

Estimates for the coefficients of polynomials and trigonometric polynomials

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1. Let $P_n(z) = \sum_{\nu=0}^n a_\nu z^\nu$ be a polynomial of degree n such that $|P_n(z)| \leq M$ for $|z| = 1$. By a very simple method Visser [13] proved that

$$(1.1) \quad |a_0| + |a_n| \leq M.$$

By the method of Visser [13], van der Corput and Visser [4] later proved the following more general

THEOREM A. Let $P_n(z) = \sum_{\nu=0}^n a_\nu z^\nu$ be a polynomial of degree n such that $|P_n(z)| \leq M$ for $|z| \leq 1$. If a_u, a_v ($u < v$) are two coefficients such that for no other coefficient $a_w \neq 0$ we have $w = u \pmod{v-u}$, then

$$(1.2) \quad |a_u| + |a_v| \leq M.$$

Also

$$(1.3) \quad |a_u| + |a_v| \leq \frac{1}{4} \int_0^{2\pi} |P_n(e^{i\theta})| d\theta.$$

Besides, they proved that if $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$ is a real trigonometric polynomial, i.e. $c_{-k} = c_k$, then for $k > n/2$

$$(1.4) \quad |c_0| + 2|c_k| \leq \max |F(\theta)|,$$

$$(1.5) \quad |c_0| + \frac{2}{3}|c_k| \leq \frac{1}{4} \int_0^{2\pi} |F(\theta)| d\theta.$$

The constant $\frac{1}{4}$ in (1.5) was improved by Boas [2] to $\frac{1}{2}(1 + \frac{1}{3}\sqrt{2})/\pi = 0.234\dots$ He later obtained [3] the best possible result and proved that for $k > n/2$ and any positive γ

$$(1.6) \quad |c_0| + 2\gamma|c_k| \leq A_\gamma \int_0^{2\pi} |F(\theta)| d\theta,$$

where A_γ is given by

$$(1.7) \quad A_\gamma = \frac{1}{2\pi - 4\varphi},$$

and φ is the smallest positive root of $\sin \varphi = \frac{1}{2}\gamma(\pi - 2\varphi)$.

The more general problem of determining the best possible estimate for

$$\max \frac{\lambda_0|c_0| + \lambda_k|c_k|}{\int_0^{2\pi} |F(\theta)| d\theta}, \quad 0 < k \leq n,$$

where λ_0, λ_k are given non-negative numbers was solved by Geronimus [5]. He proved in particular the following:

THEOREM B. *If $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$ is a real trigonometric polynomial, then*

$$|c_k| \leq \frac{1}{8h} \int_0^{2\pi} |F(\theta)| d\theta,$$

where h is the smallest positive root of the algebraic equation

$$(1.8) \quad \begin{vmatrix} m_0 & m_1 & \dots & m_\beta \\ m_1 & m_0 & \dots & m_{\beta-1} \\ \vdots & \vdots & & \vdots \\ m_{-\beta} & m_{-\beta-1} & \dots & m_0 \end{vmatrix} = 0$$

with $m_0 = 2, m_s = m_{-s} = (2h)^s/s! (s = 1, 2, \dots, \beta = [n/k])$. The result is the best possible.

In the spacial case, when $k > n/3$ this result gives the estimate

$$(1.9) \quad |c_k| \leq \frac{1}{8} \int_0^{2\pi} |F(\theta)| d\theta,$$

whereas, for $n/3 \geq k > n/5$ we get

$$(1.10) \quad |c_k| \leq 0.142 \int_0^{2\pi} |F(\theta)| d\theta.$$

Generalizing (1.3) and (1.6) respectively Rahman ([8], Theorem 2 and 3) has recently proved the following theorems:

