

## Estimates for the coefficients of polynomials and trigonometric polynomials

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**1.** Let  $P_n(z) = \sum_{r=0}^n a_r z^r$  be a polynomial of degree  $n$  such that  $|P_n(z)| \leq M$  for  $|z| = 1$ . By a very simple method Visser [13] proved that

$$(1.1) \quad |a_0| + |a_n| \leq M.$$

By the method of Visser [13], van der Corput and Visser [4] later proved the following more general

**THEOREM A.** Let  $P_n(z) = \sum_{r=0}^n a_r z^r$  be a polynomial of degree  $n$  such that  $|P_n(z)| \leq M$  for  $|z| \leq 1$ . If  $a_u, a_v$  ( $u < v$ ) are two coefficients such that for no other coefficient  $a_w \neq 0$  we have  $w = u \bmod (v-u)$ , then

$$(1.2) \quad |a_u| + |a_v| \leq M.$$

Also

$$(1.3) \quad |a_u| + |a_v| \leq \frac{1}{4} \int_0^{2\pi} |P_n(e^{i\theta})| d\theta.$$

Besides, they proved that if  $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$  is a real trigonometric polynomial, i.e.  $c_{-k} = c_k$ , then for  $k > n/2$

$$(1.4) \quad |c_0| + 2|c_k| \leq \max |F(\theta)|,$$

$$(1.5) \quad |c_0| + \frac{2}{3}|c_k| \leq \frac{1}{4} \int_0^{2\pi} |F(\theta)| d\theta.$$

The constant  $\frac{1}{4}$  in (1.5) was improved by Boas [2] to  $\frac{1}{2}(1 + \frac{1}{3}\sqrt{2})/\pi = 0.234\dots$  He later obtained [3] the best possible result and proved that for  $k > n/2$  and any positive  $\gamma$

$$(1.6) \quad |c_0| + 2\gamma|c_k| \leq A_\gamma \int_0^{2\pi} |F(\theta)| d\theta,$$

where  $A_\gamma$  is given by

$$(1.7) \quad A_\gamma = \frac{1}{2\pi - 4\varphi},$$

and  $\varphi$  is the smallest positive root of  $\sin \varphi = \frac{1}{2}\gamma(\pi - 2\varphi)$ .

The more general problem of determining the best possible estimate for

$$\max \frac{\lambda_0 |c_0| + \lambda_k |c_k|}{\int_0^{2\pi} |F(\theta)| d\theta}, \quad 0 < k \leq n,$$

where  $\lambda_0, \lambda_k$  are given non-negative numbers was solved by Geronimus [5]. He proved in particular the following:

**THEOREM B.** *If  $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$  is a real trigonometric polynomial, then*

$$|c_k| \leq \frac{1}{8h} \int_0^{2\pi} |F(\theta)| d\theta,$$

where  $h$  is the smallest positive root of the algebraic equation

$$(1.8) \quad \begin{vmatrix} m_0 & m_1 & \dots & m_\beta \\ m_1 & m_0 & \dots & m_{\beta-1} \\ \vdots & \vdots & & \vdots \\ m_{-\beta} & m_{-\beta-1} & \dots & m_0 \end{vmatrix} = 0$$

with  $m_0 = 2$ ,  $m_s = m_{-s} = (2h)^s/s!$  ( $s = 1, 2, \dots, \beta = [n/k]$ ). The result is the best possible.

In the spacial case, when  $k > n/3$  this result gives the estimate

$$(1.9) \quad |c_k| \leq \frac{1}{8} \int_0^{2\pi} |F(\theta)| d\theta,$$

whereas, for  $n/3 \geq k > n/5$  we get

$$(1.10) \quad |c_k| \leq 0.142 \int_0^{2\pi} |F(\theta)| d\theta.$$

Generalizing (1.3) and (1.6) respectively Rahman ([8], Theorem 2 and 3) has recently proved the following theorems:

