# A strong convergence theorem for $H^{1}\left(\mathbb{T}^{n}\right)$ 

by

Feng Dai (Edmonton)


#### Abstract

Let $\mathbb{T}^{n}$ denote the usual $n$-torus and let $\widetilde{S}_{u}^{\delta}(f), u>0$, denote the BochnerRiesz means of order $\delta>0$ of the Fourier expansion of $f \in L^{1}\left(\mathbb{T}^{n}\right)$. The main result of this paper states that for $f \in H^{1}\left(\mathbb{T}^{n}\right)$ and the critical index $\alpha:=(n-1) / 2$,


$$
\lim _{R \rightarrow \infty} \frac{1}{\log R} \int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}\left(\mathbb{T}^{n}\right)}}{u+1} d u=0
$$

1. Introduction. In this introduction we describe the main results and their background with a minimum of definitions. We give the necessary details and appropriate definitions, as needed, in the next section.

Let $\Lambda$ denote the unit lattice in the $n$-dimensional Euclidean space $\mathbb{R}^{n}$ having integral coordinates, and let $\mathbb{T}^{n}$ be the $n$-torus, identified with $\mathbb{R}^{n} / \Lambda$. By $H^{p}\left(\mathbb{T}^{n}\right), 0<p \leq 1$, we denote the usual Hardy spaces on $\mathbb{T}^{n}$. Let

$$
f(x) \sim \sum_{k \in \Lambda} a_{k}(f) e^{2 \pi i k \cdot x}
$$

be the Fourier expansion of an integrable function on the fundamental cube

$$
Q=\left\{\left(x_{1}, \ldots, x_{n}\right) \in \mathbb{R}^{n}:-1 / 2 \leq x_{j}<1 / 2, j=1, \ldots, n\right\}
$$

For $u>0$, we define the Bochner-Riesz means of order $\delta>-1$ of the Fourier expansion by

$$
\widetilde{S}_{u}^{\delta}(f)(x)=\sum_{|k|<u}\left(1-\frac{|k|^{2}}{u^{2}}\right)^{\delta} a_{k}(f) e^{2 \pi i k \cdot x}
$$

where $k=\left(k_{1}, \ldots, k_{n}\right) \in \Lambda$ and $|k|=\left(k_{1}^{2}+\cdots+k_{n}^{2}\right)^{1 / 2}$. It is well known (see [STW] and [CF]) that for $\delta>\alpha:=(n-1) / 2$,

$$
\sup _{u>0}\left\|\widetilde{S}_{u}^{\delta}(f)\right\|_{H^{1}\left(\mathbb{T}^{n}\right)} \leq C\|f\|_{H^{1}\left(\mathbb{T}^{n}\right)}
$$

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while for $\delta=(n-1) / 2$,

$$
\left\|\widetilde{S}_{u}^{\delta}\right\|_{\left(H^{1}\left(\mathbb{T}^{n}\right), L^{1}\left(\mathbb{T}^{n}\right)\right)} \geq C \log (u+1)
$$

The main purpose of this paper is to investigate the strong summability of the Bochner-Riesz means on $H^{1}\left(\mathbb{T}^{n}\right)$ at the critical index $\alpha=(n-1) / 2$. We will always use the letter $\alpha$ for the critical index $(n-1) / 2$ for the rest of the paper.

The background for the problem treated here is as follows. In 1983, B. Smith $[\mathrm{Sm}]$ proved that for every $f \in H^{1}(\mathbb{T})$,

$$
\begin{equation*}
\frac{1}{\log N} \sum_{k=1}^{N} \frac{1}{k}\left\|S_{k}(f)\right\|_{H^{1}(\mathbb{T})} \leq C\|f\|_{H^{1}(\mathbb{T})} \tag{1.1}
\end{equation*}
$$

where $S_{k}(f)$ denotes the usual $k$ th partial sum of Fourier series. A new proof of this inequality was given by Belinskii [Be2] in 1996. However, the multidimensional generalization of this inequality seems to be more complicated. In fact, the two-dimensional result for rectangle partial sums with bounded ratio of sides was obtained by Weisz in [We] while the $n$-dimensional result for the cubic partial sums and a modified product $H^{1}\left(\mathbb{T}^{n}\right)$ space was obtained by Belinskii in [Be1].

It was Bochner [Bo] who first pointed out that when the dimension $n>1$, summability at the critical index $(n-1) / 2$ was the correct analogue of convergence, for phenomena near $L^{1}$. In this sense, versions of many of the results for $S_{k}$ are known for $S_{u}^{\alpha}$ in the case of general $n$ (see [SW, Ch. VII] and [St1]). Of related interest is the fact that an inequality similar to (1.1) was proved in [JLL] for the space $H^{p}\left(\mathbb{T}^{n}\right), 0<p<1$, with the BochnerRiesz means with critical index $\delta=n / p-(n+1) / 2$ instead of partial sums (see also [Lu, Theorem 4.3, p. 196]). Therefore, a problem that remained was what happens for functions in $H^{1}\left(\mathbb{T}^{n}\right), n>1$.

This paper is devoted to the proof of the following theorem, which gives an affirmative answer to a question raised by S. Z. Lu [Lu, p. 204].

Theorem 1. For $f \in H^{1}\left(\mathbb{T}^{n}\right)$ and $R>0$,

$$
\frac{1}{\log (R+1)} \int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{H^{1}\left(\mathbb{T}^{n}\right)}}{u+1} d u \leq C\|f\|_{H^{1}\left(\mathbb{T}^{n}\right)}
$$

where $C$ is a positive constant independent of $f$ and $R$.
As a consequence, we have
Corollary 2. For $f \in H^{1}\left(\mathbb{T}^{n}\right)$ and $R>0$,

$$
\int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}\left(\mathbb{T}^{n}\right)}}{u+1} d u \approx \int_{0}^{R} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u
$$

where

$$
E_{u}\left(f, H^{1}\right)=\inf \left\{\|f-g\|_{H^{1}\left(\mathbb{T}^{n}\right)}: g(x)=\sum_{|k| \leq u} c_{k} e^{2 \pi i k \cdot x}, c_{k} \in \mathbb{C}\right\}
$$

and " $\approx$ " means that the ratio of both sides lies between two positive constants independent of $f$ and $R$.

Corollary 3. For $f \in H^{1}\left(\mathbb{T}^{n}\right)$ and $R>0$,

$$
\frac{1}{\log (R+1)} \int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}\left(\mathbb{T}^{n}\right)}}{u+1} d u \leq C \omega\left(f, \frac{1}{\log (R+1)}\right)_{H^{1}\left(\mathbb{T}^{n}\right)}
$$

where $C$ is a positive constant independent of $f$ and $R$, and $\omega(f, t)_{H^{1}\left(\mathbb{T}^{n}\right)}$ denotes the first-order modulus of smoothness of $f$ on $H^{1}\left(\mathbb{T}^{n}\right)$.