THEOREM C. If $P_n(z) = \sum_{v=0}^n a_v z^v$ is a polynomial of degree n and a_u, a_v ($u < v$) are two coefficients such that for no other coefficient $a_w \neq 0$ we have $w = u \text{ mod. } (v-u)$, then for every $\delta \geq 1$

$$|a_u| + |a_v| \leq 2(C_\delta)^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |P_n(e^{i\theta})|^\delta d\theta \right)^{1/\delta},$$

where

$$(1.11) \quad C_\delta = \frac{2\pi}{\int_0^{2\pi} |1 + e^{i\psi}|^\delta d\psi} = \frac{2^{-\delta} \sqrt{\pi} \Gamma(\frac{1}{2}\delta + 1)}{\Gamma(\frac{1}{2}\delta + \frac{1}{2})}.$$

The result is best possible.

THEOREM D. If $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$ is a real trigonometric polynomial and $\delta \geq 1$, then for $k > n/2$ and any positive γ

$$|c_0| + 2\gamma |c_k| \leq (C_{\gamma,\delta})^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |F(\theta)|^\delta d\theta \right)^{1/\delta},$$

where

$$C_{\gamma,\delta} = \max_{0 < r < \infty} \frac{(1 + 2\gamma r)^\delta}{\frac{1}{2\pi} \int_0^{2\pi} |1 + 2r \cos \psi|^\delta d\psi}.$$

Real-valued trigonometric polynomials have been studied in detail by Rogosinski [9] and [10], and Mulholland [7]. The following theorem, equivalent to a result of Mulholland ([7], Theorem 1) stands in analogy with Theorem B.

THEOREM E. If $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$ is a real trigonometric polynomial such that $|F(\theta)| \leq M$ for $0 \leq \theta < 2\pi$, then for $k \geq 1$

$$(1.12) \quad |c_k| \leq \frac{M}{l} \cot \frac{\pi}{2l}, \quad \text{where } l = \left[\frac{n}{2k} + \frac{3}{2} \right].$$

The maximum is attained, in particular, for the polynomial

$$\frac{1}{l^2} \sum_{r=1}^{l-1} (-1)^{r-1} \{ e^{ik(2r-1)\theta} + e^{-ik(2r-1)\theta} \} \times \left\{ (2l - 2r + 1) \cot \frac{(2r-1)\pi}{2l} + \cot \frac{\pi}{2l} \right\}.$$

THEOREM F. If $P_n(x) = \sum_{r=0}^n A_r x^r$ is a polynomial of degree n such that $|P_n(x)| \leq 1$ for $-1 \leq x \leq 1$, then

$$|A_n| \leq 2^{n-1} \quad (\text{Tchebycheff}),$$

$$|A_{n-1}| \leq 2^{n-2} \quad (\text{W. Markoff}).$$

Generalizing Theorems B and E we obtain an estimate for $|c_k|$ in terms of

$$\left(\frac{1}{2\pi} \int_0^{2\pi} |F(\theta)|^\delta d\theta \right)^{1/\delta}$$

for every $\delta \geq 1$.

THEOREM 1. If $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$ is a real trigonometric polynomial and $\delta \geq 1$, then for $k \geq 1$

$$(1.13) \quad |c_k| \leq (C_\delta)^{1/\delta} \left(\frac{2}{l} \cot \frac{\pi}{2l} \right) \left(\frac{1}{2\pi} \int_0^{2\pi} |F(\theta)|^\delta d\theta \right)^{1/\delta},$$

where

$$l = \left[\frac{n}{2k} + \frac{3}{2} \right] \quad \text{and} \quad C_\delta = \frac{2\pi}{\int_0^{2\pi} |1 + e^{i\varphi}|^\delta d\varphi}.$$

On letting $\delta \rightarrow \infty$ we get Theorem E. However, we do not assert that the result is best possible. Its interest lies in the fact that for δ other than 1 and 2 it is the first and only result of its kind. In order to have an idea as to how close it is to the correct estimate we compare it in the case $\delta = 1$ with the result of Geronimus (Theorem B) which is known to be precise.

