-1}) = 1 + O((\log M_l)^{(\alpha-1)/\alpha}) = 1 + o((\log M_l)^{-\varepsilon/4}),$$

so $M_{l+1} - M_l = o(M_l(\log M_l)^{-\varepsilon/4})$. Hence

$$\begin{aligned} 0 &\leq \widehat{\beta}_{M_{l+1}} - \widehat{\beta}_{M_l} \ll M_{l+1}(M_{l+1} - M_l) \\ &= o(M_l^2(\log M_l)^{-\varepsilon/4}) = o(\widehat{\beta}_{M_l}(\log \widehat{\beta}_{M_l})^{-\varepsilon/4}), \end{aligned}$$

that is, $\widehat{\beta}_{M_{l+1}}/\widehat{\beta}_{M_l} = 1 + o((\log M_l)^{-\varepsilon/4})$. Therefore

$$\sum_{l=1}^{\infty} E\left(\frac{\widehat{V}_{M_l} - \widehat{\beta}_{M_l}}{\widehat{\beta}_{M_l}(\log \widehat{\beta}_{M_l})^{-\varepsilon/4}}\right)^2 \ll \sum_{l=1}^{\infty} (\log M_l)^{-1-\varepsilon/2} \ll \sum_{l=1}^{\infty} l^{-\alpha(1+\varepsilon/2)} < \infty.$$

By Beppo Levi’s theorem, we have $(\widehat{V}_{M_l} - \widehat{\beta}_{M_l})/\widehat{\beta}_{M_l}(\log \widehat{\beta}_{M_l})^{-\varepsilon/4} \rightarrow 0$ a.s., so $\widehat{V}_{M_l} - \widehat{\beta}_{M_l} = o(\widehat{\beta}_{M_l}(\log \widehat{\beta}_{M_l})^{-\varepsilon/4})$ a.s.

If $M_l \leq M < M_{l+1}$, then

$$(\widehat{V}_{M_l} - \widehat{\beta}_{M_l}) + (\widehat{\beta}_{M_l} - \widehat{\beta}_{M_{l+1}}) \leq \widehat{V}_M - \widehat{\beta}_M \leq (\widehat{V}_{M_{l+1}} - \widehat{\beta}_{M_{l+1}}) + (\widehat{\beta}_{M_{l+1}} - \widehat{\beta}_{M_l})$$

and hence we have (2.15).

Now we use the following theorem by Monrad–Philipp [26] which is a modification of Strassen’s theorem [29].

THEOREM 5. *Let $\{\widehat{Y}_i, \widehat{\mathcal{F}}_i\}$ be a square integrable martingale difference satisfying*

$$\widehat{V}_M = \sum_{i=1}^M E(\widehat{Y}_i^2 | \widehat{\mathcal{F}}_{i-1}) \rightarrow \infty \text{ a.s. and } \sum_{i=1}^{\infty} E(\widehat{Y}_i^2 \mathbf{1}_{\{\widehat{Y}_i^2 \geq \psi(\widehat{V}_i)\}} / \psi(\widehat{V}_i)) < \infty$$

for some non-decreasing ψ such that $\psi(\infty) = \infty$ and $\psi(x)(\log x)^\alpha/x$ is non-increasing for some $\alpha > 50$. If there exists a uniformly distributed random variable U which is independent of $\{\widehat{Y}_n\}$, then there exists a standard normal i.i.d. sequence $\{Z_i\}$ such that

$$\sum_{i \geq 1} \widehat{Y}_i \mathbf{1}_{\{\widehat{V}_i \leq t\}} = \sum_{i \leq t} Z_i + o(t^{1/2}(\psi(t)/t)^{1/50}) \quad (t \rightarrow \infty) \quad \text{a.s.}$$

Put $\psi(x) = x/(\log x)^{51}$. We can verify $\widehat{V}_M \geq m^{-2}l_M \rightarrow \infty$, and

$$\sum E(\widehat{Y}_i^2 \mathbf{1}_{\{\widehat{Y}_i^2 \geq \psi(\widehat{V}_i)\}} / \psi(\widehat{V}_i)) \leq \sum \frac{E\widehat{Y}_i^4}{\psi^2(m^{-2}l_i)} \ll \sum i^2(\log l_i)^{102}/l_i^2 < \infty.$$

Hence $\sum_{i=1}^M \widehat{Y}_i = \sum_{i \leq \widehat{V}_M} Z_i + o(\widehat{V}_M^{1/2}(\log \widehat{V}_M)^{-51/50})$ a.s. From (2.15) and

$$\sup_{0 \leq |s| \leq t(\log t)^{-\varepsilon/4}} |W_{t+s} - W_t| = O(t^{1/2}(\log t)^{-\varepsilon/8}(\log \log t)^{1/2}),$$

where $\{W_t\}$ is the Wiener process, we have

$$\sum_{i=1}^M \widehat{Y}_i = \sum_{i \leq \widehat{\beta}_M} Z_i + O(\widehat{\beta}_M^{1/2}(\log \widehat{\beta}_M)^{-\varepsilon/9}) \quad \text{a.s.}$$