We point out that in the one-dimensional case, Corollaries 2 and 3 for the partial sums of Fourier series are due to Belinskii $[\mathrm{Be} 2]$ and the authors of [CJL], respectively.

The paper is organized as follows. Section 2 contains some basic definitions and notation. The proof of Theorem 1 is divided into two parts: the first part is given in Section 3, where we prove

$$
\begin{equation*}
\frac{1}{\log (R+1)} \int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{L^{1}\left(\mathbb{T}^{n}\right)}}{u+1} d u \leq C\|f\|_{H^{1}\left(\mathbb{T}^{n}\right)} \tag{1.2}
\end{equation*}
$$

while the second part is given in Section 4, where we show

$$
\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{H^{1}\left(\mathbb{T}^{n}\right)} \leq C\left(\|f\|_{H^{1}\left(\mathbb{T}^{n}\right)}+\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{L^{1}\left(\mathbb{T}^{n}\right)}\right)
$$

This last inequality combined with (1.2) will prove Theorem 1. In the final Section 5, we prove Corollaries 2 and 3 .
2. Basic definitions and notations. In this section we introduce some basic definitions and notations, most of which can be found in $[\mathrm{SW}]$ and $[\mathrm{Lu}]$.

Let $\mathcal{S}\left(\mathbb{T}^{n}\right)$ denote the space of test functions on $\mathbb{T}^{n}$ and $\mathcal{S}^{\prime}\left(\mathbb{T}^{n}\right)$ be the dual of $\mathcal{S}\left(\mathbb{T}^{n}\right)$. The Poisson kernel on $\mathbb{T}^{n}$ is defined by

$$
\widetilde{P}_{t}(x)=\sum_{k \in \Lambda} e^{-2 \pi|k| t} e^{2 \pi i k \cdot x}, \quad t>0
$$

where $\Lambda$ is the unit lattice in $\mathbb{R}^{n}, k=\left(k_{1}, \ldots, k_{n}\right)$ and $|k|=\left(k_{1}^{2}+\cdots+k_{n}^{2}\right)^{1 / 2}$. For $f \in \mathcal{S}^{\prime}\left(\mathbb{T}^{n}\right)$, we define

$$
\widetilde{P}_{+}(f)(x)=\sup _{t>0}\left|f * \widetilde{P}_{t}(x)\right|
$$

Definition 2.1. The Hardy space $H^{p}\left(\mathbb{T}^{n}\right), 0<p \leq 1$, is the linear space of distributions $f \in \mathcal{S}^{\prime}\left(\mathbb{T}^{n}\right)$ with $\|f\|_{H^{p}} \equiv\left\|\widetilde{P}_{+}(f)\right\|_{L^{p}}<\infty$.

We denote by $B(x, r)$ the ball

$$
B(x, r):=\left\{y \in \mathbb{R}^{n}:|x-y| \leq r\right\}
$$

with center at $x \in \mathbb{R}^{n}$ and radius $r>0$, and we write $\chi_{E}$ for the characteristic function of a measurable set $E \subset \mathbb{R}^{n}$. Let $Q$ denote the fundamental cube

$$
Q=\left\{\left(x_{1}, \ldots, x_{n}\right) \in \mathbb{R}^{n}:-1 / 2 \leq x_{j}<1 / 2, j=1, \ldots, n\right\}
$$

We now turn to the "atomic" characterization of Hardy spaces.
Definition 2.2. Let $0<p \leq 1$. A function $a \in L^{\infty}\left(\mathbb{R}^{n}\right)$ is an $H^{p}\left(\mathbb{R}^{n}\right)$ atom with support $B(x, r), x \in \mathbb{R}^{n}, r>0$, if it satisfies
(i) $\operatorname{supp} a \subset B(x, r)$,
(ii) $\|a\|_{\infty} \leq r^{-n / p}$,
(iii) $\int_{\mathbb{R}^{n}} a(x) P(x) d x=0$ for all polynomials $P(x)$ of degree less than or equal to $[n(1 / p-1)]$.

A function $a \in L^{\infty}\left(\mathbb{T}^{n}\right)$ is a regular $H^{p}\left(\mathbb{T}^{n}\right)$-atom having support $B(z, r)$, $z \in \mathbb{R}^{n}, r>0$, if $a \chi_{z+Q}$ is an $H^{p}\left(\mathbb{R}^{n}\right)$-atom with support $B(z, r)$. An exceptional $H^{1}\left(\mathbb{T}^{n}\right)$-atom is a function $a \in L^{\infty}\left(\mathbb{T}^{n}\right)$ with $\|a\|_{\infty} \leq 1$.

Lemma $2.1([\mathrm{~F}])$. Let $0<p \leq 1$. If $\left\{a_{j}\right\}_{j=0}^{\infty}$ is a sequence of exceptional or regular $H^{p}\left(\mathbb{T}^{n}\right)$-atoms, and $\left\{c_{j}\right\}_{j=0}^{\infty}$ is a sequence of complex numbers with

$$
\left(\sum_{j=0}^{\infty}\left|c_{j}\right|^{p}\right)^{1 / p}<\infty
$$

then $\sum_{j=0}^{\infty} c_{j} a_{j}$ converges in $H^{p}\left(\mathbb{T}^{n}\right)$ and

$$
\left\|\sum_{j=0}^{\infty} c_{j} a_{j}\right\|_{H^{p}} \leq A\left(\sum_{j=0}^{\infty}\left|c_{j}\right|^{p}\right)^{1 / p}
$$

where $A>0$ depends on $p$ and $n$.
Conversely, if $f \in H^{p}\left(\mathbb{T}^{n}\right)$ then there exist a sequence of exceptional or regular $H^{p}\left(\mathbb{T}^{n}\right)$-atoms $\left\{a_{j}\right\}_{j=0}^{\infty}$ and a sequence of complex numbers $\left\{c_{j}\right\}_{j=0}^{\infty}$ such that

$$
f=\sum_{j=0}^{\infty} c_{j} a_{j} \quad \text { and } \quad\left(\sum_{j=0}^{\infty}\left|c_{j}\right|^{p}\right)^{1 / p} \leq B\|f\|_{H^{p}}
$$

where $B$ depends on $p$ and $n$.

The conclusion of Lemma 2.1 is often described as the "atomic" characterization of Hardy spaces.