**THEOREM C.** If  $P_n(z) = \sum_{v=0}^n a_v z^v$  is a polynomial of degree  $n$  and  $a_u, a_v$  ( $u < v$ ) are two coefficients such that for no other coefficient  $a_w \neq 0$  we have  $w = u \bmod (v-u)$ , then for every  $\delta \geq 1$

$$|a_u| + |a_v| \leq 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |P_n(e^{i\theta})|^\delta d\theta \right)^{1/\delta},$$

where

$$(1.11) \quad C_\delta = \frac{2\pi}{\int_0^{2\pi} |1 + e^{i\varphi}|^\delta d\varphi} = \frac{2^{-\delta} \sqrt{\pi} \Gamma(\frac{1}{2}\delta + 1)}{\Gamma(\frac{1}{2}\delta + \frac{1}{2})}.$$

The result is best possible.

**THEOREM D.** If  $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$  is a real trigonometric polynomial and  $\delta \geq 1$ , then for  $k > n/2$  and any positive  $\gamma$

$$|c_0| + 2\gamma |c_k| \leq (C_{\gamma,\delta})^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |F(\theta)|^\delta d\theta \right)^{1/\delta},$$

where

$$C_{\gamma,\delta} = \max_{0 < r < \infty} \frac{(1 + 2\gamma r)^\delta}{\frac{1}{2\pi} \int_0^{2\pi} |1 + 2r \cos \psi|^\delta d\psi}.$$

Real-valued trigonometric polynomials have been studied in detail by Rogosinski [9] and [10], and Mulholland [7]. The following theorem, equivalent to a result of Mulholland ([7], Theorem 1) stands in analogy with Theorem B.

**THEOREM E.** If  $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$  is a real trigonometric polynomial such that  $|F(\theta)| \leq M$  for  $0 \leq \theta < 2\pi$ , then for  $k \geq 1$

$$(1.12) \quad |c_k| \leq \frac{M}{l} \cot \frac{\pi}{2l}, \quad \text{where } l = \left[ \frac{n}{2k} + \frac{3}{2} \right].$$

The maximum is attained, in particular, for the polynomial

$$\frac{1}{l^2} \sum_{r=1}^{l-1} (-1)^{r-1} \{ e^{ik(2r-1)\theta} + e^{-ik(2r-1)\theta} \} \times \left\{ (2l-2r+1) \cot \frac{(2r-1)\pi}{2l} + \cot \frac{\pi}{2l} \right\}.$$

**THEOREM F.** *If  $P_n(x) = \sum_{r=0}^n A_r x^r$  is a polynomial of degree  $n$  such that  $|P_n(x)| \leq 1$  for  $-1 \leq x \leq 1$ , then*

$$|A_n| \leq 2^{n-1} \quad (\text{Tchebycheff}),$$

$$|A_{n-1}| \leq 2^{n-2} \quad (\text{W. Markoff}).$$

Generalizing Theorems B and E we obtain an estimate for  $|c_k|$  in terms of

$$\left( \frac{1}{2\pi} \int_0^{2\pi} |F(\theta)|^\delta d\theta \right)^{1/\delta}$$

for every  $\delta \geq 1$ .

**THEOREM 1.** *If  $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$  is a real trigonometric polynomial and  $\delta \geq 1$ , then for  $k \geq 1$*

$$(1.13) \quad |c_k| \leq (C_\delta)^{1/\delta} \left( \frac{2}{l} \cot \frac{\pi}{2l} \right) \left( \frac{1}{2\pi} \int_0^{2\pi} |F(\theta)|^\delta d\theta \right)^{1/\delta},$$

where

$$l = \left[ \frac{n}{2k} + \frac{3}{2} \right] \quad \text{and} \quad C_\delta = \frac{2\pi}{\int_0^{2\pi} |1 + e^{i\varphi}|^\delta d\varphi}.$$

On letting  $\delta \rightarrow \infty$  we get Theorem E. However, we do not assert that the result is best possible. Its interest lies in the fact that for  $\delta$  other than 1 and 2 it is the first and only result of its kind. In order to have an idea as to how close it is to the correct estimate we compare it in the case  $\delta = 1$  with the result of Geronimus (Theorem B) which is known to be precise.