In the special case $\delta = 1$ our theorem gives the estimate

$$|c_k| \leq \frac{1}{4 \left[\frac{n}{2k} + \frac{3}{2} \right]} \cot \frac{\pi}{2 \left[\frac{n}{2k} + \frac{3}{2} \right]} \int_0^{2\pi} |F(\theta)| d\theta$$

since $C_1 = \pi/4$. Thus for $k > n/3$ we get

$$|c_k| \leq \frac{1}{8} \int_0^{2\pi} |F(\theta)| d\theta$$

which agrees with estimate (1.9) of Geronimus.

If $k \leq n/3$ but $> n/5$, then we obtain

$$|c_k| \leq .144 \int_0^{2\pi} |F(\theta)| d\theta$$

which differs from the precise estimate (1.10)

$$|c_k| \leq .142 \int_0^{2\pi} |F(\theta)| d\theta$$

by 1.4 per cent. Thus our estimate (1.13) though not best possible, appears to be fairly good.

Our next theorem gives estimate for linear combinations of any two coefficients of a polynomial $P_n(z)$ bounded by M on the unit circle.

THEOREM 2. *If $P_n(z) = \sum_{r=0}^n a_r z^r$ is a polynomial of degree n such that $|P_n(z)| \leq M$ for $|z| \leq 1$ and $0 \leq u < v \leq n$, then for any real $\lambda > 0$*

$$(1.14) \quad |a_u| + \lambda |a_v| \leq \frac{M}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta .$$

The result is best possible.

If u and v satisfy a separation condition like $0 \leq 2u < v \leq n$, then the bound in (1.14) can be considerably improved.

THEOREM 3. *If $P_n(z) = \sum_{r=0}^n a_r z^r$ is a polynomial of degree n such that $|P_n(z)| \leq M$ for $|z| \leq 1$, then for any real $\lambda > 0$*

$$(1.15) \quad |a_u| + \lambda |a_v| \leq M \left(\lambda + \frac{1}{4\lambda} \right) \text{ or } M \left(1 + \frac{\lambda^2}{4} \right)$$

according as $0 \leq 2u < v \leq n$ or $0 \leq u < 2v - n \leq n$ respectively.

The case $\lambda = \frac{1}{2}$ is particularly interesting, for then the right-hand side in (1.15) reduces to M when $0 \leq 2u < v \leq n$. For $u = 0, v = 1$ we have the stronger

THEOREM 4. *If $P_n(z) = \sum_{r=0}^n a_r z^r$ is a polynomial of degree n such that $\operatorname{Re} P_n(z) \leq A$ for $|z| \leq 1$, and a_0 is real, then*

$$(1.16) \quad a_0 + \frac{1}{2} |a_1| \leq A .$$

In an attempt to generalize Theorem F by finding estimates for the coefficients in terms of

$$\left(\frac{1}{2} \int_{-1}^1 |P_n(x)|^p dx \right)^{1/p}$$

we have obtained the following

THEOREM 5. If $P_n(x) = \sum_{r=0}^n A_r x^r$ is a polynomial of degree n , then for every $\delta \geq 1$, $\nu = n, n-1$,

$$(1.17) \quad |A_\nu| \leq 2^{\nu+1} \left(\frac{2}{\pi} C_\delta \right)^{1/\delta} \left(\frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta},$$

where C_δ is given by (1.11).

The following corollary is immediate.

COROLLARY. If $P_n(x) = \sum_{r=0}^n A_r x^r$ is a polynomial of degree n , then for every $\delta \geq 1$, $p > 1$, $q = p/(p-1)$ and $\nu = n, n-1$,

$$(1.18) \quad |A_\nu| \leq 2^{\nu+1} \left(\frac{2}{\pi} C_\delta \right)^{1/\delta} \left(\frac{1}{2} \int_{-1}^1 (1-x^2)^{(\delta-1)q/2} dx \right)^{1/\delta q} \left(\frac{1}{2} \int_{-1}^1 |P_n(x)|^{\delta p} dx \right)^{1/\delta p}.$$