Let $m$ be a nonnegative integer, $t$ be a positive real number, and let $h$ be a vector in $\mathbb{R}^{n}$. For $f \in \mathcal{S}^{\prime}\left(\mathbb{T}^{n}\right)$, we define

$$
\Delta_{h}^{m} f(x, s)=\sum_{j=0}^{m}(-1)^{m-j}\binom{m}{j}\left(f * \widetilde{P}_{s}\right)(x+j h), \quad x \in \mathbb{R}^{n}, s>0
$$

and

$$
\omega^{m}(f, t)_{H^{p}\left(\mathbb{T}^{n}\right)}=\sup _{|h| \leq t}\left\|\sup _{s>0}\left|\Delta_{h}^{m} f(\cdot, s)\right|\right\|_{L^{p}\left(\mathbb{T}^{n}\right)}
$$

$\omega^{m}(f, t)_{H^{p}\left(\mathbb{T}^{n}\right)}$ is called the $m$ th modulus of smoothness of $f$ on $H^{p}\left(\mathbb{T}^{n}\right)$.
3. Proof of Theorem 1: Part I. The main goal in this section is to prove

$$
\begin{equation*}
\frac{1}{\log (R+1)} \int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{L^{1}\left(\mathbb{T}^{n}\right)}}{u+1} d u \leq C\|f\|_{H^{1}\left(\mathbb{T}^{n}\right)} \tag{3.1}
\end{equation*}
$$

This same inequality with $L^{1}\left(\mathbb{T}^{n}\right)$-norm on the left-hand side replaced by $H^{1}\left(\mathbb{T}^{n}\right)$-norm will be shown in the next section.

Let

$$
K_{u}^{\alpha}(x):=\sum_{|k|<u}\left(1-\frac{|k|^{2}}{u^{2}}\right)^{\alpha} e^{2 \pi i k \cdot x}
$$

Then we have

$$
\widetilde{S}_{u}^{\alpha}(f)(x)=\int_{Q} f(x-y) K_{u}^{\alpha}(y) d y
$$

We also define

$$
S_{u}(f)(x)=\pi^{(n-1) / 2}\left(\frac{n+1}{2}\right) u^{1 / 2} \int_{Q} f(x-y)|y|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|) d y
$$

where $J_{\nu}(t)$ denotes the Bessel function of order $\nu$. Then by Lemma 2.1 and the following well known estimate of Stein (see [St2, Theorem 1], or [SW, p. 285]):

$$
\sup _{u>0}\left\|K_{u}^{\alpha}(y)-\pi^{(n-1) / 2}\left(\frac{n+1}{2}\right) u^{1 / 2}|y|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|)\right\|_{L^{1}(Q)} \leq A_{n}
$$

it will suffice to prove that for every $H^{1}\left(\mathbb{T}^{n}\right)$-atom $a$,

$$
\begin{equation*}
\frac{1}{\log (R+1)} \int_{0}^{R} \frac{\left\|S_{u}(a)\right\|_{L^{1}(Q)}}{u+1} d u \leq C \tag{3.2}
\end{equation*}
$$

For the proof of this last inequality, we claim that it is enough to prove (3.2) for every $H^{1}\left(\mathbb{R}^{n}\right)$-atom with support $B(z, r)$ for some $z \in[-1,1]^{n}$ and $r \in(0,0.001)$. To see this, first, we note that by the translation invariance of the operator $\widetilde{S}_{u}^{\alpha}$ and the fact that $\left\|\widetilde{S}_{u}^{\alpha}\right\|_{\left(L^{2}\left(\mathbb{T}^{n}\right), L^{2}\left(\mathbb{T}^{n}\right)\right.} \leq 1$, we may assume $a$ is a regular $H^{1}\left(\mathbb{T}^{n}\right)$-atom with support $B(0, r)$ for some $r \in(0,0.001)$. Second, we note that by the definition, for every regular $H^{1}\left(\mathbb{T}^{n}\right)$-atom $a$ with support $B(0, r), r \in(0,0.001)$, $a \chi_{[-3 / 2,3 / 2]^{n}}$ can be expressed as a sum of $3^{n} H^{1}\left(\mathbb{R}^{n}\right)$-atoms, each having a support $B(z, r)$ for some $z \in[-1,1]^{n}$. Since the definition of $S_{u}(a)(x)$ for $x \in Q$ involves only the values of $a$ on $[-1,1]^{n}$, the claim follows.

For the rest of this section, the letter $a$ will always denote an $H^{1}\left(\mathbb{R}^{n}\right)$ atom with support $B(z, r)$ for some $z \in[-1,1]^{n}$ and $r \in(0,0.001)$.

The proof of (3.2) for an $H^{1}\left(\mathbb{R}^{n}\right)$-atom $a$ relies on the following
Lemma 3.1. With the above notation, we have

$$
\begin{equation*}
\int_{0}^{\infty}\left[\int_{\{x \in Q:|x-z| \geq 5 r\}} \mid S_{u}(a)(x) d x\right]^{2} d u \leq C_{n} r^{-1} \log ^{2} \frac{1}{r} \tag{i}
\end{equation*}
$$

$$
\begin{equation*}
\int_{\{x \in Q:|x-z| \leq 5 r\}}\left|S_{u}(a)(x)\right| d x \leq C_{n} \tag{ii}
\end{equation*}
$$

$$
\begin{equation*}
\int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x \leq C_{n}\left[(u+1) r \log \frac{1}{r}+1\right] \tag{iii}
\end{equation*}
$$

For the moment we take this last lemma for granted and proceed with the proof of (3.2).

By Lemma 3.1(ii), it suffices to prove

$$
\begin{equation*}
\frac{1}{\log (R+1)} \int_{0}^{R} \frac{1}{u+1} \int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x d u \leq C_{n} \tag{3.3}
\end{equation*}
$$

To prove (3.3), we consider the following two cases:
CASE 1: $r^{-1} \leq R$. In this case, on one hand, by Lemma 3.1(iii),

$$
\begin{aligned}
& \int_{0}^{r^{-1}} \frac{1}{u+1} \int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x d u \\
& \quad \leq C_{n} \int_{0}^{r^{-1}} \frac{1}{u+1}\left(1+(u+1) r \log \frac{1}{r}\right) d u \leq C_{n} \log \frac{1}{r} \leq C_{n} \log (R+1)
\end{aligned}
$$

but on the other hand, by Lemma 3.1(i) and Hölder's inequality,

$$
\begin{aligned}
& \int_{r^{-1}}^{R} \frac{1}{u+1} \int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x d u \\
& \quad \leq\left(\int_{r^{-1}}^{R} \frac{d u}{(u+1)^{2}}\right)^{1 / 2}\left(\int_{r^{-1}}^{R}\left[\int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x\right]^{2} d u\right)^{1 / 2} \\
& \quad \leq C r^{1 / 2} r^{-1 / 2} \log \frac{1}{r} \leq C \log R
\end{aligned}
$$

CASE 2: $R<r^{-1}$. In this case, using Lemma 3.1(iii), we obtain

$$
\begin{aligned}
\int_{0}^{R} \frac{1}{u+1} \int_{\{x \in Q:|x-z| \geq 5 r\}} & \left|S_{u}(a)(x)\right| d x d u \\
& \leq C_{n} \int_{0}^{R} \frac{1}{u+1}\left((u+1) r \log \frac{1}{r}+1\right) d u \\
\leq & C_{n} R r \log \frac{1}{r}+C_{n} \log (R+1) \leq C_{n} \log (R+1)
\end{aligned}
$$

The last inequality follows since the function $\frac{\log x}{x}$ is decreasing over $(e, \infty)$.
Now combining the above two cases we obtain (3.3). This proves the first part of Theorem 1, assuming Lemma 3.1.