In the special case  $\delta = 1$  our theorem gives the estimate

$$|c_k| \leq \frac{1}{4 \left[ \frac{n}{2k} + \frac{3}{2} \right]} \cot \frac{\pi}{2 \left[ \frac{n}{2k} + \frac{3}{2} \right]} \int_0^{2\pi} |F(\theta)| d\theta$$

since  $C_1 = \pi/4$ . Thus for  $k > n/3$  we get

$$|c_k| \leq \frac{1}{8} \int_0^{2\pi} |F(\theta)| d\theta$$

which agrees with estimate (1.9) of Geronimus.

If  $k \leq n/3$  but  $> n/5$ , then we obtain

$$|c_k| \leq .144 \int_0^{2\pi} |F(\theta)| d\theta$$

which differs from the precise estimate (1.10)

$$|c_k| \leq .142 \int_0^{2\pi} |F(\theta)| d\theta$$

by 1.4 per cent. Thus our estimate (1.13) though not best possible, appears to be fairly good.

Our next theorem gives estimate for linear combinations of any two coefficients of a polynomial  $P_n(z)$  bounded by  $M$  on the unit circle.

**THEOREM 2.** *If  $P_n(z) = \sum_{r=0}^n a_r z^r$  is a polynomial of degree  $n$  such that  $|P_n(z)| \leq M$  for  $|z| \leq 1$  and  $0 \leq u < v \leq n$ , then for any real  $\lambda > 0$*

$$(1.14) \quad |a_u| + \lambda |a_v| \leq \frac{M}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta.$$

*The result is best possible.*

If  $u$  and  $v$  satisfy a separation condition like  $0 \leq 2u < v \leq n$ , then the bound in (1.14) can be considerably improved.

**THEOREM 3.** *If  $P_n(z) = \sum_{r=0}^n a_r z^r$  is a polynomial of degree  $n$  such that  $|P_n(z)| \leq M$  for  $|z| \leq 1$ , then for any real  $\lambda > 0$*

$$(1.15) \quad |a_u| + \lambda |a_v| \leq M \left( \lambda + \frac{1}{4\lambda} \right) \text{ or } M \left( 1 + \frac{\lambda^2}{4} \right)$$

*according as  $0 \leq 2u < v \leq n$  or  $0 \leq u < 2v - n \leq n$  respectively.*

The case  $\lambda = \frac{1}{2}$  is particularly interesting, for then the right-hand side in (1.15) reduces to  $M$  when  $0 \leq 2u < v \leq n$ . For  $u = 0$ ,  $v = 1$  we have the stronger

**THEOREM 4.** *If  $P_n(z) = \sum_{r=0}^n a_r z^r$  is a polynomial of degree  $n$  such that  $\operatorname{Re} P_n(z) \leq A$  for  $|z| \leq 1$ , and  $a_0$  is real, then*

$$(1.16) \quad a_0 + \frac{1}{2} |a_1| \leq A.$$

In an attempt to generalize Theorem F by finding estimates for the coefficients in terms of

$$\left( \frac{1}{2} \int_{-1}^1 |P_n(x)|^2 dx \right)^{1/2}$$

we have obtained the following

**THEOREM 5.** If  $P_n(x) = \sum_{r=0}^n A_r x^r$  is a polynomial of degree  $n$ , then for every  $\delta \geq 1$ ,  $v = n, n-1$ ,

$$(1.17) \quad |A_v| \leq 2^{v+1} \left( \frac{2}{\pi} C_\delta \right)^{1/\delta} \left( \frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta},$$

where  $C_\delta$  is given by (1.11).

The following corollary is immediate.