2. For one of our results we shall need the following

LEMMA 1. Let π_n denote the linear space of polynomials

$$P_n(z) = a_0 + a_1 z + \dots + a_n z^n$$

of fixed degree n with complex coefficients, normed by $\|P_n\| = \max_{0 \leq \theta \leq 2\pi} |P_n(e^{i\theta})|$. Define the linear functional L on π_n as

$$(2.1) \quad L: P_n \rightarrow l_0 a_0 + \dots + l_n a_n,$$

where the l_r are complex numbers. If the norm of the functional is N , then for every polynomial $P_n(z) = \sum_{r=0}^n a_r z^r$

$$(2.2) \quad \int_0^{2\pi} \varphi \left(\frac{\left| \sum_{r=0}^n l_r a_r e^{ir\theta} \right|}{N} \right) d\theta \leq \int_0^{2\pi} \varphi \left(\left| \sum_{r=0}^n a_r e^{ir\theta} \right| \right) d\theta,$$

where $\varphi(t)$ is a non-decreasing convex function of t .

This was proved by Shapiro ([11], Theorem 8) for the case $\varphi(t) = t$.

Proof of Lemma 1. According to a theorem of Shapiro ([11], Theorem 3) L can be represented in the form

$$(2.3) \quad L[P_n(z)] = \sum_{k=1}^r u_k P_n(z_k),$$

for all $P_n \in \pi_n$, where z_1, \dots, z_r are distinct numbers of modulus 1 and $\sum_{k=1}^r |u_k| = N$. Let ξ be any number of modulus one, and apply this to the polynomial $P_n(\xi z)$. We get

$$\left| \sum_{\nu=0}^n l_{\nu} a_{\nu} \xi^{\nu} \right| = \left| \sum_{\nu=1}^r u_{\nu} P_n(z_{\nu}, \xi) \right| \leq \sum_{\nu=1}^r |u_{\nu}| |P_n(z_{\nu}, \xi)|.$$

Hence if $\varphi(t)$ is a non-decreasing convex function of t , then by Jensen's inequality ([6], pp. 150-151)

$$\varphi\left(\frac{\left|\sum_{\nu=1}^r l_{\nu} a_{\nu} \xi^{\nu}\right|}{N}\right) \leq \varphi\left(\frac{\sum_{\nu=1}^r |u_{\nu}| |P_n(z_{\nu}, \xi)|}{\sum_{\nu=1}^r |u_{\nu}|}\right) \leq \frac{\sum_{\nu=1}^r |u_{\nu}| \varphi\{|P_n(z_{\nu}, \xi)|\}}{\sum_{\nu=1}^r |u_{\nu}|}.$$

Setting $\xi = e^{i\theta}$ and integrating both sides with respect to θ from 0 to 2π we get the result.

3. Proof of Theorem 1. According to a theorem of Rahman ([8], Theorem 7) if $P_n(z) = \sum_{\nu=0}^n a_{\nu} z^{\nu}$ is a polynomial of degree n such that $|P_n(z)| \leq M$ for $|z| \leq 1$, then for $\nu < n/2$

$$(3.1) \quad |a_{\nu}| + |a_{n-\nu}| \leq \frac{2M}{l} \cot \frac{\pi}{2l},$$

where $l = \left\lfloor \frac{n}{2(n-2\nu)} + \frac{3}{2} \right\rfloor$.

Since $|a_{\nu} + a_{n-\nu}| \leq |a_{\nu}| + |a_{n-\nu}|$ the norm of the functional

$$L: P_n \rightarrow 0 \cdot a_0 + \dots + 0 \cdot a_{\nu-1} + 1 \cdot a_{\nu} + 0 \cdot a_{\nu+1} + \dots + 0 \cdot a_{n-\nu-1} + \\ + 1 \cdot a_{n-\nu} + 0 \cdot a_{n-\nu-1} + \dots + 0 \cdot a_n$$