For the proof of Lemma 3.1, we need the following
Lemma 3.2. Let $x \in Q$ be such that $|x-z| \geq 5 r$. For $t>0$, put

$$
g_{x}(t):=t^{n-1} \int_{\mathbb{S}^{n-1}} a(x-t y) \chi_{Q}(t y) d \sigma(y)
$$

where $d \sigma(y)$ denotes the usual Lebesgue measure on $\mathbb{S}^{n-1}$ normalized by $\sigma\left(\mathbb{S}^{n-1}\right)=1$. Then
(i) $\operatorname{supp} g_{x}(\cdot) \subset[|x-z|-r,|x-z|+r]$;
(ii) $\left|g_{x}(t)\right| \leq C_{n} r^{-1}$, with $C_{n}>0$ depending only on $n$.

Proof. By the definition, we have

$$
\begin{equation*}
\left|g_{x}(t)\right| \leq t^{n-1} \int_{\mathbb{S}^{n-1}}|a(x-t y)| d \sigma(y)=\int_{S(x, t) \cap B(z, r)}|a(y)| d \sigma_{t}(y) \tag{3.4}
\end{equation*}
$$

where $S(x, t)=\left\{y \in \mathbb{R}^{n}:|x-y|=t\right\}$, and $d \sigma_{t}(y)$ denotes the usual Lebesgue measure on $S(x, t)$ normalized by $\sigma_{t}(S(x, t))=t^{n-1}$. Since $S(x, t) \cap B(z, r)$ $=\emptyset$ whenever $t \notin[|x-z|-r,|x-z|+r]$, (i) follows by (3.4).

To show (ii) we note that for $t \in[|x-z|-r,|x-z|+r]$,

$$
\sigma_{t}(S(x, t) \cap B(z, r)) \leq C r^{n-1}
$$

Thus, by (3.4), it follows that

$$
\left|g_{x}(t)\right| \leq C r^{n-1} r^{-n}=C r^{-1}
$$

which gives (ii).
Now we are in a position to prove Lemma 3.1.
Proof of Lemma 3.1. (i) Recall that the Plancherel theorem for the Fourier-Bessel transform (see, for instance, [GS, p. 656]) asserts that for any $\beta>-1 / 2$ and $f \in L^{2}\left((0, \infty), t^{2 \beta+1} d t\right)$,

$$
\begin{equation*}
\int_{0}^{\infty}|f(t)|^{2} t^{2 \beta+1} d t=4 \pi^{2} \int_{0}^{\infty}\left|\int_{0}^{\infty} \frac{J_{\beta}(2 \pi t s)}{(t s)^{\beta}} f(s) s^{2 \beta+1} d s\right|^{2} t^{2 \beta+1} d t \tag{3.5}
\end{equation*}
$$

This last formula will play an important role in our proof below.
Let $g_{x}(t)$ be as defined in Lemma 3.2, and write

$$
\begin{aligned}
S_{u}(a)(x) & =C_{n} u^{1 / 2} \int_{\mathbb{R}^{n}} a(x-y) \chi_{Q}(y)|y|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|) d y \\
& =C_{n} u^{1 / 2} \int_{0}^{\infty} g_{x}(t) t^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u t) d t
\end{aligned}
$$

Then using Lemma 3.2 and (3.5) with $\beta=n-1 / 2$ and $f(t)=g_{x}(t) t^{-2 n}$, we deduce that for $|x-z| \geq 5 r$,

$$
\begin{aligned}
\int_{0}^{\infty}\left|S_{u}(a)(x)\right|^{2} d u & =C_{n} \int_{0}^{\infty} u\left|\int_{0}^{\infty} g_{x}(t) t^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u t) d t\right|^{2} d u \\
& =\frac{C_{n}}{4 \pi^{2}} \int_{|x-z|-r}^{|x-z|+r}\left|g_{x}(t)\right|^{2} t^{-2 n} d t \\
& \leq C r^{-1}|x-z|^{-2 n}
\end{aligned}
$$

Noticing that $z \in[-1,1]^{n}$, we obtain, by Hölder's inequality,

$$
\begin{aligned}
& \int_{0}^{\infty}\left[\int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x\right]^{2} d u \\
& \quad \leq \int_{0}^{\infty}\left[\int_{5 r \leq|x-z| \leq 10}|x-z|^{-n} d x\right]\left[\int_{5 r \leq|x-z| \leq 10}|x-z|^{n}\left|S_{u}(a)(x)\right|^{2} d x\right] d u \\
& \quad \leq C_{n} r^{-1} \log \frac{1}{r} \int_{5 r \leq|x-z| \leq 10}|x-z|^{n}|x-z|^{-2 n} d x \leq C_{n} r^{-1} \log ^{2} \frac{1}{r}
\end{aligned}
$$

which gives (i).
(ii) Since for $|x-z| \leq 5 r$,

$$
x-Q \supseteq B(z, r),
$$

it follows that

$$
\begin{align*}
S_{u}(a)(x) & =C_{n} u^{1 / 2} \int_{Q} a(x-y)|y|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|) d y  \tag{3.6}\\
& =C_{n} u^{1 / 2} \int_{\mathbb{R}^{n}} a(x-y)|y|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|) d y \\
& =: S_{u}^{(n-1) / 2}(a)(x)
\end{align*}
$$

where

$$
S_{u}^{(n-1) / 2}(f)(x)=C_{n} u^{1 / 2} \int_{\mathbb{R}^{n}} f(x-y)|y|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|) d y
$$

It is well known that (see [SW, Theorem 4.15, p. 171])

$$
S_{u}^{(n-1) / 2}(f)(x)=C_{n} \int_{|\xi| \leq u} \widehat{f}(\xi) e^{2 \pi i x \cdot \xi}\left(1-\frac{|\xi|^{2}}{u^{2}}\right)^{(n-1) / 2} d \xi
$$

where

$$
\widehat{f}(\xi)=\int_{\mathbb{R}^{n}} f(y) e^{-2 \pi i y \cdot \xi} d y
$$

and that (see [Du, Theorem 8.15, p. 169])

$$
\begin{equation*}
\sup _{u>0}\left\|S_{u}^{(n-1) / 2}(f)\right\|_{L^{2}\left(\mathbb{R}^{n}\right)} \leq C\|f\|_{L^{2}\left(\mathbb{R}^{n}\right)} \tag{3.7}
\end{equation*}
$$