Hence by denoting $\phi(x) = \sqrt{2x \log \log x}$ and by applying the 0-1 law, we see that there exists a constant $C_{[a,b];d;m}$ such that

$$(2.16) \quad \limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{i=1}^M \widehat{Y}_{[a,b];d;m;i} \right| = \limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{i \leq \widehat{\beta}_{[a,b];d;m;M}} Z_i \right| = C_{[a,b];d;m}$$

almost surely. Now we apply the following lemma with $\bar{v}_i = v_{[a,b];d;i} + i/m^2$, $\bar{v}'_i = v_{[0,b-a];d;i} + i/m^2$, $\bar{\beta}_M = \widehat{\beta}_{[a,b];d;M}$ and $\bar{\beta}'_M = \widehat{\beta}_{[0,b-a];d;M}$.

LEMMA 6. *Let $\{Z_k\}$ and $\{Z'_k\}$ be standard normal i.i.d. sequences. Suppose that $\{\bar{v}_k\}$ and $\{\bar{v}'_k\}$ are sequences of positive numbers satisfying $c_1 i \leq \bar{v}_i \leq c_2 i$, $d_1 i \leq \bar{v}'_i \leq d_2 i$, and $\bar{v}_i \leq \bar{v}'_i + \gamma$ for some $0 < c_1 < c_2 < \infty$, $0 < d_1 < d_2 < \infty$, and $0 < \gamma < \infty$. Put $\bar{\beta}_M = \bar{v}_1 + \dots + \bar{v}_M$ and $\bar{\beta}'_M = \bar{v}'_1 + \dots + \bar{v}'_M$. Then*

$$\begin{aligned} \sqrt{c_1} &\leq \limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{k \leq \bar{\beta}_M} Z_k \right| \leq \limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{k \leq \bar{\beta}'_M} Z'_k \right| + \sqrt{\gamma} \\ &\leq \sqrt{d_2} + \sqrt{\gamma} \quad \text{a.s.} \end{aligned}$$

By using conditions (2.1) and (2.2), we can verify the conditions of the lemma for $c_1 = d_1 = 1/m^2$, $c_2 = d_2 = \tau_{q,d}^2 + 1/m^2$, and $\gamma = \rho_{q,d}^2$, and we have

$$C_{[a,b];d;m} \leq C_{[0,b-a];d;m} + \rho_{q,d} \leq (\tau_{q,d}^2 + 1/m^2)^{1/2} + \rho_{q,d}.$$

Putting $\bar{v}_i = \bar{v}'_i = v_{[0,1/2];d;i} + i/m^2$ and $c_1 = c_2 = \zeta_{q,d}^2$, and d_1, d_2 as before, we obtain

$$C_{[0,1/2];d;m} \geq \zeta_{q,d}.$$

From

$$\left| \frac{1}{\phi(l_M)} \left| \sum_{i=1}^M Y_{[a,b];d;i} \right| - \frac{1}{\phi(l_M)} \left| \sum_{i=1}^M \widehat{Y}_{[a,b];d;m;i} \right| \right| \leq \frac{1}{m\phi(l_M)} \left| \sum_{i=1}^M \varepsilon_i \right|,$$

we have

$$\left| \limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{i=1}^M Y_{[a,b];d;i} \right| - C_{[a,b];d;m} \right| \leq \frac{1}{m} \quad \text{a.s.}$$

Hence $C_{[a,b];d} = \lim_{m \rightarrow \infty} C_{[a,b];d;m}$ is a constant satisfying

$$(2.17) \quad \limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{i=1}^M Y_{[a,b];d;i} \right| = C_{[a,b];d} \quad \text{a.s.,}$$

and

$$C_{[a,b];d} \leq C_{[0,b-a];d} + \rho_{q,d} \leq \tau_{q,d} + \rho_{q,d}, \quad C_{[0,1/2];d} \geq \zeta_{q,d}.$$

Since Y_i is a function of x , by applying Fubini's theorem, we see that equality in (2.17) holds on $[0, 1)$ and we can replace a.s. in (2.17) by a.e. By (2.10), we have $|\sum_{i=1}^M Y_{[a,b];d;i}| = |\sum_{i=1}^M T_{[a,b];d;i}| + O(1)$ and

$$\limsup_{M \rightarrow \infty} \frac{1}{\phi(l_M)} \left| \sum_{i=1}^M T_{[a,b];d;i} \right| = C_{[a,b];d} \quad \text{a.e.}$$

Because $\#\Delta'_1 + \dots + \#\Delta'_M \ll M \log M$ and $l_M \sim M^+$, by applying the law of the iterated logarithm for lacunary trigonometric series, we have

$$\left| \sum_{i=1}^M T'_{[a,b];d;i} \right| \ll \sqrt{M \log M \log \log(M \log M)} = o(\phi(M^+)).$$

