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## Protein activation by calcium oscillations and Jensen's Inequality

Oscillating concentrations of cellular  $\text{Ca}^{2+}$ -ions are of great importance for the signalling in the cell. It is widely believed that the information of extracellular stimuli is encoded into an oscillating  $\text{Ca}^{2+}$  pattern, which subsequently is decoded by the activation of  $\text{Ca}^{2+}$ -sensitive proteins. Besides this advantage of an oscillating  $\text{Ca}^{2+}$  signal, we here show that oscillations additionally lead to a better activation of the target proteins compared to a constant signal. In two asymptotic cases we can analytically prove this for arbitrary oscillation shapes and a very general decoding model, which comprises most previous models of  $\text{Ca}^{2+}$ -sensitive proteins. For this we use Jensen's inequality that relates the value of a convex function of an average to the average of the convex function. Moreover, numerical simulations indicate that oscillations lead to a better activation not only in the two asymptotic cases. The results underline the importance of the cooperativity of the binding of  $\text{Ca}^{2+}$  and of zero-order ultrasensitivity, which are two properties that are often observed in experiments on the activation of  $\text{Ca}^{2+}$ -sensitive target proteins. We compare our theoretical predictions with data from experimental studies investigating the activation of NFAT and Ras by oscillatory and constant signals.

### REFERENCES

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