Now using (3) and (3.7), we obtain, by Hölder's inequality,

$$
\begin{aligned}
& \int_{\{x \in Q:|x-z| \leq 5 r\}}\left|S_{u}(a)(x)\right| d x \\
& \quad=\int_{\{x \in Q:|x-z| \leq 5 r\}}\left|S_{u}^{(n-1) / 2}(a)(x)\right| d x \\
& \quad \leq C r^{n / 2}\left(\int_{\mathbb{R}^{n}}\left|S_{u}^{(n-1) / 2}(a)(x)\right|^{2} d x\right)^{1 / 2} \leq C r^{n / 2}\|a\|_{L^{2}\left(\mathbb{R}^{n}\right)} \leq C_{n}
\end{aligned}
$$

This gives (ii).
(iii) To show (iii), we consider the following two cases:

CASE 1: $5 r \leq|x-z| \leq 0.1$. In this case $x-Q \supset B(z, r)$, and hence

$$
\begin{equation*}
\int_{Q} a(x-y) d y=0 . \tag{3.8}
\end{equation*}
$$

For simplicity, we put $t_{0}=|x-z|, \varphi(t)=t^{-(n-1 / 2)} J_{n-1 / 2}(t)$, and

$$
g_{x}(t)=t^{n-1} \int_{\mathbb{S}^{n-1}} a(x-t y) \chi_{Q}(t y) d \sigma(y)
$$

Then, by Lemma 3.2(i) and (3.8), we have

$$
\begin{equation*}
S_{u}(a)(x)=C_{n} u^{n} \int_{t_{0}-r}^{t_{0}+r} g_{x}(t)\left[\varphi(2 \pi u t)-\varphi\left(2 \pi u t_{0}\right)\right] d t \tag{3.9}
\end{equation*}
$$

Since

$$
\left|\varphi^{\prime}(t)\right|=\left|t^{-(n-1 / 2)} J_{n+1 / 2}(t)\right| \leq C \min \left\{t, t^{-n}\right\}
$$

it follows that for $t_{0}-r \leq t \leq t_{0}+r$,

$$
\left|\varphi(2 \pi u t)-\varphi\left(2 \pi u t_{0}\right)\right| \leq C u r \min \left\{u t_{0},\left(u t_{0}\right)^{-n}\right\}
$$

Hence, by (3.9) and Lemma 3.2(ii),

$$
\begin{equation*}
\left|S_{u}(a)(x)\right| \leq C_{n} u^{n} \int_{t_{0}-r}^{t_{0}+r}\left|g_{x}(t)\right| u r \min \left\{u t_{0},\left(u t_{0}\right)^{-n}\right\} d t \leq C_{n} u r t_{0}^{-n} \tag{3.10}
\end{equation*}
$$

in the case when $5 r \leq t_{0}=|x-z| \leq 0.1$.
CASE 2: $|x-z|>0.1$. In this case $B(x, 0.005) \cap B(z, r)=\emptyset$, so

$$
\begin{align*}
& \left|S_{u}(a)(x)\right|  \tag{3.11}\\
& =\left.C_{n} u^{1 / 2}\left|\int_{\{y \in Q:|y| \geq 0.005\}} a(x-y)\right| y\right|^{-(n-1 / 2)} J_{n-1 / 2}(2 \pi u|y|) d y \mid \\
& \leq C_{n} u^{1 / 2} \int_{\{y \in x-B(z, r): 0.05 \leq|y| \leq 10\}} r^{-n} \min \left\{u^{n-1 / 2}, u^{-1 / 2}\right\} d y \leq C_{n} .
\end{align*}
$$

Now putting the above two cases together, combining (3.10) with (3.11), we deduce

$$
\begin{aligned}
\int_{\{x \in Q:|x-z| \geq 5 r\}}\left|S_{u}(a)(x)\right| d x & \leq C(u+1) r \int_{5 r \leq|x-z| \leq 0.1} \frac{1}{|x-z|^{n}} d x+C_{n} \\
& \leq C_{n}\left[(u+1) r \log \frac{1}{r}+1\right]
\end{aligned}
$$

which gives (iii).
This completes the proof of Lemma 3.1.
4. Proof of Theorem 1: Part II. This section is devoted to the proof of the inequality

$$
\begin{equation*}
\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{H^{1}\left(\mathbb{T}^{n}\right)} \leq C\left(\|f\|_{H^{1}\left(\mathbb{T}^{n}\right)}+\left\|\widetilde{S}_{u}^{\alpha}(f)\right\|_{L^{1}\left(\mathbb{T}^{n}\right)}\right) \tag{4.1}
\end{equation*}
$$

with $C>0$ independent of $f$ and $u$. This combined with (3.1) proved in the last section will complete the proof of Theorem 1.

The referee kindly pointed out to us that Theorem 1 is, in fact, a direct consequence of (3.1) proved in Part I because of the following fact: $\widetilde{S}_{u}^{\alpha}$ is translation invariant and the Hardy space $H^{1}\left(\mathbb{T}^{n}\right)$ can be characterized by a system of Riesz transforms (see, for instance, [Lu, Remark 6.1, p. 152]).

Our proof of (4.1) in this section is independent of this fact and may be of independent interest (see, for instance, [Da]).

For the proof of (4.1), we define

$$
\sigma_{u}^{\delta}(f)(x)=\sum_{|k|<u}\left(1-\frac{|k|}{u}\right)^{\delta} a_{k}(f) e^{2 \pi i k \cdot x}, \quad \delta>-1, u>0,
$$

and

$$
\sigma_{*}^{\delta}(f)(x)=\sup _{u>0}\left|\sigma_{u}^{\delta}(f)(x)\right|
$$

We need the following lemmas.
Lemma 4.1. Let $0<p \leq 1, \delta>\delta(p):=n / p-(n+1) / 2$ and $f \in \mathcal{S}^{\prime}\left(\mathbb{T}^{n}\right)$. Then $f \in H^{p}\left(\mathbb{T}^{n}\right)$ if and only if $\sigma_{*}^{\delta}(f) \in L^{p}\left(\mathbb{T}^{n}\right)$. Moreover, if $f \in H^{p}\left(\mathbb{T}^{n}\right)$ then

$$
\|f\|_{H^{p}\left(\mathbb{T}^{n}\right)} \approx\left\|\sigma_{*}^{\delta}(f)\right\|_{L^{p}\left(\mathbb{T}^{n}\right)}
$$

Lemma 4.2. Let $\ell \geq 0$ be an integer and let $m$ be an $\ell+1$ times differentiable function on $[0, \infty)$ such that $\lim _{u \rightarrow \infty} m(u)=0$ and

$$
\int_{0}^{\infty}\left|m^{(\ell+1)}(u)\right| u^{\ell} d u<\infty .
$$

Define

$$
T_{m}(f):=\sum_{k \in \Lambda} m(|k|) a_{k}(f) e^{2 \pi i k \cdot x}
$$

Then for $f \in \mathcal{S}\left(\mathbb{T}^{n}\right)$,

$$
T_{m}(f)(x)=\frac{(-1)^{\ell-1}}{\ell!} \int_{0}^{\infty} m^{(\ell+1)}(u) u^{\ell} \sigma_{u}^{\ell}(f)(x) d u, \quad x \in \mathbb{R}^{n} .
$$