Therefore,

$$\limsup_{M \rightarrow \infty} \frac{1}{\phi(M^+)} \left| \sum_{i=1}^M (T_{[a,b];d;i} + T'_{[a,b];d;i}) \right| = C_{[a,b];d} \quad \text{a.e.}$$

By noting $(M - 1)^+ \sim M^+$ and $\max_{j=(M-1)^++1}^{M^+} |\sum_{k=(M-1)^++1}^j \tilde{\mathbf{1}}_{[a,b];d}| \ll M = o(\phi(M^+))$, we have

$$\limsup_{N \rightarrow \infty} \frac{1}{\phi(N)} \left| \sum_{k=1}^N \tilde{\mathbf{1}}_{[a,b];d}(n_k x) \right| = C_{[a,b];d} \quad \text{a.e.}$$

Now we apply the following proposition, essentially proved in [13]. The proof of the first part can be found in [16], and the full proof in [21].

PROPOSITION 7. *Let $\{n_k\}$ be a sequence of positive numbers satisfying the Hadamard gap condition. Then for any dense countable set $S \subset [0, 1)$, we have*

$$(2.18) \quad \limsup_{N \rightarrow \infty} \frac{ND_N\{n_k x\}}{\sqrt{2N \log \log N}} = \sup_{S \ni a < b \in S} \limsup_{N \rightarrow \infty} \frac{1}{\phi(N)} \left| \sum_{k=1}^N \tilde{\mathbf{1}}_{[a,b]}(n_k x) \right|,$$

$$\limsup_{N \rightarrow \infty} \frac{ND_N^*\{n_k x\}}{\sqrt{2N \log \log N}} = \sup_{a \in S} \limsup_{N \rightarrow \infty} \frac{1}{\phi(N)} \left| \sum_{k=1}^N \tilde{\mathbf{1}}_{[0,a]}(n_k x) \right|,$$

and

$$(2.19) \quad \limsup_{N \rightarrow \infty} \frac{1}{\phi(N)} \left| \sum_{k=1}^N \tilde{\mathbf{1}}_{[a,b]}(n_k x) \right| = \lim_{d \rightarrow \infty} \limsup_{N \rightarrow \infty} \frac{1}{\phi(N)} \left| \sum_{k=1}^N \tilde{\mathbf{1}}_{[a,b];d}(n_k x) \right|,$$

for almost every $x \in \mathbb{R}$.

Put $S = [0, 1) \cap \mathbb{Q}$. By applying (2.19), we have

$$\limsup_{N \rightarrow \infty} \frac{1}{\phi(N)} \left| \sum_{k=1}^N \tilde{\mathbf{1}}_{[a,b]}(n_k x) \right| = C_{[a,b]} := \lim_{d \rightarrow \infty} C_{[a,b];d} \quad \text{a.e.,}$$

where $C_{[a,b]} \leq C_{[0,b-a]} \leq \frac{1}{2} \sqrt{(q+1)/(q-1)}$, and $1/2 \leq C_{[0,1/2]}$. By (2.18), we have (1.3).

Suppose that the condition (1.4) is assumed. By (2.3) we obtain

$$\begin{aligned} \beta_{[a,b];d;M} &= \sum_{i=1}^M ET_{[a,b];d;i}^2 = \|\tilde{\mathbf{1}}_{[a,b];d}\|_2^2 l_M + O(L_{M+,d,0}) \\ &= \|\tilde{\mathbf{1}}_{[a,b];d}\|_2^2 l_M + o(l_M), \end{aligned}$$

and so $\widehat{\beta}_{[a,b];d;m;M} \sim (\|\tilde{\mathbf{1}}_{[a,b];d}\|_2^2 + 1/m^2)l_M$. Hence, by (2.16) we directly have

$$\begin{aligned} C_{[a,b];d;m} &= \limsup_{M \rightarrow \infty} \frac{\phi(\widehat{\beta}_{[a,b];d;m;M})}{\phi(l_M)} \frac{1}{\phi(\widehat{\beta}_{[a,b];d;m;M})} \left| \sum_{i=1}^{[\widehat{\beta}_{[a,b];d;m;M}]} Z_i \right| \\ &= \sqrt{\|\tilde{\mathbf{1}}_{[a,b];d}\|_2^2 + 1/m^2}. \end{aligned}$$

Therefore $C_{[a,b];d} = \|\tilde{\mathbf{1}}_{[a,b];d}\|_2$ and $C_{[a,b]} = \|\tilde{\mathbf{1}}_{[a,b]}\|_2 \leq \|\tilde{\mathbf{1}}_{[0,1/2]}\|_2 = 1/2 = C_{[0,1/2]}$.

Acknowledgements. The first author is supported in part by FWF, Project S9603-N23. The second author is supported in part by JSPS KAKENHI 24340017 and 24340020.

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Received on 14.4.2012
and in revised form on 13.7.2012

(7032)