does not exceed $\frac{2}{l} \cot \frac{\pi}{2l}$. Applying the lemma with $\varphi(t) = t^{\delta}$ we get for every $\delta \geq 1$

$$\left(\frac{1}{2\pi} \int_0^{2\pi} |a_{\nu} e^{i\nu\theta} + a_{n-\nu} e^{i(n-\nu)\theta}|^{\delta} d\theta \right)^{1/\delta} \leq \frac{2}{l} \cot \frac{\pi}{2l} \left(\frac{1}{2\pi} \int_0^{2\pi} |P_n(e^{i\theta})|^{\delta} d\theta \right)^{1/\delta}.$$

But by Theorem C

$$|a_{\nu}| + |a_{n-\nu}| \leq 2(C_{\delta})^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |a_{\nu} e^{i\nu\theta} + a_{n-\nu} e^{i(n-\nu)\theta}|^{\delta} d\theta \right)^{1/\delta}.$$

Therefore

$$(3.2) \quad |a_r| + |a_{n-r}| \leq 2(C_\delta)^{1/\delta} \frac{2}{l} \cot \frac{\pi}{2l} \left(\frac{1}{2\pi} \int_0^{2\pi} |P_n(e^{i\theta})|^\delta d\theta \right)^{1/\delta}.$$

If $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$ is a real trigonometric polynomial of degree n , then $e^{in\theta} F(\theta)$ is a polynomial $\sum_{r=0}^{2n} b_r e^{ir\theta}$ of degree $2n$. On applying (3.2) to the polynomial $e^{in\theta} F(\theta) = \sum_{r=0}^{2n} b_r e^{ir\theta}$ and noting that $|b_r| = |b_{2n-r}|$ for $0 \leq r \leq n$ we shall get the desired result.

Proof of Theorem 2. If $0 \leq u < v \leq n$, $0 \leq \alpha < 2\pi$ and λ any positive real number, then

$$\begin{aligned} |a_u e^{i\alpha u} + \lambda a_v e^{i\alpha v}| &= \left| \frac{1}{2\pi i} \int_{|z|=1} P_n(z e^{i\alpha}) \left[\frac{1}{z^{u+1}} + \frac{\lambda}{z^{v+1}} \right] dz \right| \\ &\leq \frac{M}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i(v-u)\theta}| d\theta \\ &= \frac{M}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta, \end{aligned}$$

and by choosing α such that $|a_u e^{i\alpha u} + \lambda a_v e^{i\alpha v}| = |a_u| + \lambda |a_v|$ we shall get the result.

In order to prove that the estimate is best possible let $f(\theta) = e^{i \tan^{-1} \left(\frac{\lambda \sin \theta}{1 + \lambda \cos \theta} \right)}$ for $0 \leq \theta < 2\pi$ (we choose any fixed branch of $\tan^{-1} \left(\frac{\lambda \sin \theta}{1 + \lambda \cos \theta} \right)$) have the Fourier series representation

$$f(\theta) = \sum_{-\infty}^{\infty} b_r e^{ir\theta}.$$

Then

$$b_0 + \lambda b_1 = \frac{1}{2\pi} \int_0^{2\pi} \exp \left[\tan^{-1} \left(\frac{\lambda \sin \theta}{1 + \lambda \cos \theta} \right) \right] (1 + \lambda e^{-i\theta}) d\theta = \frac{1}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta.$$

For every $n > 0$, we have by a classical result of Fejér ([12], p. 440, Ex. 9)

$$\left| \sum_{-n}^n \frac{(n+1) - |r|}{n+1} b_r e^{ir\theta} \right| \leq 1$$

and so the Laurent polynomial

$$L(e^{i\theta}) = \sum_{-n}^n \frac{(n+1-|\nu|)}{n+1} b_\nu e^{i\nu\theta} = \sum_{-n}^n a_\nu e^{i\nu\theta}$$

is such that $|L(e^{i\theta})| \leq 1$ for $0 \leq \theta < 2\pi$ and

$$|a_0| + \lambda |a_1| = |b_0| + \frac{\lambda n}{n+1} |b_1| > \frac{1}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta - \varepsilon,$$

where ε can be made arbitrary small by choosing n sufficiently large. Thus $z^n L(z)$ is the polynomial which we wanted to construct.