For the moment we take these last two lemmas for granted and proceed with the proof of (4.1). By Lemma 4.1, it is sufficient to prove that for $f \in \mathcal{S}\left(\mathbb{T}^{n}\right)$,

$$
\begin{equation*}
\sigma_{*}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x) \leq C\left[\sigma_{*}^{[\alpha]+1}(f)(x)+\left|\widetilde{S}_{u}^{\alpha}(f)(x)\right|\right] . \tag{4.2}
\end{equation*}
$$

To prove (4.2), we have to estimate $\left|\sigma_{y}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x)\right|$ for $y, u>0$. We put $\ell=[\alpha]+1$ and consider the following two cases:

CASE 1: $0<y<u$. In this case we will prove

$$
\begin{equation*}
\left|\sigma_{y}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x)\right| \leq C_{n} \sigma_{*}^{\ell}(f)(x) . \tag{4.3}
\end{equation*}
$$

To this end, we write

$$
\begin{aligned}
\sigma_{y}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x) & =\sum_{|k|<y}\left(1-\frac{|k|}{y}\right)^{2 n}\left(1-\frac{|k|^{2}}{u^{2}}\right)^{\alpha} a_{k}(f) e^{2 \pi i k \cdot x} \\
& =\sum_{k \in \Lambda} m(|k|) a_{k}(f) e^{2 \pi i k \cdot x}
\end{aligned}
$$

where

$$
\begin{equation*}
m(t)=\frac{(y-t)_{+}^{2 n}}{y^{2 n}} \frac{\left(u^{2}-t^{2}\right)^{\alpha}}{u^{2 \alpha}}, \quad g_{+}(x)=\max \{g(x), 0\} \tag{4.4}
\end{equation*}
$$

We claim that for $0<t<y<u$,

$$
\begin{equation*}
\left|m^{(\ell+1)}(t)\right| \leq C_{n} y^{-\ell-1} \tag{4.5}
\end{equation*}
$$

which, combined with Lemma 4.2 , will imply that for $0<y<u$,

$$
\left|\sigma_{y}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x)\right|=C_{n}\left|\int_{0}^{y} m^{(\ell+1)}(t) t^{\ell} \sigma_{t}^{\ell}(f)(x) d t\right| \leq C_{n} \sigma_{*}^{\ell}(f)(x)
$$

and hence will prove (4.3).
In fact, by (4.4), for $0<t<y$,

$$
\left|m^{(\ell+1)}(t)\right| \leq C \max _{i_{1}+i_{2}+i_{3}=\ell+1} \frac{(y-t)^{2 n-i_{1}}}{y^{2 n}} \frac{(u-t)^{\alpha-i_{2}}}{u^{\alpha}} \frac{(u+t)^{\alpha-i_{3}}}{u^{\alpha}}
$$

So, if $0<y<u / 2$ then, clearly,

$$
\left|m^{(\ell+1)}(t)\right| \leq C y^{-\ell-1}, \quad 0<t<y
$$

if $u / 2 \leq y \leq u$ then for $0<t<y$,

$$
\left|m^{(\ell+1)}(t)\right| \leq C y^{-2 n-2 \alpha} \max _{i_{1}+i_{2}+i_{3}=\ell+1}(u-t)^{2 n+\alpha-i_{1}-i_{2}} u^{\alpha-i_{3}} \leq C y^{-\ell-1}
$$

Therefore, in either case, we have, for $0<t<y<u$,

$$
\left|m^{(\ell+1)}(t)\right| \leq C y^{-\ell-1}
$$

proving the claim.
CASE 2: $y \geq u$. In this case we will prove

$$
\begin{equation*}
\left|\sigma_{y}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x)\right| \leq C_{n}\left[\sigma_{*}^{\ell}(f)(x)+\left|\widetilde{S}_{u}^{\alpha}(f)(x)\right|\right] \tag{4.6}
\end{equation*}
$$

which combined with (4.3) in Case 1 will complete the proof of (4.2).
We write

$$
\begin{align*}
\sigma_{y}^{2 n}\left(\widetilde{S}_{u}^{\alpha}(f)\right)(x) & =\sum_{|k|<u}\left(1-\frac{|k|}{y}\right)^{2 n}\left(1-\frac{|k|^{2}}{u^{2}}\right)^{\alpha} a_{k}(f) e^{2 \pi i k \cdot x}  \tag{4.7}\\
& =: T_{m}(f)(x)+\left(1-\frac{u}{y}\right)^{2 n} \widetilde{S}_{u}^{\alpha}(f)(x)
\end{align*}
$$

where

$$
\begin{aligned}
T_{m}(f)(x) & :=\sum_{k \in \Lambda} m(|k|) a_{k}(f) e^{2 \pi i k \cdot x} \\
m(t) & =a(t)\left(1-\frac{t^{2}}{u^{2}}\right)_{+}^{\alpha} \\
a(t) & =\frac{1}{y^{2 n}}\left[(y-t)^{2 n}-(y-u)^{2 n}\right]
\end{aligned}
$$

For $0<t<u$, it is easy to verify

$$
|a(t)| \leq C(u-t) / y, \quad \max _{1 \leq i \leq \ell+1} y^{i}\left|a^{(i)}(t)\right| \leq C
$$

Using these estimates, we have: if $\alpha=(n-1) / 2$ is an integer then $\ell=\alpha+1$ and for $0<t<u$,

$$
\left|m^{(\ell+1)}(t)\right| \leq C \max _{\substack{i_{1}+i_{2}+i_{3}=\ell+1 \\ i_{2} \leq \alpha=\ell-1}}\left|a^{\left(i_{1}\right)}(t)\right| \frac{(u-t)^{\alpha-i_{2}}}{u^{\alpha}} \frac{(u+t)^{\alpha-i_{3}}}{u^{\alpha}} \leq C u^{-\ell-1}
$$

if $\alpha=(n-1) / 2$ is not an integer then $\ell=[\alpha]+1$ and for $0<t<u$,

$$
\begin{aligned}
\left|m^{(\ell+1)}(t)\right| \leq & C|a(t)| \frac{(u-t)^{\alpha-\ell-1}}{u^{\alpha}}+C \frac{(u-t)^{\alpha-\ell}}{u^{\alpha}} \max _{i+j=1}\left|a^{(i)}(t)\right| \frac{(u+t)^{\alpha-j}}{u^{\alpha}} \\
& +C \max _{\substack{i_{1}+i_{2}+i_{3}=\ell+1 \\
i_{2} \leq[\alpha]=\ell-1}}\left|a^{\left(i_{1}\right)}(t)\right| \frac{(u-t)^{\alpha-i_{2}}}{u^{\alpha}} \frac{(u+t)^{\alpha-i_{3}}}{u^{\alpha}} \\
\leq & C u^{-\ell-1}+C \frac{(u-t)^{\alpha-[\alpha]-1}}{u^{\alpha+1}}
\end{aligned}
$$

In either case, we have

$$
\int_{0}^{u}\left|m^{(\ell+1)}(t)\right| t^{\ell} d t \leq C_{n}
$$

So, by Lemma 4.2,

$$
\left|T_{m}(f)(x)\right| \leq C \sigma_{*}^{\ell}(f)(x)
$$

Now (4.6) follows by (4.7).
This completes the proof of Theorem 1, assuming the validity of Lemmas 4.1 and 4.2.