**COROLLARY.** If  $P_n(x) = \sum_{r=0}^n A_r x^r$  is a polynomial of degree  $n$ , then for every  $\delta \geq 1$ ,  $p > 1$ ,  $q = p/(p-1)$  and  $v = n, n-1$ ,

$$(1.18) \quad |A_v| \leq 2^{v+1} \left( \frac{2}{\pi} C_\delta \right)^{1/\delta} \left( \frac{1}{2} \int_{-1}^1 (1-x^2)^{(\delta-1)q/2} dx \right)^{1/\delta q} \left( \frac{1}{2} \int_{-1}^1 |P_n(x)|^{\delta p} dx \right)^{1/\delta p}.$$

**2.** For one of our results we shall need the following

**LEMMA 1.** Let  $\pi_n$  denote the linear space of polynomials

$$P_n(z) = a_0 + a_1 z + \dots + a_n z^n$$

of fixed degree  $n$  with complex coefficients, normed by  $\|P_n\| = \max_{0 \leq \theta \leq 2\pi} |P_n(e^{i\theta})|$ . Define the linear functional  $L$  on  $\pi_n$  as

$$(2.1) \quad L: P_n \rightarrow l_0 a_0 + \dots + l_n a_n,$$

where the  $l_r$  are complex numbers. If the norm of the functional is  $N$ , then for every polynomial  $P_n(z) = \sum_{r=0}^n a_r z^r$

$$(2.2) \quad \int_0^{2\pi} \varphi \left( \frac{\left| \sum_{r=0}^n l_r a_r e^{ir\theta} \right|}{N} \right) d\theta \leq \int_0^{2\pi} \varphi \left( \left| \sum_{r=0}^n a_r e^{ir\theta} \right| \right) d\theta,$$

where  $\varphi(t)$  is a non-decreasing convex function of  $t$ .

This was proved by Shapiro ([11], Theorem 8) for the case  $\varphi(t) = t$ .

**Proof of Lemma 1.** According to a theorem of Shapiro ([11], Theorem 3)  $L$  can be represented in the form

$$(2.3) \quad L[P_n(z)] = \sum_{k=1}^r u_k P_n(z_k),$$

for all  $P_n \in \pi_n$ , where  $z_1, \dots, z_r$  are distinct numbers of modulus 1 and  $\sum_{k=1}^r |u_k| = N$ . Let  $\xi$  be any number of modulus one, and apply this to the polynomial  $P_n(\xi z)$ . We get

$$\left| \sum_{r=0}^n l_{r,a,\xi^r} \right| = \left| \sum_{r=1}^r u_r P_n(z, \xi) \right| \leq \sum_{r=1}^r |u_r| |P_n(z, \xi)|.$$

Hence if  $\varphi(t)$  is a non-decreasing convex function of  $t$ , then by Jensen's inequality ([6], pp. 150-151)

$$\varphi\left(\frac{\left|\sum_{r=1}^r l_{r,a,\xi^r}\right|}{N}\right) \leq \varphi\left(\frac{\sum_{r=1}^r |u_r| |P_n(z, \xi)|}{\sum_{r=1}^r |u_r|}\right) \leq \frac{\sum_{r=1}^r |u_r| \varphi\{|P_n(z, \xi)|\}}{\sum_{r=1}^r |u_r|}.$$

Setting  $\xi = e^{i\theta}$  and integrating both sides with respect to  $\theta$  from 0 to  $2\pi$  we get the result.

**3. Proof of Theorem 1.** According to a theorem of Rahman ([8], Theorem 7) if  $P_n(z) = \sum_{r=0}^n a_r z^r$  is a polynomial of degree  $n$  such that  $|P_n(z)| \leq M$  for  $|z| \leq 1$ , then for  $r < n/2$

$$(3.1) \quad |a_r| + |a_{n-r}| \leq \frac{2M}{l} \cot \frac{\pi}{2l},$$

where  $l = \left\lfloor \frac{n}{2(n-2r)} + \frac{3}{2} \right\rfloor$ .