Proof of Theorem 3. It is known ([1], pp. 140) that if $f(z) = \sum_{r=0}^{\infty} a_r z^r$ is regular and $|f(z)| \leq M$ in $|z| \leq 1$, then

$$(3.3) \quad |a_1| \leq M - \frac{|a_0|^2}{M}.$$

Now for $0 \leq 2u < v \leq n$, putting $P(z) = z^{v-2u} P_n(z)$, $w = e^{2\pi i/(v-u)}$ and $\xi = z^{v-u}$, the function

$$\begin{aligned} \frac{P(z) + P(wz) + \dots + P(w^{v-u-1}z)}{(v-u)z^{v-u}} &= a_u + a_v z^{v-u} + a_{2v-u} z^{2(v-u)} + \dots \\ &= a_u + a_v \xi + a_{2v-u} \xi^2 + \dots \end{aligned}$$

of ξ is regular and in absolute value $\leq M$ in $|\xi| \leq 1$. Hence by (3.3)

$$|a_v| \leq M - \frac{|a_u|^2}{M}$$

provided $0 \leq 2u < v \leq n$. Thus for $\lambda > 0$ and $0 \leq 2u < v \leq n$,

$$|a_u| + \lambda |a_v| \leq \lambda M + |a_u| - \frac{\lambda |a_u|^2}{M}.$$

Whatever be the value of $|a_u|$ the right-hand side of the last inequality is $\leq M(\lambda + 1/4\lambda)$ and so the first part of the theorem follows. For the second part we may consider $z^n P_n(1/z)$ instead of $P_n(z)$.

In order to prove (1.16) we note that the function $A - P_n(z)$ is regular for $|z| < 1$, where its real part is positive (we assume that $P_n(z)$ is not a constant; clearly (1.16) is true even if $P_n(z)$ is a constant). It is well known (see for example [12], pp. 194-195) that if $f(z)$ is regular for $|z| < 1$,

$\operatorname{Re}\{f(z)\} > 0$, and $f(0) = a > 0$, then $|f'(0)| \leq 2a$. Applying this result to the function $A - P_n(z)$ we get

$$|a_1| \leq 2(A - a_0) \quad \text{or} \quad a_0 + \frac{1}{2}|a_1| \leq A.$$

Proof of Theorem 5. We denote by

$$V_0(x), V_1(x), \dots$$

the polynomials defined by

$$V_\nu(t) = \frac{\sin(\nu+1)t}{\sin t},$$

where $x = \cos t$.

The polynomial $P_n(x)$ has a unique expansion

$$P_n(x) = \sum_{\nu=0}^n d_\nu V_\nu(x).$$

We put

$$\begin{aligned} G(t) &= P_n(\cos t) \sin t = \sum_{\nu=0}^n d_\nu \sin(\nu+1)t \\ &= \sum_{\nu=0}^n d_\nu \frac{e^{i(\nu+1)t} - e^{-i(\nu+1)t}}{2i} \\ &= \sum_{\nu=-n-1}^{n+1} c_\nu e^{i\nu t}, \end{aligned}$$

where $c_0 = 0$, $-c_{-\nu} = c_\nu = \frac{1}{2i} d_{\nu-1}$ for $\nu \geq 1$.

If s and m are two integers of which the first is positive, then ([4], pp. 383)

$$(3.4) \quad \sum_{p=0}^{s-1} e^{-\frac{2\pi i p m}{s}} G\left(t + \frac{2\pi p}{s}\right) = s \sum_{\nu=m(\bmod s)} c_\nu e^{i\nu t}.$$

Putting $s = 2N$ and $m = -N$ for all N for which $N > (n+1)/3$ the left-hand side reduces to $2Nc_N(e^{iNt} - e^{-iNt})$.