So, it remains to prove Lemmas 4.1 and 4.2.
Proof of Lemma 4.1. Using the transference theorem in [CF] and following the proof in [STW], one can easily verify that for $f \in H^{p}\left(\mathbb{T}^{n}\right)$ and $\delta>\delta(p):=n / p-(n+1) / 2$,

$$
\left\|\sigma_{*}^{\delta}(f)\right\|_{L^{p}\left(\mathbb{T}^{n}\right)} \leq C\|f\|_{H^{p}\left(\mathbb{T}^{n}\right)}
$$

On the other hand, since

$$
e^{-2 \pi t|k|}=\frac{(2 \pi t)^{1+\delta}}{\Gamma(1+\delta)} \int_{0}^{\infty} y^{\delta} e^{-2 \pi t y}\left(1-\frac{|k|}{y}\right)_{+}^{\delta} d y
$$

it follows that

$$
\widetilde{P}_{t}(f)(x)=\frac{(2 \pi t)^{1+\delta}}{\Gamma(1+\delta)} \int_{0}^{\infty} y^{\delta} e^{-2 \pi t y} \sigma_{y}^{\delta}(f)(x) d y
$$

which implies

$$
\widetilde{P}_{+}(f)(x) \leq \sigma_{*}^{\delta}(f)(x)
$$

and hence the inverse inequality

$$
\|f\|_{H^{p}\left(\mathbb{T}^{n}\right)} \leq\left\|\sigma_{*}^{\delta}(f)\right\|_{L^{p}\left(\mathbb{T}^{n}\right)}
$$

This completes the proof.
Proof of Lemma 4.2. First, we note that under the assumptions of Lemma 4.2 the following is true:

$$
\lim _{t \rightarrow \infty} m^{(i)}(t)=0, \quad i=0, \ldots, \ell
$$

and

$$
\int_{0}^{\infty}\left|m^{(i+1)}(t)\right| t^{i} d t<\infty, \quad i=0, \ldots, \ell
$$

In view of these last two facts, we obtain by integration by parts $\ell$ times

$$
m(t)=\frac{(-1)^{\ell-1}}{\ell!} \int_{0}^{\infty} m^{(\ell+1)}(u) u^{\ell}\left(1-\frac{t}{u}\right)_{+}^{\ell} d u
$$

The identity

$$
T_{m}(f)(x)=\frac{(-1)^{\ell-1}}{\ell!} \int_{0}^{\infty} m^{(\ell+1)}(u) u^{\ell} \sigma_{u}^{\ell}(f)(x) d u, \quad f \in \mathcal{S}\left(\mathbb{T}^{n}\right)
$$

then follows. This completes the proof.

## 5. Proof of Corollaries 2 and 3

Proof of Corollary 2. The lower estimate is obvious. For the proof of the upper estimate, we let $\eta$ be a $C^{\infty}$-function on $[0, \infty)$ such that $\eta(t)=1$ for $0 \leq t \leq 1$, and $\eta(t)=0$ for $t \geq 2$, and define for $u>0$,

$$
V_{u}(f)(x)=\sum_{k \in \Lambda} \eta\left(\frac{|k|}{u}\right) a_{k}(f) e^{2 \pi i k \cdot x}
$$

and for $u \leq 0$,

$$
V_{u}(f)(x)=a_{0}(f)
$$

Then it is easy to show that

$$
\left\|f-V_{u}(f)\right\|_{H^{1}} \leq C E_{u}\left(f, H^{1}\right), \quad u \geq 0
$$

For simplicity, we set

$$
g_{j}=V_{2^{2 j-2}}(f), \quad j \geq 2
$$

Without loss of generality, we may assume $R>16,2^{2^{m}} \leq R<2^{2^{m+1}}$ with $m \geq 2$, and $\int_{\mathbb{T}^{n}} f(x) d x=0$. Since

$$
\int_{0}^{16} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}}}{u+1} d u \leq C E_{0}\left(f, H^{1}\right)
$$

it is sufficient to show

$$
\begin{equation*}
\int_{16}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}}}{u+1} d u \leq C \int_{0}^{R} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u \tag{5.1}
\end{equation*}
$$

We have

$$
\begin{aligned}
\int_{16}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}}}{u+1} d u \leq & \sum_{j=3}^{m+1} \int_{2^{2 j-1}}^{2^{2^{j}}} \frac{\left\|f-g_{j}\right\|_{H^{1}}}{u+1} d u \\
& +\sum_{j=3}^{m+1} \int_{2^{2 j-1}}^{2^{2^{j}}} \frac{1}{u+1}\left\|\widetilde{S}_{u}^{\alpha}\left(f-g_{j}\right)\right\|_{H^{1}} d u \\
& +\sum_{j=3}^{m+1} \int_{2^{2 j-1}}^{2^{2^{j}}} \frac{1}{u+1}\left\|\widetilde{S}_{u}^{\alpha}\left(g_{j}\right)-g_{j}\right\|_{H^{1}} d u \\
= & I+J+L
\end{aligned}
$$

For the first sum, we have

$$
\begin{aligned}
I & \leq C \sum_{j=3}^{m+1}\left(\int_{2^{j-1}}^{2^{2^{j}}} \frac{E_{2^{2 j-2}}\left(f, H^{1}\right)}{u+1} d u\right) \leq C \sum_{j=3}^{m+1} \int_{2^{2 j-3}}^{2^{2^{j-2}}} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u \\
& \leq C \int_{2}^{R} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u
\end{aligned}
$$

For the second sum, using Theorem 1, we have

$$
J \leq C \sum_{j=3}^{m+1} 2^{j}\left\|f-g_{j}\right\|_{H^{1}} \leq C \sum_{j=3}^{m+1} \int_{2^{2^{j-3}}}^{2^{2^{j-2}}} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u \leq C \int_{1}^{R} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u
$$