Since  $|a_r + a_{n-r}| \leq |a_r| + |a_{n-r}|$  the norm of the functional

$$L: P_n \rightarrow 0 \cdot a_0 + \dots + 0 \cdot a_{r-1} + 1 \cdot a_r + 0 \cdot a_{r+1} + \dots + 0 \cdot a_{n-r-1} + \\ + 1 \cdot a_{n-r} + 0 \cdot a_{n-r-1} + \dots + 0 \cdot a_n$$

does not exceed  $\frac{2}{l} \cot \frac{\pi}{2l}$ . Applying the lemma with  $\varphi(t) = t^\delta$  we get for every  $\delta \geq 1$

$$\left( \frac{1}{2\pi} \int_0^{2\pi} |a_r e^{ir\theta} + a_{n-r} e^{i(n-r)\theta}|^\delta d\theta \right)^{1/\delta} \leq \frac{2}{l} \cot \frac{\pi}{2l} \left( \frac{1}{2\pi} \int_0^{2\pi} |P_n(e^{i\theta})|^\delta d\theta \right)^{1/\delta}.$$

But by Theorem C

$$|a_r| + |a_{n-r}| \leq 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |a_r e^{ir\theta} + a_{n-r} e^{i(n-r)\theta}|^\delta d\theta \right)^{1/\delta}.$$

Therefore

$$(3.2) \quad |a_r| + |a_{n-r}| \leq 2(C_\delta)^{1/\delta} \frac{2}{l} \cot \frac{\pi}{2l} \left( \frac{1}{2\pi} \int_0^{2\pi} |P_n(e^{i\theta})|^\delta d\theta \right)^{1/\delta}.$$

If  $F(\theta) = \sum_{k=-n}^n c_k e^{ik\theta}$  is a real trigonometric polynomial of degree  $n$ , then  $e^{in\theta} F(\theta)$  is a polynomial  $\sum_{r=0}^{2n} b_r e^{ir\theta}$  of degree  $2n$ . On applying (3.2) to the polynomial  $e^{in\theta} F(\theta) = \sum_{r=0}^{2n} b_r e^{ir\theta}$  and noting that  $|b_r| = |b_{2n-r}|$  for  $0 \leq r \leq n$  we shall get the desired result.

**Proof of Theorem 2.** If  $0 \leq u < v \leq n$ ,  $0 \leq \alpha < 2\pi$  and  $\lambda$  any positive real number, then

$$\begin{aligned} |a_u e^{iau} + \lambda a_v e^{iav}| &= \left| \frac{1}{2\pi i} \int_{|z|=1} P_n(z e^{ia}) \left[ \frac{1}{z^{u+1}} + \frac{\lambda}{z^{v+1}} \right] dz \right| \\ &\leq \frac{M}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i(v-u)\theta}| d\theta \\ &= \frac{M}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta, \end{aligned}$$

and by choosing  $\alpha$  such that  $|a_u e^{iau} + \lambda a_v e^{iav}| = |a_u| + \lambda |a_v|$  we shall get the result.

In order to prove that the estimate is best possible let  $f(\theta) = e^{i \tan^{-1} \left( \frac{\lambda \sin \theta}{1 + \lambda \cos \theta} \right)}$  for  $0 \leq \theta < 2\pi$  (we choose any fixed branch of  $\tan^{-1} \left( \frac{\lambda \sin \theta}{1 + \lambda \cos \theta} \right)$ ) have the Fourier series representation

$$f(\theta) = \sum_{-\infty}^{\infty} b_r e^{ir\theta}.$$

Then

$$b_0 + \lambda b_1 = \frac{1}{2\pi} \int_0^{2\pi} \exp \left[ \tan^{-1} \left( \frac{\lambda \sin \theta}{1 + \lambda \cos \theta} \right) \right] (1 + \lambda e^{-i\theta}) d\theta = \frac{1}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta.$$

For every  $n > 0$ , we have by a classical result of Fejér ([12], p. 440, Ex. 9)

$$\left| \sum_{-n}^n \frac{(n+1)-|r|}{n+1} b_r e^{ir\theta} \right| \leq 1$$



and so the Laurent polynomial

$$L(e^{i\theta}) = \sum_{-n}^n \frac{(n+1)-|v|}{n+1} b_v e^{iv\theta} = \sum_{-n}^n a_v e^{iv\theta}$$

is such that  $|L(e^{i\theta})| \leq 1$  for  $0 \leq \theta < 2\pi$  and

$$|a_0| + \lambda |a_1| = |b_0| + \frac{\lambda n}{n+1} |b_1| > \frac{1}{2\pi} \int_0^{2\pi} |1 + \lambda e^{i\theta}| d\theta - \varepsilon,$$

where  $\varepsilon$  can be made arbitrary small by choosing  $n$  sufficiently large. Thus  $z^n L(z)$  is the polynomial which we wanted to construct.