Clearly, for any complex λ ,

$$\int_0^{2\pi} |1 + e^{i(t - \arg \lambda)}|^\delta dt = \int_0^{2\pi} |1 + e^{it}|^\delta dt$$

so that

$$|\lambda| \left(\frac{1}{2\pi} \int_0^{2\pi} |1 + e^{it}|^\delta dt \right)^{1/\delta} = \left(\frac{1}{2\pi} \int_0^{2\pi} |\lambda + \bar{\lambda} e^{it}|^\delta dt \right)^{1/\delta}.$$

Thus for every $\delta \geq 1$ and $0 \leq \gamma < 2\pi$,

$$\begin{aligned} |ae^{-i\gamma} + \bar{b}e^{i\gamma}| \left(\frac{1}{2\pi} \int_0^{2\pi} |1 + e^{it}|^\delta dt \right)^{1/\delta} &= \left(\frac{1}{2\pi} \int_0^{2\pi} |(ae^{-i\gamma} + \bar{b}e^{i\gamma}) + (be^{-i\gamma} + \bar{a}e^{i\gamma})e^{it}|^\delta dt \right)^{1/\delta} \\ &= \left(\frac{1}{2\pi} \int_0^{2\pi} |e^{-i\gamma}(a + be^{it}) + e^{i\gamma}(\bar{b} + \bar{a}e^{it})|^\delta dt \right)^{1/\delta} \\ &\leq \left(\frac{1}{2\pi} \int_0^{2\pi} |a + be^{it}|^\delta dt \right)^{1/\delta} + \left(\frac{1}{2\pi} \int_0^{2\pi} |b + ae^{-it}|^\delta dt \right)^{1/\delta} \\ &= 2 \left(\frac{1}{2\pi} \int_0^{2\pi} |a + be^{it}|^\delta dt \right)^{1/\delta}. \end{aligned}$$

Choosing γ such that $|ae^{-i\gamma} + \bar{b}e^{i\gamma}| = |a| + |b|$ we get

$$\begin{aligned} (3.5) \quad |a| + |b| &\leq 2(C_\delta)^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |a + be^{it}|^\delta dt \right)^{1/\delta} \\ &= 2(C_\delta)^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |ae^{iNt} + be^{-iNt}|^\delta dt \right)^{1/\delta}. \end{aligned}$$

Putting $a = 2Nc_N$ and $b = -2Nc_N$ in (3.5) and making use of (3.4) we get

$$\begin{aligned} 4N|c_N| &\leq 2(C_\delta)^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |2Nc_N(e^{iNt} - e^{-iNt})|^\delta dt \right)^{1/\delta} \\ &= 2(C_\delta)^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} \left| \sum_{p=0}^{2N-1} e^{\pi ip} G\left(t + \frac{\pi p}{N}\right) \right|^\delta dt \right)^{1/\delta} \\ &\leq 2(C_\delta)^{1/\delta} 2N \left(\frac{1}{2\pi} \int_0^{2\pi} |G(t)|^\delta dt \right)^{1/\delta} \end{aligned}$$

by Minkowski inequality. Hence

$$\begin{aligned} |d_{N-1}| &= 2|c_N| \leq 2(C_\delta)^{1/\delta} \left(\frac{1}{2\pi} \int_0^{2\pi} |G(t)|^\delta dt \right)^{1/\delta} \\ &= 2 \left(\frac{2}{\pi} C_\delta \right)^{1/\delta} \left(\frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta}. \end{aligned}$$

In particular

$$|A_n| = 2^n |d_n| \leq 2^{n+1} \left(\frac{2}{\pi} C_\delta \right)^{1/\delta} \left(\frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta},$$

$$|A_{n-1}| = 2^{n-1} |d_{n-1}| \leq 2^n \left(\frac{2}{\pi} C_\delta \right)^{1/\delta} \left(\frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta}.$$

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