To estimate the third sum, we first claim that for $2^{2^{j-1}} \leq u \leq 2^{2^{j}}$ and $j \geq 3$,

$$
\begin{equation*}
\left\|\widetilde{S}_{u}^{\alpha}\left(g_{j}\right)-g_{j}\right\|_{H^{1}} \leq C u^{-2}\left\|\Delta\left(g_{j}\right)\right\|_{H^{1}} \tag{5.2}
\end{equation*}
$$

where $\Delta=\sum_{j=1}^{n}\left(\partial / \partial x_{j}\right)^{2}$ denotes the Laplacian on $\mathbb{T}^{n}$. For the moment we take this last inequality for granted and proceed with the proof. Using Bernstein's inequality, we deduce that for $2^{2^{j-1}} \leq u \leq 2^{2^{j}}$,

$$
\begin{aligned}
u^{-2}\left\|\Delta\left(g_{j}\right)\right\|_{H^{1}} & =u^{-2}\left\|\Delta\left(V_{2^{2 j-2}}(f)\right)\right\|_{H^{1}} \leq C u^{-2} 2^{2^{j-1}}\left\|V_{2^{2^{j-2}}}(f)\right\|_{H^{1}} \\
& \leq C u^{-1}\left\|V_{2^{2 j-2}}(f)\right\|_{H^{1}}
\end{aligned}
$$

Since $a_{0}(f)=0$, it follows that
$u^{-1}\left\|V_{2^{2 j-2}}(f)\right\|_{H^{1}} \leq u^{-1} \sum_{l=0}^{2^{j-2}}\left\|V_{2^{l-1}}(f)-V_{2^{l}}(f)\right\|_{H^{1}} \leq C u^{-1} \sum_{l=0}^{2^{j-2}} E_{2^{l-1}}\left(f, H^{1}\right)$,
where $E_{2^{-1}}\left(f, H^{1}\right)=E_{0}\left(f, H^{1}\right)$. Then from (5.2) we get

$$
\left\|\widetilde{S}_{u}^{\alpha}\left(g_{j}\right)-g_{j}\right\|_{H^{1}} \leq C u^{-1} \sum_{l=0}^{2^{j-2}} E_{2^{l-1}}\left(f, H^{1}\right)
$$

and hence

$$
\begin{aligned}
L & \leq C \sum_{j=3}^{m+1} \int_{2^{2 j-1}}^{2^{2^{j}}} \frac{d u}{(u+1)^{2}} \sum_{l=0}^{2^{j-2}} E_{2^{l-1}}\left(f, H^{1}\right) \leq C \sum_{j=3}^{m+1} 2^{-2^{j-1}} \sum_{l=0}^{2^{j-2}} E_{2^{l-1}}\left(f, H^{1}\right) \\
& \leq C \sum_{l=0}^{2^{m-1}} 2^{-2 l} E_{2^{l-1}}\left(f, H^{1}\right) \leq C \sum_{l=3}^{2^{m-1}} \int_{2^{l-2}}^{2^{l-1}} \frac{E_{u}\left(f, H^{1}\right)}{(u+1)^{3}} d u+C E_{0}\left(f, H^{1}\right) \\
& \leq C \int_{0}^{R} \frac{E_{u}\left(f, H^{1}\right)}{(u+1)^{3}} d u
\end{aligned}
$$

Putting the above together, we prove (5.1) and hence the desired upper estimate, assuming (5.2).

Now it remains to prove (5.2). To this end, let $\xi \in C^{\infty}(\mathbb{R})$ be such that $\xi(x)=1$ for $0 \leq|x| \leq 1 / 2$ and $\xi(x)=0$ for $|x| \geq 3 / 4$. For simplicity, we define

$$
\mathbb{P}_{u}=\left\{\sum_{|k| \leq u} c_{k} e^{2 \pi i k \cdot x}: c_{k} \in \mathbb{C},|k| \leq u\right\}
$$

Since

$$
g_{j}=V_{2^{2^{j-2}}}(f) \in \mathbb{P}_{2 \cdot 2^{2^{j-2}}}
$$

it follows that for $j \geq 3$ and $2^{2^{j-1}} \leq u \leq 2^{2^{j}}$ we get $g_{j} \in \mathbb{P}_{u / 2}$, and hence

$$
\begin{align*}
\widetilde{S}_{u}^{\alpha}\left(g_{j}\right)-g_{j} & =\sum_{|k|<u}\left[\left(1-\frac{|k|^{2}}{u^{2}}\right)^{\alpha}-1\right] \xi\left(\frac{|k|}{u}\right) a_{k}\left(g_{j}\right) e^{2 \pi i k \cdot x}  \tag{5.3}\\
& =u^{-2} \sum_{k \in \Lambda} m\left(\frac{|k|}{u}\right) a_{k}\left(\Delta\left(g_{j}\right)\right) e^{2 \pi i k \cdot x}
\end{align*}
$$

where

$$
m(t)=\frac{\left(1-t^{2}\right)^{\alpha}-1}{t^{2}} \xi(t)
$$

We note that $m \in C^{\infty}[0, \infty)$ and $\operatorname{supp} m \subset[0,3 / 4]$. Hence,

$$
\left\|\sum_{k \in \Lambda} m\left(\frac{|k|}{u}\right) a_{k}\left(\Delta\left(g_{j}\right)\right) e^{2 \pi i k \cdot x}\right\|_{H^{1}} \leq C_{n}\left\|\Delta\left(g_{j}\right)\right\|_{H^{1}}
$$

and (5.2) then follows by (5.4).
This completes the proof of Corollary 2.
Proof of Corollary 3. By Corollary 2 and the Jackson inequality, we have

$$
\begin{aligned}
\frac{1}{\log (R+1)} & \int_{0}^{R} \frac{\left\|\widetilde{S}_{u}^{\alpha}(f)-f\right\|_{H^{1}}}{u+1} d u \\
\leq & \frac{C}{\log (R+1)} \int_{0}^{R} \frac{E_{u}\left(f, H^{1}\right)}{u+1} d u \leq \frac{C}{\log (R+1)} \int_{0}^{R} \frac{\omega\left(f,(u+1)^{-1}\right)_{H^{1}}}{u+1} d u \\
\leq & C \frac{\omega(f, 1 / \log (R+1))_{H^{1}}}{\log (R+1)} \int_{0}^{\log (R+1)} \frac{\log (R+1)}{(u+1)^{2}} d u \\
& +C \frac{\omega(f, 1 / \log (R+1))_{H^{1}}}{\log (R+1)} \int_{\log (R+1)}^{R} \frac{1}{u+1} d u \\
\leq & C \omega\left(f, \frac{1}{\log (R+1)}\right)_{H^{1}}
\end{aligned}
$$

proving Corollary 3.

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Department of Mathematical and Statistical Sciences
CAB 632, University of Alberta
Edmonton, Alberta, T6G 2G1, Canada
E-mail: dfeng@math.ualberta.ca