**Proof of Theorem 3.** It is known ([1], pp. 140) that if  $f(z) = \sum_{v=0}^{\infty} a_v z^v$  is regular and  $|f(z)| \leq M$  in  $|z| \leq 1$ , then

$$(3.3) \quad |a_1| \leq M - \frac{|a_0|^2}{M}.$$

Now for  $0 \leq 2u < v \leq n$ , putting  $P(z) = z^{v-2u} P_n(z)$ ,  $w = e^{2\pi i/(v-u)}$  and  $\xi = z^{v-u}$ , the function

$$\begin{aligned} \frac{P(z) + P(wz) + \dots + P(w^{v-u-1}z)}{(v-u)z^{v-u}} &= a_u + a_v z^{v-u} + a_{2v-u} z^{2(v-u)} + \dots \\ &= a_u + a_v \xi + a_{2v-u} \xi^2 + \dots \end{aligned}$$

of  $\xi$  is regular and in absolute value  $\leq M$  in  $|\xi| \leq 1$ . Hence by (3.3)

$$|a_v| \leq M - \frac{|a_u|^2}{M}$$

provided  $0 \leq 2u < v \leq n$ . Thus for  $\lambda > 0$  and  $0 \leq 2u < v \leq n$ ,

$$|a_u| + \lambda |a_v| \leq \lambda M + |a_u| - \frac{\lambda |a_u|^2}{M}.$$

Whatever be the value of  $|a_u|$  the right-hand side of the last inequality is  $\leq M(\lambda + 1/4\lambda)$  and so the first part of the theorem follows. For the second part we may consider  $z^n P_n(1/z)$  instead of  $P_n(z)$ .

In order to prove (1.16) we note that the function  $A - P_n(z)$  is regular for  $|z| < 1$ , where its real part is positive (we assume that  $P_n(z)$  is not a constant; clearly (1.16) is true even if  $P_n(z)$  is a constant). It is well known (see for example [12], pp. 194-195) that if  $f(z)$  is regular for  $|z| < 1$ ,

$\operatorname{Re}\{f(z)\} > 0$ , and  $f(0) = a > 0$ , then  $|f'(0)| \leq 2a$ . Applying this result to the function  $A - P_n(z)$  we get

$$|a_1| \leq 2(A - a_0) \quad \text{or} \quad a_0 + \frac{1}{2}|a_1| \leq A.$$

**Proof of Theorem 5.** We denote by

$$V_0(x), V_1(x), \dots$$

the polynomials defined by

$$V_\nu(t) = \frac{\sin(\nu+1)t}{\sin t},$$

where  $x = \cos t$ .

The polynomial  $P_n(x)$  has a unique expansion

$$P_n(x) = \sum_{\nu=0}^n d_\nu V_\nu(x).$$

We put

$$\begin{aligned} G(t) &= P_n(\cos t) \sin t = \sum_{\nu=0}^n d_\nu \sin(\nu+1)t \\ &= \sum_{\nu=0}^n d_\nu \frac{e^{i(\nu+1)t} - e^{-i(\nu+1)t}}{2i} \\ &= \sum_{\nu=-n-1}^{n+1} c_\nu e^{i\nu t}, \end{aligned}$$

where  $c_0 = 0$ ,  $-c_{-\nu} = c_\nu = \frac{1}{2i} d_{\nu-1}$  for  $\nu \geq 1$ .

If  $s$  and  $m$  are two integers of which the first is positive, then ([4], pp. 383)

$$(3.4) \quad \sum_{p=0}^{s-1} e^{-\frac{2\pi i p m}{s}} G\left(t + \frac{2\pi p}{s}\right) = s \sum_{\nu=m(\bmod s)} c_\nu e^{i\nu t}.$$

Putting  $s = 2N$  and  $m = -N$  for all  $N$  for which  $N > (n+1)/3$  the left-hand side reduces to  $2Nc_N(e^{iNt} - e^{-iNt})$ .

Clearly, for any complex  $\lambda$ ,

$$\int_0^{2\pi} |1 + e^{i(t - \arg \lambda)}|^\delta dt = \int_0^{2\pi} |1 + e^{it}|^\delta dt$$

so that

$$|\lambda| \left( \frac{1}{2\pi} \int_0^{2\pi} |1 + e^{it}|^\delta dt \right)^{1/\delta} = \left( \frac{1}{2\pi} \int_0^{2\pi} |\lambda + \bar{\lambda} e^{it}|^\delta dt \right)^{1/\delta}.$$

Thus for every  $\delta \geq 1$  and  $0 \leq \gamma < 2\pi$ ,

$$\begin{aligned} |ae^{-i\gamma} + \bar{b}e^{i\gamma}| \left( \frac{1}{2\pi} \int_0^{2\pi} |1 + e^{it}|^\delta dt \right)^{1/\delta} \\ = \left( \frac{1}{2\pi} \int_0^{2\pi} |(ae^{-i\gamma} + \bar{b}e^{i\gamma}) + (be^{-i\gamma} + \bar{a}e^{i\gamma})e^{it}|^\delta dt \right)^{1/\delta} \\ = \left( \frac{1}{2\pi} \int_0^{2\pi} |e^{-i\gamma}(a + be^{it}) + e^{i\gamma}(\bar{b} + \bar{a}e^{it})|^\delta dt \right)^{1/\delta} \\ \leq \left( \frac{1}{2\pi} \int_0^{2\pi} |a + be^{it}|^\delta dt \right)^{1/\delta} + \left( \frac{1}{2\pi} \int_0^{2\pi} |b + ae^{-it}|^\delta dt \right)^{1/\delta} \\ = 2 \left( \frac{1}{2\pi} \int_0^{2\pi} |a + be^{it}|^\delta dt \right)^{1/\delta}. \end{aligned}$$

Choosing  $\gamma$  such that  $|ae^{-i\gamma} + \bar{b}e^{i\gamma}| = |a| + |b|$  we get

$$\begin{aligned} (3.5) \quad |a| + |b| &\leq 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |a + be^{it}|^\delta dt \right)^{1/\delta} \\ &= 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |ae^{iNt} + be^{-iNt}|^\delta dt \right)^{1/\delta}. \end{aligned}$$

Putting  $a = 2Ne_N$  and  $b = -2Ne_N$  in (3.5) and making use of (3.4) we get

$$\begin{aligned} 4N|e_N| &\leq 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |2Ne_N(e^{iNt} - e^{-iNt})|^\delta dt \right)^{1/\delta} \\ &= 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} \left| \sum_{p=0}^{2N-1} e^{\pi i p} G\left(t + \frac{\pi p}{N}\right) \right|^\delta dt \right)^{1/\delta} \\ &\leq 2(C_\delta)^{1/\delta} 2N \left( \frac{1}{2\pi} \int_0^{2\pi} |G(t)|^\delta dt \right)^{1/\delta} \end{aligned}$$

by Minkowski inequality. Hence

$$\begin{aligned} |d_{N-1}| &= 2|c_N| \leq 2(C_\delta)^{1/\delta} \left( \frac{1}{2\pi} \int_0^{2\pi} |G(t)|^\delta dt \right)^{1/\delta} \\ &= 2 \left( \frac{2}{\pi} C_\delta \right)^{1/\delta} \left( \frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta}. \end{aligned}$$

In particular

$$|A_n| = 2^n |d_n| \leq 2^{n+1} \left( \frac{2}{\pi} C_\delta \right)^{1/\delta} \left( \frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta},$$

$$|A_{n-1}| = 2^{n-1} |d_{n-1}| \leq 2^n \left( \frac{2}{\pi} C_\delta \right)^{1/\delta} \left( \frac{1}{2} \int_{-1}^1 |P_n(x)|^\delta (1-x^2)^{(\delta-1)/2} dx \right)^{1/\delta}.$$

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